

Diego Montiel-Rojas

List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/8745250/publications.pdf>

Version: 2024-02-01

8
papers

114
citations

1478505
6
h-index

1588992
8
g-index

8
all docs

8
docs citations

8
times ranked

221
citing authors

#	ARTICLE	IF	CITATIONS
1	Fighting Sarcopenia in Ageing European Adults: The Importance of the Amount and Source of Dietary Proteins. <i>Nutrients</i> , 2020, 12, 3601.	4.1	23
2	Impact of Meeting Different Guidelines for Protein Intake on Muscle Mass and Physical Function in Physically Active Older Women. <i>Nutrients</i> , 2018, 10, 1156.	4.1	22
3	Dietary Fibre May Mitigate Sarcopenia Risk: Findings from the NU-AGE Cohort of Older European Adults. <i>Nutrients</i> , 2020, 12, 1075.	4.1	22
4	Short Telomere Length Is Related to Limitations in Physical Function in Elderly European Adults. <i>Frontiers in Physiology</i> , 2018, 9, 1110.	2.8	16
5	Beneficial Role of Replacing Dietary Saturated Fatty Acids with Polyunsaturated Fatty Acids in the Prevention of Sarcopenia: Findings from the NU-AGE Cohort. <i>Nutrients</i> , 2020, 12, 3079.	4.1	15
6	Engagement in Muscle-Strengthening Activities Lowers Sarcopenia Risk in Older Adults Already Adhering to the Aerobic Physical Activity Guidelines. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 989.	2.6	12
7	Effects of Reallocating Time Spent in Different Physical Activity Intensities on Sarcopenia Risk in Older Adults: An Isotemporal Substitution Analysis. <i>Biology</i> , 2022, 11, 111.	2.8	3
8	Increasing the resting time between drop jumps lessens delayed-onset muscle soreness and limits the extent of prolonged low-frequency force depression in human knee extensor muscles. <i>European Journal of Applied Physiology</i> , 2022, 122, 255-266.	2.5	1