

Mary A Steinhardt

List of Publications by Year in descending order

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35
papers

2,091
citations

471061

17
h-index

377514

34
g-index

35
all docs

35
docs citations

35
times ranked

2486
citing authors

#	ARTICLE	IF	CITATIONS
1	Evaluation of a Resilience Intervention to Enhance Coping Strategies and Protective Factors and Decrease Symptomatology. <i>Journal of American College Health</i> , 2008, 56, 445-453.	0.8	524
2	The Conceptualization and Measurement of Perceived Wellness: Integrating Balance across and within Dimensions. <i>American Journal of Health Promotion</i> , 1997, 11, 208-218.	0.9	309
3	Relationships Among Positive Emotions, Coping, Resilience and Mental Health. <i>Stress and Health</i> , 2016, 32, 145-156.	1.4	282
4	Chronic Work Stress and Depressive Symptoms: Assessing the Mediating Role of Teacher Burnout. <i>Stress and Health</i> , 2011, 27, 420-429.	1.4	107
5	A Resilience Intervention in African American Adults With Type 2 Diabetes. <i>The Diabetes Educator</i> , 2009, 35, 274-284.	2.6	105
6	The Relationship between Hardiness, Supervisor Support, Group Cohesion, and Job Stress as Predictors of Job Satisfaction. <i>American Journal of Health Promotion</i> , 2003, 17, 382-389.	0.9	96
7	Positive affectivity predicts successful and unsuccessful adaptation to stress. <i>Motivation and Emotion</i> , 2013, 37, 185-193.	0.8	80
8	The Relationships Between Self-Leadership and Enhanced Psychological, Health, and Work Outcomes. <i>Journal of Psychology: Interdisciplinary and Applied</i> , 2001, 135, 469-485.	0.9	79
9	Stress-related growth: pre-intervention correlates and change following a resilience intervention. <i>Stress and Health</i> , 2010, 26, 135-147.	1.4	74
10	Stressful Experiences, Coping Strategies, and Predictors of Health-related Outcomes among Wives of Deployed Military Servicemen. <i>Armed Forces and Society</i> , 2010, 36, 351-373.	1.0	69
11	Perceived stress, psychological resilience, hair cortisol concentration, and metabolic syndrome severity: A moderated mediation model. <i>Psychoneuroendocrinology</i> , 2020, 113, 104510.	1.3	42
12	A Resilience Intervention in African-American Adults with Type 2 Diabetes. <i>American Journal of Health Behavior</i> , 2015, 39, 507-518.	0.6	33
13	Rethinking Traditional Weight Management Programs: A 3-Year Follow-Up Evaluation of a New Approach. <i>Journal of Psychology: Interdisciplinary and Applied</i> , 1994, 128, 517-535.	0.9	31
14	Coping profiles characterize individual flourishing, languishing, and depression. <i>Anxiety, Stress and Coping</i> , 2013, 26, 378-390.	1.7	26
15	Hair cortisol concentration and glycated hemoglobin in African American adults. <i>Psychoneuroendocrinology</i> , 2016, 72, 212-218.	1.3	24
16	Outcomes of a Traditional Weight Control Program and a Nondiet Alternative: A One-Year Comparison. <i>Journal of Psychology: Interdisciplinary and Applied</i> , 1999, 133, 495-513.	0.9	23
17	Depressive Symptoms among US Military Spouses during Deployment. <i>Armed Forces and Society</i> , 2012, 38, 373-390.	1.0	22
18	The direct and mediating roles of positive emotions on work engagement among postdoctoral fellows. <i>Studies in Higher Education</i> , 2017, 42, 2216-2228.	2.9	21

#	ARTICLE	IF	CITATIONS
19	“Our Job is that Whole Gray Zone in Between There”: Investigating Genetic Counselors’™ Strategies for Managing and Communicating Uncertainty. <i>Health Communication</i> , 2020, 35, 1583-1592.	1.8	17
20	Race moderates the association of perceived everyday discrimination and hair cortisol concentration. <i>Stress</i> , 2020, 23, 529-537.	0.8	16
21	The Role of Positive Emotions in Reducing Depressive Symptoms Among Army Wives. <i>Military Psychology</i> , 2015, 27, 22-35.	0.7	14
22	Resilience-based Diabetes Self-management Education: Perspectives From African American Participants, Community Leaders, and Healthcare Providers. <i>The Diabetes Educator</i> , 2017, 43, 367-377.	2.6	13
23	Psychological Attributes of Participants and Nonparticipants in a Worksite Health and Fitness Center. <i>Behavioral Medicine</i> , 1992, 18, 40-46.	1.0	12
24	The Importance of Physical Fitness for the Reduction of Coronary Artery Disease Risk Factors. <i>Sports Medicine</i> , 1995, 19, 303-310.	3.1	12
25	Early and Continued Participation in a Work-Site Health and Fitness Program. <i>Research Quarterly for Exercise and Sport</i> , 1989, 60, 117-126.	0.8	11
26	Personal Fitness. <i>Journal of Physical Education, Recreation and Dance</i> , 1986, 57, 23-32.	0.1	9
27	Positivity and Indicators of Health among African Americans with Diabetes. <i>American Journal of Health Behavior</i> , 2015, 39, 43-50.	0.6	9
28	Culturally Tailored Diabetes Prevention in the Workplace. <i>The Diabetes Educator</i> , 2015, 41, 175-183.	2.6	8
29	The longitudinal association of psychological resources with chronic conditions and the mediating roles of health behaviours and allostatic load. <i>Psychology and Health</i> , 2020, 35, 629-643.	1.2	6
30	A Resilience Intervention for Adults with Type 2 Diabetes: Proof-of-Concept in Community Health Centers. <i>International Journal of Behavioral Medicine</i> , 2020, 27, 565-575.	0.8	5
31	Perceptions of adolescent wellness at a single-sex school. <i>International Journal of Health Promotion and Education</i> , 2013, 51, 300-311.	0.4	4
32	Associations of Historical Loss, Resilience, and Coping with Loss-related Emotional Symptoms in the Anishinaabe. <i>American Journal of Health Behavior</i> , 2020, 44, 244-251.	0.6	3
33	The roles of resilience and belonging in mediating the association between positivity and anxiety among underrepresented college students. <i>Journal of American College Health</i> , 2022, 70, 2311-2317.	0.8	2
34	Diabetes Self-Management Education and Support Culturally Tailored for African Americans: COVID-19-Related Factors Influencing Restart of the TX STRIDE Study. <i>Science of Diabetes Self-Management and Care</i> , 2021, 47, 290-301.	0.9	2
35	Feasibility and Performance of Hemoglobin A1C Self-Testing During COVID-19 Among African Americans With Type 2 Diabetes. <i>Science of Diabetes Self-Management and Care</i> , 2022, 48, 204-212.	0.9	1