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List of Publications by Year in descending order

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		393982	414034
32	2,061	19	32
papers	citations	h-index	g-index
33	33	33	3444
all docs	docs citations	times ranked	citing authors

#	Article	IF	CITATIONS
1	Association of Adherence to a Healthy Diet with Cognitive Decline in European and American Older Adults: A Meta-Analysis within the CHANCES Consortium. Dementia and Geriatric Cognitive Disorders, 2017, 43, 215-227.	0.7	372
2	The Mediterranean, Dietary Approaches to Stop Hypertension (DASH), and Mediterranean-DASH Intervention for Neurodegenerative Delay (MIND) Diets Are Associated with Less Cognitive Decline and a Lower Risk of Alzheimer's Disease—A Review. Advances in Nutrition, 2019, 10, 1040-1065.	2.9	284
3	Dietary Patterns, Cognitive Decline, and Dementia: A Systematic Review. Advances in Nutrition, 2015, 6, 154-168.	2.9	280
4	Association of long-term adherence to the mind diet with cognitive function and cognitive decline in American women. Journal of Nutrition, Health and Aging, 2018, 22, 222-229.	1.5	157
5	The Dietary Approaches to Stop Hypertension Diet, Cognitive Function, and Cognitive Decline in American Older Women. Journal of the American Medical Directors Association, 2017, 18, 427-432.	1.2	137
6	Combating inflammaging through a Mediterranean whole diet approach: The NU-AGE project's conceptual framework and design. Mechanisms of Ageing and Development, 2014, 136-137, 3-13.	2.2	131
7	Effect of the NU-AGE Diet on Cognitive Functioning in Older Adults: A Randomized Controlled Trial. Frontiers in Physiology, 2018, 9, 349.	1.3	72
8	Are Nutrition-Related Knowledge and Attitudes Reflected in Lifestyle and Health Among Elderly People? A Study Across Five European Countries. Frontiers in Physiology, 2018, 9, 994.	1.3	67
9	A parallel randomized trial on the effect of a healthful diet on inflammageing and its consequences in European elderly people: Design of the NU-ACE dietary intervention study. Mechanisms of Ageing and Development, 2013, 134, 523-530.	2.2	64
10	Reprint of: A parallel randomized trial on the effect of a healthful diet on inflammageing and its consequences in European elderly people: Design of the NU-AGE dietary intervention study. Mechanisms of Ageing and Development, 2014, 136-137, 14-21.	2.2	59
11	Changes in Dietary Intake and Adherence to the NU-AGE Diet Following a One-Year Dietary Intervention among European Older Adults—Results of the NU-AGE Randomized Trial. Nutrients, 2018, 10, 1905.	1.7	48
12	A Mediterranean-like dietary pattern with vitamin D3 (10 µg/d) supplements reduced the rate of bone loss in older Europeans with osteoporosis at baseline: results of a 1-y randomized controlled trial. American Journal of Clinical Nutrition, 2018, 108, 633-640.	2.2	46
13	Associations between Pro- and Anti-Inflammatory Gastro-Intestinal Microbiota, Diet, and Cognitive Functioning in Dutch Healthy Older Adults: The NU-AGE Study. Nutrients, 2020, 12, 3471.	1.7	42
14	Gender-specific association of body composition with inflammatory and adipose-related markers in healthy elderly Europeans from the NU-AGE study. European Radiology, 2019, 29, 4968-4979.	2.3	36
15	Conventional foods, followed by dietary supplements and fortified foods, are the key sources of vitamin D, vitamin B6, and selenium intake in Dutch participants of the NU-AGE study. Nutrition Research, 2016, 36, 1171-1181.	1.3	28
16	Protein intake and the incidence of pre-diabetes and diabetes in 4 population-based studies: the PREVIEW project. American Journal of Clinical Nutrition, 2019, 109, 1310-1318.	2.2	28
17	Fighting Sarcopenia in Ageing European Adults: The Importance of the Amount and Source of Dietary Proteins. Nutrients, 2020, 12, 3601.	1.7	23
18	A Cross-Sectional Analysis of Body Composition Among Healthy Elderly From the European NU-AGE Study: Sex and Country Specific Features. Frontiers in Physiology, 2018, 9, 1693.	1.3	22

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19	Dietary Fibre May Mitigate Sarcopenia Risk: Findings from the NU-AGE Cohort of Older European Adults. Nutrients, 2020, 12, 1075.	1.7	22
20	Cross-Sectional Analysis of the Correlation Between Daily Nutrient Intake Assessed by 7-Day Food Records and Biomarkers of Dietary Intake Among Participants of the NU-AGE Study. Frontiers in Physiology, 2018, 9, 1359.	1.3	17
21	PREVIEW study—influence of a behavior modification intervention (PREMIT) in over 2300 people with pre-diabetes: intention, self-efficacy and outcome expectancies during the early phase of a lifestyle intervention. Psychology Research and Behavior Management, 2018, Volume 11, 383-394.	1.3	16
22	Short Telomere Length Is Related to Limitations in Physical Function in Elderly European Adults. Frontiers in Physiology, 2018, 9, 1110.	1.3	16
23	Beneficial Role of Replacing Dietary Saturated Fatty Acids with Polyunsaturated Fatty Acids in the Prevention of Sarcopenia: Findings from the NU-AGE Cohort. Nutrients, 2020, 12, 3079.	1.7	15
24	Vitamin B-6 intake is related to physical performance in European older adults: results of the New Dietary Strategies Addressing the Specific Needs of the Elderly Population for Healthy Aging in Europe (NU-AGE) study. American Journal of Clinical Nutrition, 2021, 113, 781-789.	2.2	15
25	Changing from a Western to a Mediterranean-style diet does not affect iron or selenium status: results of the New Dietary Strategies Addressing the Specific Needs of the Elderly Population for Healthy Aging in Europe (NU-AGE) 1-year randomized clinical trial in elderly Europeans. American Journal of Clinical Nutrition, 2020, 111, 98-109.	2.2	12
26	The Glycaemic Index-Food-Frequency Questionnaire: Development and Validation of a Food Frequency Questionnaire Designed to Estimate the Dietary Intake of Glycaemic Index and Glycaemic Load: An Effort by the PREVIEW Consortium. Nutrients, 2019, 11, 13.	1.7	11
27	The Newly Developed Elderly Nutrient-Rich Food Score Is a Useful Tool to Assess Nutrient Density in European Older Adults. Frontiers in Nutrition, 2019, 6, 119.	1.6	10
28	Collection and analysis of published scientific information as preparatory work for the setting of Dietary Reference Values for Vitamin D. EFSA Supporting Publications, 2016, 13, .	0.3	9
29	Optimizing Multivitamin Supplementation for Sleeve Gastrectomy Patients. Obesity Surgery, 2021, 31, 2520-2528.	1.1	8
30	The Elderly-Nutrient Rich Food Score Is Associated With Biochemical Markers of Nutritional Status in European Older Adults. Frontiers in Nutrition, 2019, 6, 150.	1.6	4
31	A Novel Approach to Improve the Estimation of a Diet Adherence Considering Seasonality and Short Term Variability – The NU-AGE Mediterranean Diet Experience. Frontiers in Physiology, 2019, 10, 149.	1.3	3
32	Combined Urinary Biomarkers to Assess Coffee Intake Using Untargeted Metabolomics: Discovery in Three Pilot Human Intervention Studies and Validation in Cross-Sectional Studies. Journal of Agricultural and Food Chemistry, 2021, 69, 7230-7242.	2.4	3