

Michael G Perri

List of Publications by Citations

Source: <https://exaly.com/author-pdf/8929006/michael-g-perri-publications-by-citations.pdf>
Version: 2024-04-10

This document has been generated based on the publications and citations recorded by exaly.com. For the latest version of this publication list, visit the link given above.
The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

136 papers	9,961 citations	48 h-index	98 g-index
146 ext. papers	11,085 ext. citations	5.8 avg, IF	5.68 L-index

#	Paper	IF	Citations
136	Walking compared with vigorous exercise for the prevention of cardiovascular events in women. <i>New England Journal of Medicine</i> , 2002 , 347, 716-25	59.2	936
135	Low-fat dietary pattern and risk of cardiovascular disease: the Women's Health Initiative Randomized Controlled Dietary Modification Trial. <i>JAMA - Journal of the American Medical Association</i> , 2006 , 295, 655-66	27.4	738
134	Prevalence of obesity among adults from rural and urban areas of the United States: findings from NHANES (2005-2008). <i>Journal of Rural Health</i> , 2012 , 28, 392-7	4.6	353
133	Weight loss with naltrexone SR/bupropion SR combination therapy as an adjunct to behavior modification: the COR-BMOD trial. <i>Obesity</i> , 2011 , 19, 110-20	8	308
132	NIH working group report: Innovative research to improve maintenance of weight loss. <i>Obesity</i> , 2015 , 23, 7-15	8	304
131	Relapse prevention training and problem-solving therapy in the long-term management of obesity.. <i>Journal of Consulting and Clinical Psychology</i> , 2001 , 69, 722-726	6.5	292
130	Low-fat dietary pattern and risk of colorectal cancer: the Women's Health Initiative Randomized Controlled Dietary Modification Trial. <i>JAMA - Journal of the American Medical Association</i> , 2006 , 295, 643-54	27.4	283
129	Exercise training, without weight loss, increases insulin sensitivity and postheparin plasma lipase activity in previously sedentary adults. <i>Diabetes Care</i> , 2003 , 26, 557-62	14.6	274
128	Comparative effectiveness of social problem-solving therapy and reminiscence therapy as treatments for depression in older adults.. <i>Journal of Consulting and Clinical Psychology</i> , 1993 , 61, 1003-1010	6.5	246
127	Effects of four maintenance programs on the long-term management of obesity.. <i>Journal of Consulting and Clinical Psychology</i> , 1988 , 56, 529-534	6.5	243
126	Social problem-solving therapy for unipolar depression: An initial dismantling investigation.. <i>Journal of Consulting and Clinical Psychology</i> , 1989 , 57, 408-413	6.5	238
125	Individual versus group therapy for obesity: Effects of matching participants to their treatment preferences.. <i>Journal of Consulting and Clinical Psychology</i> , 2001 , 69, 717-721	6.5	233
124	Relation of BMI and physical activity to sex hormones in postmenopausal women. <i>Obesity</i> , 2006 , 14, 1668-77		224
123	Adherence to exercise prescriptions: Effects of prescribing moderate versus higher levels of intensity and frequency.. <i>Health Psychology</i> , 2002 , 21, 452-458	5	215
122	Extended-care programs for weight management in rural communities: the treatment of obesity in underserved rural settings (TOURS) randomized trial. <i>Archives of Internal Medicine</i> , 2008 , 168, 2347-54		197
121	Effect of length of treatment on weight loss.. <i>Journal of Consulting and Clinical Psychology</i> , 1989 , 57, 450-452	6.5	186
120	The impact of extended care on the long-term maintenance of weight loss: a systematic review and meta-analysis. <i>Obesity Reviews</i> , 2012 , 13, 509-17	10.6	171

119	Effects of group- versus home-based exercise in the treatment of obesity.. <i>Journal of Consulting and Clinical Psychology</i> , 1997 , 65, 278-285	6.5	165
118	Comparison of parent-only vs family-based interventions for overweight children in underserved rural settings: outcomes from project STORY. <i>JAMA Pediatrics</i> , 2008 , 162, 1119-25		154
117	Maintenance strategies for the treatment of obesity: An evaluation of relapse prevention training and posttreatment contact by mail and telephone.. <i>Journal of Consulting and Clinical Psychology</i> , 1984 , 52, 404-413	6.5	151
116	Prescribing exercise at varied levels of intensity and frequency: a randomized trial. <i>Archives of Internal Medicine</i> , 2005 , 165, 2362-9		126
115	Body mass index and alcohol use. <i>Journal of Addictive Diseases</i> , 2004 , 23, 105-18	1.7	117
114	Maintenance of dietary behavior change. <i>Health Psychology</i> , 2000 , 19, 42-56	5	117
113	Enhancing the efficacy of behavior therapy for obesity: Effects of aerobic exercise and a multicomponent maintenance program.. <i>Journal of Consulting and Clinical Psychology</i> , 1986 , 54, 670-675	6.5	116
112	Translating weight loss and physical activity programs into the community to preserve mobility in older, obese adults in poor cardiovascular health. <i>Archives of Internal Medicine</i> , 2011 , 171, 880-6		112
111	Low-fat dietary pattern and risk of treated diabetes mellitus in postmenopausal women: the Women's Health Initiative randomized controlled dietary modification trial. <i>Archives of Internal Medicine</i> , 2008 , 168, 1500-11		111
110	Successful aging: Advancing the science of physical independence in older adults. <i>Ageing Research Reviews</i> , 2015 , 24, 304-27	12	107
109	The association between rate of initial weight loss and long-term success in obesity treatment: does slow and steady win the race?. <i>International Journal of Behavioral Medicine</i> , 2010 , 17, 161-7	2.6	107
108	Outcomes of a weight loss intervention among rural breast cancer survivors. <i>Breast Cancer Research and Treatment</i> , 2012 , 132, 631-9	4.4	97
107	Can sedentary adults accurately recall the intensity of their physical activity?. <i>Preventive Medicine</i> , 2001 , 33, 18-26	4.3	97
106	Behavioral economic predictors of overweight children's weight loss. <i>Journal of Consulting and Clinical Psychology</i> , 2012 , 80, 1086-1096	6.5	96
105	Impact of body weight on long-term survival after lung transplantation. <i>Chest</i> , 2002 , 121, 401-6	5.3	93
104	Social support for healthy behaviors: scale psychometrics and prediction of weight loss among women in a behavioral program. <i>Obesity</i> , 2012 , 20, 756-64	8	91
103	Effects of peer support and therapist contact on long-term weight loss. <i>Journal of Consulting and Clinical Psychology</i> , 1987 , 55, 615-617	6.5	91
102	Do behavioral treatments of obesity last? A five-year follow-up investigation. <i>Addictive Behaviors</i> , 1984 , 9, 175-83	4.2	88

101	The maintenance of treatment effects in the long-term management of obesity.. <i>Clinical Psychology: Science and Practice</i> , 1998 , 5, 526-543	3.7	86
100	Adherence to exercise prescriptions: effects of prescribing moderate versus higher levels of intensity and frequency. <i>Health Psychology</i> , 2002 , 21, 452-8	5	84
99	Predictors of dietary change and maintenance in the Women's Health Initiative Dietary Modification Trial. <i>Journal of the American Dietetic Association</i> , 2007 , 107, 1155-66		81
98	Effect of a multicomponent maintenance program on long-term weight loss.. <i>Journal of Consulting and Clinical Psychology</i> , 1984 , 52, 480-481	6.5	80
97	Group dynamics are associated with weight loss in the behavioral treatment of obesity. <i>Obesity</i> , 2015 , 23, 1563-9	8	73
96	Group versus individual phone-based obesity treatment for rural women. <i>Eating Behaviors</i> , 2010 , 11, 11-7	3	73
95	Dietary self-monitoring and long-term success with weight management. <i>Obesity</i> , 2014 , 22, 1962-7	8	66
94	Discrepancy between actual and ideal body images; Impact on eating and exercise behaviors. <i>Eating Behaviors</i> , 2000 , 1, 153-60	3	65
93	Behavioral self-control and smoking reduction: A study of self-initiated attempts to reduce smoking. <i>Behavior Therapy</i> , 1977 , 8, 360-365	4.8	65
92	Dietary adherence in the Women's Health Initiative Dietary Modification Trial. <i>Journal of the American Dietetic Association</i> , 2004 , 104, 654-8		63
91	Effects of exercise-focused versus weight-focused maintenance programs on the management of obesity. <i>Addictive Behaviors</i> , 1999 , 24, 219-27	4.2	59
90	Comparison of program costs for parent-only and family-based interventions for pediatric obesity in medically underserved rural settings. <i>Journal of Rural Health</i> , 2009 , 25, 326-30	4.6	55
89	Dose, Content, and Mediators of Family-Based Treatment for Childhood Obesity: A Multisite Randomized Clinical Trial. <i>JAMA Pediatrics</i> , 2017 , 171, 1151-1159	8.3	50
88	The Stanford Leisure-Time Activity Categorical Item (L-Cat): a single categorical item sensitive to physical activity changes in overweight/obese women. <i>International Journal of Obesity</i> , 2013 , 37, 1597-602	5.5	48
87	Promoting healthy weight with "stability skills first": a randomized trial. <i>Journal of Consulting and Clinical Psychology</i> , 2013 , 81, 336-46	6.5	48
86	Effects of a weight loss plus exercise program on physical function in overweight, older women: a randomized controlled trial. <i>Clinical Interventions in Aging</i> , 2011 , 6, 141-9	4	48
85	Changing weight-loss expectations: a randomized pilot study. <i>Eating Behaviors</i> , 2005 , 6, 259-69	3	47
84	A psychometric normative database for pre-liver transplantation evaluations. The Florida cohort 1991-1996. <i>Psychosomatics</i> , 1999 , 40, 479-85	2.6	47

83	Effects of exercise on mobility in obese and nonobese older adults. <i>Obesity</i> , 2010 , 18, 1168-75	8	46
82	Problem solving, treatment adherence, and weight-loss outcome among women participating in lifestyle treatment for obesity. <i>Eating Behaviors</i> , 2009 , 10, 146-51	3	46
81	What words should we use when discussing excess weight?. <i>Journal of the American Board of Family Medicine</i> , 2010 , 23, 606-13	1.6	44
80	An exploratory analysis of the effects of a weight loss plus exercise program on cellular quality control mechanisms in older overweight women. <i>Rejuvenation Research</i> , 2011 , 14, 315-24	2.6	42
79	Comparative effectiveness of three doses of weight-loss counseling: two-year findings from the rural LITE trial. <i>Obesity</i> , 2014 , 22, 2293-300	8	38
78	Sensible treatment of obesity in rural youth (STORY): design and methods. <i>Contemporary Clinical Trials</i> , 2008 , 29, 270-80	2.3	37
77	Who will adhere? Key issues in the study and prediction of adherence in randomized controlled trials. <i>Contemporary Clinical Trials</i> , 2000 , 21, 195S-9S		37
76	The effects of physical and emotional status on adherence to a low-fat dietary pattern in the Women's Health Initiative. <i>Journal of the American Dietetic Association</i> , 2002 , 102, 789-800, 888		36
75	An investigation of naturally occurring episodes of self-controlled behaviors.. <i>Journal of Counseling Psychology</i> , 1977 , 24, 178-183	3.6	36
74	Effect of dietary restriction and exercise on lower extremity tissue compartments in obese, older women: a pilot study. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2014 , 69, 101-8	6.4	33
73	Effects of exercise on emerging and traditional cardiovascular risk factors. <i>Preventive Medicine</i> , 2004 , 39, 894-902	4.3	32
72	Modifications in parent feeding practices and child diet during family-based behavioral treatment improve child zBMI. <i>Obesity</i> , 2014 , 22, E119-26	8	31
71	Maintenance strategies for the treatment of obesity: an evaluation of relapse prevention training and posttreatment contact by mail and telephone. <i>Journal of Consulting and Clinical Psychology</i> , 1984 , 52, 404-13	6.5	31
70	A critical evaluation of the research methodology employed in the investigation of causative factors of child abuse and neglect. <i>Child Abuse and Neglect</i> , 1981 , 5, 449-455	4.3	30
69	Weight loss maintenance strategies among rural breast cancer survivors: The rural women connecting for better health trial. <i>Obesity</i> , 2016 , 24, 2070-7	8	30
68	Bayesian inference for the causal effect of mediation. <i>Biometrics</i> , 2012 , 68, 1028-36	1.8	29
67	Effects of ECT given two vs. three times weekly. <i>Psychiatry Research</i> , 1987 , 21, 63-9	9.9	29
66	Comparison of perceived health to physiological measures of health in Black and White women. <i>Preventive Medicine</i> , 2003 , 36, 624-8	4.3	28

65	Reduction in food away from home is associated with improved child relative weight and body composition outcomes and this relation is mediated by changes in diet quality. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2015 , 115, 1400-7	3.9	27
64	The Extension Family Lifestyle Intervention Project (E-FLIP for Kids): design and methods. <i>Contemporary Clinical Trials</i> , 2011 , 32, 50-8	2.3	27
63	Dietary adherence: characteristics and interventions. <i>Contemporary Clinical Trials</i> , 2000 , 21, 206S-11S		26
62	Developing a research agenda for cardiovascular disease prevention in high-risk rural communities. <i>American Journal of Public Health</i> , 2013 , 103, 1011-21	5.1	25
61	Comparing Costs of Telephone vs Face-to-Face Extended-Care Programs for the Management of Obesity in Rural Settings. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2012 , 112, 1363-1373	3.9	24
60	The use of biosimulation in the design of a novel multilevel weight loss maintenance program for overweight children. <i>Obesity</i> , 2010 , 18 Suppl 1, S91-8	8	24
59	The role of self-monitoring in the maintenance of weight loss success. <i>Eating Behaviors</i> , 2016 , 21, 193-7	3	23
58	Lifestyle interventions for cardiovascular disease risk reduction: a systematic review of the effects of diet composition, food provision, and treatment modality on weight loss. <i>Current Atherosclerosis Reports</i> , 2014 , 16, 442	6	23
57	The contributions of weight loss and increased physical fitness to improvements in health-related quality of life. <i>Eating Behaviors</i> , 2009 , 10, 84-8	3	23
56	Effects of an intermittent, low-fat, low-calorie diet in the behavioral treatment of obesity. <i>Behavior Therapy</i> , 1990 , 21, 499-509	4.8	22
55	Weight loss goals of patients in a health maintenance organization. <i>Eating Behaviors</i> , 2010 , 11, 74-8	3	21
54	How much walking is needed to improve cardiorespiratory fitness? An examination of the 2008 Physical Activity Guidelines for Americans. <i>Research Quarterly for Exercise and Sport</i> , 2011 , 82, 365-70	1.9	21
53	Effects of a personalized system of skill acquisition and an educational program in the treatment of obesity. <i>Addictive Behaviors</i> , 1998 , 23, 97-100	4.2	21
52	Protocol and recruitment results from a randomized controlled trial comparing group phone-based versus newsletter interventions for weight loss maintenance among rural breast cancer survivors. <i>Contemporary Clinical Trials</i> , 2014 , 37, 261-71	2.3	19
51	Patterns of Eating Disorder Pathology are Associated with Weight Change in Family-Based Behavioral Obesity Treatment. <i>Obesity</i> , 2017 , 25, 2115-2122	8	17
50	Differential response of African American and Caucasian women to extended-care programs for obesity management. <i>Ethnicity and Disease</i> , 2011 , 21, 170-5	1.8	17
49	Effect of Telehealth Extended Care for Maintenance of Weight Loss in Rural US Communities: A Randomized Clinical Trial. <i>JAMA Network Open</i> , 2020 , 3, e206764	10.4	16
48	Decreasing food fussiness in children with obesity leads to greater weight loss in family-based treatment. <i>Obesity</i> , 2016 , 24, 2158-63	8	16

47	A randomized trial comparing weight loss treatment delivered in large versus small groups. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2014 , 11, 123	8.4	15
46	Assessment of Heterosocial Skills in Male College Students: Empirical Development of a Behavioral Role-Playing Test. <i>Behavior Modification</i> , 1979 , 3, 337-354	2.5	15
45	Protocol for the Rural Engagement in Primary Care for Optimizing Weight Reduction (RE-POWER) Trial: Comparing three obesity treatment models in rural primary care. <i>Contemporary Clinical Trials</i> , 2016 , 47, 304-14	2.3	14
44	A randomized trial investigating the effect of a brief lifestyle intervention on freshman-year weight gain. <i>Journal of American College Health</i> , 2014 , 62, 101-9	2.2	14
43	Effects of prescribing 1,000 versus 1,500 kilocalories per day in the behavioral treatment of obesity: a randomized trial. <i>Obesity</i> , 2013 , 21, 2481-7	8	14
42	Comparison of physician weight loss goals for obese male and female patients. <i>Preventive Medicine</i> , 2010 , 50, 186-8	4.3	14
41	Medical coping modes questionnaire: Factor structure for adult transplant candidates. <i>International Journal of Behavioral Medicine</i> , 2000 , 7, 89-110	2.6	14
40	Extending Psychometric Norms for Pre-Cardiac Transplantation Evaluations: The Florida Cohort, 1990-1996. <i>Journal of Clinical Psychology in Medical Settings</i> , 1999 , 6, 303-316	2	12
39	The US Cancer Moonshot initiative. <i>Lancet Oncology</i> , 2016 , 17, e178-80	21.7	12
38	Effect of Behavioral Therapy With In-Clinic or Telephone Group Visits vs In-Clinic Individual Visits on Weight Loss Among Patients With Obesity in Rural Clinical Practice: A Randomized Clinical Trial. <i>JAMA - Journal of the American Medical Association</i> , 2021 , 325, 363-372	27.4	12
37	Does Yoga Help College-Aged Women with Body-Image Dissatisfaction Feel Better About Their Bodies?. <i>Sex Roles</i> , 2019 , 80, 41-51	3.1	11
36	Differential Predictors of Adherence in Exercise Programs with Moderate versus Higher Levels of Intensity and Frequency. <i>Journal of Sport and Exercise Psychology</i> , 2005 , 27, 171-187	1.5	11
35	Rural/urban disparities in access to the National Diabetes Prevention Program. <i>Translational Behavioral Medicine</i> , 2020 , 10, 1554-1558	3.2	10
34	Comparison of an alternative schedule of extended care contacts to a self-directed control: a randomized trial of weight loss maintenance. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2017 , 14, 107	8.4	10
33	The impact of behavioral intervention on obesity mediated declines in mobility function: implications for longevity. <i>Journal of Aging Research</i> , 2011 , 2011, 392510	2.3	9
32	A Psychometric Normative Database for Pre-Lung Transplantation Evaluations. <i>Journal of Clinical Psychology in Medical Settings</i> , 2001 , 8, 229-236	2	9
31	Problem Solving to Promote Treatment Adherence135-148		9
30	Factors associated with depression and anxiety symptoms among children seeking treatment for obesity: A social-ecological approach. <i>Pediatric Obesity</i> , 2019 , 14, e12518	4.6	8

29	Effect of dose of behavioral weight loss treatment on glycemic control in adults with prediabetes. <i>BMJ Open Diabetes Research and Care</i> , 2019 , 7, e000653	4.5	8
28	Minimal intervention programs for weight loss in heart transplant candidates: a preliminary examination. <i>Progress in Transplantation</i> , 2003 , 13, 284-8	1.1	8
27	Psychometric evaluation of the youth eating disorder examination questionnaire in children with overweight or obesity. <i>International Journal of Eating Disorders</i> , 2017 , 50, 776-780	6.3	7
26	Featured Article: Behavior Interventions Addressing Obesity in Rural Settings: The E-FLIP for Kids Trial. <i>Journal of Pediatric Psychology</i> , 2019 , 44, 889-901	3.2	7
25	Increasing the maintenance of self-control treatments through faded counselor contact and high information feedback.. <i>Journal of Counseling Psychology</i> , 1976 , 23, 405-406	3.6	7
24	Effect of dose of behavioral treatment for obesity on binge eating severity. <i>Eating Behaviors</i> , 2016 , 22, 55-61	3	7
23	Ethnic, socioeconomic, and lifestyle correlates of obesity in U.S. women:. <i>Clinical Journal of Women's Health</i> , 2001 , 1, 225-234		6
22	Design of the Rural LEAP randomized trial: An evaluation of extended-care programs for weight management delivered via group or individual telephone counseling. <i>Contemporary Clinical Trials</i> , 2019 , 76, 55-63	2.3	6
21	Cynicism: Incident diabetes and worsening of metabolic syndrome in postmenopausal women. <i>Diabetes and Metabolic Syndrome: Clinical Research and Reviews</i> , 2010 , 4, 187-189	8.9	4
20	Minimal intervention programs for weight loss in heart transplant candidates: a preliminary examination. <i>Progress in Transplantation</i> , 2003 , 13, 284-288	1.1	4
19	Benefits and risks of weight-loss treatment for older, obese women. <i>Clinical Interventions in Aging</i> , 2013 , 8, 157-66	4	3
18	Cost-Effectiveness of Three Doses of a Behavioral Intervention to Prevent or Delay Type 2 Diabetes in Rural Areas. <i>Journal of the Academy of Nutrition and Dietetics</i> , 2020 , 120, 1163-1171	3.9	3
17	Racial and socioeconomic disparities in the efficacy of a family-based treatment programme for paediatric obesity. <i>Pediatric Obesity</i> , 2021 , 16, e12792	4.6	3
16	Child and parent reports of children's depressive symptoms in relation to children's weight loss response in family-based obesity treatment. <i>Pediatric Obesity</i> , 2019 , 14, e12511	4.6	2
15	Quantile regression in the presence of monotone missingness with sensitivity analysis. <i>Biostatistics</i> , 2016 , 17, 108-21	3.7	2
14	Low-Fat Dietary Pattern and Risk of Colorectal Cancer: The Women's Health Initiative Randomized Controlled Dietary Modification Trial. <i>Obstetrical and Gynecological Survey</i> , 2006 , 61, 456-458 ⁴	2.4	2
13	Preventing Weight Regain After Weight Loss 2008 , 249-268		2
12	Longitudinal Changes in Food Addiction Symptoms and Body Weight among Adults in a Behavioral Weight-Loss Program. <i>Nutrients</i> , 2020 , 12,	6.7	1

11	Effects of Intervention Characteristics on Willingness to Initiate a Weight Gain Prevention Program. <i>American Journal of Health Promotion</i> , 2020 , 34, 837-847	2.5	1
10	Public health education at the University of Florida: synergism and educational innovation. <i>American Journal of Public Health</i> , 2015 , 105 Suppl 1, S83-7	5.1	1
9	Family Encouragement of Healthy Eating Predicts Child Dietary Intake and Weight Loss in Family-Based Behavioral Weight-Loss Treatment. <i>Childhood Obesity</i> , 2020 , 16, 218-225	2.5	1
8	General and Eating Disorder Psychopathology in Relation to Short- and Long-Term Weight Change in Treatment-Seeking Children: A Latent Profile Analysis. <i>Annals of Behavioral Medicine</i> , 2021 , 55, 698-704	4.5	1
7	Children with Severe Obesity in Family-Based Obesity Treatment Compared with Other Participants: Conclusions Depend on Metrics. <i>Obesity</i> , 2021 , 29, 393-401	8	1
6	Weight loss in primary care: A pooled analysis of two pragmatic cluster-randomized trials. <i>Obesity</i> , 2021 , 29, 2044-2054	8	0
5	Examining the interdependence of parent-child dyads: Effects on weight loss and maintenance. <i>Pediatric Obesity</i> , 2021 , 16, e12697	4.6	0
4	Treatment of Obesity 2005 , 181-202		
3	Differential impact of telehealth extended-care programs for weight-loss maintenance in African American versus white adults.. <i>Journal of Behavioral Medicine</i> , 2022 , 1	3.6	
2	Child appetitive traits influence dietary intake in treatment seeking overweight children. <i>FASEB Journal</i> , 2012 , 26, 632.4	0.9	
1	Relation of social network support to child health behaviors among children in treatment for overweight/obesity. <i>Eating and Weight Disorders</i> , 2021 , 1	3.6	