Yoko Tanabe

List of Publications by Year
in descending order

13 papers	359 citations	1162889 8 h-index	1125617 13 g-index
13 all docs	13 docs citations	13 times ranked	443 citing authors

#	Article	IF	Citations
1	Dietary Supplementation for Attenuating Exercise-Induced Muscle Damage and Delayed-Onset Muscle Soreness in Humans. Nutrients, 2022, 14, 70.	1.7	19
2	Urinary N-terminal fragment of titin: A surrogate marker of serum creatine kinase activity after exercise-induced severe muscle damage. Journal of Sports Sciences, 2021, 39, 1437-1444.	1.0	3
3	Effects of 6-(Methylsulfinyl)hexyl Isothiocyanate Ingestion on Muscle Damage after Eccentric Exercise in Healthy Males: A Pilot Placebo-Controlled Double-Blind Crossover Study. Journal of Dietary Supplements, 2021, , 1-15.	1.4	2
4	Validation of skeletal muscle mass estimation equations in active young adults: A preliminary study. Scandinavian Journal of Medicine and Science in Sports, 2021, 31, 1897-1907.	1.3	5
5	Urinary N-Terminal Fragment of Titin Reflects Muscle Damage After a Soccer Match in Male Collegiate Soccer Players. Journal of Strength and Conditioning Research, 2021, 35, 360-365.	1.0	6
6	Bone mineral density in male weight-classified athletes is higher than that in male endurance-athletes and non-athletes. Clinical Nutrition ESPEN, 2020, 36, 106-110.	0.5	13
7	Effect of regional muscle damage and inflammation following eccentric exercise on electrical resistance and the body composition assessment using bioimpedance spectroscopy. Journal of Physiological Sciences, 2019, 69, 895-901.	0.9	7
8	Effective Timing of Curcumin Ingestion to Attenuate Eccentric Exercise-Induced Muscle Soreness in Men. Journal of Nutritional Science and Vitaminology, 2019, 65, 82-89.	0.2	37
9	Effects of oral curcumin ingested before or after eccentric exercise on markers of muscle damage and inflammation. Scandinavian Journal of Medicine and Science in Sports, 2019, 29, 524-534.	1.3	52
10	Attenuation of indirect markers of eccentric exercise-induced muscle damage by curcumin. European Journal of Applied Physiology, 2015, 115, 1949-1957.	1.2	79
11	Effects of curcumin intake and aerobic exercise training on arterial compliance in postmenopausal women. Artery Research, 2013, 7, 67.	0.3	26
12	Effect of endurance exercise training and curcumin intake on central arterial hemodynamics in postmenopausal women: pilot study. American Journal of Hypertension, 2012, 25, 651-656.	1.0	94
13	The addition of whole-body vibration to a lifestyle modification on arterial stiffness in overweight and obese women. Artery Research, 2012, 6, 85.	0.3	16