

Miriam E Nelson

List of Publications by Citations

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Version: 2024-04-25

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

32
papers

2,231
citations

13
h-index

32
g-index

32
ext. papers

2,520
ext. citations

4.2
avg. IF

4.21
L-index

#	Paper	IF	Citations
32	Physical activity and public health in older adults: recommendation from the American College of Sports Medicine and the American Heart Association. <i>Medicine and Science in Sports and Exercise</i> , 2007 , 39, 1435-45	1.2	1516
31	The effects of multidimensional home-based exercise on functional performance in elderly people. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2004 , 59, 154-60	6.4	195
30	Nutritional practices of elite athletes. Practical recommendations. <i>Sports Medicine</i> , 1993 , 16, 381-99	10.6	72
29	Understanding barriers and facilitators to healthy eating and active living in rural communities. <i>Journal of Nutrition and Metabolism</i> , 2014 , 2014, 146502	2.7	69
28	Linking sustainability to the healthy eating patterns of the Dietary Guidelines for Americans: a modelling study. <i>Lancet Planetary Health</i> , 2018 , 2, e344-e352	9.8	62
27	The StrongWomen-Healthy Hearts program: reducing cardiovascular disease risk factors in rural sedentary, overweight, and obese midlife and older women. <i>American Journal of Public Health</i> , 2009 , 99, 1271-7	5.1	62
26	Effect of structured physical activity on prevention of serious fall injuries in adults aged 70-89: randomized clinical trial (LIFE Study). <i>BMJ</i> , 2016 , 352, i245	5.9	45
25	Strong Hearts, healthy communities: a rural community-based cardiovascular disease prevention program. <i>BMC Public Health</i> , 2016 , 16, 86	4.1	23
24	Improved physical fitness among older female participants in a nationally disseminated, community-based exercise program. <i>Health Education and Behavior</i> , 2012 , 39, 183-90	4.2	22
23	The Vitality, Independence, and Vigor in the Elderly 2 Study (VIVE2): Design and methods. <i>Contemporary Clinical Trials</i> , 2015 , 43, 164-71	2.3	19
22	Strong Hearts, Healthy Communities: A Community-Based Randomized Trial for Rural Women. <i>Obesity</i> , 2018 , 26, 845-853	8	19
21	National Dissemination of StrongWomen-Healthy Hearts: A Community-Based Program to Reduce Risk of Cardiovascular Disease Among Midlife and Older Women. <i>American Journal of Public Health</i> , 2015 , 105, 2578-85	5.1	18
20	Examining the Associations between Walk Score, Perceived Built Environment, and Physical Activity Behaviors among Women Participating in a Community-Randomized Lifestyle Change Intervention Trial: Strong Hearts, Healthy Communities. <i>International Journal of Environmental Research and Public Health</i> , 2019 , 16,	4.6	14
19	A multicenter comparison of dual-energy X-ray absorptiometers: in vivo and in vitro measurements of bone mineral content and density. <i>Journal of Bone and Mineral Research</i> , 1996 , 11, 275-85	6.3	13
18	Recruitment of Mobility Limited Older Adults Into a Facility-Led Exercise-Nutrition Study: The Effect of Social Involvement. <i>Gerontologist</i> , 2016 , 56, 669-76	5	12
17	Children's perceptions of weight, obesity, nutrition, physical activity and related health and socio-behavioural factors. <i>Public Health Nutrition</i> , 2014 , 17, 170-8	3.3	11
16	The StrongWomen Change Clubs: engaging residents to catalyze positive change in food and physical activity environments. <i>Journal of Environmental and Public Health</i> , 2014 , 2014, 162403	2.6	11

15	The StrongWomen-Healthy Hearts program in Pennsylvania: RE-AIM analysis. <i>Translational Behavioral Medicine</i> , 2015 , 5, 94-102	3.2	9
14	Changes in diet and physical activity resulting from the Strong Hearts, Healthy Communities randomized cardiovascular disease risk reduction multilevel intervention trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2019 , 16, 91	8.4	8
13	Dissemination of healthy kids out of school principles for obesity prevention: A RE-AIM analysis. <i>Preventive Medicine</i> , 2019 , 119, 37-43	4.3	8
12	Dog attachment and perceived social support in overweight/obese and healthy weight children. <i>Preventive Medicine Reports</i> , 2017 , 6, 352-354	2.6	7
11	Parent perspectives on nutrition and physical activity during out-of-school time. <i>Journal of Nutrition Education and Behavior</i> , 2014 , 46, 156-163	2	7
10	Effects of the Strong Hearts, Healthy Communities Intervention on Functional Fitness of Rural Women. <i>Journal of Rural Health</i> , 2020 , 36, 104-110	4.6	4
9	Strong Hearts for New York: A multilevel community-based randomized cardiovascular disease risk reduction intervention for rural women. <i>Contemporary Clinical Trials</i> , 2019 , 82, 17-24	2.3	2
8	Cost-effectiveness of a community-based cardiovascular disease prevention intervention in medically underserved rural areas. <i>BMC Health Services Research</i> , 2019 , 19, 315	2.9	1
7	The Strong Hearts, Healthy Communities Program 2.0: An RCT Examining Effects on Simple 7. <i>American Journal of Preventive Medicine</i> , 2020 , 59, 32-40	6.1	1
6	The Fueling Learning Through Exercise Study Cluster RCT: Impact on Children's Moderate-to-Vigorous Physical Activity. <i>American Journal of Preventive Medicine</i> , 2021 , 60, e239-e249	6.1	1
5	Ripple Effects of a Community-Based Randomized Trial for Rural Women: Strong Hearts, Healthy Communities. <i>Obesity</i> , 2020 , 28, 1224-1234	8	
4	Weight Loss and Dietary Changes in a Community-Based Intervention to Reduce Cardiovascular Disease Risk in Midlife and Older Women. <i>FASEB Journal</i> , 2008 , 22, 44.5	0.9	
3	Social Support and Sabotage: The Influence of Relationships on Health Eating and Physical Activity Behaviors in Rural Adults. <i>FASEB Journal</i> , 2015 , 29, 395.7	0.9	
2	Catalysts for Health Behavior Change in Midlife and Older Rural Adults: A Qualitative Study. <i>FASEB Journal</i> , 2015 , 29, 588.10	0.9	
1	Children's perceptions of obesity and its relation to nutrition and physical activity. <i>FASEB Journal</i> , 2012 , 26, 377.4	0.9	