

# Helen M Startup

## List of Publications by Year in descending order

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Version: 2024-02-01

49  
papers

2,536  
citations

201674  
27  
h-index

223800  
46  
g-index

57  
all docs

57  
docs citations

57  
times ranked

2395  
citing authors

#	ARTICLE	IF	CITATIONS
1	SPEAKS study: study protocol of a multisite feasibility trial of the Specialist Psychotherapy with Emotion for Anorexia in Kent and Sussex (SPEAKS) intervention for outpatients with anorexia nervosa or otherwise specified feeding and eating disorders, anorexia nervosa type. <i>BMJ Open</i> , 2022, 12, e050350.	1.9	4
2	The revised Green <i>et al.</i> , Paranoid Thoughts Scale (R-GPTS): psychometric properties, severity ranges, and clinical cut-offs. <i>Psychological Medicine</i> , 2021, 51, 244-253.	4.5	126
3	The Maudsley Anorexia Nervosa Treatment for Adults (MANTRA): a feasibility case series of an integrated group based approach. <i>Journal of Eating Disorders</i> , 2021, 9, 70.	2.7	6
4	The Dunn Worry Questionnaire and the Paranoia Worries Questionnaire: new assessments of worry. <i>Psychological Medicine</i> , 2020, 50, 771-780.	4.5	24
5	The Parenting Experience of Those With Borderline Personality Disorder Traits: Practitioner and Parent Perspectives. <i>Frontiers in Psychology</i> , 2020, 11, 1913.	2.1	17
6	Building the Healthy Adult in eating disorders. , 2020, , 287-300.		6
7	Anorexia Nervosa and a Lost Emotional Self: A Psychological Formulation of the Development, Maintenance, and Treatment of Anorexia Nervosa. <i>Frontiers in Psychology</i> , 2019, 10, 219.	2.1	67
8	Treatment of anorexia nervosa: a multimethod investigation translating experimental neuroscience into clinical practice. <i>Programme Grants for Applied Research</i> , 2017, 5, 1-208.	1.0	14
9	Treating Sleep Problems in Patients with Schizophrenia. <i>Behavioural and Cognitive Psychotherapy</i> , 2016, 44, 273-287.	1.2	75
10	The patient experience of sleep problems and their treatment in the context of current delusions and hallucinations. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2016, 89, 181-193.	2.5	56
11	Worry processes in patients with persecutory delusions. <i>British Journal of Clinical Psychology</i> , 2016, 55, 387-400.	3.5	31
12	The Perseverative Thinking Questionnaire in Patients with Persecutory Delusions. <i>Behavioural and Cognitive Psychotherapy</i> , 2016, 44, 472-481.	1.2	19
13	How Do Individuals with Persecutory Delusions Bring Worry to a Close? An Interpretive Phenomenological Analysis. <i>Behavioural and Cognitive Psychotherapy</i> , 2015, 43, 465-477.	1.2	7
14	Effects of cognitive behaviour therapy for worry on persecutory delusions in patients with psychosis (WIT): a parallel, single-blind, randomised controlled trial with a mediation analysis. <i>Lancet Psychiatry</i> , 2015, 2, 305-313.	7.4	207
15	Efficacy of cognitive behavioural therapy for sleep improvement in patients with persistent delusions and hallucinations (BEST): a prospective, assessor-blind, randomised controlled pilot trial. <i>Lancet Psychiatry</i> , 2015, 2, 975-983.	7.4	169
16	Anxiety-related processes in anorexia nervosa and their relation to eating disorder pathology, depression and anxiety. <i>Advances in Eating Disorders (Abingdon, England )</i> , 2015, 3, 13-19.	0.7	24
17	Parenting in mothers with borderline personality disorder and impact on child outcomes. <i>Evidence-Based Mental Health</i> , 2015, 18, 67-75.	4.5	64
18	An explanatory randomised controlled trial testing the effects of targeting worry in patients with persistent persecutory delusions: the Worry Intervention Trial (WIT). <i>Efficacy and Mechanism Evaluation</i> , 2015, 2, 1-36.	0.7	4

#	ARTICLE	IF	CITATIONS
19	Design of an international multicentre RCT on group schema therapy for borderline personality disorder. BMC Psychiatry, 2014, 14, 319.	2.6	41
20	Depersonalization in Patients With Persecutory Delusions. Journal of Nervous and Mental Disease, 2014, 202, 752-758.	1.0	11
21	Persecutory delusions and psychological well-being. Social Psychiatry and Psychiatric Epidemiology, 2014, 49, 1045-1050.	3.1	42
22	The effects of using cognitive behavioural therapy to improve sleep for patients with delusions and hallucinations (the BEST study): study protocol for a randomized controlled trial. Trials, 2013, 14, 214.	1.6	23
23	The interaction of affective with psychotic processes: A test of the effects of worrying on working memory, jumping to conclusions, and anomalies of experience in patients with persecutory delusions. Journal of Psychiatric Research, 2013, 47, 1837-1842.	3.1	43
24	Quality of life in anorexia nervosa, bulimia nervosa and eating disorder not-otherwise-specified. Journal of Eating Disorders, 2013, 1, 43.	2.7	65
25	Worry and Rumination in Anorexia Nervosa. Behavioural and Cognitive Psychotherapy, 2013, 41, 301-316.	1.2	76
26	Authors' reply. British Journal of Psychiatry, 2013, 202, 384-385.	2.8	0
27	A study of neurocognition in bulimia nervosa and eating disorder not otherwise specifiedâ€“bulimia type. Journal of Clinical and Experimental Neuropsychology, 2012, 34, 67-77.	1.3	25
28	Out-patient psychological therapies for adults with anorexia nervosa: randomised controlled trial. British Journal of Psychiatry, 2012, 201, 392-399.	2.8	142
29	An experimental exploration of social problem solving and its associated processes in anorexia nervosa. Psychiatry Research, 2012, 200, 524-529.	3.3	22
30	Understanding catastrophic worry in eating disorders: Process and content characteristics. Journal of Behavior Therapy and Experimental Psychiatry, 2012, 43, 1095-1103.	1.2	53
31	The effects of reducing worry in patients with persecutory delusions: study protocol for a randomized controlled trial. Trials, 2012, 13, 223.	1.6	16
32	Emotional and Social Mind Training: A Randomised Controlled Trial of a New Group-Based Treatment for Bulimia Nervosa. PLoS ONE, 2012, 7, e46047.	2.5	18
33	Theory of mind in bulimia nervosa. International Journal of Eating Disorders, 2012, 45, 377-384.	4.0	48
34	An experimental exploration of behavioral and cognitiveâ€“emotional aspects of intolerance of uncertainty in eating disorder patients. Journal of Anxiety Disorders, 2011, 25, 806-812.	3.2	77
35	Cognitive behavioural treatment of insomnia in individuals with persistent persecutory delusions: A pilot trial. Journal of Behavior Therapy and Experimental Psychiatry, 2011, 42, 330-336.	1.2	132
36	Developing Treatments of Persistent Persecutory Delusions. Journal of Nervous and Mental Disease, 2011, 199, 653-658.	1.0	38

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37	What does uncertainty mean to women with anorexia nervosa? An interpretative phenomenological analysis. <i>European Eating Disorders Review</i> , 2011, 19, 12-24.	4.1	64
38	The Role of Email Guidance in Internet-Based Cognitive-Behavioural Self-Care Treatment for Bulimia Nervosa. <i>European Eating Disorders Review</i> , 2011, 19, 342-348.	4.1	34
39	Therapeutic writing as an intervention for symptoms of bulimia nervosa: Effects and mechanism of change. <i>International Journal of Eating Disorders</i> , 2010, 43, 405-419.	4.0	17
40	Expressive writing and eating disorder features: A preliminary trial in a student sample of the impact of three writing tasks on eating disorder symptoms and associated cognitive, affective and interpersonal factors. <i>European Eating Disorders Review</i> , 2010, 18, 180-196.	4.1	14
41	A randomised controlled trial of a worry intervention for individuals with persistent persecutory delusions. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2010, 41, 45-51.	1.2	111
42	Jumping to conclusions and persecutory delusions. <i>European Psychiatry</i> , 2008, 23, 457-459.	0.2	39
43	Persecutory delusions and catastrophic worry in psychosis: Developing the understanding of delusion distress and persistence. <i>Behaviour Research and Therapy</i> , 2007, 45, 523-537.	3.1	155
44	The Use of "As Many As Can" Versus "Feel Like Continuing" Stop Rules During Worrying. <i>Cognitive Therapy and Research</i> , 2005, 29, 155-169.	1.9	44
45	Mood, dissociation and false memories using the Deese-Roediger-McDermott procedure. <i>British Journal of Psychology</i> , 2005, 96, 283-293.	2.3	26
46	The perseveration of checking thoughts and mood as an input hypothesis. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2003, 34, 141-160.	1.2	63
47	Mood as input and catastrophic worrying. <i>Journal of Abnormal Psychology</i> , 2001, 110, 83-96.	1.9	104
48	A Cognitive Interpersonal Therapy Workbook for Treating Anorexia Nervosa. , 0, , .		15
49	Seeing Through the Façade of Anorexia: A Grounded Theory of Emotional Change Processes Associated With Recovery From Anorexia Nervosa. <i>Frontiers in Psychiatry</i> , 0, 13, .	2.6	5