

Michael G Perri

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

136 papers	9,961 citations	48 h-index	98 g-index
146 ext. papers	11,085 ext. citations	5.8 avg, IF	5.68 L-index

#	Paper	IF	Citations
136	Differential impact of telehealth extended-care programs for weight-loss maintenance in African American versus white adults.. <i>Journal of Behavioral Medicine</i> , 2022 , 1	3.6	
135	Weight loss in primary care: A pooled analysis of two pragmatic cluster-randomized trials. <i>Obesity</i> , 2021 , 29, 2044-2054	8	0
134	General and Eating Disorder Psychopathology in Relation to Short- and Long-Term Weight Change in Treatment-Seeking Children: A Latent Profile Analysis. <i>Annals of Behavioral Medicine</i> , 2021 , 55, 698-704	4.5	1
133	Racial and socioeconomic disparities in the efficacy of a family-based treatment programme for paediatric obesity. <i>Pediatric Obesity</i> , 2021 , 16, e12792	4.6	3
132	Examining the interdependence of parent-child dyads: Effects on weight loss and maintenance. <i>Pediatric Obesity</i> , 2021 , 16, e12697	4.6	0
131	Effect of Behavioral Therapy With In-Clinic or Telephone Group Visits vs In-Clinic Individual Visits on Weight Loss Among Patients With Obesity in Rural Clinical Practice: A Randomized Clinical Trial. <i>JAMA - Journal of the American Medical Association</i> , 2021 , 325, 363-372	27.4	12
130	Relation of social network support to child health behaviors among children in treatment for overweight/obesity. <i>Eating and Weight Disorders</i> , 2021 , 1	3.6	
129	Children with Severe Obesity in Family-Based Obesity Treatment Compared with Other Participants: Conclusions Depend on Metrics. <i>Obesity</i> , 2021 , 29, 393-401	8	1
128	Rural/urban disparities in access to the National Diabetes Prevention Program. <i>Translational Behavioral Medicine</i> , 2020 , 10, 1554-1558	3.2	10
127	Longitudinal Changes in Food Addiction Symptoms and Body Weight among Adults in a Behavioral Weight-Loss Program. <i>Nutrients</i> , 2020 , 12,	6.7	1
126	Effects of Intervention Characteristics on Willingness to Initiate a Weight Gain Prevention Program. <i>American Journal of Health Promotion</i> , 2020 , 34, 837-847	2.5	1
125	Cost-Effectiveness of Three Doses of a Behavioral Intervention to Prevent or Delay Type 2 Diabetes in Rural Areas. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2020 , 120, 1163-1171	3.9	3
124	Family Encouragement of Healthy Eating Predicts Child Dietary Intake and Weight Loss in Family-Based Behavioral Weight-Loss Treatment. <i>Childhood Obesity</i> , 2020 , 16, 218-225	2.5	1
123	Effect of Telehealth Extended Care for Maintenance of Weight Loss in Rural US Communities: A Randomized Clinical Trial. <i>JAMA Network Open</i> , 2020 , 3, e206764	10.4	16
122	Featured Article: Behavior Interventions Addressing Obesity in Rural Settings: The E-FLIP for Kids Trial. <i>Journal of Pediatric Psychology</i> , 2019 , 44, 889-901	3.2	7
121	Child and parent reports of children's depressive symptoms in relation to children's weight loss response in family-based obesity treatment. <i>Pediatric Obesity</i> , 2019 , 14, e12511	4.6	2
120	Factors associated with depression and anxiety symptoms among children seeking treatment for obesity: A social-ecological approach. <i>Pediatric Obesity</i> , 2019 , 14, e12518	4.6	8

119	Does Yoga Help College-Aged Women with Body-Image Dissatisfaction Feel Better About Their Bodies?. <i>Sex Roles</i> , 2019 , 80, 41-51	3.1	11
118	Effect of dose of behavioral weight loss treatment on glycemic control in adults with prediabetes. <i>BMJ Open Diabetes Research and Care</i> , 2019 , 7, e000653	4.5	8
117	Design of the Rural LEAP randomized trial: An evaluation of extended-care programs for weight management delivered via group or individual telephone counseling. <i>Contemporary Clinical Trials</i> , 2019 , 76, 55-63	2.3	6
116	Psychometric evaluation of the youth eating disorder examination questionnaire in children with overweight or obesity. <i>International Journal of Eating Disorders</i> , 2017 , 50, 776-780	6.3	7
115	Dose, Content, and Mediators of Family-Based Treatment for Childhood Obesity: A Multisite Randomized Clinical Trial. <i>JAMA Pediatrics</i> , 2017 , 171, 1151-1159	8.3	50
114	Patterns of Eating Disorder Pathology are Associated with Weight Change in Family-Based Behavioral Obesity Treatment. <i>Obesity</i> , 2017 , 25, 2115-2122	8	17
113	Comparison of an alternative schedule of extended care contacts to a self-directed control: a randomized trial of weight loss maintenance. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2017 , 14, 107	8.4	10
112	Quantile regression in the presence of monotone missingness with sensitivity analysis. <i>Biostatistics</i> , 2016 , 17, 108-21	3.7	2
111	The role of self-monitoring in the maintenance of weight loss success. <i>Eating Behaviors</i> , 2016 , 21, 193-7	3	23
110	Protocol for the Rural Engagement in Primary Care for Optimizing Weight Reduction (RE-POWER) Trial: Comparing three obesity treatment models in rural primary care. <i>Contemporary Clinical Trials</i> , 2016 , 47, 304-14	2.3	14
109	The US Cancer Moonshot initiative. <i>Lancet Oncology</i> , 2016 , 17, e178-80	21.7	12
108	Effect of dose of behavioral treatment for obesity on binge eating severity. <i>Eating Behaviors</i> , 2016 , 22, 55-61	3	7
107	Weight loss maintenance strategies among rural breast cancer survivors: The rural women connecting for better health trial. <i>Obesity</i> , 2016 , 24, 2070-7	8	30
106	Decreasing food fussiness in children with obesity leads to greater weight loss in family-based treatment. <i>Obesity</i> , 2016 , 24, 2158-63	8	16
105	Successful aging: Advancing the science of physical independence in older adults. <i>Ageing Research Reviews</i> , 2015 , 24, 304-27	12	107
104	Group dynamics are associated with weight loss in the behavioral treatment of obesity. <i>Obesity</i> , 2015 , 23, 1563-9	8	73
103	Public health education at the University of Florida: synergism and educational innovation. <i>American Journal of Public Health</i> , 2015 , 105 Suppl 1, S83-7	5.1	1
102	Reduction in food away from home is associated with improved child relative weight and body composition outcomes and this relation is mediated by changes in diet quality. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2015 , 115, 1400-7	3.9	27

101	NIH working group report: Innovative research to improve maintenance of weight loss. <i>Obesity</i> , 2015 , 23, 7-15	8	304
100	Effect of dietary restriction and exercise on lower extremity tissue compartments in obese, older women: a pilot study. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2014 , 69, 101-8	6.4	33
99	Lifestyle interventions for cardiovascular disease risk reduction: a systematic review of the effects of diet composition, food provision, and treatment modality on weight loss. <i>Current Atherosclerosis Reports</i> , 2014 , 16, 442	6	23
98	Comparative effectiveness of three doses of weight-loss counseling: two-year findings from the rural LITE trial. <i>Obesity</i> , 2014 , 22, 2293-300	8	38
97	A randomized trial investigating the effect of a brief lifestyle intervention on freshman-year weight gain. <i>Journal of American College Health</i> , 2014 , 62, 101-9	2.2	14
96	Modifications in parent feeding practices and child diet during family-based behavioral treatment improve child zBMI. <i>Obesity</i> , 2014 , 22, E119-26	8	31
95	Dietary self-monitoring and long-term success with weight management. <i>Obesity</i> , 2014 , 22, 1962-7	8	66
94	A randomized trial comparing weight loss treatment delivered in large versus small groups. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2014 , 11, 123	8.4	15
93	Protocol and recruitment results from a randomized controlled trial comparing group phone-based versus newsletter interventions for weight loss maintenance among rural breast cancer survivors. <i>Contemporary Clinical Trials</i> , 2014 , 37, 261-71	2.3	19
92	The Stanford Leisure-Time Activity Categorical Item (L-Cat): a single categorical item sensitive to physical activity changes in overweight/obese women. <i>International Journal of Obesity</i> , 2013 , 37, 1597-602	5.5	48
91	Effects of prescribing 1,000 versus 1,500 kilocalories per day in the behavioral treatment of obesity: a randomized trial. <i>Obesity</i> , 2013 , 21, 2481-7	8	14
90	Promoting healthy weight with "stability skills first": a randomized trial. <i>Journal of Consulting and Clinical Psychology</i> , 2013 , 81, 336-46	6.5	48
89	Developing a research agenda for cardiovascular disease prevention in high-risk rural communities. <i>American Journal of Public Health</i> , 2013 , 103, 1011-21	5.1	25
88	Benefits and risks of weight-loss treatment for older, obese women. <i>Clinical Interventions in Aging</i> , 2013 , 8, 157-66	4	3
87	Prevalence of obesity among adults from rural and urban areas of the United States: findings from NHANES (2005-2008). <i>Journal of Rural Health</i> , 2012 , 28, 392-7	4.6	353
86	The impact of extended care on the long-term maintenance of weight loss: a systematic review and meta-analysis. <i>Obesity Reviews</i> , 2012 , 13, 509-17	10.6	171
85	Behavioral economic predictors of overweight children's weight loss. <i>Journal of Consulting and Clinical Psychology</i> , 2012 , 80, 1086-1096	6.5	96
84	Bayesian inference for the causal effect of mediation. <i>Biometrics</i> , 2012 , 68, 1028-36	1.8	29

83	Comparing Costs of Telephone vs Face-to-Face Extended-Care Programs for the Management of Obesity in Rural Settings. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2012 , 112, 1363-1373	3.9	24
82	Social support for healthy behaviors: scale psychometrics and prediction of weight loss among women in a behavioral program. <i>Obesity</i> , 2012 , 20, 756-64	8	91
81	Outcomes of a weight loss intervention among rural breast cancer survivors. <i>Breast Cancer Research and Treatment</i> , 2012 , 132, 631-9	4.4	97
80	Child appetitive traits influence dietary intake in treatment seeking overweight children. <i>FASEB Journal</i> , 2012 , 26, 632.4	0.9	
79	The Extension Family Lifestyle Intervention Project (E-FLIP for Kids): design and methods. <i>Contemporary Clinical Trials</i> , 2011 , 32, 50-8	2.3	27
78	Effects of a weight loss plus exercise program on physical function in overweight, older women: a randomized controlled trial. <i>Clinical Interventions in Aging</i> , 2011 , 6, 141-9	4	48
77	Weight loss with naltrexone SR/bupropion SR combination therapy as an adjunct to behavior modification: the COR-BMOD trial. <i>Obesity</i> , 2011 , 19, 110-20	8	308
76	How much walking is needed to improve cardiorespiratory fitness? An examination of the 2008 Physical Activity Guidelines for Americans. <i>Research Quarterly for Exercise and Sport</i> , 2011 , 82, 365-70	1.9	21
75	The impact of behavioral intervention on obesity mediated declines in mobility function: implications for longevity. <i>Journal of Aging Research</i> , 2011 , 2011, 392510	2.3	9
74	An exploratory analysis of the effects of a weight loss plus exercise program on cellular quality control mechanisms in older overweight women. <i>Rejuvenation Research</i> , 2011 , 14, 315-24	2.6	42
73	Translating weight loss and physical activity programs into the community to preserve mobility in older, obese adults in poor cardiovascular health. <i>Archives of Internal Medicine</i> , 2011 , 171, 880-6		112
72	Differential response of African American and Caucasian women to extended-care programs for obesity management. <i>Ethnicity and Disease</i> , 2011 , 21, 170-5	1.8	17
71	Effects of exercise on mobility in obese and nonobese older adults. <i>Obesity</i> , 2010 , 18, 1168-75	8	46
70	The use of biosimulation in the design of a novel multilevel weight loss maintenance program for overweight children. <i>Obesity</i> , 2010 , 18 Suppl 1, S91-8	8	24
69	What words should we use when discussing excess weight?. <i>Journal of the American Board of Family Medicine</i> , 2010 , 23, 606-13	1.6	44
68	Cynicism: Incident diabetes and worsening of metabolic syndrome in postmenopausal women. <i>Diabetes and Metabolic Syndrome: Clinical Research and Reviews</i> , 2010 , 4, 187-189	8.9	4
67	Group versus individual phone-based obesity treatment for rural women. <i>Eating Behaviors</i> , 2010 , 11, 11-7	3	73
66	Weight loss goals of patients in a health maintenance organization. <i>Eating Behaviors</i> , 2010 , 11, 74-8	3	21

65	Comparison of physician weight loss goals for obese male and female patients. <i>Preventive Medicine</i> , 2010 , 50, 186-8	4.3	14
64	The association between rate of initial weight loss and long-term success in obesity treatment: does slow and steady win the race?. <i>International Journal of Behavioral Medicine</i> , 2010 , 17, 161-7	2.6	107
63	Comparison of program costs for parent-only and family-based interventions for pediatric obesity in medically underserved rural settings. <i>Journal of Rural Health</i> , 2009 , 25, 326-30	4.6	55
62	The contributions of weight loss and increased physical fitness to improvements in health-related quality of life. <i>Eating Behaviors</i> , 2009 , 10, 84-8	3	23
61	Problem solving, treatment adherence, and weight-loss outcome among women participating in lifestyle treatment for obesity. <i>Eating Behaviors</i> , 2009 , 10, 146-51	3	46
60	Sensible treatment of obesity in rural youth (STORY): design and methods. <i>Contemporary Clinical Trials</i> , 2008 , 29, 270-80	2.3	37
59	Low-fat dietary pattern and risk of treated diabetes mellitus in postmenopausal women: the Women's Health Initiative randomized controlled dietary modification trial. <i>Archives of Internal Medicine</i> , 2008 , 168, 1500-11		111
58	Extended-care programs for weight management in rural communities: the treatment of obesity in underserved rural settings (TOURS) randomized trial. <i>Archives of Internal Medicine</i> , 2008 , 168, 2347-54		197
57	Comparison of parent-only vs family-based interventions for overweight children in underserved rural settings: outcomes from project STORY. <i>JAMA Pediatrics</i> , 2008 , 162, 1119-25		154
56	Preventing Weight Regain After Weight Loss 2008 , 249-268		2
55	Predictors of dietary change and maintenance in the Women's Health Initiative Dietary Modification Trial. <i>Journal of the American Dietetic Association</i> , 2007 , 107, 1155-66		81
54	Low-fat dietary pattern and risk of cardiovascular disease: the Women's Health Initiative Randomized Controlled Dietary Modification Trial. <i>JAMA - Journal of the American Medical Association</i> , 2006 , 295, 655-66	27.4	738
53	Low-fat dietary pattern and risk of colorectal cancer: the Women's Health Initiative Randomized Controlled Dietary Modification Trial. <i>JAMA - Journal of the American Medical Association</i> , 2006 , 295, 643-54	27.4	283
52	Low-Fat Dietary Pattern and Risk of Colorectal Cancer: The Women's Health Initiative Randomized Controlled Dietary Modification Trial. <i>Obstetrical and Gynecological Survey</i> , 2006 , 61, 456-458	2.4	2
51	Relation of BMI and physical activity to sex hormones in postmenopausal women. <i>Obesity</i> , 2006 , 14, 1668-77		224
50	Changing weight-loss expectations: a randomized pilot study. <i>Eating Behaviors</i> , 2005 , 6, 259-69	3	47
49	Differential Predictors of Adherence in Exercise Programs with Moderate versus Higher Levels of Intensity and Frequency. <i>Journal of Sport and Exercise Psychology</i> , 2005 , 27, 171-187	1.5	11
48	Prescribing exercise at varied levels of intensity and frequency: a randomized trial. <i>Archives of Internal Medicine</i> , 2005 , 165, 2362-9		126

47 Treatment of Obesity **2005**, 181-202

46 Body mass index and alcohol use. *Journal of Addictive Diseases*, **2004**, 23, 105-18 1.7 117

45 Dietary adherence in the Women's Health Initiative Dietary Modification Trial. *Journal of the American Dietetic Association*, **2004**, 104, 654-8 63

44 Effects of exercise on emerging and traditional cardiovascular risk factors. *Preventive Medicine*, **2004**, 39, 894-902 4.3 32

43 Minimal intervention programs for weight loss in heart transplant candidates: a preliminary examination. *Progress in Transplantation*, **2003**, 13, 284-8 1.1 8

42 Comparison of perceived health to physiological measures of health in Black and White women. *Preventive Medicine*, **2003**, 36, 624-8 4.3 28

41 Exercise training, without weight loss, increases insulin sensitivity and postheparin plasma lipase activity in previously sedentary adults. *Diabetes Care*, **2003**, 26, 557-62 14.6 274

40 Minimal intervention programs for weight loss in heart transplant candidates: a preliminary examination. *Progress in Transplantation*, **2003**, 13, 284-288 1.1 4

39 The effects of physical and emotional status on adherence to a low-fat dietary pattern in the Women's Health Initiative. *Journal of the American Dietetic Association*, **2002**, 102, 789-800, 888 36

38 Adherence to exercise prescriptions: Effects of prescribing moderate versus higher levels of intensity and frequency.. *Health Psychology*, **2002**, 21, 452-458 5 215

37 Impact of body weight on long-term survival after lung transplantation. *Chest*, **2002**, 121, 401-6 5.3 93

36 Walking compared with vigorous exercise for the prevention of cardiovascular events in women. *New England Journal of Medicine*, **2002**, 347, 716-25 59.2 936

35 Adherence to exercise prescriptions: effects of prescribing moderate versus higher levels of intensity and frequency. *Health Psychology*, **2002**, 21, 452-8 5 84

34 Relapse prevention training and problem-solving therapy in the long-term management of obesity.. *Journal of Consulting and Clinical Psychology*, **2001**, 69, 722-726 6.5 292

33 A Psychometric Normative Database for Pre-Lung Transplantation Evaluations. *Journal of Clinical Psychology in Medical Settings*, **2001**, 8, 229-236 2 9

32 Individual versus group therapy for obesity: Effects of matching participants to their treatment preferences.. *Journal of Consulting and Clinical Psychology*, **2001**, 69, 717-721 6.5 233

31 Can sedentary adults accurately recall the intensity of their physical activity?. *Preventive Medicine*, **2001**, 33, 18-26 4.3 97

30 Ethnic, socioeconomic, and lifestyle correlates of obesity in U.S. women:. *Clinical Journal of Women's Health*, **2001**, 1, 225-234 6

29	Who will adhere? Key issues in the study and prediction of adherence in randomized controlled trials. <i>Contemporary Clinical Trials</i> , 2000 , 21, 195S-9S		37
28	Dietary adherence: characteristics and interventions. <i>Contemporary Clinical Trials</i> , 2000 , 21, 206S-11S		26
27	Medical coping modes questionnaire: Factor structure for adult transplant candidates. <i>International Journal of Behavioral Medicine</i> , 2000 , 7, 89-110	2.6	14
26	Discrepancy between actual and ideal body images; Impact on eating and exercise behaviors. <i>Eating Behaviors</i> , 2000 , 1, 153-60	3	65
25	Maintenance of dietary behavior change. <i>Health Psychology</i> , 2000 , 19, 42-56	5	117
24	Extending Psychometric Norms for Pre-Cardiac Transplantation Evaluations: The Florida Cohort, 1990-1996. <i>Journal of Clinical Psychology in Medical Settings</i> , 1999 , 6, 303-316	2	12
23	Effects of exercise-focused versus weight-focused maintenance programs on the management of obesity. <i>Addictive Behaviors</i> , 1999 , 24, 219-27	4.2	59
22	A psychometric normative database for pre-liver transplantation evaluations. The Florida cohort 1991-1996. <i>Psychosomatics</i> , 1999 , 40, 479-85	2.6	47
21	The maintenance of treatment effects in the long-term management of obesity.. <i>Clinical Psychology: Science and Practice</i> , 1998 , 5, 526-543	3.7	86
20	Effects of a personalized system of skill acquisition and an educational program in the treatment of obesity. <i>Addictive Behaviors</i> , 1998 , 23, 97-100	4.2	21
19	Effects of group- versus home-based exercise in the treatment of obesity.. <i>Journal of Consulting and Clinical Psychology</i> , 1997 , 65, 278-285	6.5	165
18	Comparative effectiveness of social problem-solving therapy and reminiscence therapy as treatments for depression in older adults.. <i>Journal of Consulting and Clinical Psychology</i> , 1993 , 61, 1003-1010	6.5	246
17	Effects of an intermittent, low-fat, low-calorie diet in the behavioral treatment of obesity. <i>Behavior Therapy</i> , 1990 , 21, 499-509	4.8	22
16	Social problem-solving therapy for unipolar depression: An initial dismantling investigation.. <i>Journal of Consulting and Clinical Psychology</i> , 1989 , 57, 408-413	6.5	238
15	Effect of length of treatment on weight loss.. <i>Journal of Consulting and Clinical Psychology</i> , 1989 , 57, 450-452	6.5	186
14	Effects of four maintenance programs on the long-term management of obesity.. <i>Journal of Consulting and Clinical Psychology</i> , 1988 , 56, 529-534	6.5	243
13	Effects of peer support and therapist contact on long-term weight loss. <i>Journal of Consulting and Clinical Psychology</i> , 1987 , 55, 615-617	6.5	91
12	Effects of ECT given two vs. three times weekly. <i>Psychiatry Research</i> , 1987 , 21, 63-9	9.9	29

11	Enhancing the efficacy of behavior therapy for obesity: Effects of aerobic exercise and a multicomponent maintenance program.. <i>Journal of Consulting and Clinical Psychology</i> , 1986 , 54, 670-675	6.5	116
10	Do behavioral treatments of obesity last? A five-year follow-up investigation. <i>Addictive Behaviors</i> , 1984 , 9, 175-83	4.2	88
9	Maintenance strategies for the treatment of obesity: An evaluation of relapse prevention training and posttreatment contact by mail and telephone.. <i>Journal of Consulting and Clinical Psychology</i> , 1984 , 52, 404-413	6.5	151
8	Effect of a multicomponent maintenance program on long-term weight loss.. <i>Journal of Consulting and Clinical Psychology</i> , 1984 , 52, 480-481	6.5	80
7	Maintenance strategies for the treatment of obesity: an evaluation of relapse prevention training and posttreatment contact by mail and telephone. <i>Journal of Consulting and Clinical Psychology</i> , 1984 , 52, 404-13	6.5	31
6	A critical evaluation of the research methodology employed in the investigation of causative factors of child abuse and neglect. <i>Child Abuse and Neglect</i> , 1981 , 5, 449-455	4.3	30
5	Assessment of Heterosocial Skills in Male College Students: Empirical Development of a Behavioral Role-Playing Test. <i>Behavior Modification</i> , 1979 , 3, 337-354	2.5	15
4	An investigation of naturally occurring episodes of self-controlled behaviors.. <i>Journal of Counseling Psychology</i> , 1977 , 24, 178-183	3.6	36
3	Behavioral self-control and smoking reduction: A study of self-initiated attempts to reduce smoking. <i>Behavior Therapy</i> , 1977 , 8, 360-365	4.8	65
2	Increasing the maintenance of self-control treatments through faded counselor contact and high information feedback.. <i>Journal of Counseling Psychology</i> , 1976 , 23, 405-406	3.6	7
1	Problem Solving to Promote Treatment Adherence	135-148	9