List of Publications by Year in descending order

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FUA POOS

#	Article	IF	CITATIONS
1	Health behaviours as explanations for educational level differences in cardiovascular and all-cause mortality: a follow-up of 60 000 men and women over 23 years. European Journal of Public Health, 2008, 18, 38-43.	0.1	228
2	Gender, socioeconomic status and family status as determinants of food behaviour. Social Science and Medicine, 1998, 46, 1519-1529.	1.8	199
3	Multiple roles and health among British and Finnish women: the influence of socioeconomic circumstances. Social Science and Medicine, 2002, 54, 727-740.	1.8	174
4	Associations of job strain and working overtime with adverse health behaviors and obesity: Evidence from the Whitehall II Study, Helsinki Health Study, and the Japanese Civil Servants Study. Social Science and Medicine, 2008, 66, 1681-1698.	1.8	150
5	Occupational class inequalities across key domains of health: Results from the Helsinki Health Study. European Journal of Public Health, 2005, 15, 504-510.	0.1	127
6	Associations between sleeping habits and food consumption patterns among 10–11-year-old children in Finland. British Journal of Nutrition, 2009, 102, 1531-1537.	1.2	121
7	Working conditions and health behaviours among employed women and men: the Helsinki Health Study. Preventive Medicine, 2004, 38, 48-56.	1.6	116
8	Do computer use, TV viewing, and the presence of the media in the bedroom predict school-aged children's sleep habits in a longitudinal study?. BMC Public Health, 2013, 13, 684.	1.2	103
9	Computer use, sleep duration and health symptoms: a cross-sectional study of 15-year olds in three countries. International Journal of Public Health, 2014, 59, 619-628.	1.0	93
10	Fruit and vegetable consumption in a sample of 11-year-old children in ten European countries – the PRO GREENS cross-sectional survey. Public Health Nutrition, 2014, 17, 2436-2444.	1.1	88
11	Analysing changes of health inequalities in the Nordic welfare states. Social Science and Medicine, 2002, 55, 609-625.	1.8	86
12	Having lunch at a staff canteen is associated with recommended food habits. Public Health Nutrition, 2004, 7, 53-61.	1.1	86
13	School and workplace meals promote healthy food habits. Public Health Nutrition, 2010, 13, 987-992.	1.1	83
14	Associations of work–family conflicts with food habits and physical activity. Public Health Nutrition, 2007, 10, 222-229.	1.1	70
15	The mediating role of the home environment in relation to parental educational level and preschool children's screen time: a cross-sectional study. BMC Public Health, 2017, 17, 688.	1.2	64
16	Work–family conflicts and drinking behaviours among employed women and men. Drug and Alcohol Dependence, 2006, 83, 49-56.	1.6	57
17	Parental family food choice motives and children's food intake. Food Quality and Preference, 2012, 24, 85-91.	2.3	50
18	Influence of material and behavioural factors on occupational class differences in health. Journal of Epidemiology and Community Health, 2005, 59, 163-169.	2.0	49

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19	Work-family conflicts and self-rated health among middle-aged municipal employees in finland. International Journal of Behavioral Medicine, 2006, 13, 276-285.	0.8	49
20	Increased Health and Wellbeing in Preschools (DAGIS) Study—Differences in Children's Energy Balance-Related Behaviors (EBRBs) and in Long-Term Stress by Parental Educational Level. International Journal of Environmental Research and Public Health, 2018, 15, 2313.	1.2	48
21	Association between educational level and vegetable use in nine European countries. Public Health Nutrition, 2009, 12, 2174-2182.	1.1	46
22	Like parent, like child? Dietary resemblance in families. International Journal of Behavioral Nutrition and Physical Activity, 2018, 15, 62.	2.0	45
23	Increased health and well-being in preschools (DAGIS): rationale and design for a randomized controlled trial. BMC Public Health, 2015, 15, 402.	1.2	42
24	Health effects associated with foods characteristic of the Nordic diet: a systematic literature review. Food and Nutrition Research, 2013, 57, 22790.	1.2	38
25	Meal Pattern and Nutrient Intake Among Adult Finns. Appetite, 1997, 29, 11-24.	1.8	36
26	Mediation of parental educational level on fruit and vegetable intake among schoolchildren in ten European countries. Public Health Nutrition, 2015, 18, 89-99.	1.1	31
27	Cohort Profile: The Finnish Health in Teens (Fin-HIT) study: a population-based study. International Journal of Epidemiology, 2019, 48, 23-24h.	0.9	31
28	Identifying eating habits in Finnish children: a cross-sectional study. BMC Public Health, 2019, 19, 312.	1.2	30
29	Influencing factors of children's fruit, vegetable and sugar-enriched food intake in a Finnish preschool setting – Preschool personnel's perceptions. Appetite, 2016, 103, 72-79.	1.8	29
30	A comparative study of the patterning of women's health by family status and employment status in Finland and Sweden. Social Science and Medicine, 2005, 60, 2443-2451.	1.8	28
31	Trends in socioeconomic differences in sickness absence among Finnish municipal employees 1990—99. Scandinavian Journal of Public Health, 2007, 35, 348-355.	1.2	28
32	Associations of parental influence and 10–11-year-old children's physical activity: Are they mediated by children's perceived competence and attraction to physical activity?. Scandinavian Journal of Public Health, 2014, 42, 45-51.	1.2	27
33	Clustering of energy balance-related behaviours, sleep, and overweight among Finnish adolescents. International Journal of Public Health, 2017, 62, 929-938.	1.0	27
34	Dietary patterns and their associations with home food availability among Finnish pre-school children: a cross-sectional study. Public Health Nutrition, 2018, 21, 1232-1242.	1.1	27
35	Meal pattern and BMI in 9–11-year-old children in Finland. Public Health Nutrition, 2011, 14, 1245-1250.	1.1	26
36	Validity of home-measured height, weight and waist circumference among adolescents. European Journal of Public Health, 2016, 26, 975-977.	0.1	26

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37	Parents' Reports of Preschoolers' Diets: Relative Validity of a Food Frequency Questionnaire and Dietary Patterns. Nutrients, 2019, 11, 159.	1.7	26
38	Compliance with the 24-h movement guidelines and the relationship with anthropometry in Finnish preschoolers: the DAGIS study. BMC Public Health, 2019, 19, 1618.	1.2	26
39	Can working conditions explain differences in eating patterns during working hours?. Public Health Nutrition, 2008, 11, 258-270.	1.1	25
40	The Contribution of Preschool Meals to the Diet of Finnish Preschoolers. Nutrients, 2019, 11, 1531.	1.7	24
41	Longitudinal associations between family characteristics and measures of childhood obesity. International Journal of Public Health, 2012, 57, 495-503.	1.0	23
42	Does Parental Warmth and Responsiveness Moderate the Associations Between Parenting Practices and Children's Health-related Behaviors?. Journal of Nutrition Education and Behavior, 2013, 45, 602-610.	0.3	23
43	Role of free school lunch in the associations between family-environmental factors and children's fruit and vegetable intake in four European countries. Public Health Nutrition, 2013, 16, 1109-1117.	1.1	22
44	The PRO GREENS intervention in Finnish schoolchildren – the degree of implementation affects both mediators and the intake of fruits and vegetables. British Journal of Nutrition, 2014, 112, 1185-1194.	1.2	22
45	Accuracy in the estimation of children's food portion sizes against a food picture book by parents and early educators. Journal of Nutritional Science, 2018, 7, e35.	0.7	22
46	Does eating family meals and having the television on during dinner correlate with overweight? A sub-study of the PRO GREENS project, looking at children from nine European countries. Public Health Nutrition, 2014, 17, 2528-2536.	1.1	21
47	Predicting gender differences in liking for vegetables and preference for a variety of vegetables among 11-year-old children. Appetite, 2015, 95, 285-292.	1.8	21
48	Applying a Socioecological Model to Understand Preschool Children's Sedentary Behaviors from the Viewpoints of Parents and Preschool Personnel. Early Childhood Education Journal, 2016, 44, 491-502.	1.6	21
49	Twenty-five year trends in body mass index by education and income in Finland. BMC Public Health, 2012, 12, 936.	1.2	19
50	Preschool children's context-specific sedentary behaviours and parental socioeconomic status in Finland: a cross-sectional study. BMJ Open, 2017, 7, e016690.	0.8	19
51	Children's physical activity and the preschool physical environment: The moderating role of gender. Early Childhood Research Quarterly, 2019, 47, 39-48.	1.6	18
52	Family characteristics predicting favourable changes in 10 and 11-year-old children's lifestyle-related health behaviours during an 18-month follow-up. Appetite, 2012, 58, 326-332.	1.8	17
53	Relationship between screen time and sleep among Finnish preschool children: results from the DAGIS study. Sleep Medicine, 2021, 77, 75-81.	0.8	17
54	Parental Education and Pre-School Children's Objectively Measured Sedentary Time: The Role of Co-Participation in Physical Activity. International Journal of Environmental Research and Public Health, 2018, 15, 366.	1.2	15

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55	Reproducibility of Preschool Personnel and Guardian Reports on Energy Balance-Related Behaviors and Their Correlates in Finnish Preschool Children. Children, 2018, 5, 144.	0.6	14
56	Eating habits and weight status in Finnish adolescents. Public Health Nutrition, 2019, 22, 2617-2624.	1.1	14
57	A cross-sectional study of children's temperament, food consumption and the role of food-related parenting practices. Appetite, 2019, 138, 136-145.	1.8	14
58	Preschool Environmental Factors, Parental Socioeconomic Status, and Children's Sedentary Time: An Examination of Cross-Level Interactions. International Journal of Environmental Research and Public Health, 2019, 16, 46.	1.2	13
59	Association of screen time with long-term stress and temperament in preschoolers: results from the DAGIS study. European Journal of Pediatrics, 2020, 179, 1805-1812.	1.3	13
60	Early educators' practices and opinions in relation to pre-schoolers' dietary intake at pre-school: case Finland. Public Health Nutrition, 2019, 22, 1567-1575.	1.1	12
61	Twenty-year trends of workplace lunches in Finland. Journal of Foodservice, 2005, 5, 57-66.	1.5	11
62	Validity of self-reported out-of-school physical activity among Finnish 11-year-old children. Archives of Public Health, 2016, 74, 11.	1.0	11
63	Effects of the Preschool-Based Family-Involving DAGIS Intervention Program on Children's Energy Balance-Related Behaviors and Self-Regulation Skills: A Clustered Randomized Controlled Trial. Nutrients, 2020, 12, 2599.	1.7	11
64	Sustainability analysis of Finnish pre-schoolers' diet based on targets of the EAT-Lancet reference diet. European Journal of Nutrition, 2022, 61, 717-728.	1.8	10
65	Food use and nutrient intake at worksite canteen or in packed lunches at work among Finnish employees. Journal of Foodservice, 2009, 20, 330-341.	0.5	9
66	Sociodemographic and workâ€related variation in employees' lunch eating patterns. International Journal of Workplace Health Management, 2012, 5, 168-180.	0.8	9
67	Do descriptive norms related to parents and friends predict fruit and vegetable intake similarly among 11-year-old girls and boys?. British Journal of Nutrition, 2016, 115, 168-175.	1.2	9
68	Development of the DAGIS intervention study: a preschool-based family-involving study promoting preschoolers' energy balance-related behaviours and self-regulation skills. BMC Public Health, 2019, 19, 1670.	1.2	9
69	Comparing estimates of physical activity in children across different cutâ€points and the associations with weight status. Scandinavian Journal of Medicine and Science in Sports, 2022, 32, 971-983.	1.3	9
70	Eating at worksites in Nordic countries: national experiences and policy initiatives. International Journal of Workplace Health Management, 2010, 3, 197-210.	0.8	8
71	Empowerment-enabling home and school environments and self-rated health among Finnish adolescents. Health Promotion International, 2020, 35, 82-92.	0.9	8
72	Individual-, home- and preschool-level correlates of preschool children's sedentary time. BMC Pediatrics, 2020, 20, 58.	0.7	7

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73	Body Mass Index, Physical Activity, and Body Image in Adolescents. Children, 2022, 9, 202.	0.6	7
74	Fruit, Vegetable, and Fibre Intake among Finnish Preschoolers in Relation to Preschool-Level Facilitators and Barriers to Healthy Nutrition. Nutrients, 2019, 11, 1458.	1.7	6
75	Preschool group practices and preschool children's sedentary time: a cross-sectional study in Finland. BMJ Open, 2019, 9, e032210.	0.8	6
76	Are associations between home environment and preschool children's sedentary time influenced by parental educational level in a cross-sectional survey?. International Journal for Equity in Health, 2021, 20, 27.	1.5	6
77	Maternal alcohol and tobacco consumption and the association with their 9 to 14-year-old children's Body Mass Index. Scandinavian Journal of Public Health, 2017, 45, 503-510.	1.2	5
78	Meal Regularity Plays a Role in Shaping the Saliva Microbiota. Frontiers in Microbiology, 2020, 11, 757.	1.5	5
79	Neighborhood Socioeconomic Status and Feeding Practices in Finnish preschools. Scandinavian Journal of Public Health, 2019, 47, 548-556.	1.2	4
80	Temperament, physical activity and sedentary time in preschoolers – the DAGIS study. BMC Pediatrics, 2021, 21, 129.	0.7	4
81	Associations between Parent–Child Nature Visits and Sleep, Physical Activity and Weight Status among Finnish 3–6-Year-Olds. International Journal of Environmental Research and Public Health, 2021, 18, 12426.	1.2	3
82	Effects of the Preschool-Based Family-Involving DAGIS Intervention on Family Environment: A Cluster Randomised Trial. Nutrients, 2020, 12, 3387.	1.7	2
83	Parental Mental Well-Being and Frequency of Adult-Child Nature Visits: The Mediating Roles of Parents' Perceived Barriers. International Journal of Environmental Research and Public Health, 2021, 18, 6814.	1.2	2
84	Parental Happiness Associates With the Co-occurrence of Preschool-Aged Children's Healthy Energy Balance-Related Behaviors. Journal of Happiness Studies, 2022, 23, 1493-1507.	1.9	2
85	Does health literacy explain regional health disparities among adolescents in Finland?. Health Promotion International, 2021, , .	0.9	1
86	Does temperament make children differently susceptible to their home physical food environment? A cross-sectional DAGIS study on 3–6 year old Finnish children's food consumption. Appetite, 2021, 161, 105140.	1.8	1
87	From margarine to butter: predictors of changing bread spread in an 11-year population follow-up. Public Health Nutrition, 2016, 19, 1707-1717.	1.1	0
88	Preschool meals as a source of nutrients for 3–6-year-old Finnish preschoolers. Proceedings of the Nutrition Society, 2020, 79, .	0.4	0
89	Main sources and parental educational level differences in intake of vitamin D in Finnish preschool children. Proceedings of the Nutrition Society, 2020, 79, .	0.4	0
90	Associations of eating habits and the saliva microbiota in Finnish adolescents. Proceedings of the Nutrition Society, 2020, 79, .	0.4	0

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91	Associations between hair and salivary cortisol, salivary alpha-amylase, and temperament dimensions among 3–6-year-olds. Hormones and Behavior, 2021, 135, 105042.	1.0	Ο
92	Examining the correlates of out-of-school television viewing, computer use and overall time in sedentary behaviors among Finnish 11-year-old children. Baltic Journal of Health and Physical Activity, 2015, 7, 7-17.	0.2	0
93	Perheen tulojen ja koetun toimeentulon yhteys lapsen ruokavalioon. Sosiaalilaaketieteellinen Aikakauslehti, 2022, 59, .	0.0	0
94	Sosioekonomisten tekijöiden yhteydet ruokatottumuksiin vanhuuseläkeelle siirtymisen jäeen: Helsinki Health Study. Sosiaalilaaketieteellinen Aikakauslehti, 2022, 59, .	0.0	0