

# Christoph FlÅ¼ckiger

## List of Publications by Year in descending order

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Version: 2024-02-01

91  
papers

6,075  
citations

159525

30  
h-index

85498

71  
g-index

121  
all docs

121  
docs citations

121  
times ranked

4295  
citing authors

#	ARTICLE	IF	CITATIONS
1	Alliance in individual psychotherapy.. Psychotherapy, 2011, 48, 9-16.	0.7	1,483
2	The alliance in adult psychotherapy: A meta-analytic synthesis.. Psychotherapy, 2018, 55, 316-340.	0.7	908
3	How central is the alliance in psychotherapy? A multilevel longitudinal meta-analysis.. Journal of Counseling Psychology, 2012, 59, 10-17.	1.4	429
4	Therapist effects in the therapeutic allianceâ€œoutcome relationship: A restricted-maximum likelihood meta-analysis. Clinical Psychology Review, 2012, 32, 642-649.	6.0	282
5	Alliance in Individual Psychotherapy. , 2011, , 25-69.		165
6	Irrational Beliefs and Psychological Distress: A Meta-Analysis. Psychotherapy and Psychosomatics, 2016, 85, 8-15.	4.0	138
7	A metaâ€œanalysis of the relation between therapeutic alliance and treatment outcome in eating disorders. International Journal of Eating Disorders, 2017, 50, 323-340.	2.1	115
8	Changing personality traits with the help of a digital personality change intervention. Proceedings of the National Academy of Sciences of the United States of America, 2021, 118, .	3.3	108
9	Evidence-based treatments for depression and anxiety versus treatment-as-usual: A meta-analysis of direct comparisons. Clinical Psychology Review, 2011, 31, 1304-1312.	6.0	106
10	Determining what works in the treatment of PTSD. Clinical Psychology Review, 2010, 30, 923-933.	6.0	100
11	Focusing the therapist's attention on the patient's strengths: a preliminary study to foster a mechanism of change in outpatient psychotherapy. Journal of Clinical Psychology, 2008, 64, 876-890.	1.0	96
12	In pursuit of truth: A critical examination of meta-analyses of cognitive behavior therapy. Psychotherapy Research, 2017, 27, 14-32.	1.1	94
13	The reciprocal relationship between alliance and early treatment symptoms: A two-stage individual participant data meta-analysis.. Journal of Consulting and Clinical Psychology, 2020, 88, 829-843.	1.6	92
14	Working with patientsâ€™ strengths: A microprocess approach. Psychotherapy Research, 2009, 19, 213-223.	1.1	81
15	Monitoring mindfulness practice quality: An important consideration in mindfulness practice. Psychotherapy Research, 2013, 23, 54-66.	1.1	77
16	Engagement in Socially and Interpersonally Rewarding Activities as a Predictor of Outcome in â€œEngageâ€œ Behavioral Activation Therapy for Late-Life Depression. American Journal of Geriatric Psychiatry, 2019, 27, 571-578.	0.6	76
17	Predicting psychotherapy outcome based on therapist interpersonal skills: A five-year longitudinal study of a therapist assessment protocol. Psychotherapy Research, 2017, 27, 642-652.	1.1	71
18	Changing personality traits: Some considerations from psychotherapy process-outcome research for intervention efforts on intentional personality change.. Journal of Psychotherapy Integration, 2017, 27, 476-494.	0.7	69

#	ARTICLE	IF	CITATIONS
19	Is psychotherapy effective? A re-analysis of treatments for depression. <i>Epidemiology and Psychiatric Sciences</i> , 2019, 28, 268-274.	1.8	65
20	Is the relation between early post-session reports and treatment outcome an epiphenomenon of intake distress and early response? A multi-predictor analysis in outpatient psychotherapy. <i>Psychotherapy Research</i> , 2013, 23, 1-13.	1.1	64
21	Assessing the alliance–outcome association adjusted for patient characteristics and treatment processes: A meta-analytic summary of direct comparisons.. <i>Journal of Counseling Psychology</i> , 2020, 67, 706-711.	1.4	64
22	Is the allegiance effect an epiphenomenon of true efficacy differences between treatments? A meta-analysis.. <i>Journal of Counseling Psychology</i> , 2012, 59, 631-637.	1.4	63
23	Efficacy of New Generation Antidepressants: Differences Seem Illusory. <i>PLoS ONE</i> , 2013, 8, e63509.	1.1	57
24	Examining therapist effects in the alliance–outcome relationship: A multilevel meta-analysis.. <i>Journal of Consulting and Clinical Psychology</i> , 2021, 89, 371-378.	1.6	52
25	PEACH, a smartphone- and conversational agent-based coaching intervention for intentional personality change: study protocol of a randomized, wait-list controlled trial. <i>BMC Psychology</i> , 2018, 6, 43.	0.9	47
26	Substance use disorders and racial/ethnic minorities matter: A meta-analytic examination of the relation between alliance and outcome.. <i>Journal of Counseling Psychology</i> , 2013, 60, 610-616.	1.4	38
27	Mindfulness and progressive muscle relaxation as standardized session–introduction in individual therapy: A randomized controlled trial. <i>Journal of Clinical Psychology</i> , 2019, 75, 21-45.	1.0	37
28	Interpersonal differentiation within depression diagnosis: Relating interpersonal subgroups to symptom load and the quality of the early therapeutic alliance. <i>Psychotherapy Research</i> , 2014, 24, 429-441.	1.1	36
29	A Single-blinded, Randomized Clinical Trial of How to Implement an Evidence-based Treatment for Generalized Anxiety Disorder [IMPLEMENT] – Effects of Three Different Strategies of Implementation. <i>EBioMedicine</i> , 2016, 3, 163-171.	2.7	36
30	Valuing clients' perspective and the effects on the therapeutic alliance: A randomized controlled study of an adjunctive instruction.. <i>Journal of Counseling Psychology</i> , 2012, 59, 18-26.	1.4	34
31	Predicting Psychotherapy Dropouts: A Multilevel Approach. <i>Clinical Psychology and Psychotherapy</i> , 2015, 22, 377-386.	1.4	32
32	The Alliance-Outcome Relation in Internet-Based Interventions for Psychological Disorders: A Correlational Meta-Analysis. <i>Verhaltenstherapie</i> , 2022, 32, 135-146.	0.3	31
33	The enduring effects of psychodynamic treatments vis-à-vis alternative treatments: A multilevel longitudinal meta-analysis. <i>Clinical Psychology Review</i> , 2015, 40, 1-14.	6.0	30
34	Moderators in psychotherapy meta-analysis. <i>Psychotherapy Research</i> , 2018, 28, 333-346.	1.1	30
35	Personality Change Through Digital-Coaching Interventions. <i>Current Directions in Psychological Science</i> , 2022, 31, 41-48.	2.8	30
36	Enduring effects of evidence-based psychotherapies in acute depression and anxiety disorders versus treatment as usual at follow-up – A longitudinal meta-analysis. <i>Clinical Psychology Review</i> , 2014, 34, 367-375.	6.0	29

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37	Indirect effect of patient outcome expectation on improvement through alliance quality: A meta-analysis. <i>Psychotherapy Research</i> , 2021, 31, 711-725.	1.1	24
38	Patient characteristics and the therapist as predictors of depressed patients' outcome expectation over time: A multilevel analysis. <i>Psychotherapy Research</i> , 2019, 29, 709-722.	1.1	23
39	The sleeper effect: Artifact or phenomenon? A brief comment on Bell et al. (2013).. <i>Journal of Consulting and Clinical Psychology</i> , 2015, 83, 438-442.	1.6	22
40	Adverse effects of psychotherapy: protocol for a systematic review and meta-analysis. <i>Systematic Reviews</i> , 2018, 7, 135.	2.5	21
41	Predicting Premature Termination Within a Randomized Controlled Trial for Binge-Eating Patients. <i>Behavior Therapy</i> , 2011, 42, 716-725.	1.3	20
42	Exploring change in cognitive-behavioral therapy for generalized anxiety disorder? A two-arms ABAB crossed-therapist randomized clinical implementation trial.. <i>Journal of Consulting and Clinical Psychology</i> , 2021, 89, 454-468.	1.6	20
43	Resource activation in generalized anxiety? An observer-based microprocess analysis of patients' in-session outcomes.. <i>Psychotherapy</i> , 2014, 51, 535-545.	0.7	19
44	Unpacking the Effects of Therapist Responsiveness in Borderline Personality Disorder: Motive-Oriented Therapeutic Relationship, Patient In-Session Experience, and the Therapeutic Alliance. <i>Psychotherapy and Psychosomatics</i> , 2014, 83, 386-387.	4.0	18
45	The sleeper effect between psychotherapy orientations: a strategic argument of sustainability of treatment effects at follow-up. <i>Epidemiology and Psychiatric Sciences</i> , 2017, 26, 442-444.	1.8	18
46	Defining and assessing adverse events and harmful effects in psychotherapy study protocols: A systematic review.. <i>Psychotherapy</i> , 2023, 60, 130-148.	0.7	18
47	The Effects of Health Care Chatbot Personas With Different Social Roles on the Client-Chatbot Bond and Usage Intentions: Development of a Design Codebook and Web-Based Study. <i>Journal of Medical Internet Research</i> , 2022, 24, e32630.	2.1	18
48	Working along sudden gains: Responsiveness on small and subtle early changes and exceptions.. <i>Psychotherapy</i> , 2013, 50, 292-297.	0.7	17
49	Modifiable predictors of nonresponse to psychotherapies for late-life depression with executive dysfunction: a machine learning approach. <i>Molecular Psychiatry</i> , 2021, 26, 5190-5198.	4.1	17
50	Similarities and differences between retrospective and pre/post measurements of outcome. <i>Psychotherapy Research</i> , 2007, 17, 359-364.	1.1	16
51	Considerations of how to conduct meta-analyses in psychological interventions. <i>Psychotherapy Research</i> , 2018, 28, 329-332.	1.1	16
52	Interpersonal agency as predictor of the within-patient alliance effects on depression severity.. <i>Journal of Consulting and Clinical Psychology</i> , 2020, 88, 338-349.	1.6	16
53	The evolution of patients' concept of the alliance and its relation to outcome: A dynamic latent-class structural equation modeling approach.. <i>Journal of Counseling Psychology</i> , 2022, 69, 51-62.	1.4	15
54	Worry and Positive Episodes in the Daily Lives of Individuals With Generalized Anxiety Disorder: An Ecological Momentary Assessment Study. <i>Frontiers in Psychology</i> , 2021, 12, 722881.	1.1	15

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55	Investigating the impact of early alliance on predicting subjective change at posttreatment: An evidence-based souvenir of overlooked clinical perspectives.. Journal of Counseling Psychology, 2019, 66, 613-625.	1.4	14
56	Heart rate variability change during a stressful cognitive task in individuals with anxiety and control participants. BMC Psychology, 2021, 9, 44.	0.9	12
57	Researcher allegiance and supportive therapy: Pernicious affects on results of randomized clinical trials. European Journal of Psychotherapy and Counselling, 2010, 12, 23-39.	0.2	11
58	The Process-Outcome Mindfulness Effects in Trainees (PrOMET) study: protocol of a pragmatic randomized controlled trial. BMC Psychology, 2015, 3, 25.	0.9	11
59	Psychotherapy integration under scrutiny: investigating the impact of integrating emotion-focused components into a CBT-based approach: a study protocol of a randomized controlled trial. BMC Psychiatry, 2016, 16, 423.	1.1	11
60	The working alliance in manualized CBT for generalized anxiety disorder: Does it lead to change and does the effect vary depending on manual implementation flexibility?. Journal of Consulting and Clinical Psychology, 2019, 87, 989-1002.	1.6	11
61	Die Allianz als Prädiktor für den Therapieerfolg internetbasierter Interventionen bei psychischen Störungen: Eine korrelative Metaanalyse. Verhaltenstherapie, 2019, 29, 182-195.	0.3	10
62	Is there a sleeper effect of exposure-based vs. cognitive-only intervention for anxiety disorders? A longitudinal multilevel meta-analysis. Clinical Psychology Review, 2019, 73, 101774.	6.0	10
63	Is There an Evidence-Based Number of Sessions in Outpatient Psychotherapy? A Comparison of Naturalistic Conditions across Countries. Psychotherapy and Psychosomatics, 2020, 89, 333-335.	4.0	10
64	Who wants to become more conscientious, more extraverted, or less neurotic with the help of a digital intervention?. Journal of Research in Personality, 2020, 87, 103983.	0.9	10
65	The Relation Between Worry and Mental Health in Nonclinical Population and Individuals with Anxiety and Depressive Disorders: A Meta-Analysis. Cognitive Therapy and Research, 2022, 46, 480-501.	1.2	10
66	Interpersonal cognitions as a mechanism of change in cognitive behavioral therapy for generalized anxiety disorder? A multilevel dynamic structural equation model approach.. Journal of Consulting and Clinical Psychology, 2021, 89, 898-908.	1.6	10
67	The relative efficacy of bona fide cognitive behavioral therapy and applied relaxation for generalized anxiety disorder at follow-up: A longitudinal multilevel meta-analysis.. Journal of Consulting and Clinical Psychology, 2022, 90, 339-352.	1.6	10
68	The Future and Promise of Cognitive Behavioral Therapy: A Commentary. Psychiatric Clinics of North America, 2010, 33, 711-727.	0.7	9
69	Predictors of change in patient treatment outcome expectation during cognitive-behavioral psychotherapy for generalized anxiety disorder.. Psychotherapy, 2021, 58, 219-229.	0.7	9
70	Detecting information processing bias toward psychopathology: Interpreting Likert scales at intake assessment.. Psychotherapy, 2016, 53, 284-290.	0.7	8
71	Different Routes, Same Effects. GeroPsych: the Journal of Gerontopsychology and Geriatric Psychiatry, 2020, 33, 223-234.	0.2	8
72	How to customize a bona fide psychotherapy for generalized anxiety disorder? A two-arms, patient blinded, ABAB crossed-therapist randomized clinical implementation trial design [IMPLEMENT 2.0]. BMC Psychiatry, 2018, 18, 86.	1.1	7

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73	What can be learned from couple research: Examining emotional co-regulation processes in face-to-face interactions.. Journal of Counseling Psychology, 2020, 67, 475-487.	1.4	7
74	Assessing interpersonal skillsâ€”A comparison of trainee therapists' and students' interpersonal skills assessed with two established assessments for interpersonal skills. Clinical Psychology and Psychotherapy, 2021, 28, 226-232.	1.4	6
75	The adherence/resource priming paradigm â€” a randomised clinical trial conducting a bonafide psychotherapy protocol for generalised anxiety disorder. BMC Psychiatry, 2014, 14, 49.	1.1	5
76	The stream of corrective experiences in action: Big bang and constant dripping.. , 2012, , 317-333.		5
77	How do worry and clinical status impact working memory performance? An experimental investigation. BMC Psychiatry, 2020, 20, 317.	1.1	4
78	How therapists' interpersonal behaviour is perceived by their patients and close others: A longitudinal and crossâ€”situational study. Clinical Psychology and Psychotherapy, 2021, , .	1.4	4
79	Ressourcenaktivierung und motivorientierte Beziehungsgestaltung: BedÃ¼rfnisbefriedigung in der Psychotherapie. , 2007, , 33-42.		4
80	Does extraversion increase following a <scp>threeâ€”hour</scp> flirt training? Exploring two training routes. Scandinavian Journal of Psychology, 2022, 63, 265-274.	0.8	4
81	Estimating the reproducibility of psychotherapy effects in mood and anxiety disorders: the possible utility of multicenter trials. World Psychiatry, 2021, 20, 445-446.	4.8	3
82	Withinâ€”and betweenâ€”patients associations between selfâ€”efficacy, outcome expectation, and symptom change in cognitive behavioral therapy for generalized anxiety disorder. Journal of Clinical Psychology, 2023, 79, 86-104.	1.0	3
83	Centrality of Buddhist Religiosity Scale: Adaptation and Validation of the Centrality of Religiosity Scale in a Buddhist Sample in Vietnam. Religions, 2021, 12, 79.	0.3	2
84	Ressourcenaktivierung und Beziehungsgestaltung: BedÃ¼rfnisbefriedigung in der Psychotherapie. , 2017, , 35-44.		2
85	Multiple Strategies to Prevent Premature Termination in Psychotherapy. PsycCritiques, 2015, 60, .	0.0	2
86	Alliance. Cognitive and Behavioral Practice, 2022, 29, 549-553.	0.9	2
87	Therapistsâ€™ perceptions of interpersonally challenging patients in generalized anxiety disorder. Psychotherapy Research, 2022, , 1-12.	1.1	1
88	Examining Working Memory Performance in Adult Psychosomatic Inpatients. Frontiers in Psychology, 2021, 12, 589809.	1.1	0
89	Ressourcenaktivierung. , 2020, , 575-588.		0
90	Humanistische und experientielle Psychotherapieverfahren. , 2020, , 443-457.		0

#	ARTICLE	IF	CITATIONS
91	A mental imagery micro-intervention to increase positive affect in outpatient CBT sessions (PACiFiC): Study protocol of a randomized controlled implementation trial. <i>Clinical Psychology in Europe</i> , 2022, 4, .	0.5	0