

Janet Elizabeth Cade

List of Publications by Year in descending order

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Version: 2024-02-01

345
papers

17,109
citations

15466

65
h-index

20900

115
g-index

356
all docs

356
docs citations

356
times ranked

20730
citing authors

#	ARTICLE	IF	CITATIONS
1	Development, validation and utilisation of food-frequency questionnaires – a review. <i>Public Health Nutrition</i> , 2002, 5, 567-587.	1.1	1,037
2	Before the beginning: nutrition and lifestyle in the preconception period and its importance for future health. <i>Lancet, The</i> , 2018, 391, 1830-1841.	6.3	691
3	Adherence to a Smartphone Application for Weight Loss Compared to Website and Paper Diary: Pilot Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2013, 15, e32.	2.1	568
4	Group based training for self-management strategies in people with type 2 diabetes mellitus. , 2005, , CD003417.		557
5	Dietary fibre intake and risk of cardiovascular disease: systematic review and meta-analysis. <i>BMJ, The</i> , 2013, 347, f6879-f6879.	3.0	521
6	Circadian Rhythm and Sleep Disruption: Causes, Metabolic Consequences, and Countermeasures. <i>Endocrine Reviews</i> , 2016, 37, 584-608.	8.9	423
7	Body mass index, abdominal fatness and pancreatic cancer risk: a systematic review and non-linear dose-response meta-analysis of prospective studies. <i>Annals of Oncology</i> , 2012, 23, 843-852.	0.6	378
8	Food-frequency questionnaires: a review of their design, validation and utilisation. <i>Nutrition Research Reviews</i> , 2004, 17, 5-22.	2.1	377
9	Systematic review and meta-analysis of school-based interventions to improve daily fruit and vegetable intake in children aged 5 to 12 y. <i>American Journal of Clinical Nutrition</i> , 2012, 96, 889-901.	2.2	354
10	Factors affecting food choice in relation to fruit and vegetable intake: a review. <i>Nutrition Research Reviews</i> , 2002, 15, 373-387.	2.1	301
11	Structured patient education: the Diabetes X-PERT Programme makes a difference. <i>Diabetic Medicine</i> , 2006, 23, 944-954.	1.2	296
12	Strengthening the Reporting of Observational Studies in Epidemiology – Nutritional Epidemiology (STROBE-nut): An Extension of the STROBE Statement. <i>PLoS Medicine</i> , 2016, 13, e1002036.	3.9	274
13	Age at natural menopause and risk of incident cardiovascular disease: a pooled analysis of individual patient data. <i>Lancet Public Health, The</i> , 2019, 4, e553-e564.	4.7	252
14	Dietary Fiber and Colorectal Cancer Risk: A Nested Case-Control Study Using Food Diaries. <i>Journal of the National Cancer Institute</i> , 2010, 102, 614-626.	3.0	205
15	The Most Popular Smartphone Apps for Weight Loss: A Quality Assessment. <i>JMIR MHealth and UHealth</i> , 2015, 3, e104.	1.8	198
16	Why do women use dietary supplements? The use of the theory of planned behaviour to explore beliefs about their use. <i>Social Science and Medicine</i> , 2001, 52, 621-633.	1.8	186
17	Maternal caffeine intake during pregnancy and risk of fetal growth restriction: a large prospective observational study. <i>BMJ: British Medical Journal</i> , 2008, 337, a2332-a2332.	2.4	186
18	Strengthening the Reporting of Observational Studies in Epidemiology – nutritional epidemiology (STROBE-nut): An extension of the STROBE statement. <i>Nutrition Bulletin</i> , 2016, 41, 240-251.	0.8	184

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19	Close relation of fasting insulin-like growth factor binding protein-1 (IGFBP-1) with glucose tolerance and cardiovascular risk in two populations. <i>Diabetologia</i> , 2001, 44, 333-339.	2.9	172
20	Maternal alcohol intake prior to and during pregnancy and risk of adverse birth outcomes: evidence from a British cohort. <i>Journal of Epidemiology and Community Health</i> , 2014, 68, 542-549.	2.0	172
21	Nutrition and the circadian system. <i>British Journal of Nutrition</i> , 2016, 116, 434-442.	1.2	169
22	Costs of a healthy diet: analysis from the UK Women's Cohort Study. <i>Public Health Nutrition</i> , 1999, 2, 505-512.	1.1	152
23	The Geography of Fast Food Outlets: A Review. <i>International Journal of Environmental Research and Public Health</i> , 2010, 7, 2290-2308.	1.2	146
24	Meat consumption and risk of breast cancer in the UK Women's Cohort Study. <i>British Journal of Cancer</i> , 2007, 96, 1139-1146.	2.9	144
25	Urinary Deoxynivalenol Is Correlated with Cereal Intake in Individuals from the United Kingdom. <i>Environmental Health Perspectives</i> , 2008, 116, 21-25.	2.8	143
26	Interventions to reduce consumption of sugar-sweetened beverages or increase water intake: evidence from a systematic review and meta-analysis. <i>Obesity Reviews</i> , 2017, 18, 1350-1363.	3.1	142
27	Evaluation of New Technology-Based Tools for Dietary Intake Assessment—An ILSI Europe Dietary Intake and Exposure Task Force Evaluation. <i>Nutrients</i> , 2019, 11, 55.	1.7	141
28	The sugar-fat relationship revisited: differences in consumption between men and women of varying BMI. <i>International Journal of Obesity</i> , 1998, 22, 1053-1061.	1.6	140
29	Development of a UK Online 24-h Dietary Assessment Tool: myfood24. <i>Nutrients</i> , 2015, 7, 4016-4032.	1.7	130
30	Fast Food and Obesity. <i>American Journal of Preventive Medicine</i> , 2012, 42, e77-e85.	1.6	122
31	Early menarche, nulliparity and the risk for premature and early natural menopause. <i>Human Reproduction</i> , 2017, 32, 679-686.	0.4	122
32	“My Meal Mate”™ (MMM): validation of the diet measures captured on a smartphone application to facilitate weight loss. <i>British Journal of Nutrition</i> , 2013, 109, 539-546.	1.2	121
33	Dietary Fiber Intake and Risk of First Stroke. <i>Stroke</i> , 2013, 44, 1360-1368.	1.0	119
34	Diet and lifestyle characteristics associated with dietary supplement use in women. <i>Public Health Nutrition</i> , 1999, 2, 69-73.	1.1	118
35	The UK Women's Cohort Study: comparison of vegetarians, fish-eaters and meat-eaters. <i>Public Health Nutrition</i> , 2004, 7, 871-878.	1.1	118
36	Measuring diet in the 21st century: use of new technologies. <i>Proceedings of the Nutrition Society</i> , 2017, 76, 276-282.	0.4	113

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37	Dietary fibre and risk of breast cancer in the UK Women's Cohort Study. <i>International Journal of Epidemiology</i> , 2007, 36, 431-438.	0.9	112
38	A comparison of deoxynivalenol intake and urinary deoxynivalenol in UK adults. <i>Biomarkers</i> , 2010, 15, 553-562.	0.9	111
39	Comparison of a Food Frequency Questionnaire with a Diet Record. <i>International Journal of Epidemiology</i> , 1989, 18, 868-873.	0.9	110
40	Validation of the Oxford WebQ Online 24-Hour Dietary Questionnaire Using Biomarkers. <i>American Journal of Epidemiology</i> , 2019, 188, 1858-1867.	1.6	109
41	Effectiveness of a childhood obesity prevention programme delivered through schools, targeting 6 and 7 year olds: cluster randomised controlled trial (WAVES study). <i>BMJ: British Medical Journal</i> , 2018, 360, k211.	2.4	106
42	Diet and genetic factors associated with iron status in middle-aged women. <i>American Journal of Clinical Nutrition</i> , 2005, 82, 813-820.	2.2	104
43	Caffeine intake during pregnancy and adverse birth outcomes: a systematic review and dose-response meta-analysis. <i>European Journal of Epidemiology</i> , 2014, 29, 725-734.	2.5	103
44	Relationship between diet and smoking--is the diet of smokers different?. <i>Journal of Epidemiology and Community Health</i> , 1991, 45, 270-272.	2.0	93
45	Assessment of deoxynivalenol metabolite profiles in UK adults. <i>Food and Chemical Toxicology</i> , 2011, 49, 132-135.	1.8	86
46	Dietary fructose, carbohydrates, glycemic indices and pancreatic cancer risk: a systematic review and meta-analysis of cohort studies. <i>Annals of Oncology</i> , 2012, 23, 2536-2546.	0.6	86
47	Can a dietary quality score derived from a short-form FFQ assess dietary quality in UK adult population surveys?. <i>Public Health Nutrition</i> , 2016, 19, 2915-2923.	1.1	84
48	Dietary assessment toolkits: an overview. <i>Public Health Nutrition</i> , 2019, 22, 404-418.	1.1	84
49	Body mass index and age at natural menopause: an international pooled analysis of 11 prospective studies. <i>European Journal of Epidemiology</i> , 2018, 33, 699-710.	2.5	82
50	Validity of an online 24-h recall tool (myfood24) for dietary assessment in population studies: comparison with biomarkers and standard interviews. <i>BMC Medicine</i> , 2018, 16, 136.	2.3	82
51	The use of supermarket till receipts to determine the fat and energy intake in a UK population. <i>Public Health Nutrition</i> , 2001, 4, 1279-1286.	1.1	81
52	Does the school fruit and vegetable scheme improve children's diet? A non-randomised controlled trial. <i>Journal of Epidemiology and Community Health</i> , 2007, 61, 699-703.	2.0	81
53	Does the Mediterranean dietary pattern or the Healthy Diet Index influence the risk of breast cancer in a large British cohort of women?. <i>European Journal of Clinical Nutrition</i> , 2011, 65, 920-928.	1.3	81
54	Relationships between intensity, duration, cumulative dose, and timing of smoking with age at menopause: A pooled analysis of individual data from 17 observational studies. <i>PLoS Medicine</i> , 2018, 15, e1002704.	3.9	81

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55	Family meals can help children reach their 5 A Day: a cross-sectional survey of children's dietary intake from London primary schools. <i>Journal of Epidemiology and Community Health</i> , 2013, 67, 332-338.	2.0	80
56	Use of supermarket receipts to estimate energy and fat content of food purchased by lean and overweight families. <i>Appetite</i> , 2003, 41, 141-148.	1.8	76
57	Environmental Influences: Factors Influencing a Woman's Decision to Use Dietary Supplements. <i>Journal of Nutrition</i> , 2003, 133, 1978S-1982S.	1.3	75
58	Seven unique food consumption patterns identified among women in the UK Women's Cohort Study. <i>European Journal of Clinical Nutrition</i> , 2000, 54, 314-320.	1.3	74
59	Public perception of a range of potential food risks in the United Kingdom. <i>Appetite</i> , 2002, 38, 189-197.	1.8	74
60	Maternal iron status in early pregnancy and birth outcomes: insights from the Baby's Vascular health and Iron in Pregnancy study. <i>British Journal of Nutrition</i> , 2015, 113, 1985-1992.	1.2	74
61	DIET@NET: Best Practice Guidelines for dietary assessment in health research. <i>BMC Medicine</i> , 2017, 15, 202.	2.3	72
62	Dietary wheat reduction decreases the level of urinary deoxynivalenol in UK adults. <i>Journal of Exposure Science and Environmental Epidemiology</i> , 2008, 18, 392-399.	1.8	71
63	Lifestyle factors affecting fruit and vegetable consumption in the UK Women's Cohort Study. <i>Appetite</i> , 2001, 37, 71-79.	1.8	70
64	A cross-sectional survey of children's packed lunches in the UK: food- and nutrient-based results. <i>Journal of Epidemiology and Community Health</i> , 2010, 64, 977-983.	2.0	70
65	Evaluation of the impact of a school gardening intervention on children's fruit and vegetable intake: a randomised controlled trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2014, 11, 99.	2.0	70
66	Adult Nutrient Intakes from Current National Dietary Surveys of European Populations. <i>Nutrients</i> , 2017, 9, 1288.	1.7	70
67	Nutrient intake trends among African-Caribbeans in Britain: a migrant population and its second generation. <i>Public Health Nutrition</i> , 1999, 2, 469-476.	1.1	68
68	Type of menopause, age of menopause and variations in the risk of incident cardiovascular disease: pooled analysis of individual data from 10 international studies. <i>Human Reproduction</i> , 2020, 35, 1933-1943.	0.4	68
69	Epidemiology of the Insulin-like Growth Factor System in Three Ethnic Groups. <i>American Journal of Epidemiology</i> , 2001, 154, 504-513.	1.6	67
70	Dietary habits and gastric cancer risk in north-west Iran. <i>Cancer Causes and Control</i> , 2011, 22, 725-736.	0.8	66
71	Meat consumption and risk of incident dementia: cohort study of 493,888 UK Biobank participants. <i>American Journal of Clinical Nutrition</i> , 2021, 114, 175-184.	2.2	66
72	Assessment of diet in young children with an emphasis on fruit and vegetable intake: using CADET Child and Diet Evaluation Tool. <i>Public Health Nutrition</i> , 2006, 9, 501-508.	1.1	65

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73	What is the cost of a healthy diet? Using diet data from the UK Women's Cohort Study. <i>Journal of Epidemiology and Community Health</i> , 2014, 68, 1043-1049.	2.0	64
74	Diet, menopause and the risk of ovarian, endometrial and breast cancer. <i>Proceedings of the Nutrition Society</i> , 2019, 78, 438-448.	0.4	64
75	High and low fat consumers, their macronutrient intake and body mass index: further analysis of the National Diet and Nutrition Survey of British Adults. <i>European Journal of Clinical Nutrition</i> , 1996, 50, 505-12.	1.3	64
76	Using cross-check questions to address the problem of mis-reporting of specific food groups on Food Frequency Questionnaires. <i>European Journal of Clinical Nutrition</i> , 1997, 51, 708-712.	1.3	63
77	Dietary iron intake during early pregnancy and birth outcomes in a cohort of British women. <i>Human Reproduction</i> , 2011, 26, 911-919.	0.4	63
78	The habitual diet in rural and urban Cameroon. <i>European Journal of Clinical Nutrition</i> , 2000, 54, 150-154.	1.3	61
79	A comparison of British school meals and packed lunches from 1990 to 2007: meta-analysis by lunch type. <i>British Journal of Nutrition</i> , 2010, 104, 474-487.	1.2	61
80	Micro-level analysis of childhood obesity, diet, physical activity, residential socioeconomic and social capital variables: where are the obesogenic environments in Leeds?. <i>Area</i> , 2008, 40, 323-340.	1.0	58
81	The neighbourhood matters: studying exposures relevant to childhood obesity and the policy implications in Leeds, UK. <i>Journal of Epidemiology and Community Health</i> , 2010, 64, 194-201.	2.0	57
82	Caffeine intake during pregnancy, late miscarriage and stillbirth. <i>European Journal of Epidemiology</i> , 2010, 25, 275-280.	2.5	55
83	Is there an association between food portion size and BMI among British adolescents?. <i>British Journal of Nutrition</i> , 2014, 112, 841-851.	1.2	54
84	Fruit intake and cardiovascular disease mortality in the UK Women's Cohort Study. <i>European Journal of Epidemiology</i> , 2015, 30, 1035-1048.	2.5	53
85	Preconception health in England: a proposal for annual reporting with core metrics. <i>Lancet</i> , The, 2019, 393, 2262-2271.	6.3	53
86	Deoxynivalenol: Rationale for development and application of a urinary biomarker. <i>Food Additives and Contaminants - Part A Chemistry, Analysis, Control, Exposure and Risk Assessment</i> , 2008, 25, 864-871.	1.1	52
87	National nutrition surveys in Europe: a review on the current status in the 53 countries of the WHO European region. <i>Food and Nutrition Research</i> , 2018, 62, .	1.2	52
88	The relationship between dietary supplement use in late pregnancy and birth outcomes: a cohort study in British women. <i>BJOG: an International Journal of Obstetrics and Gynaecology</i> , 2010, 117, 821-829.	1.1	51
89	Vitamins, minerals, essential fatty acids and colorectal cancer risk in the United Kingdom Dietary Cohort Consortium. <i>International Journal of Cancer</i> , 2012, 131, E320-5.	2.3	51
90	Development of a New Branded UK Food Composition Database for an Online Dietary Assessment Tool. <i>Nutrients</i> , 2016, 8, 480.	1.7	51

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91	Inequalities in education and national income are associated with poorer diet: Pooled analysis of individual participant data across 12 European countries. PLoS ONE, 2020, 15, e0232447.	1.1	51
92	Reproducibility and validity of a quantitative food-frequency questionnaire among Jamaicans of African origin. Public Health Nutrition, 2001, 4, 971-980.	1.1	49
93	Meat, poultry and fish and risk of colorectal cancer: pooled analysis of data from the UK dietary cohort consortium. Cancer Causes and Control, 2010, 21, 1417-1425.	0.8	49
94	Nutrient Sources in the English Diet: Quantitative Data from Three English Towns. International Journal of Epidemiology, 1988, 17, 844-848.	0.9	48
95	Child and adolescent nutrient intakes from current national dietary surveys of European populations. Nutrition Research Reviews, 2019, 32, 38-69.	2.1	48
96	Agreement between an online dietary assessment tool (myfood24) and an interviewer-administered 24-h dietary recall in British adolescents aged 11-18 years. British Journal of Nutrition, 2016, 115, 1678-1686.	1.2	47
97	Nutrient intakes of an adult Pakistani, European and African-Caribbean community in inner city Britain. Journal of Human Nutrition and Dietetics, 2003, 16, 327-337.	1.3	46
98	Rising obesity and expanding waistlines in schoolchildren: a cohort study. Archives of Disease in Childhood, 2004, 89, 235-237.	1.0	46
99	SMART lunch box intervention to improve the food and nutrient content of children's packed lunches: UK wide cluster randomised controlled trial. Journal of Epidemiology and Community Health, 2010, 64, 970-976.	2.0	46
100	Traditional methods vs. new technologies – dilemmas for dietary assessment in large-scale nutrition surveys and studies: a report following an international panel discussion at the 9th International Conference on Diet and Activity Methods (ICDAM9), Brisbane, 3 September 2015. Journal of Nutritional Science, 2018, 7, e11.	0.7	46
101	Effect of Educational Interventions on Understanding and Use of Nutrition Labels: A Systematic Review. Nutrients, 2018, 10, 1432.	1.7	45
102	The Mediterranean diet and risk of colorectal cancer in the UK Women's Cohort Study. International Journal of Epidemiology, 2017, 46, 1786-1796.	0.9	44
103	Perspective: An Extension of the STROBE Statement for Observational Studies in Nutritional Epidemiology (STROBE-nut): Explanation and Elaboration. Advances in Nutrition, 2017, 8, 652-678.	2.9	44
104	The relationship between sleep duration and fruit/vegetable intakes in UK adults: a cross-sectional study from the National Diet and Nutrition Survey. BMJ Open, 2018, 8, e020810.	0.8	44
105	Plasma and Esophageal Mucosal Levels of Vitamin C: Role in the Pathogenesis and Neoplastic Progression of Barrett's Esophagus. Digestive Diseases and Sciences, 2004, 49, 914-919.	1.1	43
106	InterLACE: A new International Collaboration for a Life Course Approach to Women's Reproductive Health and Chronic Disease Events. Maturitas, 2013, 74, 235-240.	1.0	43
107	Weight Loss Associated With Different Patterns of Self-Monitoring Using the Mobile Phone App My Meal Mate. JMIR MHealth and UHealth, 2017, 5, e8.	1.8	42
108	Underreporting of energy intake in four populations of African origin. International Journal of Obesity, 2000, 24, 882-887.	1.6	41

#	ARTICLE	IF	CITATIONS
109	Diet and inequalities in health in three English towns. <i>BMJ: British Medical Journal</i> , 1988, 296, 1359-1362.	2.4	40
110	The influence of dietary intake on the insulin-like growth factor (IGF) system across three ethnic groups: a population-based study. <i>Public Health Nutrition</i> , 2003, 6, 175-180.	1.1	40
111	Assessing caffeine exposure in pregnant women. <i>British Journal of Nutrition</i> , 2008, 100, 875-882.	1.2	39
112	An evaluation of diabetes targeted apps for Android smartphone in relation to behaviour change techniques. <i>Journal of Human Nutrition and Dietetics</i> , 2017, 30, 326-338.	1.3	39
113	Can peer educators influence healthy eating in people with diabetes? Results of a randomized controlled trial. <i>Diabetic Medicine</i> , 2009, 26, 1048-1054.	1.2	38
114	Dietary acrylamide intake and risk of breast cancer in the UK women's cohort. <i>British Journal of Cancer</i> , 2010, 103, 1749-1754.	2.9	38
115	Fast food, other food choices and body mass index in teenagers in the United Kingdom (ALSPAC): a structural equation modelling approach. <i>International Journal of Obesity</i> , 2011, 35, 1325-1330.	1.6	38
116	Process evaluation of a cluster randomised controlled trial of a school-based fruit and vegetable intervention: Project Tomato. <i>Public Health Nutrition</i> , 2012, 15, 459-465.	1.1	37
117	Case-control study of breast cancer in south east England: nutritional factors. <i>Journal of Epidemiology and Community Health</i> , 1998, 52, 105-110.	2.0	36
118	Motivations for fruit and vegetable consumption in the UK Women's Cohort Study. <i>Public Health Nutrition</i> , 2002, 5, 479-486.	1.1	36
119	What can people eat to meet the dietary goals: and how much does it cost?. <i>Journal of Human Nutrition and Dietetics</i> , 1990, 3, 199-207.	1.3	34
120	Fruit and vegetable intakes in a sample of pre-school children participating in the "Five for All"™ project in Bradford. <i>Public Health Nutrition</i> , 2005, 8, 861-869.	1.1	34
121	The InterLACE study: Design, data harmonization and characteristics across 20 studies on women's health. <i>Maturitas</i> , 2016, 92, 176-185.	1.0	34
122	Cohort Profile: The UK Women's Cohort Study (UKWCS). <i>International Journal of Epidemiology</i> , 2017, 46, e11-e11.	0.9	34
123	Association Between Reproductive Life Span and Incident Nonfatal Cardiovascular Disease. <i>JAMA Cardiology</i> , 2020, 5, 1410.	3.0	34
124	Habitual diet in four populations of African origin: a descriptive paper on nutrient intakes in rural and urban Cameroon, Jamaica and Caribbean migrants in Britain. <i>Public Health Nutrition</i> , 2001, 4, 765-772.	1.1	33
125	Assessing the diet of the British African-Caribbean population: frequency of consumption of foods and food portion sizes. <i>International Journal of Food Sciences and Nutrition</i> , 2002, 53, 439-444.	1.3	33
126	Evaluation of the effectiveness of the Ministry of Food cooking programme on self-reported food consumption and confidence with cooking. <i>Public Health Nutrition</i> , 2016, 19, 3417-3427.	1.1	33

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127	Impact of school lunch type on nutritional quality of English children's diets. <i>Public Health Nutrition</i> , 2016, 19, 36-45.	1.1	33
128	Portion size estimation in dietary assessment: a systematic review of existing tools, their strengths and limitations. <i>Nutrition Reviews</i> , 2020, 78, 885-900.	2.6	33
129	Evaluation of the impact of school gardening interventions on children's knowledge of and attitudes towards fruit and vegetables. A cluster randomised controlled trial. <i>Appetite</i> , 2015, 91, 405-414.	1.8	32
130	Sitting Time, Fidgeting, and All-Cause Mortality in the UK Women's Cohort Study. <i>American Journal of Preventive Medicine</i> , 2016, 50, 154-160.	1.6	32
131	Common Dietary Patterns and Risk of Breast Cancer: Analysis From the United Kingdom Women's Cohort Study. <i>Nutrition and Cancer</i> , 2010, 62, 300-306.	0.9	31
132	Dietary fat and breast cancer: comparison of results from food diaries and food-frequency questionnaires in the UK Dietary Cohort Consortium. <i>American Journal of Clinical Nutrition</i> , 2011, 94, 1043-1052.	2.2	31
133	A cluster-randomised controlled trial to assess the effectiveness and cost-effectiveness of a childhood obesity prevention programme delivered through schools, targeting 6-7 year old children: the WAVES study protocol. <i>BMC Public Health</i> , 2015, 15, 488.	1.2	31
134	Female reproductive history and risk of type 2 diabetes: A prospective analysis of 126 721 women. <i>Diabetes, Obesity and Metabolism</i> , 2018, 20, 2103-2112.	2.2	31
135	Empirically Derived Dietary Patterns in UK Adults Are Associated with Sociodemographic Characteristics, Lifestyle, and Diet Quality. <i>Nutrients</i> , 2018, 10, 177.	1.7	31
136	A comparison of 24h urinary deoxynivalenol with recent average cereal consumption for UK adults. <i>British Journal of Nutrition</i> , 2009, 102, 1276-1279.	1.2	30
137	Height and pancreatic cancer risk: a systematic review and meta-analysis of cohort studies. <i>Cancer Causes and Control</i> , 2012, 23, 1213-1222.	0.8	30
138	Development of "My Meal Mate" smartphone intervention for weight loss. <i>Nutrition Bulletin</i> , 2013, 38, 80-84.	0.8	30
139	Dietary fibre and cardiovascular disease mortality in the UK Women's Cohort Study. <i>European Journal of Epidemiology</i> , 2013, 28, 335-346.	2.5	30
140	Dietary intake and age at natural menopause: results from the UK Women's Cohort Study. <i>Journal of Epidemiology and Community Health</i> , 2018, 72, 733-740.	2.0	30
141	High sugar content of European commercial baby foods and proposed updates to existing recommendations. <i>Maternal and Child Nutrition</i> , 2021, 17, e13020.	1.4	30
142	Cancer survivorship, excess body fatness and weight-loss intervention "where are we in 2020?". <i>British Journal of Cancer</i> , 2021, 124, 1057-1065.	2.9	29
143	Diet and overweight and obesity in populations of African origin: Cameroon, Jamaica and the UK. <i>Public Health Nutrition</i> , 2007, 10, 122-130.	1.1	28
144	Diet and risk of breast, endometrial and ovarian cancer: UK Women's Cohort Study. <i>British Journal of Nutrition</i> , 2019, 122, 564-574.	1.2	28

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145	Smartphone Apps for Measuring Human Health and Climate Change Co-Benefits: A Comparison and Quality Rating of Available Apps. JMIR MHealth and UHealth, 2016, 4, e135.	1.8	28
146	Bridging the Reciprocal Gap between Sleep and Fruit and Vegetable Consumption: A Review of the Evidence, Potential Mechanisms, Implications, and Directions for Future Work. Nutrients, 2019, 11, 1382.	1.7	27
147	Comparison of plasma biomarkers with dietary assessment methods for fruit and vegetable intake. European Journal of Clinical Nutrition, 2003, 57, 988-998.	1.3	26
148	Nutritional composition of commonly consumed composite dishes for Afro-Caribbeans (mainly) Tj ETQq0 0 0 rgBT /Overlock 10 Tf 50 62 140-150.	1.3	25
149	A cluster-randomised controlled trial of a school-based fruit and vegetable intervention: Project Tomato. Public Health Nutrition, 2013, 16, 1073-1081.	1.1	25
150	Measuring diet in primary school children aged 8-11 years: validation of the Child and Diet Evaluation Tool (CADET) with an emphasis on fruit and vegetable intake. European Journal of Clinical Nutrition, 2015, 69, 234-241.	1.3	25
151	Nutritional composition of commonly consumed composite dishes from the Central Province of Cameroon. International Journal of Food Sciences and Nutrition, 2007, 58, 475-485.	1.3	24
152	Does nutrition education in primary schools make a difference to children's fruit and vegetable consumption?. Public Health Nutrition, 2010, 13, 1898-1904.	1.1	24
153	Maternal Iodine Status and Associations with Birth Outcomes in Three Major Cities in the United Kingdom. Nutrients, 2019, 11, 441.	1.7	24
154	Meat Consumption, Cognitive Function and Disorders: A Systematic Review with Narrative Synthesis and Meta-Analysis. Nutrients, 2020, 12, 1528.	1.7	24
155	Intake of dietary fats and colorectal cancer risk: Prospective findings from the UK Dietary Cohort Consortium. Cancer Epidemiology, 2010, 34, 562-567.	0.8	23
156	Alcohol intake and risk of colorectal cancer: Results from the UK Dietary Cohort Consortium. British Journal of Cancer, 2010, 103, 747-756.	2.9	23
157	Dietary patterns derived with multiple methods from food diaries and breast cancer risk in the UK Dietary Cohort Consortium. European Journal of Clinical Nutrition, 2014, 68, 1353-1358.	1.3	23
158	Longer sleep is associated with lower BMI and favorable metabolic profiles in UK adults: Findings from the National Diet and Nutrition Survey. PLoS ONE, 2017, 12, e0182195.	1.1	23
159	A cross-sectional survey of cardiovascular health and lifestyle habits of hospital staff in the UK: Do we look after ourselves?. European Journal of Preventive Cardiology, 2018, 25, 543-550.	0.8	23
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