

Anthony P Zanesco

List of Publications by Year in descending order

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Version: 2024-02-01

36
papers

1,902
citations

394421

19
h-index

377865

34
g-index

48
all docs

48
docs citations

48
times ranked

1838
citing authors

#	ARTICLE	IF	CITATIONS
1	Intensive Meditation Training Improves Perceptual Discrimination and Sustained Attention. <i>Psychological Science</i> , 2010, 21, 829-839.	3.3	447
2	Intensive meditation training, immune cell telomerase activity, and psychological mediators. <i>Psychoneuroendocrinology</i> , 2011, 36, 664-681.	2.7	361
3	Enhanced response inhibition during intensive meditation training predicts improvements in self-reported adaptive socioemotional functioning.. <i>Emotion</i> , 2011, 11, 299-312.	1.8	158
4	Intensive training induces longitudinal changes in meditation state-related EEG oscillatory activity. <i>Frontiers in Human Neuroscience</i> , 2012, 6, 256.	2.0	78
5	Within and between-person correlates of the temporal dynamics of resting EEG microstates. <i>NeuroImage</i> , 2020, 211, 116631.	4.2	75
6	Intensive meditation training influences emotional responses to suffering.. <i>Emotion</i> , 2015, 15, 775-790.	1.8	71
7	Executive control and felt concentrative engagement following intensive meditation training. <i>Frontiers in Human Neuroscience</i> , 2013, 7, 566.	2.0	63
8	Does mindfulness training help working memory "work" better?. <i>Current Opinion in Psychology</i> , 2019, 28, 273-278.	4.9	52
9	Insight meditation and telomere biology: The effects of intensive retreat and the moderating role of personality. <i>Brain, Behavior, and Immunity</i> , 2018, 70, 233-245.	4.1	49
10	Self-reported mindfulness and cortisol during a Shamatha meditation retreat.. <i>Health Psychology</i> , 2013, 32, 1104-1109.	1.6	47
11	Network analysis for the visualization and analysis of qualitative data.. <i>Psychological Methods</i> , 2018, 23, 169-183.	3.5	41
12	Is resilience trainable? An initial study comparing mindfulness and relaxation training in firefighters. <i>Psychiatry Research</i> , 2020, 285, 112794.	3.3	40
13	Cognitive Aging and Long-Term Maintenance of Attentional Improvements Following Meditation Training. <i>Journal of Cognitive Enhancement: Towards the Integration of Theory and Practice</i> , 2018, 2, 259-275.	1.6	37
14	Mindfulness training as cognitive training in high-demand cohorts: An initial study in elite military servicemembers. <i>Progress in Brain Research</i> , 2019, 244, 323-354.	1.4	36
15	Meditation training influences mind wandering and mindless reading.. <i>Psychology of Consciousness: Theory Research, and Practice</i> , 2016, 3, 12-33.	0.4	31
16	The effect of movement-focused and breath-focused yoga practice on stress parameters and sustained attention: A randomized controlled pilot study. <i>Consciousness and Cognition</i> , 2018, 65, 109-125.	1.5	30
17	Bolstering Cognitive Resilience via Train-the-Trainer Delivery of Mindfulness Training in Applied High-Demand Settings. <i>Mindfulness</i> , 2020, 11, 683-697.	2.8	29
18	Self-reported Mind Wandering and Response Time Variability Differentiate Prestimulus Electroencephalogram Microstate Dynamics during a Sustained Attention Task. <i>Journal of Cognitive Neuroscience</i> , 2021, 33, 28-45.	2.3	28

#	ARTICLE	IF	CITATIONS
19	Mean-field thalamocortical modeling of longitudinal EEG acquired during intensive meditation training. <i>NeuroImage</i> , 2015, 114, 88-104.	4.2	24
20	Modulation of Event-related Potentials of Visual Discrimination by Meditation Training and Sustained Attention. <i>Journal of Cognitive Neuroscience</i> , 2019, 31, 1184-1204.	2.3	24
21	Meditation training modulates brain electric microstates and felt states of awareness. <i>Human Brain Mapping</i> , 2021, 42, 3228-3252.	3.6	24
22	Associations between self-reported spontaneous thought and temporal sequences of EEG microstates. <i>Brain and Cognition</i> , 2021, 150, 105696.	1.8	21
23	Residential meditation retreats: their role in contemplative practice and significance for psychological research. <i>Current Opinion in Psychology</i> , 2019, 28, 238-244.	4.9	18
24	Experience sampling of the degree of mind wandering distinguishes hidden attentional states. <i>Cognition</i> , 2020, 205, 104380.	2.2	17
25	Quantifying streams of thought during cognitive task performance using sequence analysis. <i>Behavior Research Methods</i> , 2020, 52, 2417-2437.	4.0	15
26	Deconstructing the effects of concentration meditation practice on interference control: The roles of controlled attention and inflammatory activity. <i>Brain, Behavior, and Immunity</i> , 2020, 89, 256-267.	4.1	15
27	EEG microstates suggest atypical resting-state network activity in high-functioning children and adolescents with autism spectrum development. <i>Developmental Science</i> , 2022, 25, e13231.	2.4	15
28	EEG Electric Field Topography is Stable During Moments of High Field Strength. <i>Brain Topography</i> , 2020, 33, 450-460.	1.8	12
29	Changes in the expression of inflammatory and epigenetic-modulatory genes after an intensive meditation retreat. <i>Comprehensive Psychoneuroendocrinology</i> , 2022, 11, 100152.	1.7	12
30	Comparing Mindfulness and Positivity Trainings in High-Demand Cohorts. <i>Cognitive Therapy and Research</i> , 2020, 44, 311-326.	1.9	11
31	Memory load, distracter interference, and dynamic adjustments in cognitive control influence working memory performance across the lifespan. <i>Psychology and Aging</i> , 2020, 35, 614-626.	1.6	6
32	The Effects of Mindfulness Training on Working Memory Performance in High-Demand Cohorts: a Multi-study Investigation. <i>Journal of Cognitive Enhancement: Towards the Integration of Theory and Practice</i> , 2022, 6, 192-204.	1.6	4
33	Investigating the Impact of Peer-Trainer Delivered Mindfulness Training on Cognitive Abilities and Psychological Health. <i>Mindfulness</i> , 2021, 12, 2645-2661.	2.8	2
34	Higher self-reported posttraumatic stress symptoms are associated with poorer working memory in active-duty service members. <i>Neuropsychology</i> , 2021, 35, 718-730.	1.3	1
35	The role of affective interference and mnemonic load in the dynamic adjustment in working memory. <i>Memory and Cognition</i> , 2023, 51, 203-220.	1.6	1
36	Examining Long-Range Temporal Dependence in Experience Sampling Reports of Mind Wandering. <i>Computational Brain & Behavior</i> , 0, , 1.	1.7	0