

Pablo Jodra

List of Publications by Year in descending order

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13
papers

277
citations

1162367

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1199166

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all docs

13
docs citations

13
times ranked

278
citing authors

#	ARTICLE	IF	CITATIONS
1	Acute Beetroot Juice Supplementation Does Not Improve Match-Play Activity in Professional Tennis Players. <i>Journal of the American College of Nutrition</i> , 2022, 41, 30-37.	1.1	11
2	Acute Effects of Caffeine Intake on Psychological Responses and High-Intensity Exercise Performance. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 584.	1.2	10
3	Caffeine improves performance but not duration of the countermovement jump phases. <i>Journal of Sports Medicine and Physical Fitness</i> , 2021, 61, 199-204.	0.4	6
4	Analysis of the consumption of sports supplements in elite fencers according to sex and competitive level. <i>BMC Sports Science, Medicine and Rehabilitation</i> , 2021, 13, 50.	0.7	14
5	A Survey on Dietary Supplement Consumption in Amateur and Professional Rugby Players. <i>Foods</i> , 2021, 10, 7.	1.9	29
6	Effect of Beetroot Juice Supplementation on Mood, Perceived Exertion, and Performance During a 30-Second Wingate Test. <i>International Journal of Sports Physiology and Performance</i> , 2020, 15, 243-248.	1.1	42
7	The Effect of Dietary Nitrate Supplementation on Isokinetic Torque in Adults: A Systematic Review and Meta-Analysis. <i>Nutrients</i> , 2020, 12, 3022.	1.7	5
8	Efectos de la suplementación con zumo de remolacha sobre la respuesta neuromuscular: revisión sistemática (Effect of beet juice supplementation (BJ) on neuromuscular response: a systematic) <i>Tj ETQq0 0 0 rgB0, Overlock 10 Tf 50</i>		
9	Caffeine Supplementation Improves Anaerobic Performance and Neuromuscular Efficiency and Fatigue in Olympic-Level Boxers. <i>Nutrients</i> , 2019, 11, 2120.	1.7	38
10	Acute caffeine supplementation in combat sports: a systematic review. <i>Journal of the International Society of Sports Nutrition</i> , 2018, 15, 60.	1.7	55
11	Effects of Beetroot Juice Supplementation on Performance and Fatigue in a 30-s All-Out Sprint Exercise: A Randomized, Double-Blind Cross-Over Study. <i>Nutrients</i> , 2018, 10, 1222.	1.7	50
12	Incidencia de la práctica deportiva en la conducta disruptiva de niños y adolescentes. <i>Ágora Para La Educación Física Y El Deporte</i> , 2018, 19, 193-206.	0.3	6
13	Nutritional needs in the professional practice of swimming: a review. <i>Journal of Exercise Nutrition & Biochemistry</i> , 2017, 21, 1-10.	1.3	11