

# Ian G Davies

## List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

51  
papers

928  
citations

16  
h-index

30  
g-index

95  
ext. papers

1,253  
ext. citations

3.5  
avg, IF

4.41  
L-index

#	Paper	IF	Citations
51	Discordance between LDL-C and Apolipoprotein B Levels and Its Association with Renal Dysfunction: Insights from a Population-Based Study.. <i>Journal of Clinical Medicine</i> , <b>2022</b> , 11,	5.1	1
50	Weight loss practices and eating behaviours among female physique athletes: Acquiring the optimal body composition for competition.. <i>PLoS ONE</i> , <b>2022</b> , 17, e0262514	3.7	0
49	Genetically Determined Serum 25-Hydroxyvitamin D Is Associated with Total, Trunk, and Arm Fat-Free Mass: A Mendelian Randomization Study.. <i>Journal of Nutrition, Health and Aging</i> , <b>2022</b> , 26, 46-51	5.2	0
48	Impact of COVID-19 lockdown restrictions on cardiac rehabilitation participation and behaviours in the United Kingdom.. <i>BMC Sports Science, Medicine and Rehabilitation</i> , <b>2022</b> , 14, 67	2.4	0
47	The Association between Ultra-Processed Foods, Quality of Life and Insomnia among Adolescent Girls in Northeastern Iran. <i>International Journal of Environmental Research and Public Health</i> , <b>2022</b> , 19, 6338	4.6	2
46	Protein interventions augment the effect of resistance exercise on appendicular lean mass and handgrip strength in older adults: a systematic review and meta-analysis of randomized controlled trials. <i>American Journal of Clinical Nutrition</i> , <b>2021</b> ,	7	5
45	Genetically determined blood lead is associated with reduced renal function amongst individuals with type 2 diabetes mellitus: insight from Mendelian Randomisation. <i>Journal of Molecular Medicine</i> , <b>2021</b> , 1	5.5	0
44	Efficacy of the Best Possible Self protocol in diabetes self-management: A mixed-methods approach. <i>Journal of Health Psychology</i> , <b>2021</b> , 26, 332-344	3.1	4
43	How the love of muscle can break a heart: Impact of anabolic androgenic steroids on skeletal muscle hypertrophy, metabolic and cardiovascular health. <i>Reviews in Endocrine and Metabolic Disorders</i> , <b>2021</b> , 22, 389-405	10.5	4
42	Bioavailability and conversion of plant based sources of omega-3 fatty acids - a scoping review to update supplementation options for vegetarians and vegans. <i>Critical Reviews in Food Science and Nutrition</i> , <b>2021</b> , 1-16	11.5	8
41	The best possible self-intervention as a viable public health tool for the prevention of type 2 diabetes: A reflexive thematic analysis of public experience and engagement. <i>Health Expectations</i> , <b>2021</b> , 24, 1713-1724	3.7	2
40	Feasibility of a high-Protein Mediterranean-style diet and resistance Exercise in cardiac Rehabilitation patients with sarcopenic obesity (PRiMER): Study protocol for a randomised control trial. <i>Clinical Nutrition ESPEN</i> , <b>2021</b> , 45, 492-498	1.3	0
39	Nutrient patterns are associated with discordant apoB and LDL: a population-based analysis. <i>British Journal of Nutrition</i> , <b>2021</b> , 1-9	3.6	
38	Sarcopenia during COVID-19 lockdown restrictions: long-term health effects of short-term muscle loss. <i>GeroScience</i> , <b>2020</b> , 42, 1547-1578	8.9	83
37	A Narrative Review on Female Physique Athletes: The Physiological and Psychological Implications of Weight Management Practices. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , <b>2019</b> , 29, 682-689	4.4	9
36	Trends and inequalities in stunting in Nepal: a secondary data analysis of four Nepal demographic health surveys from 2001 to 2016. <i>BMC Nutrition</i> , <b>2019</b> , 5, 19	2.5	16
35	Type and density of independent takeaway outlets: a geographical mapping study in a low socioeconomic ward, Manchester. <i>BMJ Open</i> , <b>2019</b> , 9, e023554	3	1

34	Sociocultural aspects of takeaway food consumption in a low-socioeconomic ward in Manchester: a grounded theory study. <i>BMJ Open</i> , <b>2019</b> , 9, e023645	3	2
33	Effects of carbohydrate-restricted diets on low-density lipoprotein cholesterol levels in overweight and obese adults: a systematic review and meta-analysis. <i>Nutrition Reviews</i> , <b>2019</b> , 77, 161-180	6.4	38
32	The CHANGE! Project: Changes in Body Composition and Cardiorespiratory Fitness in 10- to 11-Year-Old Children After Completing the CHANGE! Intervention. <i>Pediatric Exercise Science</i> , <b>2018</b> , 30, 81-89	2	1
31	Determinants of takeaway and fast food consumption: a narrative review. <i>Nutrition Research Reviews</i> , <b>2018</b> , 31, 16-34	7	65
30	Adiposity, fitness, health-related quality of life and the reallocation of time between children's school day activity behaviours: A compositional data analysis. <i>Preventive Medicine Reports</i> , <b>2018</b> , 11, 254-261	2.6	21
29	Dietary patterns of takeaway (fast) food consumers in the North West of England: A Pilot study. <i>Proceedings of the Nutrition Society</i> , <b>2018</b> , 77,	2.9	1
28	Free-sugar, total-sugar, fibre, and micronutrient intake within elite youth British soccer players: a nutritional transition from schoolboy to fulltime soccer player. <i>Applied Physiology, Nutrition and Metabolism</i> , <b>2017</b> , 42, 517-522	3	3
27	The sociocultural aspects of takeaway food consumption in a low-socio-economic ward in the large metropolitan city of Manchester: A grounded theory study. <i>Proceedings of the Nutrition Society</i> , <b>2017</b> , 76,	2.9	1
26	Daily Distribution of Carbohydrate, Protein and Fat Intake in Elite Youth Academy Soccer Players Over a 7-Day Training Period. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , <b>2016</b> , 26, 473-480	4.4	17
25	Consumers' knowledge and attitudes to takeaway food in Merseyside. <i>Proceedings of the Nutrition Society</i> , <b>2016</b> , 75,	2.9	1
24	Saturated and trans-fatty acids in UK takeaway food. <i>International Journal of Food Sciences and Nutrition</i> , <b>2016</b> , 67, 217-24	3.7	8
23	Traditional and novel correlates of adiposity and cardiometabolic risk among young healthy adults in the North West of England. <i>Proceedings of the Nutrition Society</i> , <b>2016</b> , 75,	2.9	3
22	Increased takeaway meal consumption increases dietary energy, salt and fat. <i>Proceedings of the Nutrition Society</i> , <b>2015</b> , 74,	2.9	1
21	Prevalence of plasma small dense LDL is increased in obesity in a Thai population. <i>Lipids in Health and Disease</i> , <b>2015</b> , 14, 30	4.4	11
20	Unconscious agendas in the etiology of refractory obesity and the role of hypnosis in their identification and resolution: a new paradigm for weight-management programs or a paradigm revisited?. <i>International Journal of Clinical and Experimental Hypnosis</i> , <b>2014</b> , 62, 330-59	1.8	7
19	A qualitative evaluation of an NHS Weight Management Programme for obese patients in Liverpool. <i>Nutrition and Food Science</i> , <b>2014</b> , 44, 144-155	1.5	4
18	Nutritional composition of takeaway food in the UK. <i>Nutrition and Food Science</i> , <b>2014</b> , 44, 414-430	1.5	36
17	Macronutrient Consumption Prior to, and during, a Mountain Marathon. <i>American Journal of Sports Science</i> , <b>2014</b> , 2, 5	0.8	3

16	Nutritional challenges and health implications of takeaway and fast food. <i>Nutrition Reviews</i> , <b>2013</b> , 71, 310-8	6.4	89
15	Promoting healthy weight in primary school children through physical activity and nutrition education: a pragmatic evaluation of the CHANGE! randomised intervention study. <i>BMC Public Health</i> , <b>2013</b> , 13, 626	4.1	78
14	Separation of the principal HDL subclasses by iodixanol ultracentrifugation. <i>Journal of Lipid Research</i> , <b>2013</b> , 54, 2273-2281	6.3	3
13	The predictive ability of triglycerides and waist (hypertriglyceridemic waist) in assessing metabolic triad change in obese children and adolescents. <i>Metabolic Syndrome and Related Disorders</i> , <b>2013</b> , 11, 336-42	2.6	12
12	Saturated fatty acid content of popular takeaway food in the UK. <i>Proceedings of the Nutrition Society</i> , <b>2013</b> , 72,	2.9	1
11	Determination of salt content in hot takeaway meals in the United Kingdom. <i>Appetite</i> , <b>2012</b> , 59, 517-22	4.5	43
10	Using formative research to develop the healthy eating component of the CHANGE! school-based curriculum intervention. <i>BMC Public Health</i> , <b>2012</b> , 12, 710	4.1	23
9	Clustered cardiometabolic risk, cardiorespiratory fitness and physical activity in 10-11 year-old children. The CHANGE! Project baseline. <i>Archives of Exercise in Health and Disease</i> , <b>2012</b> , 3, 207-213		5
8	Total sugar content of takeaway food in Merseyside, UK. <i>Proceedings of the Nutrition Society</i> , <b>2012</b> , 71,	2.9	1
7	Trans fatty acid content of takeaway food in Merseyside, UK. <i>Proceedings of the Nutrition Society</i> , <b>2012</b> , 71,	2.9	1
6	Comparison of the nutritional quality of Indian takeaway and supermarket ready meals. <i>Proceedings of the Nutrition Society</i> , <b>2012</b> , 71,	2.9	1
5	Effect of varying the ratio of n-6 to n-3 fatty acids by increasing the dietary intake of alpha-linolenic acid, eicosapentaenoic and docosahexaenoic acid, or both on fibrinogen and clotting factors VII and XII in persons aged 45-70 y: the OPTILIP study. <i>American Journal of Clinical Nutrition</i> , <b>2006</b> , 84, 513-22	7	55
4	Effects of altering the ratio of dietary n-6 to n-3 fatty acids on insulin sensitivity, lipoprotein size, and postprandial lipemia in men and postmenopausal women aged 45-70 y: the OPTILIP Study. <i>American Journal of Clinical Nutrition</i> , <b>2006</b> , 84, 1290-8	7	145
3	Apolipoprotein E genotype in dyslipidemic patients and response of blood lipids and inflammatory markers to alpha-linolenic Acid. <i>Angiology</i> , <b>2005</b> , 56, 49-60	2.1	31
2	Rapid separation of LDL subclasses by iodixanol gradient ultracentrifugation. <i>Clinical Chemistry</i> , <b>2003</b> , 49, 1865-72	5.5	46
1	Carotenoid composition and antioxidant potential in subfractions of human low-density lipoprotein. <i>Annals of Clinical Biochemistry</i> , <b>1999</b> , 36 ( Pt 3), 323-32	2.2	30