

# Marzo E Da Silva-Grigoletto

## List of Publications by Year in descending order

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Version: 2024-02-01

71  
papers

1,095  
citations

471061

17  
h-index

433756

31  
g-index

72  
all docs

72  
docs citations

72  
times ranked

1558  
citing authors

#	ARTICLE	IF	CITATIONS
1	Treino da força muscular: concordância entre os padrões metodológicos e a prescrição por profissionais do fitness. Revista Brasileira De Fisiologia Do Exercício, 2022, 21, 15-25.	0.0	0
2	Postmenopausal women with high TNF- $\alpha$ concentrations presented less reduction in fat and blood lipids. PAJAR - Pan-American Journal of Aging Research, 2022, 10, e42759.	0.1	0
3	Functional training in comparison to traditional training on physical fitness and quality of movement in older women. Sport Sciences for Health, 2021, 17, 213-222.	0.4	6
4	Correlação entre os scores dos testes de aptidão funcional GDLAM e escala funcional de Katz de idosos fisicamente independentes. Revista Brasileira De Fisiologia Do Exercício, 2021, 20, 17-26.	0.0	1
5	Test-Retest Reliability of a Visual-Cognitive Technology (BlazePod <sup>®</sup> ) to Measure Response Time. Journal of Sports Science and Medicine, 2021, 20, 179-180.	0.7	8
6	Força do tronco de acordo com a idade e o nível de atividade física: as mulheres ativas mais velhas são tão fortes quanto as jovens inativas?. Revista Brasileira De Fisiologia Do Exercício, 2021, 20, 257-267.	0.0	0
7	Functional and concurrent training do not impair immune function and improve functional fitness in postmenopausal women: A randomized controlled trial. Experimental Gerontology, 2021, 153, 111504.	1.2	4
8	Proposta de novos índices de simetria e assimetria para amplitude de movimento em idosas. Revista Brasileira De Fisiologia Do Exercício, 2021, 20, 433-442.	0.0	0
9	Analysis of Pacing Strategies in AMRAP, EMOM, and FOR TIME Training Models during "Cross" Modalities. Sports, 2021, 9, 144.	0.7	2
10	Determinação e controle da intensidade e volume do treinamento de força na pesquisa nas ciências do exercício e sua aplicação. Revista Brasileira De Fisiologia Do Exercício, 2021, 20, 592-603.	0.0	1
11	Inter-day reliability of the Upper Body Test for shoulder and pelvic girdle stability in adults. Brazilian Journal of Physical Therapy, 2020, 24, 161-166.	1.1	3
12	Effects of Ibuprofen Intake in Muscle Damage, Body Temperature and Muscle Power in Paralympic Powerlifting Athletes. International Journal of Environmental Research and Public Health, 2020, 17, 5157.	1.2	27
13	Resistance training affects the hemodynamic parameters of hypertensive and normotensive women differently, and regardless of performance improvement. Journal of Exercise Science and Fitness, 2020, 18, 122-128.	0.8	4
14	Functional and traditional training improve muscle power and reduce proinflammatory cytokines in older women: A randomized controlled trial. Experimental Gerontology, 2020, 135, 110920.	1.2	11
15	Functional Training and Blood Flow Restriction: A Perspective View on the Integration of Techniques. Frontiers in Physiology, 2020, 11, 817.	1.3	2
16	Different types of functional training on the functionality and quality of life in postmenopausal women: a randomized and controlled trial. Journal of Sports Medicine and Physical Fitness, 2020, 60, 1283-1290.	0.4	4
17	Effects of bodyweight and traditional resistance training on the functionality of elderly people: a randomized clinical trial. Revista Brasileira De Fisiologia Do Exercício, 2020, 19, 180.	0.0	2
18	Effects of different multicomponent training methods on functional parameters in physically-active older women. Journal of Sports Medicine and Physical Fitness, 2020, 60, 823-831.	0.4	0

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19	Movement velocity contributions to resistance training: a narrative review. <i>Revista Brasileira De Fisiologia Do Exercício</i> , 2020, 19, 322.	0.0	0
20	Calisthenics and bodyweight exercises: different concepts or scientific synonyms?. <i>Revista Brasileira De Fisiologia Do Exercício</i> , 2020, 19, 13.	0.0	2
21	The effects of functional and traditional strength training on different strength parameters of elderly women: a randomized and controlled trial. <i>Journal of Sports Medicine and Physical Fitness</i> , 2019, 59, 380-386.	0.4	22
22	Reliability of a Test for Assessment of Isometric Trunk Muscle Strength in Elderly Women. <i>Journal of Aging Research</i> , 2019, 2019, 1-6.	0.4	5
23	Multi- to Single-Joint or the Reverse Exercise Order does not Affect Pectoralis Major Workout Performance. <i>Journal of Human Kinetics</i> , 2019, 66, 223-231.	0.7	2
24	Effects of functional and traditional training in body composition and muscle strength components in older women: A randomized controlled trial. <i>Archives of Gerontology and Geriatrics</i> , 2019, 84, 103902.	1.4	21
25	Complexity: A Novel Load Progression Strategy in Strength Training. <i>Frontiers in Physiology</i> , 2019, 10, 839.	1.3	20
26	The Efficacy of Functional and Traditional Exercise on the Body Composition and Determinants of Physical Fitness of Older Women: A Randomized Crossover Trial. <i>Journal of Aging Research</i> , 2019, 2019, 1-9.	0.4	9
27	Ten Important Facts About Core Training. <i>ACSM's Health and Fitness Journal</i> , 2019, 23, 16-21.	0.3	9
28	Comparison between functional and traditional training exercises on joint mobility, determinants of walking and muscle strength in older women. <i>Journal of Sports Medicine and Physical Fitness</i> , 2019, 59, 1659-1668.	0.4	10
29	Exercício físico e capacidade cognitiva em idosos. <i>Revista FisiSenectus</i> , 2019, 6, 45-51.	0.1	0
30	CARDIOVASCULAR AND STRENGTH ADAPTATIONS IN CONCURRENT TRAINING IN HYPERTENSIVE WOMEN. <i>Revista Brasileira De Medicina Do Esporte</i> , 2019, 25, 367-371.	0.1	1
31	Functional Training Induces Greater Variety and Magnitude of Training Improvements than Traditional Resistance Training in Elderly Women. <i>Journal of Sports Science and Medicine</i> , 2019, 18, 789-797.	0.7	2
32	EFFECTS OF DIFFERENT NEUROMUSCULAR TRAINING PROTOCOLS ON THE FUNCTIONAL CAPACITY OF ELDERLY WOMEN. <i>Revista Brasileira De Medicina Do Esporte</i> , 2018, 24, 140-144.	0.1	13
33	Effects of Different Resistance Training Frequencies on Fat in Overweight/Obese Older Women. <i>International Journal of Sports Medicine</i> , 2018, 39, 527-534.	0.8	27
34	Acute responses of hemodynamic and oxidative stress parameters to aerobic exercise with blood flow restriction in hypertensive elderly women. <i>Molecular Biology Reports</i> , 2018, 45, 1099-1109.	1.0	37
35	Post resistance exercise hypotension on distinct types of somatotype characteristics. <i>Journal of Human Sport and Exercise</i> , 2018, 13, .	0.2	2
36	Traditional vs daily undulating periodization in strength and local muscle endurance gains on trained men. <i>Journal of Human Sport and Exercise</i> , 2018, 13, .	0.2	1

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37	Effects of eight weeks of functional training in the functional autonomy of elderly women: a pilot study. <i>Journal of Sports Medicine and Physical Fitness</i> , 2017, 57, 272-277.	0.4	13
38	Influência dos treinamentos funcional e tradicional na potência muscular, qualidade de movimento e qualidade de vida em idosas: um ensaio clínico randomizado e controlado. <i>Revista Brasileira De Cineantropometria E Desempenho Humano</i> , 2017, 19, 535.	0.5	4
39	Active intervals during high-intensity resistance exercises enhance post-exercise hypotension in hypertensive women controlled by medications. <i>Isokinetics and Exercise Science</i> , 2016, 24, 141-147.	0.2	2
40	Comparação da resposta da percepção subjetiva do esforço e da carga total levantada nos exercícios resistidos em plataforma estável e instável. <i>Revista Brasileira De Cineantropometria E Desempenho Humano</i> , 2015, 17, 300.	0.5	0
41	Efecto de 24 sesiones de entrenamiento de fuerza en un paciente con gonartrosis bilateral: a propósito de un caso. <i>Revista Andaluza De Medicina Del Deporte</i> , 2015, 8, 16-19.	0.1	0
42	Treinamento funcional: funcional para que e para quem?. <i>Revista Brasileira De Cineantropometria E Desempenho Humano</i> , 2014, 16, 714.	0.5	14
43	Single- and multiple-set resistance training improves skeletal and respiratory muscle strength in elderly women. <i>Clinical Interventions in Aging</i> , 2014, 9, 1775.	1.3	25
44	Findings on sperm alterations and DNA fragmentation, nutritional, hormonal and antioxidant status in an elite triathlete. Case report. <i>Revista Andaluza De Medicina Del Deporte</i> , 2014, 7, 143-148.	0.1	13
45	The Impact of Physical Exercise on Male Fertility. , 2014, , 47-60.		0
46	Effects of age and physical activity on response speed in knee flexor and extensor muscles. <i>European Review of Aging and Physical Activity</i> , 2013, 10, 127-132.	1.3	20
47	Impact of an acute bout of vibration on muscle contractile properties, creatine kinase and lactate dehydrogenase response. <i>European Journal of Sport Science</i> , 2013, 13, 666-673.	1.4	8
48	The Use of Vibration Platforms in Fibromyalgia Syndrome: Future Prospects. <i>Journal of Musculoskeletal Pain</i> , 2013, 21, 165-172.	0.3	5
49	Heart rate variability during high-intensity exercise. <i>Journal of Systems Science and Complexity</i> , 2013, 26, 104-116.	1.6	29
50	Mediterranean diet, moderate-to-high intensity training, and health-related quality of life in adults with metabolic syndrome. <i>European Journal of Preventive Cardiology</i> , 2013, 20, 555-564.	0.8	59
51	Moderate-to-high-intensity training and a hypocaloric Mediterranean diet enhance endothelial progenitor cells and fitness in subjects with the metabolic syndrome. <i>Clinical Science</i> , 2012, 123, 361-373.	1.8	67
52	Characterisation of the Main Playing Variables Affecting the Service in High-Level Women's Volleyball. <i>Journal of Quantitative Analysis in Sports</i> , 2012, 8, .	0.5	5
53	Análisis y evaluación del lanzamiento de esquina (corner) en el fútbol de alto nivel. <i>Revista Andaluza De Medicina Del Deporte</i> , 2012, 5, 140-146.	0.1	9
54	Study of mechanical characteristics of the knee extensor and flexor musculature of volleyball players. <i>European Journal of Sport Science</i> , 2012, 12, 399-407.	1.4	31

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55	Physically active men show better semen parameters and hormone values than sedentary men. <i>European Journal of Applied Physiology</i> , 2012, 112, 3267-3273.	1.2	158
56	Effect of high-load and high-volume resistance exercise on the tensiomyographic twitch response of biceps brachii. <i>Journal of Electromyography and Kinesiology</i> , 2012, 22, 612-619.	0.7	69
57	The limitations of scaling laws in the prediction of performance in endurance events. <i>Journal of Theoretical Biology</i> , 2012, 300, 324-329.	0.8	11
58	Determining the Optimal Whole-Body Vibration Dose—response Relationship for Muscle Performance. <i>Journal of Strength and Conditioning Research</i> , 2011, 25, 3326-3333.	1.0	27
59	Fructose Addition to a Glucose Supplement Modifies Perceived Exertion During Strength and Endurance Exercise. <i>Journal of Strength and Conditioning Research</i> , 2010, 24, 3334-3342.	1.0	1
60	Pre-exercise Intake of Different Carbohydrates Modifies Ischemic Reactive Hyperemia After a Session of Anaerobic, But Not After Aerobic Exercise. <i>Journal of Strength and Conditioning Research</i> , 2010, 24, 1623-1632.	1.0	3
61	Respostas metabólicas à suplementação com frutose em exercício de força de membros inferiores. <i>Revista Brasileira De Medicina Do Esporte</i> , 2010, 16, 176-181.	0.1	3
62	Effect of Hyperbaric Pressure During Scuba Diving on Autonomic Modulation of the Cardiac Response: Application of the Continuous Wavelet Transform to the Analysis of Heart Rate Variability. <i>Military Medicine</i> , 2010, 175, 61-64.	0.4	5
63	Response of semen parameters to three training modalities. <i>Fertility and Sterility</i> , 2009, 92, 1941-1946.	0.5	136
64	A dose of fructose induces oxidative stress during endurance and strength exercise. <i>Journal of Sports Sciences</i> , 2009, 27, 1323-1334.	1.0	9
65	Acute and Cumulative Effects of Different Times of Recovery From Whole Body Vibration Exposure on Muscle Performance. <i>Journal of Strength and Conditioning Research</i> , 2009, 23, 2073-2082.	1.0	20
66	Fructose modifies the hormonal response and modulates lipid metabolism during aerobic exercise after glucose supplementation. <i>Clinical Science</i> , 2009, 116, 137-145.	1.8	6
67	Male powerlifting performance described from the viewpoint of complex systems. <i>Journal of Theoretical Biology</i> , 2008, 251, 498-508.	0.8	10
68	Effects of Training Exercises for the Development of Strength and Endurance in Soccer. <i>Journal of Strength and Conditioning Research</i> , 2008, 22, 518-524.	1.0	16
69	Influence of Vibration Training on Energy Expenditure in Active Men. <i>Journal of Strength and Conditioning Research</i> , 2007, 21, 470.	1.0	45
70	Treinamento funcional: uma atualização conceitual. <i>Revista Brasileira De Cineantropometria E Desempenho Humano</i> , 0, 22, .	0.5	7
71	“Cross-modalities: are the AMRAP, RFT and EMOM models applicable to health?”. <i>Revista Brasileira De Cineantropometria E Desempenho Humano</i> , 0, 22, .	0.5	7