

Gregory Bogdanis

List of Publications by Year in descending order

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Version: 2024-02-01

140
papers

3,347
citations

201674

27
h-index

168389

53
g-index

143
all docs

143
docs citations

143
times ranked

3491
citing authors

#	ARTICLE	IF	CITATIONS
1	Contribution of phosphocreatine and aerobic metabolism to energy supply during repeated sprint exercise. <i>Journal of Applied Physiology</i> , 1996, 80, 876-884.	2.5	498
2	Recovery of power output and muscle metabolites following 30 s of maximal sprint cycling in man.. <i>Journal of Physiology</i> , 1995, 482, 467-480.	2.9	294
3	Effects of Physical Activity and Inactivity on Muscle Fatigue. <i>Frontiers in Physiology</i> , 2012, 3, 142.	2.8	216
4	Power output and muscle metabolism during and following recovery from 10 and 20â€¦s of maximal sprint exercise in humans. <i>Acta Physiologica Scandinavica</i> , 1998, 163, 261-272.	2.2	190
5	Short-term high-intensity interval exercise training attenuates oxidative stress responses and improves antioxidant status in healthy humans. <i>Food and Chemical Toxicology</i> , 2013, 61, 171-177.	3.6	127
6	Effects of active recovery on power output during repeated maximal sprint cycling. <i>European Journal of Applied Physiology and Occupational Physiology</i> , 1996, 74, 461-469.	1.2	115
7	Changes in the angle-force curve of human elbow flexors following eccentric and isometric exercise. <i>European Journal of Applied Physiology</i> , 2004, 93, 237-244.	2.5	75
8	Comparison of Inflammatory Responses and Muscle Damage Indices Following a Soccer, Basketball, Volleyball and Handball Game at an Elite Competitive Level. <i>Research in Sports Medicine</i> , 2015, 23, 59-72.	1.3	75
9	Expression of IGF-1 isoforms after exercise-induced muscle damage in humans: characterization of the MGF E peptide actions in vitro. <i>In Vivo</i> , 2009, 23, 567-75.	1.3	71
10	Effects of Muscle Action Type With Equal Impulse of Conditioning Activity on Postactivation Potentiation. <i>Journal of Strength and Conditioning Research</i> , 2014, 28, 2521-2528.	2.1	49
11	High-intensity Interval Training Frequency: Cardiometabolic Effects and Quality of Life. <i>International Journal of Sports Medicine</i> , 2018, 39, 210-217.	1.7	49
12	Monitoring Exercise-Induced Muscle Fatigue and Adaptations: Making Sense of Popular or Emerging Indices and Biomarkers. <i>Sports</i> , 2018, 6, 153.	1.7	46
13	Effects of previous dynamic arm exercise on power output during repeated maximal sprint cycling. <i>Journal of Sports Sciences</i> , 1994, 12, 363-370.	2.0	43
14	Deconstructing athletesâ€™ sleep: A systematic review of the influence of age, sex, athletic expertise, sport type, and season on sleep characteristics. <i>Journal of Sport and Health Science</i> , 2021, 10, 387-402.	6.5	43
15	Systemic cytokine response following exercise-induced muscle damage in humans. <i>Clinical Chemistry and Laboratory Medicine</i> , 2009, 47, 777-82.	2.3	42
16	Absorption of creatine supplied as a drink, in meat or in solid form. <i>Journal of Sports Sciences</i> , 2002, 20, 147-151.	2.0	41
17	Effects of highâ€¦intensity interval cycling performed after resistance training on muscle strength and hypertrophy. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2017, 27, 1317-1327.	2.9	41
18	Rate of Force Development and Muscle Architecture after Fast and Slow Velocity Eccentric Training. <i>Sports</i> , 2019, 7, 41.	1.7	39

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19	Comparison Between Unilateral and Bilateral Plyometric Training on Single- and Double-Leg Jumping Performance and Strength. <i>Journal of Strength and Conditioning Research</i> , 2019, 33, 633-640.	2.1	38
20	Time Course of Oxidative Stress, Inflammation, and Muscle Damage Markers for 5 Days After a Soccer Match: Effects of Sex and Playing Position. <i>Journal of Strength and Conditioning Research</i> , 2018, 32, 2045-2054.	2.1	37
21	Delayed Effects of a Low-Volume, Power-Type Resistance Exercise Session on Explosive Performance. <i>Journal of Strength and Conditioning Research</i> , 2018, 32, 643-650.	2.1	35
22	A model for phosphocreatine resynthesis. <i>Journal of Applied Physiology</i> , 1997, 82, 329-335.	2.5	34
23	Skeletal muscle glycogen concentration and metabolic responses following a high glycaemic carbohydrate breakfast. <i>Journal of Sports Sciences</i> , 2004, 22, 1065-1071.	2.0	34
24	Muscle Architectural and Functional Adaptations Following 12-Weeks of Stretching in Adolescent Female Athletes. <i>Frontiers in Physiology</i> , 2021, 12, 701338.	2.8	33
25	Effect of different intensities of active recovery on sprint swimming performance. <i>Applied Physiology, Nutrition and Metabolism</i> , 2006, 31, 709-716.	1.9	32
26	Short-Term Blood Flow Restriction Increases Power Output and Bar Velocity During the Bench Press. <i>Journal of Strength and Conditioning Research</i> , 2022, 36, 2082-2088.	2.1	31
27	Influence of type of muscle contraction and gender on postactivation potentiation of upper and lower limb explosive performance in elite fencers. <i>Journal of Sports Science and Medicine</i> , 2011, 10, 577-83.	1.6	30
28	Effects of two different short-term training programs on the physical and technical abilities of adolescent basketball players. <i>Journal of Science and Medicine in Sport</i> , 2007, 10, 79-88.	1.3	29
29	Comparison of Inflammatory Responses to a Soccer Match Between Elite Male and Female Players. <i>Journal of Strength and Conditioning Research</i> , 2015, 29, 1227-1233.	2.1	29
30	Early phase interference between low-intensity running and power training in moderately trained females. <i>European Journal of Applied Physiology</i> , 2016, 116, 1063-1073.	2.5	29
31	Effect of Plyometric Training on Jumping, Sprinting and Change of Direction Speed in Child Female Athletes. <i>Sports</i> , 2019, 7, 116.	1.7	28
32	Postactivation Potentiation of Bench Press Throw Performance Using Velocity-Based Conditioning Protocols with Low and Moderate Loads. <i>Journal of Human Kinetics</i> , 2019, 68, 81-98.	1.5	28
33	Angle-specific impairment of elbow flexors strength after isometric exercise at long muscle length. <i>Journal of Sports Sciences</i> , 2003, 21, 859-865.	2.0	27
34	Postprandial Lipemia 16 and 40 Hours after Low-Volume Eccentric Resistance Exercise. <i>Medicine and Science in Sports and Exercise</i> , 2009, 41, 375-382.	0.4	27
35	Acute Improvement of Vertical Jump Performance After Isometric Squats Depends on Knee Angle and Vertical Jumping Ability. <i>Journal of Strength and Conditioning Research</i> , 2016, 30, 2250-2257.	2.1	25
36	Muscle Fiber and Performance Changes after Fast Eccentric Complex Training. <i>Medicine and Science in Sports and Exercise</i> , 2018, 50, 729-738.	0.4	24

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37	Anthropometric and Motor Performance Variables are Decisive Factors for the Selection of Junior National Female Volleyball Players. <i>Journal of Human Kinetics</i> , 2019, 67, 163-173.	1.5	24
38	Improvement of Long-Jump Performance During Competition Using a Plyometric Exercise. <i>International Journal of Sports Physiology and Performance</i> , 2017, 12, 235-240.	2.3	22
39	Multiarticular Isokinetic High-Load Eccentric Training Induces Large Increases in Eccentric and Concentric Strength and Jumping Performance. <i>Journal of Strength and Conditioning Research</i> , 2014, 28, 2680-2688.	2.1	21
40	Effect of Concurrent Power Training and High-Intensity Interval Cycling on Muscle Morphology and Performance. <i>Journal of Strength and Conditioning Research</i> , 2021, 35, 2464-2471.	2.1	21
41	Effects of Two Different Half-Squat Training Programs on Fatigue During Repeated Cycling Sprints in Soccer Players. <i>Journal of Strength and Conditioning Research</i> , 2011, 25, 1849-1856.	2.1	20
42	Flexibility training in preadolescent female athletes: Acute and long-term effects of intermittent and continuous static stretching. <i>Journal of Sports Sciences</i> , 2018, 36, 1453-1460.	2.0	20
43	Potential of Bench Press Throw Performance Using a Heavy Load and Velocity-Based Repetition Control. <i>Journal of Strength and Conditioning Research</i> , 2021, 35, S72-S79.	2.1	20
44	Upper and Lower Body Power Are Strong Predictors for Selection of Male Junior National Volleyball Team Players. <i>Journal of Strength and Conditioning Research</i> , 2019, 33, 2760-2767.	2.1	19
45	Human Muscle Fatigue. , 0, , .		19
46	Effects of baseline levels of flexibility and vertical jump ability on performance following different volumes of static stretching and potentiating exercises in elite gymnasts. <i>Journal of Sports Science and Medicine</i> , 2014, 13, 105-113.	1.6	19
47	The Effects of a Five-Month Lockdown Due to COVID-19 on Physical Fitness Parameters in Adolescent Students: A Comparison between Cohorts. <i>International Journal of Environmental Research and Public Health</i> , 2022, 19, 326.	2.6	19
48	Peak fat oxidation rate during walking in sedentary overweight men and women. <i>Journal of Sports Science and Medicine</i> , 2008, 7, 525-31.	1.6	18
49	Muscle metabolism and performance improvement after two training programmes of sprint running differing in rest interval duration. <i>Journal of Sports Sciences</i> , 2011, 29, 1167-1174.	2.0	17
50	Knee Extension Strength and Hamstrings-to-Quadriceps Imbalances in Elite Soccer Players. <i>International Journal of Sports Medicine</i> , 2016, 37, 119-124.	1.7	17
51	Postactivation Performance Enhancement of Concentric Bench Press Throw After Eccentric-Only Conditioning Exercise. <i>Journal of Strength and Conditioning Research</i> , 2020, Publish Ahead of Print, .	2.1	17
52	The relative contribution of physical fitness to the technical execution score in youth rhythmic gymnastics. <i>Journal of Human Kinetics</i> , 2016, 51, 143-152.	1.5	16
53	Changes in Muscle Power and Muscle Morphology with Different Volumes of Fast Eccentric Half-Squats. <i>Sports</i> , 2019, 7, 164.	1.7	16
54	Influence of resistive load on power output and fatigue during intermittent sprint cycling exercise in children. <i>European Journal of Applied Physiology</i> , 2007, 101, 313-320.	2.5	15

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55	Intermittent but Not Continuous Static Stretching Improves Subsequent Vertical Jump Performance in Flexibility-Trained Athletes. <i>Journal of Strength and Conditioning Research</i> , 2019, 33, 203-210.	2.1	15
56	Influence of a Twelve-Month Conditioning Program on Physical Growth, Serum Hormones, and Neuromuscular Performance of Peripubertal Male Fencers. <i>Journal of Strength and Conditioning Research</i> , 2006, 20, 908.	2.1	15
57	Acute Effects of Continuous and Intermittent Blood Flow Restriction on Movement Velocity During Bench Press Exercise Against Different Loads. <i>Frontiers in Physiology</i> , 2020, 11, 569915.	2.8	14
58	Effects of low volume isometric leg press complex training at two knee angles on force-angle relationship and rate of force development. <i>European Journal of Sport Science</i> , 2019, 19, 345-353.	2.7	13
59	Effects of high-intensity interval training frequency on perceptual responses and future physical activity participation. <i>Applied Physiology, Nutrition and Metabolism</i> , 2019, 44, 952-957.	1.9	13
60	The Effect of Short-Term Sport-Specific Strength and Conditioning Training on Physical Fitness of Well-Trained Mixed Martial Arts Athletes. <i>Journal of Sports Science and Medicine</i> , 2018, 17, 348-358.	1.6	13
61	Changes in the Lipid Profile of Elite Basketball and Soccer Players After a Match. <i>Research in Sports Medicine</i> , 2014, 22, 100-110.	1.3	11
62	Utility and applicability of the "Childhood Obesity Risk Evaluation" (CORE)-index in predicting obesity in childhood and adolescence in Greece from early life: the "National Action Plan for Public Health" European Journal of Pediatrics, 2016, 175, 1989-1996.	2.7	11
63	Unilateral Plyometric Training is Superior to Volume-Matched Bilateral Training for Improving Strength, Speed and Power of Lower Limbs in Preadolescent Soccer Athletes. <i>Journal of Human Kinetics</i> , 2020, 74, 161-176.	1.5	11
64	Alterations of Vertical Jump Mechanics after a Half-Marathon Mountain Running Race. <i>Journal of Sports Science and Medicine</i> , 2016, 15, 277-86.	1.6	11
65	Changes in the mechanical properties of human quadriceps muscle after eccentric exercise. <i>In Vivo</i> , 2009, 23, 859-65.	1.3	11
66	Changes in Homocysteine and 8-iso-PGF _{2α} Levels in Football and Hockey Players After a Match. <i>Research in Sports Medicine</i> , 2011, 19, 118-128.	1.3	10
67	High-Intensity Functional Training Improves Cardiorespiratory Fitness and Neuromuscular Performance Without Inflammation or Muscle Damage. <i>Journal of Strength and Conditioning Research</i> , 2022, 36, 615-623.	2.1	10
68	Physiological Responses of Continuous and Intermittent Swimming at Critical Speed and Maximum Lactate Steady State in Children and Adolescent Swimmers. <i>Sports</i> , 2019, 7, 25.	1.7	9
69	Gastrocnemius Medialis Architectural Properties at Rest and During Stretching in Female Athletes with Different Flexibility Training Background. <i>Sports</i> , 2019, 7, 39.	1.7	9
70	Acute and long-term effects of two different static stretching training protocols on range of motion and vertical jump in preadolescent athletes. <i>Biology of Sport</i> , 2021, 38, 579-586.	3.2	9
71	Changes in Body Composition and Strength after 12 Weeks of High-Intensity Functional Training with Two Different Loads in Physically Active Men and Women: A Randomized Controlled Study. <i>Sports</i> , 2022, 10, 7.	1.7	9
72	Neuromuscular dysfunction with the experimental arm acting as its own reference following eccentric and isometric exercise. <i>Somatosensory & Motor Research</i> , 2010, 27, 45-54.	0.9	8

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73	Processing of acoustical data in a multimodal bank operating room surveillance system. <i>Multimedia Tools and Applications</i> , 2016, 75, 10787-10805.	3.9	8
74	Effects of Body Mass Index (BMI), demographic and socioeconomic factors on organized physical activity (OPA) participation in children aged 6-15 years: a cross-sectional study comparing primary and secondary school children in Greece. <i>BMC Pediatrics</i> , 2020, 20, 491.	1.7	8
75	Impact of Ischemic Intra-Conditioning on Power Output and Bar Velocity of the Upper Limbs. <i>Frontiers in Physiology</i> , 2021, 12, 626915.	2.8	8
76	Changes in EMG and movement velocity during a set to failure against different loads in the bench press exercise. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2021, 31, 2071-2082.	2.9	8
77	Acute effects of two different warm-up protocols on flexibility and lower limb explosive performance in male and female high level athletes. <i>Journal of Sports Science and Medicine</i> , 2012, 11, 669-75.	1.6	8
78	Effects of active recovery on power output during repeated maximal sprint cycling. <i>European Journal of Applied Physiology</i> , 1996, 74, 461-469.	2.5	8
79	Effects of whole-body vibration training frequency on neuromuscular performance: a randomized controlled study. <i>Biology of Sport</i> , 2019, 36, 273-282.	3.2	7
80	Acute Effects of Intermittent and Continuous Static Stretching on Hip Flexion Angle in Athletes with Varying Flexibility Training Background. <i>Sports</i> , 2020, 8, 28.	1.7	7
81	Effects of Two Workload-Matched High-Intensity Interval Training Protocols on Regional Body Composition and Fat Oxidation in Obese Men. <i>Nutrients</i> , 2021, 13, 1096.	4.1	7
82	Effects of Nutrition, and Physical Activity Habits and Perceptions on Body Mass Index (BMI) in Children Aged 12-15 Years: A Cross-Sectional Study Comparing Boys and Girls. <i>Children</i> , 2021, 8, 277.	1.5	7
83	Effects of Oral Creatine Supplementation on Power Output during Repeated Treadmill Sprinting. <i>Nutrients</i> , 2022, 14, 1140.	4.1	7
84	Effects of inertia correction and resistive load on fatigue during repeated sprints on a friction-loaded cycle ergometer. <i>Journal of Sports Sciences</i> , 2008, 26, 1437-1445.	2.0	6
85	Acute Resistance Exercise: Physiological and Biomechanical Alterations During a Subsequent Swim Training Session. <i>International Journal of Sports Physiology and Performance</i> , 2020, 15, 105-112.	2.3	6
86	Weak Association between Vastus Lateralis Muscle Fiber Composition and Fascicle Length in Young Untrained Females. <i>Sports</i> , 2021, 9, 56.	1.7	6
87	Acute and Long-Term Effects of Concurrent Resistance and Swimming Training on Swimming Performance. <i>Sports</i> , 2022, 10, 29.	1.7	6
88	Gastrocnemius Medialis Architectural Properties in Flexibility Trained and Not Trained Child Female Athletes: A Pilot Study. <i>Sports</i> , 2020, 8, 29.	1.7	5
89	The Effects of Ischemia During Rest Intervals on Bar Velocity in the Bench Press Exercise With Different External Loads. <i>Frontiers in Physiology</i> , 2021, 12, 715096.	2.8	5
90	Evaluation of the Isometric and Dynamic Rates of Force Development in Multi-Joint Muscle Actions. <i>Journal of Human Kinetics</i> , 2022, 81, 135-148.	1.5	5

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91	Effects of Dryland Training During the COVID-19 Lockdown Period on Swimming Performance. <i>International Journal of Sports Physiology and Performance</i> , 2022, 17, 1264-1271.	2.3	5
92	Is There a “Window of Opportunity” for Flexibility Development in Youth? A Systematic Review with Meta-analysis. <i>Sports Medicine - Open</i> , 2022, 8, .	3.1	5
93	Validity and Reliability of Three New Instruments for Parents and Children Assessing Nutrition and Physical Activity Behaviors, Environment and Knowledge and Health in Childhood and Adolescence in Greece During the Economic Recession: Data from the National Action Plan for Public Health (MIS301205). <i>Value in Health</i> , 2016, 19, A395.	0.3	4
94	Cross-Cultural Invariance of the Mental Toughness Index among American and Greek Athletes. <i>Current Psychology</i> , 2021, 40, 5793-5800.	2.8	4
95	Effect of a Supplementary Periodized Complex Strength Training and Tapering Period on Postactivation Potentiation of Sport-Specific Explosive Performance in Adolescent National-Level Fencers. <i>Journal of Strength and Conditioning Research</i> , 2019, Publish Ahead of Print, 1662-1670.	2.1	4
96	Effects of Supplementary Strength“Power Training on Neuromuscular Performance in Young Female Athletes. <i>Sports</i> , 2020, 8, 104.	1.7	4
97	Reliability and validity of a low-cost portable force platform. <i>Isokinetics and Exercise Science</i> , 2020, 28, 247-253.	0.4	4
98	Effect of exercise training on functional capacity and body composition in myotonic dystrophy type 2 patients. <i>Muscle and Nerve</i> , 2021, 63, 477-483.	2.2	4
99	Force“Time Characteristics of Dynamic and Isometric Muscle Actions: Association with Muscle Architecture in Female Athletes. <i>Applied Sciences (Switzerland)</i> , 2021, 11, 5272.	2.5	4
100	Effects of Exercise Structure and Modality on Physiological and Perceptual Responses to Exercise. <i>Journal of Strength and Conditioning Research</i> , 2021, 35, 2427-2432.	2.1	4
101	Recovery of power output and heart rate kinetics during repeated bouts of rowing exercise with different rest intervals. <i>Journal of Sports Science and Medicine</i> , 2006, 5, 115-22.	1.6	4
102	Attenuated Metabolic and Cardiorespiratory Responses to Isoenergetic High-Intensity Interval Exercise of Short Versus Long Bouts. <i>Medicine and Science in Sports and Exercise</i> , 2022, 54, 1199-1209.	0.4	4
103	Effect of preconditioning exercise on biceps brachii myotendinous junction displacement during elbow flexor eccentric exercise. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2021, 31, 813-825.	2.9	3
104	Acute and delayed hormonal and blood cell count responses to high-intensity exercise before and after short-term high-intensity interval training. <i>Research in Sports Medicine</i> , 2021, , 1-15.	1.3	3
105	Heart Rate Responses during Sport-Specific High-Intensity Circuit Exercise in Child Female Gymnasts. <i>Sports</i> , 2020, 8, 68.	1.7	3
106	The Effect of Dehydration on Vertical Jump, Muscle Strength and Sprint Performance. <i>Proceedings (mdpi)</i> , 2019, 25, .	0.2	2
107	The effects of training with high“speed interval running on muscle performance are modulated by slope. <i>Physiological Reports</i> , 2021, 9, e14656.	1.7	2
108	Changes in Muscle Strength and Vertical Jump Performance after Short-Term isometric Training at Different Knee Angles. <i>Medicine and Science in Sports and Exercise</i> , 2014, 46, 252.	0.4	2

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109	Preconditioning Strategies Before Maximum Clean Performance in Female Weightlifters. <i>Journal of Strength and Conditioning Research</i> , 2020, Publish Ahead of Print, .	2.1	2
110	Physiological, perceptual and affective responses to high-intensity interval training using two work-matched programs with different bout duration in obese males. <i>Journal of Exercise Science and Fitness</i> , 2022, 20, 199-205.	2.2	2
111	Bout duration in high-intensity interval exercise modifies hematologic, metabolic and antioxidant responses. <i>Journal of Exercise Science and Fitness</i> , 2022, 20, 216-223.	2.2	2
112	INFLUENCE OF A TWELVE-MONTH CONDITIONING PROGRAM ON PHYSICAL GROWTH, SERUM HORMONES, AND NEUROMUSCULAR PERFORMANCE OF PERIPUBERTAL MALE FENCERS. <i>Journal of Strength and Conditioning Research</i> , 2006, 20, 908-914.	2.1	1
113	Cross-cultural Invariance Of The Mental Toughness Inventory Among American And Greek Athletes. <i>Medicine and Science in Sports and Exercise</i> , 2018, 50, 328.	0.4	1
114	Hormonal Responses after Short-term High-intensity Interval Exercise Training in Healthy Humans. <i>Medicine and Science in Sports and Exercise</i> , 2018, 50, 770.	0.4	1
115	Acute Effect of Intermittent and Continuous Static Stretching on Hip Joint Range of Motion in Trained and Untrained Subjects. <i>Proceedings (mdpi)</i> , 2019, 25, .	0.2	1
116	Comparison of movement velocity and force-velocity parameters using a free video analysis software and a linear position transducer during unilateral and bilateral ballistic leg press. <i>Biomedical Human Kinetics</i> , 2022, 14, 25-32.	0.6	1
117	Cardiorespiratory characteristics and cholesterol responses to a single session of heavy leg press exercise. <i>Journal of Sports Science and Medicine</i> , 2010, 9, 580-6.	1.6	1
118	Relationship between Hamstrings to Quadriceps Strength Ratio and Peak Torque in Power Athletes. <i>Medicine and Science in Sports and Exercise</i> , 2014, 46, 421.	0.4	0
119	Changes in Muscle Strength and Performance after a Plyometric Training Session in Children and Adults. <i>Medicine and Science in Sports and Exercise</i> , 2015, 47, 542-543.	0.4	0
120	Cardiorespiratory Fitness and Obesity in children Aged 8â€“15 Years. <i>Medicine and Science in Sports and Exercise</i> , 2015, 47, 473-474.	0.4	0
121	Time-course Of Changes In Maximal Force And Rate Of Force Development After A Plyometric Training Session. <i>Medicine and Science in Sports and Exercise</i> , 2015, 47, 356.	0.4	0
122	Predictive validity of CORE index in predicting obesity in a national representative sample of children and adolescents in Greece. <i>Clinical Nutrition ESPEN</i> , 2016, 13, e59-e60.	1.2	0
123	Vertical Jump Performance Predicts Selection Of Young Talented Volleyball Players For the Junior National Team. <i>Medicine and Science in Sports and Exercise</i> , 2017, 49, 1081.	0.4	0
124	Comparison Between Unilateral and Bilateral Plyometric Training on Single and Double Leg Jumping Performance. <i>Medicine and Science in Sports and Exercise</i> , 2017, 49, 1059.	0.4	0
125	Testosterone and Cortisol Responses after Short-term High-intensity Interval Exercise Training in Healthy Humans. <i>Medicine and Science in Sports and Exercise</i> , 2018, 50, 769.	0.4	0
126	Effects of a Supplementary Strength-Power Training Program on Neuromuscular Performance in Young Female Athletes. <i>Proceedings (mdpi)</i> , 2019, 25, .	0.2	0

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127	Differences in Gastrocnemius Muscle Architectural Properties between Child Female Athletes with Different Flexibility Training Backgrounds. Proceedings (mdpi), 2019, 25, .	0.2	0
128	Heart Rate Responses during High-Intensity Functional Training in Child Female Gymnasts. Proceedings (mdpi), 2019, 25, 31.	0.2	0
129	The Addition of High-Load Resistance Exercises to a High-Intensity Functional Training Program Elicits Further Improvements in Body Composition in Trained Healthy Adults. Proceedings (mdpi), 2019, 25, 30.	0.2	0
130	Muscle Architecture of Gastrocnemius Medialis and Rate of Force Development during Different Stretching Protocols. Proceedings (mdpi), 2019, 25, .	0.2	0
131	Acute Effects of Two Different Static Stretching Protocols on Performance Parameters in Professional Ballet Dancers. Proceedings (mdpi), 2019, 25, .	0.2	0
132	Urine Lactate after Continuous and Interval Cycling Exercise Bouts Eliciting Different Blood Lactate Concentrations. Medicine and Science in Sports and Exercise, 2019, 51, 323-323.	0.4	0
133	Body Size and Composition of U.S. National Team Skiers and Snowboarders. Journal of Sports Research, 2021, 8, 16-25.	0.3	0
134	Effects Of High-intensity Functional Training Using Two Different Resistance Loads On Body Composition And Strength. Medicine and Science in Sports and Exercise, 2021, 53, 25-25.	0.4	0
135	Preconditioning Exercise Effect On Biceps Brachii Myotendinous Junction Displacement During Elbow Flexor Eccentric Contractions. Medicine and Science in Sports and Exercise, 2021, 53, 102-102.	0.4	0
136	Maximum Phonation Time as a Predictor of Lactate Threshold during Intermittent Incremental Endurance Test. Journal of Voice, 2024, 38, 25-30.	1.5	0
137	Effects of Unilateral and Bilateral Plyometric Training on Leg Strength and Rate of Force Development. Medicine and Science in Sports and Exercise, 2016, 48, 477.	0.4	0
138	Increased Metabolic and Cardiorespiratory Stress with Isoenergetic Long vs. Short-Bout High-Intensity Interval Exercise. Medicine and Science in Sports and Exercise, 2018, 50, 138-139.	0.4	0
139	Effects Of Exercise Modality And Structure On Physiological And Perceptual Responses To Exercise. Medicine and Science in Sports and Exercise, 2020, 52, 1040-1040.	0.4	0
140	Oxygen Uptake in Repeated Cycling Sprints Against Different Loads Is Comparable Between Men and Preadolescent Boys. Frontiers in Physiology, 2022, 13, 814056.	2.8	0