

# Helen M Startup

## List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

53  
papers

1,907  
citations

26  
h-index

43  
g-index

57  
ext. papers

2,202  
ext. citations

4.9  
avg, IF

4.75  
L-index

#	Paper	IF	Citations
53	Effects of cognitive behaviour therapy for worry on persecutory delusions in patients with psychosis (WIT): a parallel, single-blind, randomised controlled trial with a mediation analysis. <i>Lancet Psychiatry</i> , <b>2015</b> , 2, 305-13	23.3	158
52	Persecutory delusions and catastrophic worry in psychosis: developing the understanding of delusion distress and persistence. <i>Behaviour Research and Therapy</i> , <b>2007</b> , 45, 523-37	5.2	142
51	Efficacy of cognitive behavioural therapy for sleep improvement in patients with persistent delusions and hallucinations (BEST): a prospective, assessor-blind, randomised controlled pilot trial. <i>Lancet Psychiatry</i> , <b>2015</b> , 2, 975-83	23.3	117
50	Out-patient psychological therapies for adults with anorexia nervosa: randomised controlled trial. <i>British Journal of Psychiatry</i> , <b>2012</b> , 201, 392-9	5.4	116
49	Cognitive behavioural treatment of insomnia in individuals with persistent persecutory delusions: a pilot trial. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , <b>2011</b> , 42, 330-6	2.6	110
48	A randomised controlled trial of a worry intervention for individuals with persistent persecutory delusions. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , <b>2010</b> , 41, 45-51	2.6	102
47	Mood as input and catastrophic worrying.. <i>Journal of Abnormal Psychology</i> , <b>2001</b> , 110, 83-96	7	95
46	An experimental exploration of behavioral and cognitive-emotional aspects of intolerance of uncertainty in eating disorder patients. <i>Journal of Anxiety Disorders</i> , <b>2011</b> , 25, 806-12	10.9	65
45	Worry and rumination in anorexia nervosa. <i>Behavioural and Cognitive Psychotherapy</i> , <b>2013</b> , 41, 301-16	2.1	59
44	The perseveration of checking thoughts and mood-as-input hypothesis. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , <b>2003</b> , 34, 141-60	2.6	57
43	What does uncertainty mean to women with anorexia nervosa? An interpretative phenomenological analysis. <i>European Eating Disorders Review</i> , <b>2011</b> , 19, 12-24	5.3	50
42	Treating Sleep Problems in Patients with Schizophrenia. <i>Behavioural and Cognitive Psychotherapy</i> , <b>2016</b> , 44, 273-87	2.1	50
41	Quality of life in anorexia nervosa, bulimia nervosa and eating disorder not-otherwise-specified. <i>Journal of Eating Disorders</i> , <b>2013</b> , 1, 43	4.1	48
40	Understanding catastrophic worry in eating disorders: process and content characteristics. <i>Journal of Behavior Therapy and Experimental Psychiatry</i> , <b>2012</b> , 43, 1095-103	2.6	45
39	The revised Green , Paranoid Thoughts Scale (R-GPTS): psychometric properties, severity ranges, and clinical cut-offs. <i>Psychological Medicine</i> , <b>2021</b> , 51, 244-253	6.9	45
38	Parenting in mothers with borderline personality disorder and impact on child outcomes. <i>Evidence-Based Mental Health</i> , <b>2015</b> , 18, 67-75	11.1	42
37	The patient experience of sleep problems and their treatment in the context of current delusions and hallucinations. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , <b>2016</b> , 89, 181-93	3.5	41

36	Theory of mind in bulimia nervosa. <i>International Journal of Eating Disorders</i> , <b>2012</b> , 45, 377-84	6.3	39
35	The Use of 'As Many As Can' Versus 'Feel Like Continuing' Stop Rules During Worrying. <i>Cognitive Therapy and Research</i> , <b>2005</b> , 29, 155-169	2.7	38
34	Developing treatments of persistent persecutory delusions: the impact of an emotional processing and metacognitive awareness intervention. <i>Journal of Nervous and Mental Disease</i> , <b>2011</b> , 199, 653-8	1.8	36
33	The interaction of affective with psychotic processes: a test of the effects of worrying on working memory, jumping to conclusions, and anomalies of experience in patients with persecutory delusions. <i>Journal of Psychiatric Research</i> , <b>2013</b> , 47, 1837-42	5.2	35
32	Anorexia Nervosa and a Lost Emotional Self: A Psychological Formulation of the Development, Maintenance, and Treatment of Anorexia Nervosa. <i>Frontiers in Psychology</i> , <b>2019</b> , 10, 219	3.4	32
31	Design of an international multicentre RCT on group schema therapy for borderline personality disorder. <i>BMC Psychiatry</i> , <b>2014</b> , 14, 319	4.2	31
30	Jumping to conclusions and persecutory delusions. <i>European Psychiatry</i> , <b>2008</b> , 23, 457-9	6	31
29	Persecutory delusions and psychological well-being. <i>Social Psychiatry and Psychiatric Epidemiology</i> , <b>2014</b> , 49, 1045-50	4.5	30
28	The role of email guidance in internet-based cognitive-behavioural self-care treatment for bulimia nervosa. <i>European Eating Disorders Review</i> , <b>2011</b> , 19, 342-8	5.3	30
27	Anxiety-related processes in anorexia nervosa and their relation to eating disorder pathology, depression and anxiety The work for this study was carried out at King's College London, Institute of Psychiatry, UK. View all notes. <i>Advances in Eating Disorders (Abingdon, England)</i> , <b>2015</b> , 3, 13-19		20
26	A study of neurocognition in bulimia nervosa and eating disorder not otherwise specified-bulimia type. <i>Journal of Clinical and Experimental Neuropsychology</i> , <b>2012</b> , 34, 67-77	2.1	20
25	Mood, dissociation and false memories using the Deese-Roediger-McDermott procedure. <i>British Journal of Psychology</i> , <b>2005</b> , 96, 283-93	4	20
24	Worry processes in patients with persecutory delusions. <i>British Journal of Clinical Psychology</i> , <b>2016</b> , 55, 387-400	3.6	19
23	The effects of using cognitive behavioural therapy to improve sleep for patients with delusions and hallucinations (the BEST study): study protocol for a randomized controlled trial. <i>Trials</i> , <b>2013</b> , 14, 214	2.8	19
22	The Penn State Worry Questionnaire (PSWQ) 99-119		19
21	Therapeutic writing as an intervention for symptoms of bulimia nervosa: effects and mechanism of change. <i>International Journal of Eating Disorders</i> , <b>2010</b> , 43, 405-19	6.3	16
20	An experimental exploration of social problem solving and its associated processes in anorexia nervosa. <i>Psychiatry Research</i> , <b>2012</b> , 200, 524-9	9.9	15
19	Emotional and social mind training: a randomised controlled trial of a new group-based treatment for bulimia nervosa. <i>PLoS ONE</i> , <b>2012</b> , 7, e46047	3.7	15

18	The Perseverative Thinking Questionnaire in Patients with Persecutory Delusions. <i>Behavioural and Cognitive Psychotherapy</i> , <b>2016</b> , 44, 472-81	2.1	15
17	The effects of reducing worry in patients with persecutory delusions: study protocol for a randomized controlled trial. <i>Trials</i> , <b>2012</b> , 13, 223	2.8	13
16	Treatment of anorexia nervosa: a multimethod investigation translating experimental neuroscience into clinical practice. <i>Programme Grants for Applied Research</i> , <b>2017</b> , 5, 1-208	1.5	11
15	Depersonalization in patients with persecutory delusions. <i>Journal of Nervous and Mental Disease</i> , <b>2014</b> , 202, 752-8	1.8	10
14	Expressive writing and eating disorder features: a preliminary trial in a student sample of the impact of three writing tasks on eating disorder symptoms and associated cognitive, affective and interpersonal factors. <i>European Eating Disorders Review</i> , <b>2010</b> , 18, 180-96	5.3	10
13	A Cognitive Interpersonal Therapy Workbook for Treating Anorexia Nervosa		9
12	How do individuals with persecutory delusions bring worry to a close? An interpretive phenomenological analysis. <i>Behavioural and Cognitive Psychotherapy</i> , <b>2015</b> , 43, 465-77	2.1	7
11	The Dunn Worry Questionnaire and the Paranoia Worries Questionnaire: new assessments of worry. <i>Psychological Medicine</i> , <b>2020</b> , 50, 771-780	6.9	7
10	The Parenting Experience of Those With Borderline Personality Disorder Traits: Practitioner and Parent Perspectives. <i>Frontiers in Psychology</i> , <b>2020</b> , 11, 1913	3.4	5
9	An explanatory randomised controlled trial testing the effects of targeting worry in patients with persistent persecutory delusions: the Worry Intervention Trial (WIT). <i>Efficacy and Mechanism Evaluation</i> , <b>2015</b> , 2, 1-36	1.7	4
8	Building the Healthy Adult in eating disorders <b>2020</b> , 287-300		2
7	Rumination as a Function of Goal Progress, Stop Rules, and Cerebral Lateralization153-175		1
6	Improving Sleep, Improving Delusions213-233		1
5	The Maudsley Anorexia Nervosa Treatment for Adults (MANTRA): a feasibility case series of an integrated group based approach. <i>Journal of Eating Disorders</i> , <b>2021</b> , 9, 70	4.1	0
4	Authors' reply. <i>British Journal of Psychiatry</i> , <b>2013</b> , 202, 384-5	5.4	
3	Emotional Processing and Metacognitive Awareness for Persecutory Delusions33-46		
2	SPEAKS study: study protocol of a multisite feasibility trial of the Specialist Psychotherapy with Emotion for Anorexia in Kent and Sussex (SPEAKS) intervention for outpatients with anorexia nervosa or otherwise specified feeding and eating disorders, anorexia nervosa type.. <i>BMJ Open</i> , <b>2022</b> , 12, e050350	3	
1	Versterking van de Gezonde volwassene bij eetstoornissen <b>2022</b> , 293-308		

