

# Laura McGowan

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/8738110/publications.pdf>

Version: 2024-02-01

24  
papers

1,314  
citations

471061

17  
h-index

713013

21  
g-index

24  
all docs

24  
docs citations

24  
times ranked

1561  
citing authors

#	ARTICLE	IF	CITATIONS
1	The feasibility of a peer support intervention to encourage adoption and maintenance of a Mediterranean diet in established community groups at increased CVD risk: the TEAM-MED EXTEND study: a pilot cluster randomised controlled trial. <i>British Journal of Nutrition</i> , 2022, 128, 1445-1458.	1.2	4
2	â€˜Shape-Upâ€™™, a Modified Cognitive-Behavioural Community Programme for Weight Management: Real-World Evaluation as an Approach for Delivering Public Health Goals. <i>Nutrients</i> , 2021, 13, 2807.	1.7	0
3	Strategies for Changing Dietary Behaviour. , 2021, , 73-82.		0
4	The impact of oral rehabilitation coupled with healthy dietary advice on the nutritional status of adults: A systematic review and meta-analysis. <i>Critical Reviews in Food Science and Nutrition</i> , 2020, 60, 2127-2147.	5.4	19
5	Development and feasibility of a tailored habit-based dietary intervention coupled with natural tooth replacement on the nutritional status of older patients. <i>Pilot and Feasibility Studies</i> , 2020, 6, 120.	0.5	3
6	A Tailored Habits-based Dietary Intervention Combined With Oral Rehabilitation on Partially Dentate Older Adults: Nutritional Impact. <i>Proceedings of the Nutrition Society</i> , 2020, 79, .	0.4	0
7	Exploring preconception health beliefs amongst adults of childbearing age in the UK: a qualitative analysis. <i>BMC Pregnancy and Childbirth</i> , 2020, 20, 41.	0.9	27
8	The impact of dental status on perceived ability to eat certain foods and nutrient intakes in older adults: cross-sectional analysis of the UK National Diet and Nutrition Survey 2008â€“2014. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2019, 16, 43.	2.0	36
9	Sleep extension is a feasible lifestyle intervention in free-living adults who are habitually short sleepers: a potential strategy for decreasing intake of free sugars? A randomized controlled pilot study. <i>American Journal of Clinical Nutrition</i> , 2018, 107, 43-53.	2.2	81
10	Critical review of behaviour change techniques applied in intervention studies to improve cooking skills and food skills among adults. <i>Critical Reviews in Food Science and Nutrition</i> , 2018, 58, 2882-2895.	5.4	35
11	Domestic cooking and food skills: A review. <i>Critical Reviews in Food Science and Nutrition</i> , 2017, 57, 2412-2431.	5.4	147
12	Increasing intention to cook from basic ingredients: A randomised controlled study. <i>Appetite</i> , 2017, 116, 502-510.	1.8	21
13	The impact of video technology on learning: A cooking skills experiment. <i>Appetite</i> , 2017, 114, 306-312.	1.8	31
14	The development and validation of measures to assess cooking skills and food skills. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2017, 14, 118.	2.0	89
15	Barriers and facilitators to cooking from â€˜scratchâ€™™ using basic or raw ingredients: A qualitative interview study. <i>Appetite</i> , 2016, 107, 383-391.	1.8	141
16	The influence of socio-demographic, psychological and knowledge-related variables alongside perceived cooking and food skills abilities in the prediction of diet quality in adults: a nationally representative cross-sectional study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2016, 13, 111.	2.0	92
17	Learning cooking skills at different ages: a cross-sectional study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2016, 13, 119.	2.0	103
18	Do habits always override intentions? Pitting unhealthy snacking habits against snack-avoidance intentions. <i>BMC Psychology</i> , 2015, 3, 8.	0.9	29

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19	Putting habit into practice, and practice into habit: a process evaluation and exploration of the acceptability of a habit-based dietary behaviour change intervention. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , 2014, 11, 135.	2.0	128
20	How, when and why do young women use nutrition information on food labels? A qualitative analysis. <i>Psychology and Health</i> , 2013, 28, 202-216.	1.2	23
21	Healthy feeding habits: efficacy results from a cluster-randomized, controlled exploratory trial of a novel, habit-based intervention with parents. <i>American Journal of Clinical Nutrition</i> , 2013, 98, 769-777.	2.2	130
22	Environmental and individual determinants of core and non-core food and drink intake in preschool-aged children in the United Kingdom. <i>European Journal of Clinical Nutrition</i> , 2012, 66, 322-328.	1.3	90
23	Parents' misperceptions of social norms for pre-school children's snacking behaviour. <i>Public Health Nutrition</i> , 2012, 15, 1678-1682.	1.1	12
24	Characteristics of Family Mealtimes Affecting Children's Vegetable Consumption and Liking. <i>Journal of the American Dietetic Association</i> , 2011, 111, 269-273.	1.3	73