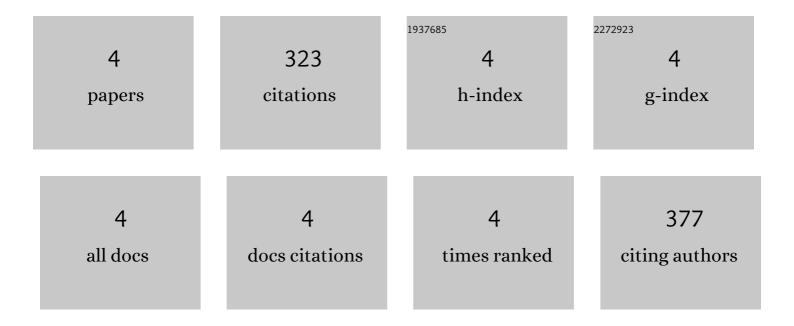
Eric Wiseman

List of Publications by Year in descending order

Source: https://exaly.com/author-pdf/872470/publications.pdf Version: 2024-02-01



#	Article	IF	CITATIONS
1	Effects of 4- and 6-h Time-Restricted Feeding on Weight and Cardiometabolic Health: A Randomized Controlled Trial in Adults with Obesity. Cell Metabolism, 2020, 32, 366-378.e3.	16.2	278
2	Alternate day fasting combined with a lowâ€carbohydrate diet for weight loss, weight maintenance, and metabolic disease risk reduction. Obesity Science and Practice, 2019, 5, 531-539.	1.9	28
3	Alternate Day Fasting Combined with a Low Carbohydrate Diet: Effect on Sleep Quality, Duration, Insomnia Severity and Risk of Obstructive Sleep Apnea in Adults with Obesity. Nutrients, 2021, 13, 211.	4.1	12
4	Changes in subjective measures of appetite during 6 months of alternate day fasting with a low carbohydrate diet. Clinical Nutrition ESPEN, 2021, 41, 417-422.	1.2	5