

# Leah Avery

## List of Publications by Year in descending order

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Version: 2024-02-01

34  
papers

1,361  
citations

471371

17  
h-index

414303

32  
g-index

39  
all docs

39  
docs citations

39  
times ranked

2398  
citing authors

#	ARTICLE	IF	CITATIONS
1	Very Low-Calorie Diet and 6 Months of Weight Stability in Type 2 Diabetes: Pathophysiological Changes in Responders and Nonresponders. <i>Diabetes Care</i> , 2016, 39, 808-815.	4.3	305
2	Changing Physical Activity Behavior in Type 2 Diabetes. <i>Diabetes Care</i> , 2012, 35, 2681-2689.	4.3	261
3	A systematic review of quality of life of adults on the autism spectrum. <i>Autism</i> , 2018, 22, 774-783.	2.4	124
4	Systematic review assessing the effectiveness of dietary intervention on gut microbiota in adults with type 2 diabetes. <i>Diabetologia</i> , 2018, 61, 1700-1711.	2.9	74
5	Successful behavioural strategies to increase physical activity and improve glucose control in adults with Type 2 diabetes. <i>Diabetic Medicine</i> , 2015, 32, 1058-1062.	1.2	61
6	COVID-19 pandemic in the United Kingdom. <i>Health Policy and Technology</i> , 2020, 9, 673-691.	1.3	52
7	The degree of hepatic steatosis associates with impaired cardiac and autonomic function. <i>Journal of Hepatology</i> , 2019, 70, 1203-1213.	1.8	45
8	Planning to be routine: habit as a mediator of the planning-behaviour relationship in healthcare professionals. <i>Implementation Science</i> , 2017, 12, 24.	2.5	42
9	Barriers and Facilitators to Mediterranean Diet Adoption by Patients With Nonalcoholic Fatty Liver Disease in Northern Europe. <i>Clinical Gastroenterology and Hepatology</i> , 2019, 17, 1364-1371.e3.	2.4	42
10	The relationship between habit and healthcare professional behaviour in clinical practice: a systematic review and meta-analysis. <i>Health Psychology Review</i> , 2019, 13, 73-90.	4.4	41
11	Lifestyle Behavior Change in Patients With Nonalcoholic Fatty Liver Disease: A Qualitative Study of Clinical Practice. <i>Clinical Gastroenterology and Hepatology</i> , 2017, 15, 1968-1971.	2.4	37
12	Targeting Lifestyle Behavior Change in Adults with NAFLD During a 20-min Consultation: Summary of the Dietary and Exercise Literature. <i>Current Gastroenterology Reports</i> , 2016, 18, 11.	1.1	34
13	How should long-term free-living physical activity be targeted after stroke? A systematic review and narrative synthesis. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2018, 15, 100.	2.0	34
14	Using the theoretical domains framework to identify barriers and enabling factors to implementation of guidance for the diagnosis and management of nonalcoholic fatty liver disease: a qualitative study. <i>Translational Behavioral Medicine</i> , 2020, 10, 1016-1030.	1.2	34
15	Feasibility of a Very Low Calorie Diet to Achieve a Sustainable 10% Weight Loss in Patients With Nonalcoholic Fatty Liver Disease. <i>Clinical and Translational Gastroenterology</i> , 2020, 11, e00231.	1.3	28
16	Overcoming barriers to engagement and adherence to a home-based physical activity intervention for patients with heart failure: a qualitative focus group study. <i>BMJ Open</i> , 2020, 10, e036382.	0.8	22
17	Systematic development of a theory-informed multifaceted behavioural intervention to increase physical activity of adults with type 2 diabetes in routine primary care: Movement as Medicine for Type 2 Diabetes. <i>Implementation Science</i> , 2015, 11, 99.	2.5	19
18	Digital Intervention With Lifestyle Coach Support to Target Dietary and Physical Activity Behaviors of Adults With Nonalcoholic Fatty Liver Disease: Systematic Development Process of VITALISE Using Intervention Mapping. <i>Journal of Medical Internet Research</i> , 2021, 23, e20491.	2.1	12

#	ARTICLE	IF	CITATIONS
19	Acceptability, Feasibility and Preliminary Evaluation of a Novel, Personalised, Home-Based Physical Activity Intervention for Chronic Heart Failure (Active-at-Home-HF): a Pilot Study. <i>Sports Medicine - Open</i> , 2019, 5, 45.	1.3	11
20	Changing healthcare professionals' non-reflective processes to improve the quality of care. <i>Social Science and Medicine</i> , 2022, 298, 114840.	1.8	11
21	Movement as Medicine for Type 2 Diabetes: protocol for an open pilot study and external pilot clustered randomised controlled trial to assess acceptability, feasibility and fidelity of a multifaceted behavioural intervention targeting physical activity in primary care. <i>Trials</i> , 2014, 15, 46.	0.7	10
22	Preoperative behavioural intervention to reduce drinking before elective orthopaedic surgery: the PRE-OP BIRDS feasibility RCT. <i>Health Technology Assessment</i> , 2020, 24, 1-176.	1.3	9
23	Exploring the role of competing demands and routines during the implementation of a self-management tool for type 2 diabetes: a theory-based qualitative interview study. <i>BMC Medical Informatics and Decision Making</i> , 2019, 19, 23.	1.5	8
24	Assessing the feasibility and acceptability of Changing Health for the management of prediabetes: protocol for a pilot study of a digital behavioural intervention. <i>Pilot and Feasibility Studies</i> , 2019, 5, 139.	0.5	8
25	A feasibility, acceptability and fidelity study of a multifaceted behaviour change intervention targeting free-living physical activity and sedentary behaviour in community dwelling adult stroke survivors. <i>Pilot and Feasibility Studies</i> , 2020, 6, 58.	0.5	8
26	Preoperative Behavioural Intervention versus standard care to Reduce Drinking before elective orthopaedic Surgery (PRE-OP BIRDS): protocol for a multicentre pilot randomised controlled trial. <i>Pilot and Feasibility Studies</i> , 2018, 4, 140.	0.5	6
27	Factors associated with engagement and adherence to a low-energy diet to promote 10% weight loss in patients with clinically significant non-alcoholic fatty liver disease. <i>BMJ Open Gastroenterology</i> , 2021, 8, e000678.	1.1	6
28	Impact of an intensive lifestyle program on low attenuation plaque and myocardial perfusion in coronary heart disease: A randomised clinical trial protocol. <i>Nutrition and Healthy Aging</i> , 2022, , 1-14.	0.5	3
29	Using intervention mapping to develop and facilitate implementation of a multifaceted behavioural intervention targeting physical activity and sedentary behaviour in stroke survivors: Physical Activity Routines After Stroke (PARAS): intervention development study. <i>Health Psychology and Behavioral Medicine</i> , 2022, 10, 439-466.	0.8	2
30	Identifying Behavioural Determinants to Uptake and Adherence to a Whey Protein Supplement for the Management of Type 2 Diabetes: A Qualitative Interview Study. <i>Nutrients</i> , 2022, 14, 565.	1.7	1
31	P-OGC17 Feasibility and impact of a home-based prehabilitation programme on patients receiving neoadjuvant treatment for oesophagogastric cancer (the chemofit study). <i>British Journal of Surgery</i> , 2021, 108, .	0.1	1
32	P192 Feasibility of a very-low-calorie diet to achieve 10% weight loss in patients with advanced NAFLD. , 2021, , .		0
33	Physical Activity, Inactivity and Sleep in Patients with Significant Non-Alcoholic Fatty Liver Disease. <i>American Journal of the Medical Sciences</i> , 2022, 363, 80-83.	0.4	0
34	Movement as Medicine for Cardiovascular Disease Prevention: Pilot Feasibility Study of a Physical Activity Promotion Intervention for At-Risk Patients in Primary Care. <i>JMIR Cardio</i> , 2022, 6, e29035.	0.7	0