## Laura McGowan

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/8738110/publications.pdf

Version: 2024-02-01

24 papers

1,314 citations

471061 17 h-index 713013 21 g-index

24 all docs

24 docs citations

times ranked

24

1561 citing authors

#	Article	IF	Citations
1	Domestic cooking and food skills: A review. Critical Reviews in Food Science and Nutrition, 2017, 57, 2412-2431.	5.4	147
2	Barriers and facilitators to cooking from â€~scratch' using basic or raw ingredients: A qualitative interview study. Appetite, 2016, 107, 383-391.	1.8	141
3	Healthy feeding habits: efficacy results from a cluster-randomized, controlled exploratory trial of a novel, habit-based intervention with parents. American Journal of Clinical Nutrition, 2013, 98, 769-777.	2.2	130
4	Putting habit into practice, and practice into habit: a process evaluation and exploration of the acceptability of a habit-based dietary behaviour change intervention. International Journal of Behavioral Nutrition and Physical Activity, 2014, 11, 135.	2.0	128
5	Learning cooking skills at different ages: a cross-sectional study. International Journal of Behavioral Nutrition and Physical Activity, 2016, 13, 119.	2.0	103
6	The influence of socio-demographic, psychological and knowledge-related variables alongside perceived cooking and food skills abilities in the prediction of diet quality in adults: a nationally representative cross-sectional study. International Journal of Behavioral Nutrition and Physical Activity, 2016, 13, 111.	2.0	92
7	Environmental and individual determinants of core and non-core food and drink intake in preschool-aged children in the United Kingdom. European Journal of Clinical Nutrition, 2012, 66, 322-328.	1.3	90
8	The development and validation of measures to assess cooking skills and food skills. International Journal of Behavioral Nutrition and Physical Activity, 2017, 14, 118.	2.0	89
9	Sleep extension is a feasible lifestyle intervention in free-living adults who are habitually short sleepers: a potential strategy for decreasing intake of free sugars? A randomized controlled pilot study. American Journal of Clinical Nutrition, 2018, 107, 43-53.	2.2	81
10	Characteristics of Family Mealtimes Affecting Children's Vegetable Consumption and Liking. Journal of the American Dietetic Association, 2011, 111, 269-273.	1.3	73
11	The impact of dental status on perceived ability to eat certain foods and nutrient intakes in older adults: cross-sectional analysis of the UK National Diet and Nutrition Survey 2008–2014. International Journal of Behavioral Nutrition and Physical Activity, 2019, 16, 43.	2.0	36
12	Critical review of behaviour change techniques applied in intervention studies to improve cooking skills and food skills among adults. Critical Reviews in Food Science and Nutrition, 2018, 58, 2882-2895.	5.4	35
13	The impact of video technology on learning: A cooking skills experiment. Appetite, 2017, 114, 306-312.	1.8	31
14	Do habits always override intentions? Pitting unhealthy snacking habits against snack-avoidance intentions. BMC Psychology, 2015, 3, 8.	0.9	29
15	Exploring preconception health beliefs amongst adults of childbearing age in the UK: a qualitative analysis. BMC Pregnancy and Childbirth, 2020, 20, 41.	0.9	27
16	How, when and why do young women use nutrition information on food labels? A qualitative analysis. Psychology and Health, 2013, 28, 202-216.	1.2	23
17	Increasing intention to cook from basic ingredients: A randomised controlled study. Appetite, 2017, 116, 502-510.	1.8	21
18	The impact of oral rehabilitation coupled with healthy dietary advice on the nutritional status of adults: A systematic review and meta-analysis. Critical Reviews in Food Science and Nutrition, 2020, 60, 2127-2147.	5.4	19

#	Article	IF	CITATIONS
19	Parents' misperceptions of social norms for pre-school children's snacking behaviour. Public Health Nutrition, 2012, 15, 1678-1682.	1.1	12
20	The feasibility of a peer support intervention to encourage adoption and maintenance of a Mediterranean diet in established community groups at increased CVD risk: the TEAM-MED EXTEND study: a pilot cluster randomised controlled trial. British Journal of Nutrition, 2022, 128, 1445-1458.	1,2	4
21	Development and feasibility of a tailored habit-based dietary intervention coupled with natural tooth replacement on the nutritional status of older patients. Pilot and Feasibility Studies, 2020, 6, 120.	0.5	3
22	A Tailored Habits-based Dietary Intervention Combined With Oral Rehabilitation on Partially Dentate Older Adults: Nutritional Impact. Proceedings of the Nutrition Society, 2020, 79, .	0.4	0
23	â€~Shape-Up', a Modified Cognitive-Behavioural Community Programme for Weight Management: Real-World Evaluation as an Approach for Delivering Public Health Goals. Nutrients, 2021, 13, 2807.	1.7	0
24	Strategies for Changing Dietary Behaviour., 2021,, 73-82.		0