

# Miriam E Nelson

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/8780946/publications.pdf>

Version: 2024-02-01

32  
papers

2,820  
citations

566801

15  
h-index

500791

28  
g-index

32  
all docs

32  
docs citations

32  
times ranked

4413  
citing authors

#	ARTICLE	IF	CITATIONS
1	Physical Activity and Public Health in Older Adults. <i>Medicine and Science in Sports and Exercise</i> , 2007, 39, 1435-1445.	0.2	1,830
2	The Effects of Multidimensional Home-Based Exercise on Functional Performance in Elderly People. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2004, 59, M154-M160.	1.7	241
3	Understanding Barriers and Facilitators to Healthy Eating and Active Living in Rural Communities. <i>Journal of Nutrition and Metabolism</i> , 2014, 2014, 1-8.	0.7	105
4	Linking sustainability to the healthy eating patterns of the Dietary Guidelines for Americans: a modelling study. <i>Lancet Planetary Health</i> , The, 2018, 2, e344-e352.	5.1	103
5	Nutritional Practices of Elite Athletes. <i>Sports Medicine</i> , 1993, 16, 381-399.	3.1	99
6	The StrongWomenâ€™Healthy Hearts Program: Reducing Cardiovascular Disease Risk Factors in Rural Sedentary, Overweight, and Obese Midlife and Older Women. <i>American Journal of Public Health</i> , 2009, 99, 1271-1277.	1.5	74
7	Effect of structured physical activity on prevention of serious fall injuries in adults aged 70-89: randomized clinical trial (LIFE Study). <i>BMJ</i> , The, 2016, 352, i245.	3.0	68
8	Improved Physical Fitness Among Older Female Participants in a Nationally Disseminated, Community-Based Exercise Program. <i>Health Education and Behavior</i> , 2012, 39, 183-190.	1.3	29
9	Strong Hearts, healthy communities: a rural community-based cardiovascular disease prevention program. <i>BMC Public Health</i> , 2015, 16, 86.	1.2	28
10	Strong Hearts, Healthy Communities: A Communityâ€™Based Randomized Trial for Rural Women. <i>Obesity</i> , 2018, 26, 845-853.	1.5	28
11	The Vitality, Independence, and Vigor in the Elderly 2 Study (VIVE2): Design and methods. <i>Contemporary Clinical Trials</i> , 2015, 43, 164-171.	0.8	22
12	National Dissemination of StrongWomenâ€™Healthy Hearts: A Community-Based Program to Reduce Risk of Cardiovascular Disease Among Midlife and Older Women. <i>American Journal of Public Health</i> , 2015, 105, 2578-2585.	1.5	21
13	Changes in diet and physical activity resulting from the Strong Hearts, Healthy Communities randomized cardiovascular disease risk reduction multilevel intervention trial. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2019, 16, 91.	2.0	21
14	Examining the Associations between Walk Score, Perceived Built Environment, and Physical Activity Behaviors among Women Participating in a Community-Randomized Lifestyle Change Intervention Trial: Strong Hearts, Healthy Communities. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 849.	1.2	21
15	A multicenter comparison of dual-energy X-ray absorptiometers: In vivo and in vitro measurements of bone mineral content and density. <i>Journal of Bone and Mineral Research</i> , 1996, 11, 275-285.	3.1	17
16	Children's perceptions of weight, obesity, nutrition, physical activity and related health and socio-behavioural factors. <i>Public Health Nutrition</i> , 2014, 17, 170-178.	1.1	16
17	The StrongWomen Change Clubs: Engaging Residents to Catalyze Positive Change in Food and Physical Activity Environments. <i>Journal of Environmental and Public Health</i> , 2014, 2014, 1-6.	0.4	16
18	Recruitment of Mobility Limited Older Adults Into a Facility-Led Exercise-Nutrition Study: The Effect of Social Involvement. <i>Gerontologist</i> , The, 2016, 56, 669-676.	2.3	16

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19	The StrongWomenâ€™Healthy Hearts program in Pennsylvania: RE-AIM analysis. <i>Translational Behavioral Medicine</i> , 2015, 5, 94-102.	1.2	12
20	Parent Perspectives on Nutrition and Physical Activity During Out-of-School Time. <i>Journal of Nutrition Education and Behavior</i> , 2014, 46, 156-163.	0.3	9
21	Dissemination of healthy kids out of school principles for obesity prevention: A RE-AIM analysis. <i>Preventive Medicine</i> , 2019, 119, 37-43.	1.6	9
22	Dog attachment and perceived social support in overweight/obese and healthy weight children. <i>Preventive Medicine Reports</i> , 2017, 6, 352-354.	0.8	8
23	The Strong Hearts, Healthy Communities Program 2.0: An RCT Examining Effects on Simple 7. <i>American Journal of Preventive Medicine</i> , 2020, 59, 32-40.	1.6	8
24	Effects of the Strong Hearts, Healthy Communities Intervention on Functional Fitness of Rural Women. <i>Journal of Rural Health</i> , 2020, 36, 104-110.	1.6	7
25	Strong Hearts for New York: A multilevel community-based randomized cardiovascular disease risk reduction intervention for rural women. <i>Contemporary Clinical Trials</i> , 2019, 82, 17-24.	0.8	5
26	Cost-effectiveness of a community-based cardiovascular disease prevention intervention in medically underserved rural areas. <i>BMC Health Services Research</i> , 2019, 19, 315.	0.9	3
27	Ripple Effects of a Communityâ€™Based Randomized Trial for Rural Women: Strong Hearts, Healthy Communities. <i>Obesity</i> , 2020, 28, 1224-1234.	1.5	2
28	The Fueling Learning Through Exercise Study Cluster RCT: Impact on Children's Moderate-to-Vigorous Physical Activity. <i>American Journal of Preventive Medicine</i> , 2021, 60, e239-e249.	1.6	2
29	Weight Loss and Dietary Changes in a Communityâ€™Based Intervention to Reduce Cardiovascular Disease Risk in Midlife and Older Women. <i>FASEB Journal</i> , 2008, 22, 44.5.	0.2	0
30	Children's perceptions of obesity and its relation to nutrition and physical activity. <i>FASEB Journal</i> , 2012, 26, 377.4.	0.2	0
31	Social Support and Sabotage: The Influence of Relationships on Health Eating and Physical Activity Behaviors in Rural Adults. <i>FASEB Journal</i> , 2015, 29, 395.7.	0.2	0
32	Catalysts for Health Behavior Change in Midlife and Older Rural Adults: A Qualitative Study. <i>FASEB Journal</i> , 2015, 29, 588.10.	0.2	0