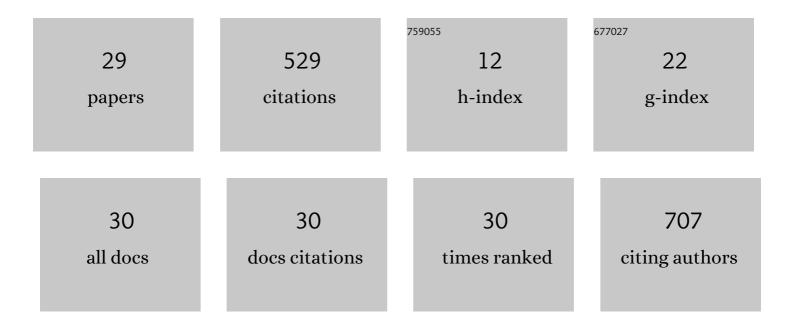
Elisa Mazza

List of Publications by Year in descending order

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#	Article	IF	CITATIONS
1	The Effects of COVID-19 on the Eating Habits of Children and Adolescents in Italy: A Pilot Survey Study. Nutrients, 2021, 13, 2641.	1.7	61
2	Individuals with Metabolically Healthy Overweight/Obesity Have Higher Fat Utilization than Metabolically Unhealthy Individuals. Nutrients, 2016, 8, 2.	1.7	59
3	Effect of the replacement of dietary vegetable oils with a low dose of extravirgin olive oil in the Mediterranean Diet on cognitive functions in the elderly. Journal of Translational Medicine, 2018, 16, 10.	1.8	52
4	Mediterranean Diet In Healthy Aging. Journal of Nutrition, Health and Aging, 2021, 25, 1076-1083.	1.5	39
5	Randomized Clinical Trial: Bergamot Citrus and Wild Cardoon Reduce Liver Steatosis and Body Weight in Non-diabetic Individuals Aged Over 50 Years. Frontiers in Endocrinology, 2020, 11, 494.	1.5	33
6	Lycopene and bone: an inÂvitroÂinvestigation and aÂpilot prospectiveÂclinicalÂstudy. Journal of Translational Medicine, 2020, 18, 43.	1.8	31
7	Reference values for handgrip strength in young people of both sexes. Endocrine, 2013, 43, 342-345.	1.1	30
8	Impact of legumes and plant proteins consumption on cognitive performances in the elderly. Journal of Translational Medicine, 2017, 15, 109.	1.8	28
9	High Vegetable Fats Intake Is Associated with High Resting Energy Expenditure in Vegetarians. Nutrients, 2015, 7, 5933-5947.	1.7	26
10	Protein and vitamin B6 intake are associated with liver steatosis assessed by transient elastography, especially in obese individuals. Clinical and Molecular Hepatology, 2017, 23, 249-259.	4.5	20
11	Sarcopenia and Appendicular Muscle Mass as Predictors of Impaired Fasting Glucose/Type 2 Diabetes in Elderly Women. Nutrients, 2021, 13, 1909.	1.7	19
12	Lipid Oxidation Assessed by Indirect Calorimetry Predicts Metabolic Syndrome and Type 2 Diabetes. Frontiers in Endocrinology, 2018, 9, 806.	1.5	18
13	Relationship between high sodium and low PUFA intake and carotid atherosclerosis in elderly women. Experimental Gerontology, 2018, 108, 256-261.	1.2	14
14	Mediterranean Diet a Potential Strategy against SARS-CoV-2 Infection: A Narrative Review. Medicina (Lithuania), 2021, 57, 1389.	0.8	12
15	Weight Gain and Liver Steatosis in Patients with Inflammatory Bowel Diseases. Nutrients, 2019, 11, 303.	1.7	10
16	Telenutrition: Changes in Professional Practice and in the Nutritional Assessments of Italian Dietitian Nutritionists in the COVID-19 Era. Nutrients, 2022, 14, 1359.	1.7	10
17	The link between nutritional parameters and bone mineral density in women: results of a screening programme for osteoporosis. Journal of Translational Medicine, 2014, 12, 46.	1.8	9
18	Hypokalemia during the early phase of refeeding in patients with cancer. Clinics, 2013, 68, 1413-1415.	0.6	8

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19	Effect of a novel functional tomato sauce (OsteoCol) from vine-ripened tomatoes on serum lipids in individuals with common hypercholesterolemia: tomato sauce and hypercholesterolemia. Journal of Translational Medicine, 2021, 19, 19.	1.8	8
20	Nutrients Utilization in Obese Individuals with and without Hypertriglyceridemia. Nutrients, 2014, 6, 790-798.	1.7	7
21	Effects of C-Peptide Replacement Therapy on Bone Microarchitecture Parameters in Streptozotocin-Diabetic Rats. Calcified Tissue International, 2020, 107, 266-280.	1.5	7
22	A new breakfast brioche containing bergamot fiber prevents insulin and glucose increase in healthy volunteers: a pilot study. Minerva Endocrinology, 2021, 46, 214-225.	0.6	7
23	Hemp Seeds in Post-Arthroplasty Rehabilitation: A Pilot Clinical Study and an In Vitro Investigation. Nutrients, 2021, 13, 4330.	1.7	7
24	Dietary Patterns and Fractures Risk in the Elderly. Frontiers in Endocrinology, 2017, 8, 344.	1.5	5
25	Effects of a Portfolio-Mediterranean Diet and a Mediterranean Diet with or without a Sterol-Enriched Yogurt in Individuals with Hypercholesterolemia. Endocrinology and Metabolism, 2020, 35, 298-307.	1.3	5
26	Homemade food, alcohol, and body weight: Change in eating habits in young individuals at the time of COVID-19 Lockdown. Journal of Education and Health Promotion, 2021, 10, 427.	0.3	2
27	Liver Stiffness in Obese Hypothyroid Patients Taking Levothyroxine. Medicina (Lithuania), 2022, 58, 946.	0.8	2
28	Bending Resistance at Hip and Fractures Risk in Postmenopausal Women Independent of Bone Mineral Density. Journal of Clinical Densitometry, 2021, , .	0.5	0
29	Relationship between osteoporosis, multiple fractures, and egg intake in healthy elderly. Journal of Mid-Life Health. 2021, 12, 287.	0.4	0