

# Shahnawaz Anwer

## List of Publications by Year in Descending Order

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

91  
papers

1,165  
citations

18  
h-index

30  
g-index

102  
ext. papers

1,669  
ext. citations

2.5  
avg, IF

5.19  
L-index

#	Paper	IF	Citations
91	Effects of plyometric and whole-body vibration on physical performance in collegiate basketball players: a crossover randomized trial.. <i>Scientific Reports</i> , <b>2022</b> , 12, 5043	4.9	1
90	Deep learning-based networks for automated recognition and classification of awkward working postures in construction using wearable insole sensor data. <i>Automation in Construction</i> , <b>2022</b> , 136, 104181	8.6	2
89	Internal consistency, test-retest reliability, and construct validity of the adapted Arabic version of the Oxford shoulder score in patients with shoulder disorders. <i>Disability and Rehabilitation</i> , <b>2021</b> , 43, 2790-2796	2.4	1
88	Evaluation of Sleep Habits, Generalized Anxiety, Perceived Stress, and Research Outputs Among Postgraduate Research Students in Hong Kong During the Coronavirus (COVID-19) Pandemic. <i>Journal of Multidisciplinary Healthcare</i> , <b>2021</b> , 14, 3135-3149	2.8	1
87	Psychometric properties of the Generalized Anxiety Disorder-7 Scale in Ethiopian university students. <i>Bulletin of the Menninger Clinic</i> , <b>2021</b> , 85, 405-427	1.3	
86	Effects of task complexity or rate of motor imagery on motor learning in healthy young adults. <i>Brain and Behavior</i> , <b>2021</b> , 11, e02122	3.4	1
85	Psychometric Properties of the General Anxiety Disorders-7 Scale Using Categorical Data Methods: A Study in a Sample of University Attending Ethiopian Young Adults. <i>Neuropsychiatric Disease and Treatment</i> , <b>2021</b> , 17, 893-903	3.1	2
84	Intermanual Transfer Effects on Performance Gain Following Dominant Hand Training in Community-Dwelling Healthy Adults: A Preliminary Study. <i>Journal of Multidisciplinary Healthcare</i> , <b>2021</b> , 14, 1007-1016	2.8	1
83	Efficacy of Electromyographic-Biofeedback Supplementation Training with Patellar Taping on Quadriceps Strengthening in Patellofemoral Pain Syndrome among Young Adult Male Athletes. <i>International Journal of Environmental Research and Public Health</i> , <b>2021</b> , 18,	4.6	3
82	Effects of TheraBand and Theratube Eccentric Exercises on Quadriceps Muscle Strength and Muscle Mass in Young Adults. <i>BioMed Research International</i> , <b>2021</b> , 2021, 5560144	3	2
81	Evaluation of Physiological Metrics as Real-Time Measurement of Physical Fatigue in Construction Workers: State-of-the-Art Review. <i>Journal of Construction Engineering and Management - ASCE</i> , <b>2021</b> , 147, 03121001	4.2	18
80	Associations between physical or psychosocial risk factors and work-related musculoskeletal disorders in construction workers based on literature in the last 20 years: A systematic review. <i>International Journal of Industrial Ergonomics</i> , <b>2021</b> , 83, 103113	2.9	18
79	Associations between vitamin E, oxidative stress markers, total homocysteine levels, and physical activity or cognitive capacity in older adults. <i>Scientific Reports</i> , <b>2021</b> , 11, 12867	4.9	5
78	Effects of load carrying techniques on gait parameters, dynamic balance, and physiological parameters during a manual material handling task. <i>Engineering, Construction and Architectural Management</i> , <b>2021</b> , ahead-of-print,	3.1	2
77	Validity and reliability of a wearable insole pressure system for measuring gait parameters to identify safety hazards in construction. <i>Engineering, Construction and Architectural Management</i> , <b>2021</b> , 28, 1761-1779	3.1	6
76	Assessment of a passive exoskeleton system on spinal biomechanics and subjective responses during manual repetitive handling tasks among construction workers. <i>Safety Science</i> , <b>2021</b> , 142, 105382	5.8	7
75	Test-retest reliability, validity, and responsiveness of a textile-based wearable sensor for real-time assessment of physical fatigue in construction bar-benders. <i>Journal of Building Engineering</i> , <b>2021</b> , 44, 103348	5.2	0

74	Efficacy of Deep Cervical Flexor Muscle Training on Neck Pain, Functional Disability, and Muscle Endurance in School Teachers: A Clinical Trial. <i>BioMed Research International</i> , <b>2021</b> , 2021, 7190808	3	4
73	Quantifying workers' gait patterns to identify safety hazards in construction using a wearable insole pressure system. <i>Safety Science</i> , <b>2020</b> , 129, 104855	5.8	12
72	Psychometric Properties of the Generalized Anxiety Disorder Scale Among Saudi University Male Students. <i>Neuropsychiatric Disease and Treatment</i> , <b>2020</b> , 16, 1427-1432	3.1	16
71	Performance of the Arabic Population on the Adolescent-Adult Sensory Profile: An Observational Study. <i>Neuropsychiatric Disease and Treatment</i> , <b>2020</b> , 16, 35-42	3.1	1
70	Physical exertion modeling for construction tasks using combined cardiorespiratory and thermoregulatory measures. <i>Automation in Construction</i> , <b>2020</b> , 112, 103079	9.6	18
69	Influence of different jaw positions on dynamic balance using Y-balance test. <i>Brain and Behavior</i> , <b>2020</b> , 10, e01507	3.4	4
68	Knowledge, Attitude and Implementation of Evidence-Based Practice among Physiotherapists Working in the Kingdom of Saudi Arabia: A Cross-Sectional Survey. <i>Healthcare (Switzerland)</i> , <b>2020</b> , 8,	3.4	4
67	Incidence, Prevalence, and Risk Factors of Hemiplegic Shoulder Pain: A Systematic Review. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	13
66	Psychometric Analysis of the Perceived Stress Scale Among Healthy University Students. <i>Neuropsychiatric Disease and Treatment</i> , <b>2020</b> , 16, 2389-2396	3.1	8
65	Cardiorespiratory and Thermoregulatory Parameters Are Good Surrogates for Measuring Physical Fatigue during a Simulated Construction Task. <i>International Journal of Environmental Research and Public Health</i> , <b>2020</b> , 17,	4.6	7
64	Comparison of simultaneous bilateral versus unilateral total knee replacement on pain levels and functional recovery. <i>BMC Musculoskeletal Disorders</i> , <b>2020</b> , 21, 246	2.8	4
63	Efficacy of Combination Therapies on Neck Pain and Muscle Tenderness in Male Patients with Upper Trapezius Active Myofascial Trigger Points. <i>BioMed Research International</i> , <b>2020</b> , 2020, 9361405	3	6
62	Effect of Different Body Postures on the Severity of Stuttering in Young Adults with Developmental Stuttering. <i>BioMed Research International</i> , <b>2019</b> , 2019, 1817906	3	1
61	Psychometric properties of the perceived stress scale in Ethiopian university students. <i>BMC Public Health</i> , <b>2019</b> , 19, 41	4.1	27
60	Effect of 6-week retro or forward walking program on pain, functional disability, quadriceps muscle strength, and performance in individuals with knee osteoarthritis: a randomized controlled trial (retro-walking trial). <i>BMC Musculoskeletal Disorders</i> , <b>2019</b> , 20, 159	2.8	19
59	Psychometric Analysis Of The Sleep Hygiene Index And Correlation With Stress And Anxiety Among Saudi University Students. <i>Nature and Science of Sleep</i> , <b>2019</b> , 11, 325-332	3.6	10
58	Effects of selective strengthening of tibialis posterior and stretching of iliopsoas on navicular drop, dynamic balance, and lower limb muscle activity in pronated feet: A randomized clinical trial. <i>Physician and Sportsmedicine</i> , <b>2019</b> , 47, 301-311	2.4	5
57	The relationships between shoulder pain, range of motion, and disability in patients with shoulder dysfunction. <i>Journal of Back and Musculoskeletal Rehabilitation</i> , <b>2018</b> , 31, 163-167	1.4	8

56	Validation of the adapted Leeds sleep evaluation questionnaire in Ethiopian university students. <i>Health and Quality of Life Outcomes</i> , <b>2018</b> , 16, 49	3	13
55	Effects of Vestibular Rehabilitation in the Management of a Vestibular Migraine: A Review. <i>Frontiers in Neurology</i> , <b>2018</b> , 9, 440	4.1	28
54	Effects of orthopaedic manual therapy in knee osteoarthritis: a systematic review and meta-analysis. <i>Physiotherapy</i> , <b>2018</b> , 104, 264-276	3	18
53	Effects of Head-Neck Positions on the Hand Grip Strength in Healthy Young Adults: A Cross-Sectional Study. <i>BioMed Research International</i> , <b>2018</b> , 2018, 7384928	3	2
52	Test-retest reliability, validity, and minimum detectable change of visual analog, numerical rating, and verbal rating scales for measurement of osteoarthritic knee pain. <i>Journal of Pain Research</i> , <b>2018</b> , 11, 851-856	2.9	148
51	A dose-response study of aerobic training for oxygen uptake, oxidative stress and cardiac autonomic function in type 2 diabetes mellitus: study protocol for a randomized controlled trial. <i>Trials</i> , <b>2018</b> , 19, 289	2.8	3
50	Effect of footwear on standing balance in healthy young adult males. <i>Journal of Musculoskeletal Neuronal Interactions</i> , <b>2018</b> , 18, 71-75	1.3	5
49	Effect of quadriceps and calf muscles fatigue on standing balance in healthy young adult males. <i>Journal of Musculoskeletal Neuronal Interactions</i> , <b>2018</b> , 18, 248-254	1.3	1
48	Effect of localised vibration on muscle strength in healthy adults: a systematic review. <i>Physiotherapy</i> , <b>2018</b> , 104, 18-24	3	23
47	Comparison of diabetes risk estimate in the cities of Riyadh and Amman. <i>Medicine (United States)</i> , <b>2018</b> , 97, e12689	1.8	1
46	Reliability, validity, and responsiveness of three scales for measuring balance in patients with chronic stroke. <i>BMC Neurology</i> , <b>2018</b> , 18, 141	3.1	37
45	Postactivation Potentiation Following Acute Bouts of Plyometric versus Heavy-Resistance Exercise in Collegiate Soccer Players. <i>BioMed Research International</i> , <b>2018</b> , 2018, 3719039	3	9
44	Effect of Upright and Slouched Sitting Postures on the Respiratory Muscle Strength in Healthy Young Males. <i>BioMed Research International</i> , <b>2018</b> , 2018, 3058970	3	4
43	Implementation and use of standardized outcome measures by physical therapists in Saudi Arabia: barriers, facilitators and perceptions. <i>BMC Health Services Research</i> , <b>2017</b> , 17, 748	2.9	11
42	Preconditioning by light-load eccentric exercise is equally effective as low-level laser therapy in attenuating exercise-induced muscle damage in collegiate men. <i>Journal of Pain Research</i> , <b>2017</b> , 10, 2213-2221	2.9	6
41	Cross-cultural adaptation and psychometric analysis of the Arabic version of the oxford knee score in adult male with knee osteoarthritis. <i>BMC Musculoskeletal Disorders</i> , <b>2017</b> , 18, 190	2.8	6
40	Activities-specific balance confidence scale for predicting future falls in Indian older adults. <i>Clinical Interventions in Aging</i> , <b>2017</b> , 12, 645-651	4	13
39	Fatigue and oxidative stress response to physical activity in type 2 diabetic patients. <i>International Journal of Diabetes in Developing Countries</i> , <b>2016</b> , 36, 59-64	0.8	5

38	Comparison of the effect of pre- and post-operative physical therapy versus post-operative physical therapy alone on pain and recovery of function after total knee arthroplasty. <i>Journal of Physical Therapy Science</i> , <b>2016</b> , 28, 2754-2758	1	4
37	The perceptions and readiness toward interprofessional education among female undergraduate health-care students at King Saud University. <i>Journal of Physical Therapy Science</i> , <b>2016</b> , 28, 1142-6	1	20
36	The psychometric properties of an Arabic numeric pain rating scale for measuring osteoarthritis knee pain. <i>Disability and Rehabilitation</i> , <b>2016</b> , 38, 2392-7	2.4	20
35	Effect of whole body vibration training on quadriceps muscle strength in individuals with knee osteoarthritis: a systematic review and meta-analysis. <i>Physiotherapy</i> , <b>2016</b> , 102, 145-51	3	16
34	Cross-cultural adaptation, reliability and validity of the Arabic version of the reduced Western Ontario and McMaster Universities Osteoarthritis index in patients with knee osteoarthritis. <i>Disability and Rehabilitation</i> , <b>2016</b> , 38, 689-94	2.4	14
33	Test-Retest Reliability of Beurer Glass Diagnostic Scale for Measuring Body Mass Index. <i>Physikalische Medizin Rehabilitationsmedizin Kurortmedizin</i> , <b>2016</b> , 26, 242-244	0.5	
32	Effect of Motivation by "Instagram" on Adherence to Physical Activity among Female College Students. <i>BioMed Research International</i> , <b>2016</b> , 2016, 1546013	3	21
31	Effects of two different mobilization techniques on pain, range of motion and functional disability in patients with adhesive capsulitis: a comparative study. <i>Journal of Physical Therapy Science</i> , <b>2016</b> , 28, 3342-3349	1	7
30	Ten-year Diabetes Risk Forecast in the Capital of Jordan: Arab Diabetes Risk Assessment Questionnaire Perspective-A Strobe-Complaint Article. <i>Medicine (United States)</i> , <b>2016</b> , 95, e3181	1.8	11
29	Effect of Home Exercise Program in Patients With Knee Osteoarthritis: A Systematic Review and Meta-analysis. <i>Journal of Geriatric Physical Therapy</i> , <b>2016</b> , 39, 38-48	3.2	38
28	Effect of absence of vision on posture. <i>Journal of Physical Therapy Science</i> , <b>2016</b> , 28, 1374-7	1	9
27	Physical and balance performance following exercise induced muscle damage in male soccer players. <i>Journal of Physical Therapy Science</i> , <b>2016</b> , 28, 2942-2949	1	23
26	Effect of Physiotherapy on Pain and Recovery of Physical Function after Total Knee Arthroplasty: One Month Follow-up. <i>Physikalische Medizin Rehabilitationsmedizin Kurortmedizin</i> , <b>2016</b> , 26, 284-287	0.5	
25	Recent Evidence About the Effectiveness of Vestibular Rehabilitation. <i>Current Treatment Options in Neurology</i> , <b>2016</b> , 18, 13	4.4	35
24	Effect of retro and forward walking on quadriceps muscle strength, pain, function, and mobility in patients with knee osteoarthritis: a protocol for a randomized controlled trial. <i>BMC Musculoskeletal Disorders</i> , <b>2016</b> , 17, 161	2.8	4
23	Effect of Trunk Stabilization Exercises using a Gym Ball with or without Electromyography-Biofeedback in Patients with Chronic Low Back Pain: An Experimental Study. <i>Physikalische Medizin Rehabilitationsmedizin Kurortmedizin</i> , <b>2016</b> , 26, 79-83	0.5	3
22	Comparison of the Combined Effects of Hip and Knee Muscle Strengthening vs. Knee Muscle Strengthening Alone on Pain, Function and Gait Parameters in Knee Osteoarthritis. <i>Physikalische Medizin Rehabilitationsmedizin Kurortmedizin</i> , <b>2016</b> , 26, 118-123	0.5	1
21	Therapeutic effects of whole-body vibration training in knee osteoarthritis: a systematic review and meta-analysis. <i>Archives of Physical Medicine and Rehabilitation</i> , <b>2015</b> , 96, 1525-32	2.8	36

20	Physical therapy education in Saudi Arabia. <i>Journal of Physical Therapy Science</i> , <b>2015</b> , 27, 1621-3	1	14
19	Effect of modified hold-relax stretching and static stretching on hamstring muscle flexibility. <i>Journal of Physical Therapy Science</i> , <b>2015</b> , 27, 535-8	1	17
18	Cross-cultural adaptation and psychometric properties of an Arabic version of the Shoulder Pain and Disability Index. <i>International Journal of Rehabilitation Research</i> , <b>2015</b> , 38, 270-5	1.8	20
17	Effects of Exercise on Spinal Deformities and Quality of Life in Patients with Adolescent Idiopathic Scoliosis. <i>BioMed Research International</i> , <b>2015</b> , 2015, 123848	3	28
16	Prevalence of musculoskeletal pain in construction workers in Saudi Arabia. <i>Scientific World Journal, The</i> , <b>2015</b> , 2015, 529873	2.2	35
15	The reliability and minimal detectable change of Timed Up and Go test in individuals with grade 1-3 knee osteoarthritis. <i>BMC Musculoskeletal Disorders</i> , <b>2015</b> , 16, 174	2.8	82
14	The Development and Validation of Hundred Paise Pain Scale for Measuring Musculoskeletal Pain: A Prospective Observational Study. <i>Medicine (United States)</i> , <b>2015</b> , 94, e1162	1.8	5
13	Effect of Galvanic Skin Resistance-Aided Biofeedback Training in Reducing the Pulse Rate, Respiratory Rate, and Blood Pressure Due to Perceived Stress in Physiotherapy Students. <i>FTR - Turkiye Fiziksel Tip Ve Rehabilitasyon Dergisi</i> , <b>2015</b> , 61, 116-119		3
12	Efficacy of proprioceptive neuromuscular facilitation techniques versus traditional prosthetic training for improving ambulatory function in transtibial amputees. <i>Hong Kong Physiotherapy Journal</i> , <b>2014</b> , 32, 28-34	1	6
11	Effect of locomotor training on motor recovery and walking ability in patients with incomplete spinal cord injury: a case series. <i>Journal of Physical Therapy Science</i> , <b>2014</b> , 26, 951-3	1	15
10	Effect of isometric quadriceps exercise on muscle strength, pain, and function in patients with knee osteoarthritis: a randomized controlled study. <i>Journal of Physical Therapy Science</i> , <b>2014</b> , 26, 745-8	1	56
9	Reliability of an assessment of deep neck flexor muscle endurance test: A cross-sectional study. <i>International Journal of Therapy and Rehabilitation</i> , <b>2014</b> , 21, 227-231	0.4	5
8	Effect of gender on strength gains after isometric exercise coupled with electromyographic biofeedback in knee osteoarthritis: a preliminary study. <i>Annals of Physical and Rehabilitation Medicine</i> , <b>2013</b> , 56, 434-42	3.8	7
7	Efficacy of low-energy extracorporeal shockwave therapy and a supervised clinical exercise protocol for the treatment of chronic lateral epicondylitis: A randomised controlled study. <i>Hong Kong Physiotherapy Journal</i> , <b>2013</b> , 31, 19-24	1	5
6	Effect of foot position during sit-to-stand training on balance and upright mobility in patients with chronic stroke. <i>Hong Kong Physiotherapy Journal</i> , <b>2013</b> , 31, 75-80	1	7
5	EFFICACY OF PRESSURE-BIOFEEDBACK GUIDED DEEP CERVICAL FLEXOR TRAINING ON NECK PAIN AND MUSCLE PERFORMANCE IN VISUAL DISPLAY TERMINAL OPERATORS. <i>Journal of Musculoskeletal Research</i> , <b>2013</b> , 16, 1350011	0.1	7
4	The prevalence and impact of age and gender on rehabilitation outcomes in spinal cord injury in India: a retrospective pilot study. <i>Spinal Cord</i> , <b>2013</b> , 51, 409-12	2.7	2
3	Efficacy of Pressure Biofeedback Guided Deep Cervical Flexor Training on Forward Head Posture in Visual Display Terminal Operators. <i>Indian Journal of Physiotherapy and Occupational Therapy</i> , <b>2013</b> , 7, 141	2	3

2	Effect of closed kinematic chain exercises in improving gait and function in cerebral palsy: a case report. <i>International Journal of Therapy and Rehabilitation</i> , <b>2012</b> , 19, 414-418	0.4	1
1	Effectiveness of electromyographic biofeedback training on quadriceps muscle strength in osteoarthritis of knee. <i>Hong Kong Physiotherapy Journal</i> , <b>2011</b> , 29, 86-93	1	14