

Martin P Schwellnus

List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

181
papers

6,143
citations

43
h-index

74
g-index

219
ext. papers

7,220
ext. citations

5.1
avg, IF

5.79
L-index

#	Paper	IF	Citations
181	How much is too much? (Part 1) International Olympic Committee consensus statement on load in sport and risk of injury. <i>British Journal of Sports Medicine</i> , 2016 , 50, 1030-41	10.3	434
180	A fivefold reduction in the incidence of recurrent ankle sprains in soccer players using the Sport-Stirrup orthosis. <i>American Journal of Sports Medicine</i> , 1994 , 22, 601-6	6.8	267
179	The COL5A1 gene and Achilles tendon pathology. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2006 , 16, 19-26	4.6	215
178	How much is too much? (Part 2) International Olympic Committee consensus statement on load in sport and risk of illness. <i>British Journal of Sports Medicine</i> , 2016 , 50, 1043-52	10.3	215
177	The International Olympic Committee (IOC) Consensus Statement on periodic health evaluation of elite athletes March 2009. <i>British Journal of Sports Medicine</i> , 2009 , 43, 631-43	10.3	210
176	IOC consensus paper on the use of platelet-rich plasma in sports medicine. <i>British Journal of Sports Medicine</i> , 2010 , 44, 1072-81	10.3	188
175	Prevention of common overuse injuries by the use of shock absorbing insoles. A prospective study. <i>American Journal of Sports Medicine</i> , 1990 , 18, 636-41	6.8	181
174	The COL5A1 gene is associated with increased risk of anterior cruciate ligament ruptures in female participants. <i>American Journal of Sports Medicine</i> , 2009 , 37, 2234-40	6.8	178
173	International Olympic Committee consensus statement: methods for recording and reporting of epidemiological data on injury and illness in sport 2020 (including STROBE Extension for Sport Injury and Illness Surveillance (STROBE-SIIS)). <i>British Journal of Sports Medicine</i> , 2020 , 54, 372-389	10.3	167
172	Injuries and illnesses of football players during the 2010 FIFA World Cup. <i>British Journal of Sports Medicine</i> , 2011 , 45, 626-30	10.3	145
171	The guanine-thymine dinucleotide repeat polymorphism within the tenascin-C gene is associated with achilles tendon injuries. <i>American Journal of Sports Medicine</i> , 2005 , 33, 1016-21	6.8	139
170	Variants within the COL5A1 gene are associated with Achilles tendinopathy in two populations. <i>British Journal of Sports Medicine</i> , 2009 , 43, 357-65	10.3	131
169	The epidemiology of injuries at the London 2012 Paralympic Games. <i>British Journal of Sports Medicine</i> , 2013 , 47, 426-32	10.3	117
168	Genetic risk factors for anterior cruciate ligament ruptures: COL1A1 gene variant. <i>British Journal of Sports Medicine</i> , 2009 , 43, 352-6	10.3	114
167	Variants within the MMP3 gene are associated with Achilles tendinopathy: possible interaction with the COL5A1 gene. <i>British Journal of Sports Medicine</i> , 2009 , 43, 514-20	10.3	108
166	Aetiology of skeletal muscle cramps during exercise: a novel hypothesis. <i>Journal of Sports Sciences</i> , 1997 , 15, 277-85	3.6	105
165	Biomechanical variables associated with Achilles tendinopathy in runners. <i>British Journal of Sports Medicine</i> , 2009 , 43, 288-92	10.3	94

164	Illness and injury in athletes during the competition period at the London 2012 Paralympic Games: development and implementation of a web-based surveillance system (WEB-IISS) for team medical staff. <i>British Journal of Sports Medicine</i> , 2013 , 47, 420-5	10.3	93
163	Tendon and ligament injuries: the genetic component. <i>British Journal of Sports Medicine</i> , 2007 , 41, 241-6; discussion 246	10.3	89
162	The association between the COL12A1 gene and anterior cruciate ligament ruptures. <i>British Journal of Sports Medicine</i> , 2010 , 44, 1160-5	10.3	82
161	Respiratory health in athletes: facing the COVID-19 challenge. <i>Lancet Respiratory Medicine</i> , 2020 , 8, 557-558	35.1	78
160	Components of the transforming growth factor-beta family and the pathogenesis of human Achilles tendon pathology--a genetic association study. <i>Rheumatology</i> , 2010 , 49, 2090-7	3.9	75
159	Cause of exercise associated muscle cramps (EAMC)--altered neuromuscular control, dehydration or electrolyte depletion?. <i>British Journal of Sports Medicine</i> , 2009 , 43, 401-8	10.3	74
158	Elite athletes travelling to international destinations >5 time zone differences from their home country have a 2-3-fold increased risk of illness. <i>British Journal of Sports Medicine</i> , 2012 , 46, 816-21	10.3	74
157	Injuries impair the chance of successful performance by sportspeople: a systematic review. <i>British Journal of Sports Medicine</i> , 2017 , 51, 1209-1214	10.3	71
156	Serum electrolyte concentrations and hydration status are not associated with exercise associated muscle cramping (EAMC) in distance runners. <i>British Journal of Sports Medicine</i> , 2004 , 38, 488-92	10.3	64
155	The International Olympic Committee (IOC) consensus statement on periodic health evaluation of elite athletes, March 2009. <i>Clinical Journal of Sport Medicine</i> , 2009 , 19, 347-65	3.2	63
154	Local corticosteroid injection in iliotibial band friction syndrome in runners: a randomised controlled trial. <i>British Journal of Sports Medicine</i> , 2004 , 38, 269-72; discussion 272	10.3	62
153	Reduced eccentric loading of the knee with the pose running method. <i>Medicine and Science in Sports and Exercise</i> , 2004 , 36, 272-7	1.2	62
152	Serum electrolytes in Ironman triathletes with exercise-associated muscle cramping. <i>Medicine and Science in Sports and Exercise</i> , 2005 , 37, 1081-5	1.2	62
151	Epidemiology of time-loss injuries in English community-level rugby union. <i>BMJ Open</i> , 2013 , 3, e003998	3	57
150	Matrix metalloproteinase genes on chromosome 11q22 and the risk of anterior cruciate ligament (ACL) rupture. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2012 , 22, 523-33	4.6	56
149	The Incidence of Overuse Injuries in Military Recruits during Basic Military Training. <i>Military Medicine</i> , 1994 , 159, 421-426	1.3	55
148	High precompetition injury rate dominates the injury profile at the Rio 2016 Summer Paralympic Games: a prospective cohort study of 51 198 athlete days. <i>British Journal of Sports Medicine</i> , 2018 , 52, 24-31	10.3	54
147	Medical complications and deaths in 21 and 56 km road race runners: a 4-year prospective study in 65 865 runners--SAFER study I. <i>British Journal of Sports Medicine</i> , 2014 , 48, 912-8	10.3	53

146	Factors associated with illness in athletes participating in the London 2012 Paralympic Games: a prospective cohort study involving 49,910 athlete-days. <i>British Journal of Sports Medicine</i> , 2013 , 47, 433-40	10.3	50
145	Improved reporting of overuse injuries and health problems in sport: an update of the Oslo Sport Trauma Research Center questionnaires. <i>British Journal of Sports Medicine</i> , 2020 , 54, 390-396	10.3	47
144	The COL5A1 genotype is associated with range of motion measurements. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2009 , 19, 803-10	4.6	47
143	International Olympic Committee Consensus Statement: Methods for Recording and Reporting of Epidemiological Data on Injury and Illness in Sports 2020 (Including the STROBE Extension for Sports Injury and Illness Surveillance (STROBE-SIIS)). <i>Orthopaedic Journal of Sports Medicine</i> , 2020 , 8, 2325967120902908	3.5	45
142	The IOC Centres of Excellence bring prevention to sports medicine. <i>British Journal of Sports Medicine</i> , 2014 , 48, 1270-5	10.3	45
141	Prevention and management of non-communicable disease: the IOC consensus statement, Lausanne 2013. <i>British Journal of Sports Medicine</i> , 2013 , 47, 1003-11	10.3	45
140	Investigation of the Sp1-binding site polymorphism within the COL1A1 gene in participants with Achilles tendon injuries and controls. <i>Journal of Science and Medicine in Sport</i> , 2009 , 12, 184-9	4.4	45
139	High incidence of injury at the Sochi 2014 Winter Paralympic Games: a prospective cohort study of 6564 athlete days. <i>British Journal of Sports Medicine</i> , 2016 , 50, 1069-74	10.3	43
138	The worn-out athlete: a clinical approach to chronic fatigue in athletes. <i>Journal of Sports Sciences</i> , 1997 , 15, 341-51	3.6	43
137	Responsibility of sport and exercise medicine in preventing and managing chronic disease: applying our knowledge and skill is overdue. <i>British Journal of Sports Medicine</i> , 2011 , 45, 1272-82	10.3	41
136	International Olympic Committee consensus statement: molecular basis of connective tissue and muscle injuries in sport. <i>Clinics in Sports Medicine</i> , 2008 , 27, 231-9, x-xi	2.6	40
135	Effects of 100-km ultramarathon on acute kidney injury. <i>Clinical Journal of Sport Medicine</i> , 2015 , 25, 49-54	4.2	39
134	The COL1A1 gene and acute soft tissue ruptures. <i>British Journal of Sports Medicine</i> , 2010 , 44, 1063-4	10.3	37
133	The intrinsic risk factors for ACL ruptures: an evidence-based review. <i>Physician and Sportsmedicine</i> , 2011 , 39, 62-73	2.4	37
132	Sport Medicine Diagnostic Coding System (SMDCS) and the Orchard Sports Injury and Illness Classification System (OSIICS): revised 2020 consensus versions. <i>British Journal of Sports Medicine</i> , 2020 , 54, 397-401	10.3	36
131	Increased running speed and previous cramps rather than dehydration or serum sodium changes predict exercise-associated muscle cramping: a prospective cohort study in 210 Ironman triathletes. <i>British Journal of Sports Medicine</i> , 2011 , 45, 650-6	10.3	35
130	Medical encounters (including injury and illness) at mass community-based endurance sports events: an international consensus statement on definitions and methods of data recording and reporting. <i>British Journal of Sports Medicine</i> , 2019 , 53, 1048-1055	10.3	33
129	Less experience and running pace are potential risk factors for medical complications during a 56 km road running race: a prospective study in 26 354 race starters--SAFER study II. <i>British Journal of Sports Medicine</i> , 2014 , 48, 905-11	10.3	33

128	Illness during the 2010 Super 14 Rugby Union tournament - a prospective study involving 22 676 player days. <i>British Journal of Sports Medicine</i> , 2012 , 46, 499-504	10.3	33
127	The COL5A1 gene: a novel marker of endurance running performance. <i>Medicine and Science in Sports and Exercise</i> , 2011 , 43, 584-9	1.2	32
126	The COL5A1 gene, ultra-marathon running performance, and range of motion. <i>International Journal of Sports Physiology and Performance</i> , 2011 , 6, 485-96	3.5	32
125	Does calcium supplementation prevent bone stress injuries? A clinical trial. <i>International Journal of Sport Nutrition</i> , 1992 , 2, 165-74		32
124	Factors associated with a self-reported history of exercise-associated muscle cramps in Ironman triathletes: a case-control study. <i>Clinical Journal of Sport Medicine</i> , 2011 , 21, 204-10	3.2	31
123	A pathway-based approach investigating the genes encoding interleukin-1 β interleukin-6 and the interleukin-1 receptor antagonist provides new insight into the genetic susceptibility of Achilles tendinopathy. <i>British Journal of Sports Medicine</i> , 2011 , 45, 1040-7	10.3	31
122	Risk of Injuries in Paralympic Track and Field Differs by Impairment and Event Discipline: A Prospective Cohort Study at the London 2012 Paralympic Games. <i>American Journal of Sports Medicine</i> , 2016 , 44, 1455-62	6.8	30
121	Range of motion measurements diverge with increasing age for COL5A1 genotypes. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2011 , 21, e266-72	4.6	30
120	Sport, sex and age increase risk of illness at the Rio 2016 Summer Paralympic Games: a prospective cohort study of 51 198 athlete days. <i>British Journal of Sports Medicine</i> , 2018 , 52, 17-23	10.3	30
119	The COL12A1 and COL14A1 genes and Achilles tendon injuries. <i>International Journal of Sports Medicine</i> , 2008 , 29, 257-63	3.6	29
118	Common injuries in cycling: Prevention, diagnosis and management. <i>South African Family Practice: Official Journal of the South African Academy of Family Practice/Primary Care</i> , 2005 , 47, 14-19	0.6	29
117	Deep Transverse Frictions in the Treatment of Iliotibial Band Friction Syndrome in Athletes: A clinical trial. <i>Physiotherapy</i> , 1992 , 78, 564-568	3	29
116	Prevention and management of non-communicable disease: the IOC consensus statement, Lausanne 2013. <i>Sports Medicine</i> , 2013 , 43, 1075-88	10.6	28
115	Muscle cramping in the marathon : aetiology and risk factors. <i>Sports Medicine</i> , 2007 , 37, 364-7	10.6	28
114	The incidence and patterns of illness at the Sochi 2014 Winter Paralympic Games: a prospective cohort study of 6564 athlete days. <i>British Journal of Sports Medicine</i> , 2016 , 50, 1064-8	10.3	27
113	Muscle cramping in athletes--risk factors, clinical assessment, and management. <i>Clinics in Sports Medicine</i> , 2008 , 27, 183-94, ix-x	2.6	26
112	Increased running speed and pre-race muscle damage as risk factors for exercise-associated muscle cramps in a 56 km ultra-marathon: a prospective cohort study. <i>British Journal of Sports Medicine</i> , 2011 , 45, 1132-6	10.3	25
111	Comparative effects of zopiclone and loprazolam on psychomotor and physical performance in active individuals. <i>Clinical Journal of Sport Medicine</i> , 2000 , 10, 123-8	3.2	25

110	Older females are at higher risk for medical complications during 21 km road race running: a prospective study in 39 511 race starters--SAFER study III. <i>British Journal of Sports Medicine</i> , 2014 , 48, 891-7	10.3	24
109	The epidemiology of injuries in powerlifting at the London 2012 Paralympic Games: An analysis of 1411 athlete-days. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2016 , 26, 1233-8	4.6	22
108	More than 50% of players sustained a time-loss injury (>1 day of lost training or playing time) during the 2012 Super Rugby Union Tournament: a prospective cohort study of 17,340 player-hours. <i>British Journal of Sports Medicine</i> , 2014 , 48, 1306-15	10.3	22
107	The incidence and nature of injuries in South African rugby players in the rugby Super 12 competition. <i>South African Medical Journal</i> , 2006 , 96, 1260-5	1.5	22
106	A prospective cohort study of 7031 distance runners shows that 1 in 13 report systemic symptoms of an acute illness in the 8-12 day period before a race, increasing their risk of not finishing the race 1.9 times for those runners who started the race: SAFER study IV. <i>British Journal of Sports Medicine</i> , 2016 , 50, 939-45	10.3	21
105	The Epidemiology of Injuries in Football at the London 2012 Paralympic Games. <i>PM and R</i> , 2016 , 8, 545-52	2	21
104	Clinical characteristics of 385 illnesses of athletes with impairment reported on the WEB-ISS system during the London 2012 Paralympic Games. <i>PM and R</i> , 2014 , 6, S23-30	2.2	21
103	Illness and injuries in elite football players--a prospective cohort study during the FIFA Confederations Cup 2009. <i>Clinical Journal of Sport Medicine</i> , 2013 , 23, 379-83	3.2	19
102	RISK FACTORS FOR EXERCISE ASSOCIATED MUSCLE CRAMPING (EAMC) IN MARATHON RUNNERS 993. <i>Medicine and Science in Sports and Exercise</i> , 1996 , 28, 167	1.2	19
101	High incidence of injuries at the Pyeongchang 2018 Paralympic Winter Games: a prospective cohort study of 6804 athlete days. <i>British Journal of Sports Medicine</i> , 2020 , 54, 38-43	10.3	18
100	Illness Among Paralympic Athletes: Epidemiology, Risk Markers, and Preventative Strategies. <i>Physical Medicine and Rehabilitation Clinics of North America</i> , 2018 , 29, 185-203	2.3	17
99	Collagen genes and exercise-associated muscle cramping. <i>Clinical Journal of Sport Medicine</i> , 2013 , 23, 64-9	3.2	17
98	Prerace medical screening and education reduce medical encounters in distance road races: SAFER VIII study in 153 208 race starters. <i>British Journal of Sports Medicine</i> , 2019 , 53, 634-639	10.3	17
97	A comparison of two treatment protocols in the management of exercise-associated postural hypotension: a randomised clinical trial. <i>British Journal of Sports Medicine</i> , 2011 , 45, 1113-8	10.3	16
96	Anti-inflammatory and combined anti-inflammatory/analgesic medication in the early management of iliotibial band friction syndrome. A clinical trial. <i>South African Medical Journal</i> , 1991 , 79, 602-6	1.5	16
95	Are splanchnic hemodynamics related to the development of gastrointestinal symptoms in Ironman triathletes? A prospective cohort study. <i>Clinical Journal of Sport Medicine</i> , 2011 , 21, 337-43	3.2	15
94	Skeletal muscle cramps during exercise. <i>Physician and Sportsmedicine</i> , 1999 , 27, 109-15	2.4	15
93	Incidence rate and burden of illness at the Pyeongchang 2018 Paralympic Winter Games. <i>British Journal of Sports Medicine</i> , 2019 , 53, 1099-1104	10.3	15

92	Leisure athletes at risk of medical complications: outcomes of pre-participation screening among 15,778 endurance runners - SAFER VII. <i>Physician and Sportsmedicine</i> , 2018 , 46, 405-413	2.4	14
91	Prevention and management of noncommunicable disease: the IOC Consensus Statement, Lausanne 2013. <i>Clinical Journal of Sport Medicine</i> , 2013 , 23, 419-29	3.2	13
90	The incidence of overuse injuries in military recruits during basic military training. <i>Military Medicine</i> , 1994 , 159, 421-6	1.3	13
89	Incidence of injury and illness in South African professional male soccer players: a prospective cohort study. <i>Journal of Sports Medicine and Physical Fitness</i> , 2018 , 58, 875-879	1.4	13
88	Premarathon Evaluations: Is There a Role for Runner Prerace Medical Screening and Education to Reduce the Risk of Medical Complications?. <i>Current Sports Medicine Reports</i> , 2017 , 16, 129-136	1.9	11
87	Match injury incidence during the Super Rugby tournament is high: a prospective cohort study over five seasons involving 93 641 player-hours. <i>British Journal of Sports Medicine</i> , 2019 , 53, 620-627	10.3	10
86	Medical encounters, cardiac arrests and deaths during a 109 km community-based mass-participation cycling event: a 3-year study in 102 251 race starters-SAFER IX. <i>British Journal of Sports Medicine</i> , 2020 , 54, 605-611	10.3	8
85	Underlying Chronic Disease, Medication Use, History of Running Injuries and Being a More Experienced Runner Are Independent Factors Associated With Exercise-Associated Muscle Cramping: A Cross-Sectional Study in 15778 Distance Runners. <i>Clinical Journal of Sport Medicine</i> , 2018 , 28, 289-298	3.2	8
84	Epidemiology, clinical characteristics and severity of gradual onset injuries in recreational road cyclists: A cross-sectional study in 21,824 cyclists - SAFER XIII. <i>Physical Therapy in Sport</i> , 2020 , 46, 113-119		8
83	COVID-19 vaccination in athletes: ready, set, go! <i>Lancet Respiratory Medicine</i> , 2021 , 9, 455-456	35.1	8
82	Symptom cluster is associated with prolonged return-to-play in symptomatic athletes with acute respiratory illness (including COVID-19): a cross-sectional study-AWARE study I. <i>British Journal of Sports Medicine</i> , 2021 , 55, 1144-1152	10.3	7
81	Team illness prevention strategy (TIPS) is associated with a 59% reduction in acute illness during the Super Rugby tournament: a control-intervention study over 7 seasons involving 126 850 player days. <i>British Journal of Sports Medicine</i> , 2020 , 54, 245-249	10.3	7
80	Healthy lifestyle interventions in general practice: Part 9: Lifestyle and HIV/AIDS. <i>South African Family Practice: Official Journal of the South African Academy of Family Practice/Primary Care</i> , 2010 , 52, 11-16	0.6	6
79	Para sport translation of the IOC consensus on recording and reporting of data for injury and illness in sport. <i>British Journal of Sports Medicine</i> , 2021 , 55, 1068-1076	10.3	6
78	Novel Factors Associated With Analgesic and Anti-inflammatory Medication Use in Distance Runners: Pre-race Screening Among 76 654 Race Entrants-SAFER Study VI. <i>Clinical Journal of Sport Medicine</i> , 2018 , 28, 427-434	3.2	6
77	Recent acute prerace systemic illness in runners increases the risk of not finishing the race: SAFER study V. <i>British Journal of Sports Medicine</i> , 2017 , 51, 1295-1300	10.3	5
76	Description and implementation of U-Turn Medical, a comprehensive lifestyle intervention programme for chronic disease in the sport and exercise medicine setting: pre-post observations in 210 consecutive patients. <i>British Journal of Sports Medicine</i> , 2014 , 48, 1316-21	10.3	5
75	Pain management in sports medicine: Use and abuse of anti-inflammatory and other agents. <i>South African Family Practice: Official Journal of the South African Academy of Family Practice/Primary Care</i> , 2010 , 52, 27-32	0.6	5

74	Healthy lifestyle interventions in general practice Part 10: Lifestyle and arthritic conditions Osteoarthritis. <i>South African Family Practice: Official Journal of the South African Academy of Family Practice/Primary Care</i> , 2010 , 52, 91-97	0.6	5
73	Overmedicalising-again!. <i>South African Medical Journal</i> , 2013 , 103, 131-2	1.5	4
72	Healthy lifestyle interventions in general practice Part 6: Lifestyle and metabolic syndrome. <i>South African Family Practice: Official Journal of the South African Academy of Family Practice/Primary Care</i> , 2009 , 51, 177-181	0.6	4
71	Healthy lifestyle interventions in general practice. <i>South African Family Practice: Official Journal of the South African Academy of Family Practice/Primary Care</i> , 2008 , 50, 6-10	0.6	4
70	Healthy lifestyle interventions in general practice. <i>South African Family Practice: Official Journal of the South African Academy of Family Practice/Primary Care</i> , 2008 , 50, 6-12	0.6	4
69	Healthy lifestyle interventions in general practice. <i>South African Family Practice: Official Journal of the South African Academy of Family Practice/Primary Care</i> , 2008 , 50, 6-14	0.6	4
68	Effect of opioid antagonism on esophageal temperature during exercise. <i>Medicine and Science in Sports and Exercise</i> , 1988 , 20, 381-4	1.2	4
67	History of chronic disease is a novel intrinsic risk factor associated with gradual onset injuries in recreational road cyclists: A cross-sectional study in 21,824 cyclists - SAFER XIV. <i>Physical Therapy in Sport</i> , 2020 , 46, 137-144	3	4
66	Medical Encounters in a 90-km Ultramarathon Running Event: A 6-year Study in 103 131 Race Starters-SAFER XVII. <i>Clinical Journal of Sport Medicine</i> , 2021 ,	3.2	4
65	Independent Risk Factors Predicting Gradual Onset Injury in 2824 Trail Running Race Entrants: SAFER XVIII Study. <i>Wilderness and Environmental Medicine</i> , 2021 , 32, 293-301	1.4	4
64	The Injury and Illness Profile of Male and Female Participants in a 94.7 km Cycle Race: A Cross-Sectional Study. <i>Clinical Journal of Sport Medicine</i> , 2019 , 29, 306-311	3.2	3
63	Regarding the Wilderness Medical Society practice guidelines for heat-related illness. <i>Wilderness and Environmental Medicine</i> , 2014 , 25, 246-7	1.4	3
62	INCIDENCE OF ACUTE TRAUMATIC INJURIES AND MEDICAL COMPLICATIONS IN 34 033 CYCLISTS PARTICIPATING IN A MASS COMMUNITY BASED EVENT SAFER CYCLING. <i>British Journal of Sports Medicine</i> , 2017 , 51, 340.2-341	10.3	3
61	Genetics and soft-tissue injuries in sport: clinical commentary. <i>Current Sports Medicine Reports</i> , 2011 , 10, 126-7	1.9	3
60	AVPR2 gene and weight changes during triathlons. <i>International Journal of Sports Medicine</i> , 2012 , 33, 67-75	3.6	3
59	Exercise and Infections344-364		3
58	The role of endogenous opioids in thermoregulation during sub-maximal exercise. <i>Medicine and Science in Sports and Exercise</i> , 1987 , 19, 575-578	1.2	3
57	Infographic. International Olympic Committee consensus statement on load in sport and risk of injury: how much is too much?. <i>British Journal of Sports Medicine</i> , 2016 , 50, 1042	10.3	3

56	Prevalence of lower airway dysfunction in athletes: a systematic review and meta-analysis by a subgroup of the IOC consensus group on acute respiratory illness in the athlete. <i>British Journal of Sports Medicine</i> , 2021 ,	10.3	3
55	Return to Play After Infectious Disease 2018 , 755-769		2
54	Healthy lifestyle interventions in general practice: Part 12: Lifestyle and depression. <i>South African Family Practice: Official Journal of the South African Academy of Family Practice/Primary Care</i> , 2010 , 52, 271-275	0.6	2
53	Healthy lifestyle interventions in general practice Part 7: Lifestyle and hypertension. <i>South African Family Practice: Official Journal of the South African Academy of Family Practice/Primary Care</i> , 2009 , 51, 382-386	0.6	2
52	Identification of genetic risk factors underlying complex multifactorial phenotypes. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2010 , 18, 1810-1; author reply 812-3	5.5	2
51	A functional variant within the MMP3 gene does not associate with human range of motion. <i>Journal of Science and Medicine in Sport</i> , 2010 , 13, 630-2	4.4	2
50	Acute respiratory illness and return to sport: a systematic review and meta-analysis by a subgroup of the IOC consensus on acute respiratory illness in the athlete. <i>British Journal of Sports Medicine</i> , 2021 ,	10.3	2
49	The Effect of Different Insole Surfaces on Running Biomechanics, Muscle Recruitment and Perceived Comfort. <i>Medicine and Science in Sports and Exercise</i> , 2004 , 36, S57	1.2	2
48	ELECTROMYOGRAPHY AND SERUM ELECTROLYTES DURING RECOVERY FROM EXERCISE ASSOCIATED MUSCLE CRAMPING (EAMC) 352. <i>Medicine and Science in Sports and Exercise</i> , 1996 , 28, 59	1.2	2
47	High Prevalence of Non-Communicable Diseases Risk Factors in 36,074 South African Financial Sector Employees: A Cross-Sectional Study. <i>Journal of Occupational and Environmental Medicine</i> , 2021 , 63, 159-165	2	2
46	Diagnosis and management of nasal obstruction in the athlete. A narrative review by subgroup B of the IOC Consensus Group on "Acute Respiratory Illness in the Athlete". <i>Journal of Sports Medicine and Physical Fitness</i> , 2021 , 61, 1144-1158	1.4	2
45	Exercise-induced laryngeal obstruction (EILO) in athletes: a narrative review by a subgroup of the IOC Consensus on acute respiratory illness in the athlete. <i>British Journal of Sports Medicine</i> , 2022 ,	10.3	2
44	LEISURE CYCLISTS AT RISK OF MEDICAL COMPLICATIONS: OUTCOMES OF ONLINE PRE-PARTICIPATION SCREENING AMONG 22 650 ENDURANCE CYCLISTS, USING CURRENT EUROPEAN GUIDELINES - SAFER CYCLING. <i>British Journal of Sports Medicine</i> , 2017 , 51, 341.1-341	10.3	1
43	NOVEL RISK FACTORS ASSOCIATED WITH MORE SEVERE EXERCISE ASSOCIATED MUSCLE CRAMPING (EAMC): A PROSPECTIVE COHORT STUDY OF 41 698 DISTANCE RUNNERS. <i>British Journal of Sports Medicine</i> , 2017 , 51, 393.3-394	10.3	1
42	Healthy lifestyle interventions in general practice Part 13: Lifestyle and osteoporosis. <i>South African Family Practice: Official Journal of the South African Academy of Family Practice/Primary Care</i> , 2011 , 53, 31-39	0.6	1
41	Healthy lifestyle interventions in general practice: Part 14: Lifestyle and obesity. <i>South African Family Practice: Official Journal of the South African Academy of Family Practice/Primary Care</i> , 2011 , 53, 105-118	0.6	1
40	Healthy lifestyle interventions in general practice Part 4: Lifestyle and diabetes mellitus. <i>South African Family Practice: Official Journal of the South African Academy of Family Practice/Primary Care</i> , 2009 , 51, 19-25	0.6	1
39	Healthy lifestyle interventions in general practice Part 8: Lifestyle and dyslipidaemia. <i>South African Family Practice: Official Journal of the South African Academy of Family Practice/Primary Care</i> , 2009 , 51, 453-460	0.6	1

38	Jet lag and environmental conditions that may influence exercise performance during the 2010 FIFA World Cup in South Africa. <i>South African Family Practice: Official Journal of the South African Academy of Family Practice/Primary Care</i> , 2010 , 52, 198-205	0.6	1
37	Healthy lifestyle interventions in general practice Part 11: Lifestyle and arthritic conditions Rheumatoid arthritis. <i>South African Family Practice: Official Journal of the South African Academy of Family Practice/Primary Care</i> , 2010 , 52, 176-183	0.6	1
36	Longer race distance predicts gastrointestinal illness-related medical encounters in 153 208 endurance runner race starters - SAFER XVI. <i>Journal of Sports Medicine and Physical Fitness</i> , 2021 ,	1.4	1
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