Sasan Amanat

List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	Adherence to a western dietary pattern and risk of invasive ductal and lobular breast carcinomas: a case–control study. Scientific Reports, 2022, 12, 5859.	3.3	6
2	The effect of genistein on insulin resistance, inflammatory factors, lipid profile, and histopathologic indices in rats with polycystic ovary syndrome. Clinical and Experimental Reproductive Medicine, 2021, 48, 236-244.	1.5	10
3	The effects of high fructose fruits and honey on the serum level of metabolic factors and nonalcoholic fatty liver disease. Journal of Diabetes and Metabolic Disorders, 2021, 20, 1647-1654.	1.9	2
4	Protection by pure and genistein fortified extra virgin olive oil, canola oil, and rice bran oil against acetic acid-induced ulcerative colitis in rats. Food and Function, 2020, 11, 860-870.	4.6	16
5	The effects of aerobic, resistance, and combined exercises on the plasma irisin levels, HOMA-IR, and lipid profiles in women with metabolic syndrome: A randomized controlled trial. Journal of Exercise Science and Fitness, 2020, 18, 168-176.	2.2	28
6	A Randomized Controlled Trial on the Effects of 12 Weeks of Aerobic, Resistance, and Combined Exercises Training on the Serum Levels of Nesfatin-1, Irisin-1 and HOMA-IR. Frontiers in Physiology, 2020, 11, 562895.	2.8	30
7	A comparison of the effects of Stevia extract and metformin on metabolic syndrome indices in rats fed with a highâ€fat, highâ€sucrose diet. Journal of Food Biochemistry, 2020, 44, e13242.	2.9	11
8	Exercise and Type 2 Diabetes. Advances in Experimental Medicine and Biology, 2020, 1228, 91-105.	1.6	67
9	Dietary Patterns and Risk of Invasive Ductal and Lobular Breast Carcinomas: A Systematic Review and Meta-analysis. Clinical Breast Cancer, 2020, 20, e516-e528.	2.4	17
10	Greater adherence to the dietary approaches to stop hypertension (DASH) dietary pattern is associated with lower blood pressure in healthy Iranian primary school children. European Journal of Nutrition, 2018, 57, 1449-1458.	3.9	12
11	Genistein supplementation improves insulin resistance and inflammatory state in non-alcoholic fatty liver patients: A randomized, controlled trial. Clinical Nutrition, 2018, 37, 1210-1215.	5.0	81
12	Toxic effects of subacute inhalation exposure to trichloroethylene on serum lipid profile, glucose and biochemical parameters in Sprague–Dawley rats. Inhalation Toxicology, 2018, 30, 354-360.	1.6	3
13	A Western dietary pattern is associated with higher blood pressure in Iranian adolescents. European Journal of Nutrition, 2017, 56, 399-408.	4.6	33
14	The Effect of 12 Weeks Aerobic, Resistance, and Combined Exercises on Omentin-1 Levels and Insulin Resistance among Type 2 Diabetic Middle-Aged Women. Diabetes and Metabolism Journal, 2017, 41, 205.	4.7	55
15	Response: The Effect of 12 Weeks Aerobic, Resistance, and Combined Exercises on Omentin-1 Levels and Insulin Resistance among Type 2 Diabetic Middle-Aged Women (Diabetes Metab J2017;41:205-12). Diabetes and Metabolism Journal, 2017, 41, 324.	4.7	0
16	Associations between Western and Mediterranean-type dietary patterns and anxiety and stress. Acta Alimentaria, 2016, 45, 398-405.	0.7	2