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List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/872470/publications.pdf>

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4
papers

323
citations

1937685

4
h-index

2272923

4
g-index

4
all docs

4
docs citations

4
times ranked

377
citing authors

#	ARTICLE	IF	CITATIONS
1	Changes in subjective measures of appetite during 6 months of alternate day fasting with a low carbohydrate diet. <i>Clinical Nutrition ESPEN</i> , 2021, 41, 417-422.	1.2	5
2	Alternate Day Fasting Combined with a Low Carbohydrate Diet: Effect on Sleep Quality, Duration, Insomnia Severity and Risk of Obstructive Sleep Apnea in Adults with Obesity. <i>Nutrients</i> , 2021, 13, 211.	4.1	12
3	Effects of 4- and 6-h Time-Restricted Feeding on Weight and Cardiometabolic Health: A Randomized Controlled Trial in Adults with Obesity. <i>Cell Metabolism</i> , 2020, 32, 366-378.e3.	16.2	278
4	Alternate day fasting combined with a low-carbohydrate diet for weight loss, weight maintenance, and metabolic disease risk reduction. <i>Obesity Science and Practice</i> , 2019, 5, 531-539.	1.9	28