

Chiara Baglioni

List of Publications by Year in descending order

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Version: 2024-02-01

68
papers

9,170
citations

94433

37
h-index

106344

65
g-index

75
all docs

75
docs citations

75
times ranked

9246
citing authors

#	ARTICLE	IF	CITATIONS
1	Mindfulness and self-compassion in dermatological conditions: a systematic narrative review. <i>Psychology and Health</i> , 2024, 39, 268-300.	2.2	3
2	Future directions in insomnia diagnosis and treatment. , 2023, , 259-267.		2
3	Psychological correlates of insomnia in professional soccer players: An exploratory study. <i>European Journal of Sport Science</i> , 2022, 22, 897-905.	2.7	6
4	Validation study of the Italian version of the Sleep Hygiene Index. <i>Journal of Sleep Research</i> , 2022, 31, e13445.	3.2	2
5	Cognitive behavioral therapy for insomnia in patients with mental disorders and comorbid insomnia: A systematic review and meta-analysis. <i>Sleep Medicine Reviews</i> , 2022, 62, 101597.	8.5	80
6	Insomnia evaluation and treatment during peripartum: a joint position paper from the European Insomnia Network task force "Sleep and Women," the Italian MarcA Society and international experts task force for perinatal mental health. <i>Archives of Women's Mental Health</i> , 2022, 25, 561-575.	2.6	6
7	The impact of COVID-19 on Italian adolescents' sleep and its association with psychological factors. <i>Journal of Sleep Research</i> , 2022, 31, .	3.2	8
8	Does cognitive behaviour therapy for insomnia reduce repetitive negative thinking and sleep-related worry beliefs? A systematic review and meta-analysis. <i>Sleep Medicine Reviews</i> , 2021, 55, 101378.	8.5	35
9	Efficacy of interventions for improving health in patients with multiple sclerosis on insomnia symptoms and sleep quality: A systematic review of randomized controlled trials. <i>Journal of Behavioral and Cognitive Therapy</i> , 2021, 31, 137-145.	1.4	0
10	Sleep Characteristics in Italian Children During Home Confinement Due to Covid-19 Outbreak.. , 2021, 18, 13-27.		7
11	Sleep Characteristics in the Italian Pediatric Population: A Systematic Review.. , 2021, 18, 119-136.		3
12	The European Academy for Cognitive Behavioural Therapy for Insomnia: An initiative of the European Insomnia Network to promote implementation and dissemination of treatment. <i>Journal of Sleep Research</i> , 2020, 29, e12967.	3.2	138
13	Interventions for sleep problems during pregnancy: A systematic review. <i>Sleep Medicine Reviews</i> , 2020, 50, 101234.	8.5	72
14	Insomnia and poor sleep quality during peripartum: a family issue with potential long term consequences on mental health. <i>Journal of Maternal-Fetal and Neonatal Medicine</i> , 2020, , 1-9.	1.5	11
15	The Association between Diurnal Sleep Patterns and Emotions in Infants and Toddlers Attending Nursery. <i>Brain Sciences</i> , 2020, 10, 891.	2.3	5
16	Hippocampal and medial prefrontal cortical volume is associated with overnight declarative memory consolidation independent of specific sleep oscillations. <i>Journal of Sleep Research</i> , 2020, 29, e13062.	3.2	2
17	Reply to Zhang etAl.: Commentary interventions for sleep problems during pregnancy. <i>Sleep Medicine Reviews</i> , 2020, 51, 101284.	8.5	0
18	The efficacy of cognitive and behavior therapies for insomnia on daytime symptoms: A systematic review and network meta-analysis. <i>Clinical Psychology Review</i> , 2020, 80, 101873.	11.4	62

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19	Dealing with sleep problems during home confinement due to the COVID-19 outbreak: Practical recommendations from a task force of the European CBT Academy. <i>Journal of Sleep Research</i> , 2020, 29, e13052.	3.2	688
20	Cognitive behavioural therapy for insomnia does not appear to have a substantial impact on early markers of cardiovascular disease: A preliminary randomized controlled trial. <i>Journal of Sleep Research</i> , 2020, 29, e13102.	3.2	16
21	A Systematic Review and Network Meta-Analysis of Randomized Controlled Trials Evaluating the Evidence Base of Melatonin, Light Exposure, Exercise, and Complementary and Alternative Medicine for Patients with Insomnia Disorder. <i>Journal of Clinical Medicine</i> , 2020, 9, 1949.	2.4	40
22	Insomnia in the Italian Population During Covid-19 Outbreak: A Snapshot on One Major Risk Factor for Depression and Anxiety. <i>Frontiers in Psychiatry</i> , 2020, 11, 579107.	2.6	53
23	Considering Sleep, Mood, and Stress in a Family Context: A Preliminary Study. <i>Clocks & Sleep</i> , 2019, 1, 259-272.	2.0	9
24	Insomnia as a predictor of mental disorders: A systematic review and meta-analysis. <i>Sleep Medicine Reviews</i> , 2019, 43, 96-105.	8.5	614
25	Differential effects of bifrontal tDCS on arousal and sleep duration in insomnia patients and healthy controls. <i>Brain Stimulation</i> , 2019, 12, 674-683.	1.6	42
26	Insomnia—perchance a dream? Results from a NREM/REM sleep awakening study in good sleepers and patients with insomnia. <i>Sleep</i> , 2018, 41, .	1.1	45
27	Declarative virtual water maze learning and emotional fear conditioning in primary insomnia. <i>Journal of Sleep Research</i> , 2018, 27, e12693.	3.2	7
28	Brain Reactivity and Selective Attention to Sleep-Related Words in Patients With Chronic Insomnia. <i>Behavioral Sleep Medicine</i> , 2018, 16, 587-600.	2.1	22
29	The effectiveness of behavioural and cognitive behavioural therapies for insomnia on depressive and fatigue symptoms: A systematic review and network meta-analysis. <i>Sleep Medicine Reviews</i> , 2018, 37, 114-129.	8.5	114
30	Reference Data for Polysomnography-Measured and Subjective Sleep in Healthy Adults. <i>Journal of Clinical Sleep Medicine</i> , 2018, 14, 523-532.	2.6	61
31	Your Place or Mine? Does the Sleep Location Matter in Young Couples?. <i>Behavioral Sleep Medicine</i> , 2017, 15, 87-96.	2.1	10
32	Top-down control of arousal and sleep: Fundamentals and clinical implications. <i>Sleep Medicine Reviews</i> , 2017, 31, 17-24.	8.5	55
33	European guideline for the diagnosis and treatment of insomnia. <i>Journal of Sleep Research</i> , 2017, 26, 675-700.	3.2	1,334
34	Perfectionism and Polysomnography-Determined Markers of Poor Sleep. <i>Journal of Clinical Sleep Medicine</i> , 2017, 13, 1319-1326.	2.6	20
35	Insomnia with objective short sleep duration is associated with longer duration of insomnia in the Freiburg Insomnia Cohort compared to insomnia with normal sleep duration, but not with hypertension. <i>PLoS ONE</i> , 2017, 12, e0180339.	2.5	43
36	Polysomnographic Characteristics of Sleep in Stroke: A Systematic Review and Meta-Analysis. <i>PLoS ONE</i> , 2016, 11, e0148496.	2.5	52

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37	Magnetic Resonance Spectroscopy in Patients with Insomnia: A Repeated Measurement Study. PLoS ONE, 2016, 11, e0156771.	2.5	31
38	Objective sleep disturbances are associated with greater waking resting-state connectivity between the retrosplenial cortex/hippocampus and various nodes of the default mode network. Journal of Psychiatry and Neuroscience, 2016, 41, 295-303.	2.4	73
39	Sleep and mental disorders: A meta-analysis of polysomnographic research.. Psychological Bulletin, 2016, 142, 969-990.	6.1	658
40	Treatment of insomnia“ A preventive strategy for cardiovascular and mental disorders. Mental Health and Prevention, 2016, 4, 96-103.	1.3	1
41	PrÄvention psychischer StÄrungen durch kognitive Verhaltenstherapie bei Insomnie. Somnologie, 2015, 19, 88-92.	1.5	9
42	REM sleep and memory reorganization: Potential relevance for psychiatry and psychotherapy. Neurobiology of Learning and Memory, 2015, 122, 28-40.	1.9	48
43	Neuroimaging Insights into Insomnia. Current Neurology and Neuroscience Reports, 2015, 15, 9.	4.2	62
44	The exploratory power of sleep effort, dysfunctional beliefs and arousal for insomnia severity and polysomnographyÄdetermined sleep. Journal of Sleep Research, 2015, 24, 399-406.	3.2	29
45	Perfectionistic Tendencies in Insomnia Patients' Behavior During Psychometric Testing. Behavioral Sleep Medicine, 2015, 13, 387-394.	2.1	8
46	Reduced anterior internal capsule white matter integrity in primary insomnia. Human Brain Mapping, 2014, 35, 3431-3438.	3.6	72
47	Quality of Life Improvements after Acceptance and Commitment Therapy in Nonresponders to Cognitive Behavioral Therapy for Primary Insomnia. Psychotherapy and Psychosomatics, 2014, 83, 371-373.	8.8	45
48	Sleep changes in the disorder of insomnia: A meta-analysis of polysomnographic studies. Sleep Medicine Reviews, 2014, 18, 195-213.	8.5	261
49	The reorganisation of memory during sleep. Sleep Medicine Reviews, 2014, 18, 531-541.	8.5	145
50	Severity of insomnia, disordered eating symptoms, and depression in female university students. Clinical Psychologist, 2014, 18, 108-115.	0.8	15
51	Insomnia Disorder is Associated with Increased Amygdala Reactivity to Insomnia-Related Stimuli. Sleep, 2014, 37, 1907-1917.	1.1	125
52	The Relationship between Brain Morphology and Polysomnography in Healthy Good Sleepers. PLoS ONE, 2014, 9, e109336.	2.5	10
53	Comorbid Sleep Disorders in Neuropsychiatric Disorders Across the Life Cycle. Current Psychiatry Reports, 2013, 15, 364.	4.5	104
54	REM sleep dysregulation in depression: State of the art. Sleep Medicine Reviews, 2013, 17, 377-390.	8.5	330

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55	Neuroimaging Studies in Insomnia. <i>Current Psychiatry Reports</i> , 2013, 15, 405.	4.5	44
56	The microstructure of sleep in primary insomnia: An overview and extension. <i>International Journal of Psychophysiology</i> , 2013, 89, 171-180.	1.0	128
57	Psychophysiological reactivity to symptom-related emotional stimuli in insomnia: A replication and extension to disordered eating. <i>Sleep and Biological Rhythms</i> , 2013, 11, 20-28.	1.0	3
58	Insomnia Does Not Appear to be Associated With Substantial Structural Brain Changes. <i>Sleep</i> , 2013, 36, 731-737.	1.1	97
59	Future Directions in Insomnia Diagnosis and Treatment. , 2013, , 354-361.		3
60	REM Sleep Instability â€œ A New Pathway for Insomnia?. <i>Pharmacopsychiatry</i> , 2012, 45, 167-76.	3.3	161
61	Increased EEG sigma and beta power during NREM sleep in primary insomnia. <i>Biological Psychology</i> , 2012, 91, 329-333.	2.2	151
62	Is Chronic Insomnia a Precursor to Major Depression? Epidemiological and Biological Findings. <i>Current Psychiatry Reports</i> , 2012, 14, 511-518.	4.5	99
63	Sleep-Related Arousal Versus General Cognitive Arousal in Primary Insomnia. <i>Journal of Clinical Sleep Medicine</i> , 2012, 08, 431-437.	2.6	30
64	EEG sigma and slowâ€“wave activity during NREM sleep correlate with overnight declarative and procedural memory consolidation. <i>Journal of Sleep Research</i> , 2012, 21, 612-619.	3.2	102
65	Insomnia as a predictor of depression: A meta-analytic evaluation of longitudinal epidemiological studies. <i>Journal of Affective Disorders</i> , 2011, 135, 10-19.	4.1	1,881
66	Clinical implications of the causal relationship between insomnia and depression: how individually tailored treatment of sleeping difficulties could prevent the onset of depression. <i>EPMA Journal</i> , 2011, 2, 287-293.	6.1	55
67	Psychophysiological reactivity to sleep-related emotional stimuli in primary insomnia. <i>Behaviour Research and Therapy</i> , 2010, 48, 467-475.	3.1	67
68	Sleep and emotions: A focus on insomnia. <i>Sleep Medicine Reviews</i> , 2010, 14, 227-238.	8.5	619