

Helen M Startup

List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

53
papers

1,907
citations

26
h-index

43
g-index

57
ext. papers

2,202
ext. citations

4.9
avg, IF

4.75
L-index

#	Paper	IF	Citations
53	SPEAKS study: study protocol of a multisite feasibility trial of the Specialist Psychotherapy with Emotion for Anorexia in Kent and Sussex (SPEAKS) intervention for outpatients with anorexia nervosa or otherwise specified feeding and eating disorders, anorexia nervosa type.. <i>BMJ Open</i> , 2022 , <i>12</i> , e050350	3	
52	Versterking van de Gezonde volwassene bij eetstoornissen 2022 , 293-308		
51	The Maudsley Anorexia Nervosa Treatment for Adults (MANTRA): a feasibility case series of an integrated group based approach. <i>Journal of Eating Disorders</i> , 2021 , <i>9</i> , 70	4.1	0
50	The revised Green , Paranoid Thoughts Scale (R-GPTS): psychometric properties, severity ranges, and clinical cut-offs. <i>Psychological Medicine</i> , 2021 , <i>51</i> , 244-253	6.9	45
49	Building the Healthy Adult in eating disorders 2020 , 287-300		2
48	The Parenting Experience of Those With Borderline Personality Disorder Traits: Practitioner and Parent Perspectives. <i>Frontiers in Psychology</i> , 2020 , <i>11</i> , 1913	3.4	5
47	The Dunn Worry Questionnaire and the Paranoia Worries Questionnaire: new assessments of worry. <i>Psychological Medicine</i> , 2020 , <i>50</i> , 771-780	6.9	7
46	Anorexia Nervosa and a Lost Emotional Self: A Psychological Formulation of the Development, Maintenance, and Treatment of Anorexia Nervosa. <i>Frontiers in Psychology</i> , 2019 , <i>10</i> , 219	3.4	32
45	Treatment of anorexia nervosa: a multimethod investigation translating experimental neuroscience into clinical practice. <i>Programme Grants for Applied Research</i> , 2017 , <i>5</i> , 1-208	1.5	11
44	Worry processes in patients with persecutory delusions. <i>British Journal of Clinical Psychology</i> , 2016 , <i>55</i> , 387-400	3.6	19
43	The Perseverative Thinking Questionnaire in Patients with Persecutory Delusions. <i>Behavioural and Cognitive Psychotherapy</i> , 2016 , <i>44</i> , 472-81	2.1	15
42	Treating Sleep Problems in Patients with Schizophrenia. <i>Behavioural and Cognitive Psychotherapy</i> , 2016 , <i>44</i> , 273-87	2.1	50
41	The patient experience of sleep problems and their treatment in the context of current delusions and hallucinations. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2016 , <i>89</i> , 181-93	3.5	41
40	Anxiety-related processes in anorexia nervosa and their relation to eating disorder pathology, depression and anxiety The work for this study was carried out at King's College London, Institute of Psychiatry, UK.View all notes. <i>Advances in Eating Disorders (Abingdon, England)</i> , 2015 , <i>3</i> , 13-19		20
39	Parenting in mothers with borderline personality disorder and impact on child outcomes. <i>Evidence-Based Mental Health</i> , 2015 , <i>18</i> , 67-75	11.1	42
38	How do individuals with persecutory delusions bring worry to a close? An interpretive phenomenological analysis. <i>Behavioural and Cognitive Psychotherapy</i> , 2015 , <i>43</i> , 465-77	2.1	7
37	Effects of cognitive behaviour therapy for worry on persecutory delusions in patients with psychosis (WIT): a parallel, single-blind, randomised controlled trial with a mediation analysis. <i>Lancet Psychiatry</i> , 2015 , <i>2</i> , 305-13	23.3	158

36	Efficacy of cognitive behavioural therapy for sleep improvement in patients with persistent delusions and hallucinations (BEST): a prospective, assessor-blind, randomised controlled pilot trial. <i>Lancet Psychiatry</i> , 2015 , 2, 975-83	23.3	117
35	An explanatory randomised controlled trial testing the effects of targeting worry in patients with persistent persecutory delusions: the Worry Intervention Trial (WIT). <i>Efficacy and Mechanism Evaluation</i> , 2015 , 2, 1-36	1.7	4
34	Design of an international multicentre RCT on group schema therapy for borderline personality disorder. <i>BMC Psychiatry</i> , 2014 , 14, 319	4.2	31
33	Depersonalization in patients with persecutory delusions. <i>Journal of Nervous and Mental Disease</i> , 2014 , 202, 752-8	1.8	10
32	Persecutory delusions and psychological well-being. <i>Social Psychiatry and Psychiatric Epidemiology</i> , 2014 , 49, 1045-50	4.5	30
31	The effects of using cognitive behavioural therapy to improve sleep for patients with delusions and hallucinations (the BEST study): study protocol for a randomized controlled trial. <i>Trials</i> , 2013 , 14, 214	2.8	19
30	The interaction of affective with psychotic processes: a test of the effects of worrying on working memory, jumping to conclusions, and anomalies of experience in patients with persecutory delusions. <i>Journal of Psychiatric Research</i> , 2013 , 47, 1837-42	5.2	35
29	Quality of life in anorexia nervosa, bulimia nervosa and eating disorder not-otherwise-specified. <i>Journal of Eating Disorders</i> , 2013 , 1, 43	4.1	48
28	Worry and rumination in anorexia nervosa. <i>Behavioural and Cognitive Psychotherapy</i> , 2013 , 41, 301-16	2.1	59
27	Authors' reply. <i>British Journal of Psychiatry</i> , 2013 , 202, 384-5	5.4	
26	Theory of mind in bulimia nervosa. <i>International Journal of Eating Disorders</i> , 2012 , 45, 377-84	6.3	39
25	An experimental exploration of social problem solving and its associated processes in anorexia nervosa. <i>Psychiatry Research</i> , 2012 , 200, 524-9	9.9	15
24	Understanding catastrophic worry in eating disorders: process and content characteristics. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2012 , 43, 1095-103	2.6	45
23	The effects of reducing worry in patients with persecutory delusions: study protocol for a randomized controlled trial. <i>Trials</i> , 2012 , 13, 223	2.8	13
22	Emotional and social mind training: a randomised controlled trial of a new group-based treatment for bulimia nervosa. <i>PLoS ONE</i> , 2012 , 7, e46047	3.7	15
21	A study of neurocognition in bulimia nervosa and eating disorder not otherwise specified-bulimia type. <i>Journal of Clinical and Experimental Neuropsychology</i> , 2012 , 34, 67-77	2.1	20
20	Out-patient psychological therapies for adults with anorexia nervosa: randomised controlled trial. <i>British Journal of Psychiatry</i> , 2012 , 201, 392-9	5.4	116
19	An experimental exploration of behavioral and cognitive-emotional aspects of intolerance of uncertainty in eating disorder patients. <i>Journal of Anxiety Disorders</i> , 2011 , 25, 806-12	10.9	65

18	Cognitive behavioural treatment of insomnia in individuals with persistent persecutory delusions: a pilot trial. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2011 , 42, 330-6	2.6	110
17	Developing treatments of persistent persecutory delusions: the impact of an emotional processing and metacognitive awareness intervention. <i>Journal of Nervous and Mental Disease</i> , 2011 , 199, 653-8	1.8	36
16	What does uncertainty mean to women with anorexia nervosa? An interpretative phenomenological analysis. <i>European Eating Disorders Review</i> , 2011 , 19, 12-24	5.3	50
15	The role of email guidance in internet-based cognitive-behavioural self-care treatment for bulimia nervosa. <i>European Eating Disorders Review</i> , 2011 , 19, 342-8	5.3	30
14	A randomised controlled trial of a worry intervention for individuals with persistent persecutory delusions. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2010 , 41, 45-51	2.6	102
13	Therapeutic writing as an intervention for symptoms of bulimia nervosa: effects and mechanism of change. <i>International Journal of Eating Disorders</i> , 2010 , 43, 405-19	6.3	16
12	Expressive writing and eating disorder features: a preliminary trial in a student sample of the impact of three writing tasks on eating disorder symptoms and associated cognitive, affective and interpersonal factors. <i>European Eating Disorders Review</i> , 2010 , 18, 180-96	5.3	10
11	Jumping to conclusions and persecutory delusions. <i>European Psychiatry</i> , 2008 , 23, 457-9	6	31
10	Persecutory delusions and catastrophic worry in psychosis: developing the understanding of delusion distress and persistence. <i>Behaviour Research and Therapy</i> , 2007 , 45, 523-37	5.2	142
9	Mood, dissociation and false memories using the Deese-Roediger-McDermott procedure. <i>British Journal of Psychology</i> , 2005 , 96, 283-93	4	20
8	The Use of 'As Many As Can' Versus 'Feel Like Continuing' Stop Rules During Worrying. <i>Cognitive Therapy and Research</i> , 2005 , 29, 155-169	2.7	38
7	The perseveration of checking thoughts and mood-as-input hypothesis. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , 2003 , 34, 141-60	2.6	57
6	Mood as input and catastrophic worrying.. <i>Journal of Abnormal Psychology</i> , 2001 , 110, 83-96	7	95
5	The Penn State Worry Questionnaire (PSWQ)99-119		19
4	Rumination as a Function of Goal Progress, Stop Rules, and Cerebral Lateralization153-175		1
3	A Cognitive Interpersonal Therapy Workbook for Treating Anorexia Nervosa		9
2	Emotional Processing and Metacognitive Awareness for Persecutory Delusions33-46		
1	Improving Sleep, Improving Delusions213-233		1

