

Yoko Tanabe

List of Publications by Year in descending order

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Version: 2024-02-01

13
papers

359
citations

1162367

8
h-index

1125271

13
g-index

13
all docs

13
docs citations

13
times ranked

443
citing authors

#	ARTICLE	IF	CITATIONS
1	Effect of endurance exercise training and curcumin intake on central arterial hemodynamics in postmenopausal women: pilot study. <i>American Journal of Hypertension</i> , 2012, 25, 651-656.	1.0	94
2	Attenuation of indirect markers of eccentric exercise-induced muscle damage by curcumin. <i>European Journal of Applied Physiology</i> , 2015, 115, 1949-1957.	1.2	79
3	Effects of oral curcumin ingested before or after eccentric exercise on markers of muscle damage and inflammation. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2019, 29, 524-534.	1.3	52
4	Effective Timing of Curcumin Ingestion to Attenuate Eccentric Exercise-Induced Muscle Soreness in Men. <i>Journal of Nutritional Science and Vitaminology</i> , 2019, 65, 82-89.	0.2	37
5	Effects of curcumin intake and aerobic exercise training on arterial compliance in postmenopausal women. <i>Artery Research</i> , 2013, 7, 67.	0.3	26
6	Dietary Supplementation for Attenuating Exercise-Induced Muscle Damage and Delayed-Onset Muscle Soreness in Humans. <i>Nutrients</i> , 2022, 14, 70.	1.7	19
7	The addition of whole-body vibration to a lifestyle modification on arterial stiffness in overweight and obese women. <i>Artery Research</i> , 2012, 6, 85.	0.3	16
8	Bone mineral density in male weight-classified athletes is higher than that in male endurance-athletes and non-athletes. <i>Clinical Nutrition ESPEN</i> , 2020, 36, 106-110.	0.5	13
9	Effect of regional muscle damage and inflammation following eccentric exercise on electrical resistance and the body composition assessment using bioimpedance spectroscopy. <i>Journal of Physiological Sciences</i> , 2019, 69, 895-901.	0.9	7
10	Urinary N-Terminal Fragment of Titin Reflects Muscle Damage After a Soccer Match in Male Collegiate Soccer Players. <i>Journal of Strength and Conditioning Research</i> , 2021, 35, 360-365.	1.0	6
11	Validation of skeletal muscle mass estimation equations in active young adults: A preliminary study. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2021, 31, 1897-1907.	1.3	5
12	Urinary N-terminal fragment of titin: A surrogate marker of serum creatine kinase activity after exercise-induced severe muscle damage. <i>Journal of Sports Sciences</i> , 2021, 39, 1437-1444.	1.0	3
13	Effects of 6-(Methylsulfinyl)hexyl Isothiocyanate Ingestion on Muscle Damage after Eccentric Exercise in Healthy Males: A Pilot Placebo-Controlled Double-Blind Crossover Study. <i>Journal of Dietary Supplements</i> , 2021, , 1-15.	1.4	2