

Lisa A Te Morenga

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

57 papers	2,376 citations	18 h-index	48 g-index
124 ext. papers	3,100 ext. citations	7.3 avg, IF	5.51 L-index

#	Paper	IF	Citations
57	Development of a casual video game (Match Emoji) with psychological well-being concepts for young adolescents. <i>Digital Health</i> , 2021 , 7, 20552076211047802	4	0
56	Gelatinisation and milling whole-wheat increases postprandial blood glucose: randomised crossover study of adults with type 2 diabetes. <i>Diabetologia</i> , 2021 , 64, 1385-1388	10.3	2
55	Nutritional Implications of Baby-Led Weaning and Baby Food Pouches as Novel Methods of Infant Feeding: Protocol for an Observational Study. <i>JMIR Research Protocols</i> , 2021 , 10, e29048	2	0
54	The Effects of Additional Local-Mixing Compartments in the DISST Model-Based Assessment of Insulin Sensitivity. <i>Journal of Diabetes Science and Technology</i> , 2021 , 19322968211021602	4.1	
53	No Effect of Added Sugars in Soft Drink Compared With Sugars in Fruit on Cardiometabolic Risk Factors: Results From a 4-Week, Randomized Controlled Trial. <i>Frontiers in Nutrition</i> , 2021 , 8, 636275	6.2	
52	Associations Between Sugars Intakes and Urinary Sugars Excretion and Carbon Stable Isotope Ratios in Red Blood Cells as Biomarkers of Sugars Intake in a Predominantly Māori Population. <i>Frontiers in Nutrition</i> , 2021 , 8, 637267	6.2	0
51	Seven weeks of home-cooked meals: changes to New Zealanders' grocery shopping, cooking and eating during the COVID-19 lockdown. <i>Journal of the Royal Society of New Zealand</i> , 2021 , 51, S4-S22	2	18
50	A Casual Video Game With Psychological Well-being Concepts for Young Adolescents: Protocol for an Acceptability and Feasibility Study. <i>JMIR Research Protocols</i> , 2021 , 10, e31588	2	1
49	Less Food Wasted? Changes to New Zealanders' Household Food Waste and Related Behaviours Due to the 2020 COVID-19 Lockdown. <i>Sustainability</i> , 2021 , 13, 10006	3.6	3
48	Bedtime, body mass index and obesity risk in preschool-aged children. <i>Pediatric Obesity</i> , 2020 , 15, e12650	4.6	6
47	Moe Kitenga: a qualitative study of perceptions of infant and child sleep practices among Māori whānau. <i>AlterNative</i> , 2020 , 16, 153-160	1	3
46	Dietary patterns associated with meeting the WHO free sugars intake guidelines. <i>Public Health Nutrition</i> , 2020 , 23, 1495-1506	3.3	1
45	Wholegrain Particle Size Influences Postprandial Glycemia in Type 2 Diabetes: A Randomized Crossover Study Comparing Four Wholegrain Breads. <i>Diabetes Care</i> , 2020 , 43, 476-479	14.6	4
44	A co-designed mHealth programme to support healthy lifestyles in Māori and Pasifika peoples in New Zealand (OL@-OR@): a cluster-randomised controlled trial. <i>The Lancet Digital Health</i> , 2019 , 1, e298-e307	14.4	20
43	Young People's Attitudes and Motivations Toward Social Media and Mobile Apps for Weight Control: Mixed Methods Study. <i>JMIR MHealth and UHealth</i> , 2019 , 7, e11205	5.5	7
42	The effect of mild sleep deprivation on diet and eating behaviour in children: protocol for the Daily Rest, Eating, and Activity Monitoring (DREAM) randomized cross-over trial. <i>BMC Public Health</i> , 2019 , 19, 1347	4.1	6
41	Using codesign to develop a culturally tailored, behavior change mHealth intervention for indigenous and other priority communities: A case study in New Zealand. <i>Translational Behavioral Medicine</i> , 2019 , 9, 720-736	3.2	20

40	Carbohydrate quality and human health: a series of systematic reviews and meta-analyses. <i>Lancet, The</i> , 2019 , 393, 434-445	40	496
39	Co-designing an mHealth tool in the New Zealand Māori community with a Kaupapa Māori approach. <i>AlterNative</i> , 2018 , 14, 90-99	1	15
38	Associations of fats and carbohydrates with cardiovascular disease and mortality-PURE and simple?. <i>Lancet, The</i> , 2018 , 391, 1676	40	2
37	Impact of a Modified Version of Baby-Led Weaning on Infant Food and Nutrient Intakes: The BLISS Randomized Controlled Trial. <i>Nutrients</i> , 2018 , 10,	6.7	20
36	A Co-Designed, Culturally-Tailored mHealth Tool to Support Healthy Lifestyles in Māori and Pasifika Communities in New Zealand: Protocol for a Cluster Randomized Controlled Trial. <i>JMIR Research Protocols</i> , 2018 , 7, e10789	2	7
35	Identifying and overcoming barriers to healthier lives. <i>Pacific Health Dialog: A Publication of the Pacific Basin Officers Training Program and the Fiji School of Medicine</i> , 2018 , 21, 54-66	0.1	4
34	Sleep patterns in children differ by ethnicity: cross-sectional and longitudinal analyses using actigraphy. <i>Sleep Health</i> , 2018 , 4, 81-86	4	10
33	Spot urine and 24-h diet recall estimates of dietary sodium intake from the 2008/09 New Zealand Adult Nutrition Survey: a comparison. <i>European Journal of Clinical Nutrition</i> , 2018 , 72, 1120-1127	5.2	4
32	Dietary guidelines are not beyond criticism - Authors' reply. <i>Lancet, The</i> , 2017 , 389, 598-599	40	
31	Health effects of saturated and trans-fatty acid intake in children and adolescents: Systematic review and meta-analysis. <i>PLoS ONE</i> , 2017 , 12, e0186672	3.7	63
30	The Effect of a Diet Moderately High in Protein and Fiber on Insulin Sensitivity Measured Using the Dynamic Insulin Sensitivity and Secretion Test (DISST). <i>Nutrients</i> , 2017 , 9,	6.7	12
29	Estimating Free and Added Sugar Intakes in New Zealand. <i>Nutrients</i> , 2017 , 9,	6.7	24
28	Dietary guidelines on trial: the charges are not evidence based. <i>Lancet, The</i> , 2016 , 388, 851-3	40	5
27	Co-design of mHealth Delivered Interventions: A Systematic Review to Assess Key Methods and Processes. <i>Current Nutrition Reports</i> , 2016 , 5, 160-167	6	55
26	Sugar and Type 2 diabetes. <i>British Medical Bulletin</i> , 2016 , 120, 43-53	5.4	25
25	Sodium reduction in New Zealand requires major behaviour change. <i>Appetite</i> , 2016 , 105, 721-30	4.5	8
24	Challenges to addressing obesity for Māori in Aotearoa/New Zealand. <i>Australian and New Zealand Journal of Public Health</i> , 2015 , 39, 509-12	2.3	23
23	Carbohydrates in the treatment and prevention of Type 2 diabetes. <i>Diabetic Medicine</i> , 2015 , 32, 572-5	3.5	3

22	Effects of Low-Carbohydrate and Low-Fat Diets. <i>Annals of Internal Medicine</i> , 2015 , 162, 392	8	
21	Are some diets "mass murder"? Dietary guidelines worldwide advise limiting saturated fat in favour of monounsaturated and polyunsaturated fats. <i>BMJ, The</i> , 2015 , 350, h625	5.9	1
20	Urinary sugars excretion as an estimate of sugars intakes is limited in its relationship to cardio-metabolic risk factors. <i>FASEB Journal</i> , 2015 , 29, 595.29	0.9	
19	Dietary sugars and cardiometabolic risk: systematic review and meta-analyses of randomized controlled trials of the effects on blood pressure and lipids. <i>American Journal of Clinical Nutrition</i> , 2014 , 100, 65-79	7	313
18	Low carbohydrate diets: going against the grain. <i>Lancet, The</i> , 2014 , 384, 1479-80	4.0	12
17	Association of dietary, circulating, and supplement fatty acids with coronary risk. <i>Annals of Internal Medicine</i> , 2014 , 161, 455	8	2
16	A novel hierarchal-based approach to measure insulin sensitivity and secretion in at-risk populations. <i>Journal of Diabetes Science and Technology</i> , 2014 , 8, 807-14	4.1	2
15	Glycaemic responses to glucose and rice in people of Chinese and European ethnicity. <i>Diabetic Medicine</i> , 2013 , 30, e101-7	3.5	57
14	Clinical validation of the quick dynamic insulin sensitivity test. <i>IEEE Transactions on Biomedical Engineering</i> , 2013 , 60, 1266-72	5	3
13	Authors' reply to Cottrell and Wittekind. <i>BMJ, The</i> , 2013 , 346, f1240	5.9	12
12	Evidence favours an association between saturated fat intake and coronary heart disease. <i>BMJ, The</i> , 2013 , 347, f6851	5.9	2
11	Effect of sugar-sweetened soft drinks on serum uric acid and associated metabolic risk factors.. <i>FASEB Journal</i> , 2013 , 27, 112.8	0.9	1
10	Dietary sugars and body weight: systematic review and meta-analyses of randomised controlled trials and cohort studies. <i>BMJ, The</i> , 2012 , 346, e7492	5.9	901
9	The role of high-protein diets in body weight management and health. <i>British Journal of Nutrition</i> , 2012 , 108 Suppl 2, S130-8	3.6	26
8	The dynamic insulin sensitivity and secretion test--a novel measure of insulin sensitivity. <i>Metabolism: Clinical and Experimental</i> , 2011 , 60, 1748-56	12.7	48
7	Independent cohort cross-validation of the real-time DISTq estimation of insulin sensitivity. <i>Computer Methods and Programs in Biomedicine</i> , 2011 , 102, 94-104	6.9	19
6	Comparison of high protein and high fiber weight-loss diets in women with risk factors for the metabolic syndrome: a randomized trial. <i>Nutrition Journal</i> , 2011 , 10, 40	4.3	34
5	Nutrition: Its Relevance in Development and Treatment of the Metabolic Syndrome 2011 , 297-326	0	

4	A spectrum of dynamic insulin sensitivity test protocols. <i>Journal of Diabetes Science and Technology</i> , 2011 , 5, 1499-508	4.1	12
3	Effect of a relatively high-protein, high-fiber diet on body composition and metabolic risk factors in overweight women. <i>European Journal of Clinical Nutrition</i> , 2010 , 64, 1323-31	5.2	37
2	Māori first foods: a Māori centred approach to understanding infant complementary feeding practices within Māori whānau. <i>Kotuitui: New Zealand Journal of Social Sciences Online</i> , 1-16	0.9	
1	Sugar in your diet: kino te pai! an evaluation of oral health science outreach and community impact. <i>International Journal of Health Promotion and Education</i> , 1-13	0.8	