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List of Publications by Year in descending order

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Version: 2024-02-01

49 papers

2,272 citations

304368 22 h-index 223531 46 g-index

50 all docs 50 docs citations

50 times ranked

3943 citing authors

#	Article	IF	CITATIONS
1	Intestinal Microbiota Is Influenced by Gender and Body Mass Index. PLoS ONE, 2016, 11, e0154090.	1.1	511
2	Two Healthy Diets Modulate Gut Microbial Community Improving Insulin Sensitivity in a Human Obese Population. Journal of Clinical Endocrinology and Metabolism, 2016, 101, 233-242.	1.8	223
3	Long-term secondary prevention of cardiovascular disease with a Mediterranean diet and a low-fat diet (CORDIOPREV): a randomised controlled trial. Lancet, The, 2022, 399, 1876-1885.	6.3	169
4	Influence of gender and menopausal status on gut microbiota. Maturitas, 2018, 116, 43-53.	1.0	153
5	Consumption of Two Healthy Dietary Patterns Restored Microbiota Dysbiosis in Obese Patients with Metabolic Dysfunction. Molecular Nutrition and Food Research, 2017, 61, 1700300.	1.5	107
6	A plasma circulating miRNAs profile predicts type 2 diabetes mellitus and prediabetes: from the CORDIOPREV study. Experimental and Molecular Medicine, 2018, 50, 1-12.	3.2	80
7	Circulating miRNAs as Predictive Biomarkers of Type 2 Diabetes Mellitus Development in Coronary Heart Disease Patients from the CORDIOPREV Study. Molecular Therapy - Nucleic Acids, 2018, 12, 146-157.	2.3	80
8	Mediterranean diet and endothelial function in patients with coronary heart disease: An analysis of the CORDIOPREV randomized controlled trial. PLoS Medicine, 2020, 17, e1003282.	3.9	77
9	Moderate-to-high-intensity training and a hypocaloric Mediterranean diet enhance endothelial progenitor cells and fitness in subjects with the metabolic syndrome. Clinical Science, 2012, 123, 361-373.	1.8	67
10	Beneficial effect of <i> CLOCK </i> gene polymorphism rs1801260 in combination with low-fat diet on insulin metabolism in the patients with metabolic syndrome. Chronobiology International, 2014, 31, 401-408.	0.9	59
11	Olive oil phenolic compounds decrease the postprandial inflammatory response by reducing postprandial plasma lipopolysaccharide levels. Food Chemistry, 2014, 162, 161-171.	4.2	48
12	The antioxidants in oils heated at frying temperature, whether natural or added, could protect against postprandial oxidative stress in obese people. Food Chemistry, 2013, 138, 2250-2259.	4.2	46
13	Long-term dietary adherence and changes in dietary intake in coronary patients after intervention with a Mediterranean diet or a low-fat diet: the CORDIOPREV randomized trial. European Journal of Nutrition, 2020, 59, 2099-2110.	1.8	45
14	Antioxidant system response is modified by dietary fat in adipose tissue of metabolic syndrome patients. Journal of Nutritional Biochemistry, 2013, 24, 1717-1723.	1.9	36
15	miR-223-3p as a potential biomarker and player for adipose tissue dysfunction preceding type 2 diabetes onset. Molecular Therapy - Nucleic Acids, 2021, 23, 1035-1052.	2.3	35
16	Effect of Dietary Lipids on Endotoxemia Influences Postprandial Inflammatory Response. Journal of Agricultural and Food Chemistry, 2017, 65, 7756-7763.	2.4	32
17	Low Intake of Vitamin E Accelerates Cellular Aging in Patients With Established Cardiovascular Disease: The CORDIOPREV Study. Journals of Gerontology - Series A Biological Sciences and Medical Sciences, 2019, 74, 770-777.	1.7	30
18	Mediterranean Diet and Endothelial Function: A Review of its Effects at Different Vascular Bed Levels. Nutrients, 2020, 12, 2212.	1.7	30

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19	Postprandial changes in the proteome are modulated by dietary fat in patients with metabolic syndrome. Journal of Nutritional Biochemistry, 2013, 24, 318-324.	1.9	29
20	Effect of dietary fat modification on subcutaneous white adipose tissue insulin sensitivity in patients with metabolic syndrome. Molecular Nutrition and Food Research, 2014, 58, 2177-2188.	1.5	25
21	Postprandial endotoxemia may influence the development of type 2 diabetes mellitus: From the CORDIOPREV study. Clinical Nutrition, 2019, 38, 529-538.	2.3	25
22	Physiological Regulation of Isocitrate Dehydrogenase and the Role of 2-Oxoglutarate in Prochlorococcus sp. Strain PCC 9511. PLoS ONE, 2014, 9, e103380.	1.1	24
23	Mediterranean Diet, Glucose Homeostasis, and Inflammasome Genetic Variants: The CORDIOPREV Study. Molecular Nutrition and Food Research, 2018, 62, e1700960.	1.5	22
24	MiRNAs profile as biomarkers of nutritional therapy for the prevention of type 2 diabetes mellitus: From the CORDIOPREV study. Clinical Nutrition, 2021, 40, 1028-1038.	2.3	21
25	Peripheral blood mononuclear cells as in vivo model for dietary intervention induced systemic oxidative stress. Food and Chemical Toxicology, 2014, 72, 178-186.	1.8	20
26	Dietary fat modifies lipid metabolism in the adipose tissue of metabolic syndrome patients. Genes and Nutrition, 2014, 9, 409.	1.2	20
27	Postprandial Activation of P53-Dependent DNA Repair Is Modified by Mediterranean Diet Supplemented With Coenzyme Q10 in Elderly Subjects. Journals of Gerontology - Series A Biological Sciences and Medical Sciences, 2014, 69, 886-893.	1.7	18
28	Telomerase RNA Component Genetic Variants Interact With the Mediterranean Diet Modifying the Inflammatory Status and its Relationship With Aging: CORDIOPREV Study. Journals of Gerontology - Series A Biological Sciences and Medical Sciences, 2016, 73, glw194.	1.7	17
29	Proteome from patients with metabolic syndrome is regulated by quantity and quality of dietary lipids. BMC Genomics, 2015, 16, 509.	1.2	16
30	Virgin olive oil rich in phenolic compounds modulates the expression of atherosclerosis-related genes in vascular endothelium. European Journal of Nutrition, 2016, 55, 519-527.	1.8	16
31	Frying oils with high natural or added antioxidants content, which protect against postprandial oxidative stress, also protect against DNA oxidation damage. European Journal of Nutrition, 2017, 56, 1597-1607.	1.8	16
32	Differential menopause-versus aging-induced changes in oxidative stress and circadian rhythm gene markers. Mechanisms of Ageing and Development, 2017, 164, 41-48.	2.2	16
33	Chronodisruption and diet associated with increased cardiometabolic risk in coronary heart disease patients: the CORDIOPREV study. Translational Research, 2022, 242, 79-92.	2.2	15
34	Apolipoprotein E genetic variants interact with Mediterranean diet to modulate postprandial hypertriglyceridemia in coronary heart disease patients: CORDIOPREV study. European Journal of Clinical Investigation, 2019, 49, e13146.	1.7	14
35	Interplay between gonadal hormones and postnatal overfeeding in defining sex-dependent differences in gut microbiota architecture. Aging, 2020, 12, 19979-20000.	1.4	14
36	Endotoxemia is modulated by quantity and quality of dietary fat in older adults. Experimental Gerontology, 2018, 109, 119-125.	1.2	13

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37	Prediabetes diagnosis criteria, type 2 diabetes risk and dietary modulation: The CORDIOPREV study. Clinical Nutrition, 2020, 39, 492-500.	2.3	13
38	TNFA gene variants related to the inflammatory status and its association with cellular aging: From the CORDIOPREV study. Experimental Gerontology, 2016, 83, 56-62.	1.2	11
39	Postprandial oxidative stress is modulated by dietary fat in adipose tissue from elderly people. Age, 2014, 36, 507-517.	3.0	10
40	Effect of frying oils on the postprandial endoplasmic reticulum stress in obese people. Molecular Nutrition and Food Research, 2014, 58, 2239-2242.	1.5	10
41	Alpha cell function interacts with diet to modulate prediabetes and Type 2 diabetes. Journal of Nutritional Biochemistry, 2018, 62, 247-256.	1.9	10
42	Beta cell functionality and hepatic insulin resistance are major contributors to type 2 diabetes remission and starting pharmacological therapy: from CORDIOPREV randomized controlled trial. Translational Research, 2021, 238, 12-24.	2.2	10
43	A set of miRNAs predicts T2DM remission in patients with coronary heart disease: from the CORDIOPREV study. Molecular Therapy - Nucleic Acids, 2021, 23, 255-263.	2.3	9
44	Endoplasmic reticulum stress in adipose tissue determines postprandial lipoprotein metabolism in metabolic syndrome patients. Molecular Nutrition and Food Research, 2013, 57, 2166-2176.	1.5	7
45	Dietary Intervention Modulates the Expression of Splicing Machinery in Cardiovascular Patients at High Risk of Type 2 Diabetes Development: From the CORDIOPREV Study. Nutrients, 2020, 12, 3528.	1.7	7
46	Long-term effect of a dietary intervention with two-healthy dietary approaches on food intake and nutrient density in coronary patients: results from the CORDIOPREV trial. European Journal of Nutrition, 2022, 61, 3019-3036.	1.8	6
47	Distinct features of C/N balance regulation in Prochlorococcus sp. strain MIT9313. FEMS Microbiology Letters, 2018, 365, .	0.7	5
48	A Gene Variation at the ZPR1 Locus (rs964184) Interacts With the Type of Diet to Modulate Postprandial Triglycerides in Patients With Coronary Artery Disease: From the Coronary Diet Intervention With Olive Oil and Cardiovascular Prevention Study. Frontiers in Nutrition, 0, 9, .	1.6	3
49	Alternative Foods in Cardio-Healthy Dietary Models that Improve Postprandial Lipemia and Insulinemia in Obese People. Nutrients, 2021, 13, 2225.	1.7	2