

# Emma Ruiz Moreno

## List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

31  
papers

851  
citations

14  
h-index

29  
g-index

33  
ext. papers

1,124  
ext. citations

5.5  
avg, IF

5.63  
L-index

#	Paper	IF	Citations
31	Rising rural body-mass index is the main driver of the global obesity epidemic in adults. <i>Nature</i> , <b>2019</b> , 569, 260-264	50.4	278
30	Evaluation of food consumption and dietary patterns in Spain by the Food Consumption Survey: updated information. <i>European Journal of Clinical Nutrition</i> , <b>2010</b> , 64 Suppl 3, S37-43	5.2	82
29	Energy Intake, Profile, and Dietary Sources in the Spanish Population: Findings of the ANIBES Study. <i>Nutrients</i> , <b>2015</b> , 7, 4739-62	6.7	61
28	Macronutrient Distribution and Dietary Sources in the Spanish Population: Findings from the ANIBES Study. <i>Nutrients</i> , <b>2016</b> , 8, 177	6.7	59
27	Physical Activity Patterns of the Spanish Population Are Mostly Determined by Sex and Age: Findings in the ANIBES Study. <i>PLoS ONE</i> , <b>2016</b> , 11, e0149969	3.7	57
26	Dietary Intake of Individual (Free and Intrinsic) Sugars and Food Sources in the Spanish Population: Findings from the ANIBES Study. <i>Nutrients</i> , <b>2017</b> , 9,	6.7	41
25	The ANIBES Study on Energy Balance in Spain: design, protocol and methodology. <i>Nutrients</i> , <b>2015</b> , 7, 970-98	6.7	40
24	Current Food Consumption amongst the Spanish ANIBES Study Population. <i>Nutrients</i> , <b>2019</b> , 11,	6.7	27
23	The Spanish diet: an update. <i>Nutricion Hospitalaria</i> , <b>2013</b> , 28 Suppl 5, 13-20	1	25
22	Sedentary behavior among Spanish children and adolescents: findings from the ANIBES study. <i>BMC Public Health</i> , <b>2017</b> , 17, 94	4.1	23
21	Energy balance, a new paradigm and methodological issues: the ANIBES study in Spain. <i>Nutricion Hospitalaria</i> , <b>2015</b> , 31 Suppl 3, 101-12	1	22
20	Active Commuting, Physical Activity, and Sedentary Behaviors in Children and Adolescents from Spain: Findings from the ANIBES Study. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	17
19	Breakfast Consumption in Spain: Patterns, Nutrient Intake and Quality. Findings from the ANIBES Study, a Study from the International Breakfast Research Initiative. <i>Nutrients</i> , <b>2018</b> , 10,	6.7	17
18	Dietary sources and intakes of folates and vitamin B12 in the Spanish population: Findings from the ANIBES study. <i>PLoS ONE</i> , <b>2017</b> , 12, e0189230	3.7	14
17	Dietary and Lifestyle Patterns in the Spanish Pediatric Population (One to . <i>Nutrients</i> , <b>2019</b> , 11,	6.7	14
16	Energy Intake, Macronutrient Profile and Food Sources of Spanish Children Aged One to . <i>Nutrients</i> , <b>2020</b> , 12,	6.7	13
15	Added Sugars and Low- and No-Calorie Sweeteners in a Representative Sample of Food Products Consumed by the Spanish ANIBES Study Population. <i>Nutrients</i> , <b>2018</b> , 10,	6.7	11

14	Sodium Intake from Foods Exceeds Recommended Limits in the Spanish Population: The ANIBES Study. <i>Nutrients</i> , <b>2019</b> , 11,	6.7	9
13	Adequacy of the dietary intake of total and added sugars in the Spanish diet to the recommendations: ANIBES study. <i>Nutricion Hospitalaria</i> , <b>2017</b> , 34, 45-52	1	8
12	Consumption of ultra-processed foods and drinks and colorectal, breast, and prostate cancer. <i>Clinical Nutrition</i> , <b>2021</b> , 40, 1537-1545	5.9	8
11	The Influence of Place of Residence, Gender and Age Influence on Food Group Choices in the Spanish Population: Findings from the ANIBES Study. <i>Nutrients</i> , <b>2018</b> , 10,	6.7	7
10	Composition and Nutritional Quality of the Diet in Spanish Households during the First Wave of the COVID-19 Pandemic. <i>Nutrients</i> , <b>2021</b> , 13,	6.7	5
9	Association between Polyphenol Intake and Breast Cancer Risk by Menopausal and Hormone Receptor Status. <i>Nutrients</i> , <b>2020</b> , 12,	6.7	3
8	Plate Waste Generated by Spanish Households and Out-of-Home Consumption: Results from the ANIBES Study. <i>Nutrients</i> , <b>2020</b> , 12,	6.7	2
7	Fifty years of beverages consumption trends in Spanish households. <i>Nutricion Hospitalaria</i> , <b>2016</b> , 33, 316	1	2
6	Factors Associated with Serum Vitamin D Metabolites and Vitamin D Metabolite Ratios in Premenopausal Women. <i>Nutrients</i> , <b>2021</b> , 13,	6.7	2
5	Macronutrients contribution from beverages according to sex and age: findings from the ANIBES Study in Spain. <i>Nutricion Hospitalaria</i> , <b>2016</b> , 33, 317	1	1
4	Sources of information on food consumption in Spain and Europe. <i>Nutricion Hospitalaria</i> , <b>2015</b> , 31 Suppl 3, 29-37	1	1
3	Serum Phospholipid Fatty Acids Levels, Anthropometric Variables and Adiposity in Spanish Premenopausal Women. <i>Nutrients</i> , <b>2020</b> , 12,	6.7	1
2	Weights, measures and portion sizes for foods and beverages: findings from the ANIBES-study in Spain. <i>Nutricion Hospitalaria</i> , <b>2015</b> , 32 Suppl 2, 10336	1	1
1	Beverages consumption and energy contribution from the ANIBES study. <i>Nutricion Hospitalaria</i> , <b>2015</b> , 32 Suppl 2, 10335	1	