

# Eleanor H Wertheim

## List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

111  
papers

5,295  
citations

44  
h-index

70  
g-index

114  
ext. papers

6,039  
ext. citations

4.1  
avg, IF

5.71  
L-index

#	Paper	IF	Citations
111	Body image satisfaction, dieting beliefs, and weight loss behaviors in adolescent girls and boys. <i>Journal of Youth and Adolescence</i> , <b>1991</b> , 20, 361-79	4.5	221
110	Maternal feeding practices predict weight gain and obesogenic eating behaviors in young children: a prospective study. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2013</b> , 10, 24	8.4	213
109	Photoshopping the selfie: Self photo editing and photo investment are associated with body dissatisfaction in adolescent girls. <i>International Journal of Eating Disorders</i> , <b>2015</b> , 48, 1132-40	6.3	188
108	Why do adolescent girls watch their weight? An interview study examining sociocultural pressures to be thin. <i>Journal of Psychosomatic Research</i> , <b>1997</b> , 42, 345-55	4.1	176
107	Longitudinal Predictors of Restrictive Eating and Bulimic Tendencies in Three Different Age Groups of Adolescent Girls. <i>Journal of Youth and Adolescence</i> , <b>2001</b> , 30, 69-81	4.5	149
106	A prospective study of factors that lead to body dissatisfaction during pregnancy. <i>Body Image</i> , <b>2005</b> , 2, 347-61	7.4	143
105	Sleep quality and depression during pregnancy: a prospective study. <i>Journal of Sleep Research</i> , <b>2008</b> , 17, 217-20	5.8	141
104	Depression and anxiety through pregnancy and the early postpartum: an examination of prospective relationships. <i>Journal of Affective Disorders</i> , <b>2009</b> , 113, 303-8	6.6	140
103	The relationship between depression and body dissatisfaction across pregnancy and the postpartum: a prospective study. <i>Journal of Health Psychology</i> , <b>2009</b> , 14, 27-35	3.1	131
102	Investigation of Body Comparison Among Adolescent Girls <sup>1</sup> . <i>Journal of Applied Social Psychology</i> , <b>2002</b> , 32, 1906-1937	2.1	128
101	Factors related to exercise over the course of pregnancy including women's beliefs about the safety of exercise during pregnancy. <i>Midwifery</i> , <b>2009</b> , 25, 430-8	2.8	121
100	Assessing sleep during pregnancy: a study across two time points examining the Pittsburgh Sleep Quality Index and associations with depressive symptoms. <i>Women's Health Issues</i> , <b>2009</b> , 19, 45-51	2.6	106
99	Parent influences in the transmission of eating and weight related values and behaviors. <i>Eating Disorders</i> , <b>2002</b> , 10, 321-34	3.9	105
98	Eating Attitudes and Weight-Loss Attempts in Female Adolescents and Their Mothers. <i>Journal of Youth and Adolescence</i> , <b>1998</b> , 27, 43-57	4.5	102
97	Predictors of body image during the first year postpartum: a prospective study. <i>Women and Health</i> , <b>2007</b> , 45, 87-104	1.7	98
96	A body image and disordered eating intervention for women in midlife: a randomized controlled trial. <i>Journal of Consulting and Clinical Psychology</i> , <b>2011</b> , 79, 751-8	6.5	94
95	Prevention of body dissatisfaction and disordered eating: What next?. <i>Eating Disorders</i> , <b>2006</b> , 14, 265-85	3.9	94

94	My baby body: A qualitative insight into women's body-related experiences and mood during pregnancy and the postpartum. <i>Journal of Reproductive and Infant Psychology</i> , <b>2009</b> , 27, 330-345	2.9	92
93	Psychosocial predictors of weight loss behaviors and binge eating in adolescent girls and boys. <i>International Journal of Eating Disorders</i> , <b>1992</b> , 12, 151-160	6.3	91
92	The role of media literacy in body dissatisfaction and disordered eating: A systematic review. <i>Body Image</i> , <b>2016</b> , 19, 9-23	7.4	90
91	Internet-delivered targeted group intervention for body dissatisfaction and disordered eating in adolescent girls: a randomized controlled trial. <i>Journal of Abnormal Child Psychology</i> , <b>2007</b> , 35, 379-91	4	90
90	How well do women adapt to changes in their body size and shape across the course of pregnancy?. <i>Journal of Health Psychology</i> , <b>2008</b> , 13, 503-15	3.1	89
89	Does Media Literacy Mitigate Risk for Reduced Body Satisfaction Following Exposure to Thin-Ideal Media?. <i>Journal of Youth and Adolescence</i> , <b>2016</b> , 45, 1678-95	4.5	79
88	Development of body image, eating disturbance, and general psychological functioning in adolescent females: a replication using covariance structure modeling in an Australian sample. <i>International Journal of Eating Disorders</i> , <b>2002</b> , 32, 46-51	6.3	78
87	Use of complementary and alternative medicines by a sample of Australian women during pregnancy. <i>Australian and New Zealand Journal of Obstetrics and Gynaecology</i> , <b>2008</b> , 48, 384-90	1.7	76
86	Comparison of face-to-face and internet interventions for body image and eating problems in adult women: an RCT. <i>International Journal of Eating Disorders</i> , <b>2007</b> , 40, 692-704	6.3	74
85	A pilot evaluation of a social media literacy intervention to reduce risk factors for eating disorders. <i>International Journal of Eating Disorders</i> , <b>2017</b> , 50, 847-851	6.3	73
84	A prospective investigation of the relationships among sleep quality, physical symptoms, and depressive symptoms during pregnancy. <i>Journal of Affective Disorders</i> , <b>2010</b> , 123, 317-20	6.6	73
83	Test-retest reliability and internal consistency of a variety of measures of dietary restraint and body concerns in a sample of adolescent girls. <i>International Journal of Eating Disorders</i> , <b>2001</b> , 29, 85-9	6.3	73
82	A Brief Assessment of Irrational Thinking: The Shortened General Attitude and Belief Scale. <i>Cognitive Therapy and Research</i> , <b>1999</b> , 23, 651-663	2.7	71
81	Test-retest reliability and construct validity of Contour Drawing Rating Scale scores in a sample of early adolescent girls. <i>Body Image</i> , <b>2004</b> , 1, 199-205	7.4	70
80	Relationships Among Adolescent Girls' Eating Behaviors and Their Parents' Weight-Related Attitudes and Behaviors. <i>Sex Roles</i> , <b>1999</b> , 41, 169-187	3.1	66
79	A systematic review and meta-analysis of the effort-reward imbalance model of workplace stress with indicators of immune function. <i>Journal of Psychosomatic Research</i> , <b>2016</b> , 91, 1-8	4.1	64
78	Relationships between body size attitudes and body image of 4-year-old boys and girls, and attitudes of their fathers and mothers. <i>Journal of Eating Disorders</i> , <b>2015</b> , 3, 16	4.1	63
77	Examination of a multi-factorial model of body-related experiences during pregnancy: the relationships among physical symptoms, sleep quality, depression, self-esteem, and negative body attitudes. <i>Body Image</i> , <b>2008</b> , 5, 152-63	7.4	63

76	Intimacy patterns and relationship satisfaction of women with eating problems and the mediating effects of depression, trait anxiety and social anxiety. <i>Journal of Psychosomatic Research</i> , <b>1998</b> , 44, 355-65 <sup>4.1</sup>	62
75	Dietary restraint of 5-year-old girls: Associations with internalization of the thin ideal and maternal, media, and peer influences. <i>International Journal of Eating Disorders</i> , <b>2015</b> , 48, 1166-9	6.3 60
74	A longitudinal study of the role of childhood temperament in the later development of eating concerns. <i>International Journal of Eating Disorders</i> , <b>2000</b> , 27, 150-62	6.3 58
73	Changes in body image satisfaction during pregnancy: a comparison of high exercising and low exercising women. <i>Australian and New Zealand Journal of Obstetrics and Gynaecology</i> , <b>2003</b> , 43, 41-5	1.7 57
72	Factors associated with body dissatisfaction and disordered eating in women in midlife. <i>International Journal of Eating Disorders</i> , <b>2010</b> , 43, 527-36	6.3 56
71	Does good emotion management aid forgiving? Multiple dimensions of empathy, emotion management and forgiveness of self and others. <i>Journal of Social and Personal Relationships</i> , <b>2007</b> , 24, 931-949	1.9 56
70	Mediators of the relationship between media literacy and body dissatisfaction in early adolescent girls: implications for prevention. <i>Body Image</i> , <b>2013</b> , 10, 282-9	7.4 48
69	'He's got his father's bias': Parental influence on weight bias in young children. <i>British Journal of Developmental Psychology</i> , <b>2016</b> , 34, 198-211	2 47
68	Paths to interpersonal forgiveness: The roles of personality, disposition to forgive and contextual factors in predicting forgiveness following a specific offence. <i>Personality and Individual Differences</i> , <b>2008</b> , 44, 337-348	3.3 47
67	The roles of emotion management and perspective taking in individuals' conflict management styles and disposition to forgive. <i>Journal of Research in Personality</i> , <b>2008</b> , 42, 1594-1601	2.8 44
66	Comparison of the Health Belief Model and the Theory of Planned Behavior in the Prediction of Dieting and Fasting Behavior. <i>E-Journal of Applied Psychology</i> , <b>2005</b> , 1, 63-74	4.1
65	Associations between the effort-reward imbalance model of workplace stress and indices of cardiovascular health: A systematic review and meta-analysis. <i>Neuroscience and Biobehavioral Reviews</i> , <b>2017</b> , 83, 252-266	9 40
64	Body Dissatisfaction, Dating, and Importance of Thinness to Attractiveness in Adolescent Girls. <i>Sex Roles</i> , <b>2005</b> , 53, 663-675	3.1 39
63	Depressive and anxiety symptoms through late pregnancy and the first year post birth: an examination of prospective relationships. <i>Archives of Women's Mental Health</i> , <b>2009</b> , 12, 345-9	5 36
62	A Systematic Review and Meta-analysis of the Effort-Reward Imbalance Model of Workplace Stress and Hypothalamic-Pituitary-Adrenal Axis Measures of Stress. <i>Psychosomatic Medicine</i> , <b>2018</b> , 80, 103-113 <sup>3.7</sup>	35
61	Vigorous exercise and birth outcomes in a sample of recreational exercisers: a prospective study across pregnancy. <i>Australian and New Zealand Journal of Obstetrics and Gynaecology</i> , <b>2006</b> , 46, 288-92	1.7 35
60	Predicting Dieting Behavior by Using, Modifying, and Extending the Theory of Planned Behavior. <i>Journal of Applied Social Psychology</i> , <b>2004</b> , 34, 2099-2131	2.1 34
59	Trait Mindfulness Measures for Use with Adolescents: a Systematic Review. <i>Mindfulness</i> , <b>2017</b> , 8, 110-125.9	32

58	Predictors of outcome in the treatment of bulimia nervosa. <i>British Journal of Clinical Psychology</i> , <b>1992</b> , 31, 330-2	3.6	32
57	Depression, guilt, and self-management of pleasant and unpleasant events.. <i>Journal of Personality and Social Psychology</i> , <b>1983</b> , 45, 884-889	6.5	29
56	Frequency, severity, and effect on life of physical symptoms experienced during pregnancy. <i>Journal of Midwifery and Women's Health</i> , <b>2009</b> , 54, 43-9	2.2	27
55	Attachment styles in adult intimate relationships: comparing women with bulimia nervosa symptoms, women with depression and women with no clinical symptoms. <i>European Eating Disorders Review</i> , <b>2005</b> , 13, 285-293	5.3	26
54	A controlled evaluation of an eating disorders primary prevention videotape using the Elaboration Likelihood Model of Persuasion. <i>Journal of Psychosomatic Research</i> , <b>2002</b> , 53, 1021-7	4.1	26
53	Body dissatisfaction, weight loss behaviours, and bulimic tendencies in Australian adolescents with an estimate of female data representativeness. <i>Australian Psychologist</i> , <b>1993</b> , 28, 128-132	1.7	26
52	Evaluations of dieting prevention messages by adolescent girls. <i>Preventive Medicine</i> , <b>2002</b> , 35, 474-91	4.3	25
51	A factor-analytic study of childhood symptoms antecedent to schizophrenia.. <i>Journal of Abnormal Psychology</i> , <b>1976</b> , 85, 543-549	7	25
50	Maternal negative affect is associated with emotional feeding practices and emotional eating in young children. <i>Appetite</i> , <b>2014</b> , 80, 242-7	4.5	24
49	How do adolescent girls evaluate body dissatisfaction prevention messages?. <i>Journal of Adolescent Health</i> , <b>2005</b> , 37, 381-90	5.8	23
48	Do maternal body dissatisfaction and dietary restraint predict weight gain in young pre-school children? A 1-year follow-up study. <i>Appetite</i> , <b>2013</b> , 67, 30-6	4.5	22
47	Effect of social desirability on adolescent girls' responses to an eating disorders prevention program. <i>International Journal of Eating Disorders</i> , <b>2004</b> , 35, 211-6	6.3	22
46	Effects of thin-ideal instagram images: The roles of appearance comparisons, internalization of the thin ideal and critical media processing. <i>Body Image</i> , <b>2019</b> , 31, 181-190	7.4	22
45	Adolescent girls' first diets: Triggers and the role of multiple dimensions of self-concept. <i>Eating Disorders</i> , <b>1999</b> , 7, 259-270	3.9	20
44	A model for resolving conflict: Some theoretical, empirical and practical implications. <i>Australian Psychologist</i> , <b>1993</b> , 28, 80-85	1.7	20
43	Psychological predictors of body image attitudes and concerns in young children. <i>Body Image</i> , <b>2018</b> , 27, 10-20	7.4	19
42	An evaluation of a prevention program for disordered eating in adolescent girls: examining responses of high- and low-risk girls. <i>Eating Disorders</i> , <b>2005</b> , 13, 143-56	3.9	19
41	The measurement of media literacy in eating disorder risk factor research: psychometric properties of six measures. <i>Journal of Eating Disorders</i> , <b>2016</b> , 4, 30	4.1	18

40	An Evaluation of the Importance of Message Source and Age of Recipient in a Primary Prevention Program for Eating Disorders. <i>Eating Disorders</i> , <b>2000</b> , 8, 131-145	3.9	18
39	Preferences for being muscular and thin in 6-year-old boys. <i>Body Image</i> , <b>2018</b> , 26, 98-102	7.4	17
38	Men's emotional responses to their partner's pregnancy and their views on support and information received. <i>Australian and New Zealand Journal of Obstetrics and Gynaecology</i> , <b>2011</b> , 51, 53-6	1.7	16
37	An examination of willingness to self-disclose in women with bulimic symptoms considering the context of disclosure and negative affect levels. <i>International Journal of Eating Disorders</i> , <b>2002</b> , 31, 344-8	6.3	16
36	Investigation of compensation source, trait empathy, satisfaction with outcome and forgiveness in the criminal context. <i>Australian Psychologist</i> , <b>2005</b> , 40, 63-69	1.7	16
35	Evaluation of Vipassana Meditation Course Effects on Subjective Stress, Well-being, Self-kindness and Mindfulness in a Community Sample: Post-course and 6-month Outcomes. <i>Stress and Health</i> , <b>2015</b> , 31, 373-81	3.7	15
34	Pregnant women's alcohol consumption: the predictive utility of intention to drink and prepregnancy drinking behavior. <i>Journal of Women's Health</i> , <b>2008</b> , 17, 1513-22	3	15
33	Risk factors for eating disorders in Greek- and Anglo-Australian adolescent girls. <i>International Journal of Eating Disorders</i> , <b>1995</b> , 17, 91-6	6.3	15
32	Relationships among dysfunctional cognitions, depressive symptoms, and bulimic tendencies. <i>Cognitive Therapy and Research</i> , <b>1993</b> , 17, 549-559	2.7	14
31	Applying the elaboration likelihood model of persuasion to a videotape-based eating disorders primary prevention program for adolescent girls. <i>Eating Disorders</i> , <b>2004</b> , 12, 103-24	3.9	12
30	The effect of low parental warmth and low monitoring on disordered eating in mid-adolescence: Findings from the Australian Temperament Project. <i>Appetite</i> , <b>2016</b> , 105, 232-41	4.5	12
29	Dismantling prevention: Comparison of outcomes following media literacy and appearance comparison modules in a randomised controlled trial. <i>Journal of Health Psychology</i> , <b>2019</b> , 24, 761-776	3.1	12
28	Test of the neurolinguistic programming hypothesis that eye-movements relate to processing imagery. <i>Perceptual and Motor Skills</i> , <b>1986</b> , 62, 523-9	2.2	10
27	"Stop eating lollies and do lots of sports": a prospective qualitative study of the development of children's awareness of dietary restraint and exercise to lose weight. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2015</b> , 12, 155	8.4	9
26	Media exposure in very young girls: Prospective and cross-sectional relationships with BMIz, self-esteem and body size stereotypes. <i>Developmental Psychology</i> , <b>2017</b> , 53, 2356-2363	3.7	9
25	The salivary alpha amylase awakening response is related to over-commitment. <i>Stress</i> , <b>2018</b> , 21, 194-202		8
24	Evaluation of an online self-help version of the REACH forgiveness program: Outcomes and predictors of persistence in a community sample. <i>Journal of Clinical Psychology</i> , <b>2018</b> , 74, 819-838	2.8	8
23	The relationships among the general attitude and belief scale, other dysfunctional cognition measures, and depressive or bulimic tendencies. <i>Journal of Rational - Emotive and Cognitive - Behavior Therapy</i> , <b>1992</b> , 10, 219-233	1.7	8

22	Trait Mindfulness Helps Explain the Relationships Between Job Stress, Physiological Reactivity, and Self-Perceived Health. <i>Journal of Occupational and Environmental Medicine</i> , <b>2019</b> , 61, e12-e18	2	8
21	#Take idealized bodies out of the picture: A scoping review of social media content aiming to protect and promote positive body image. <i>Body Image</i> , <b>2021</b> , 38, 10-36	7.4	8
20	Fostering intercultural understanding through secondary school experiences of cultural immersion. <i>International Journal of Qualitative Studies in Education</i> , <b>2015</b> , 28, 216-237	1	7
19	Teacher perspectives on factors facilitating implementation of whole school approaches for resolving conflict. <i>British Educational Research Journal</i> , <b>2014</b> , 40, 847-868	1.6	7
18	Do offender and victim typical conflict styles affect forgiveness?. <i>International Journal of Conflict Management</i> , <b>2012</b> , 23, 57-76	2	7
17	Low body esteem and dietary restraint among 7-year old children: The role of perfectionism, low self-esteem, and belief in the rewards of thinness and muscularity. <i>Eating Behaviors</i> , <b>2019</b> , 32, 65-68	3	7
16	Dispositional mindfulness, rejection sensitivity, and behavioural responses to rejection: The role of emotion regulation. <i>Australian Journal of Psychology</i> , <b>2019</b> , 71, 163-170	2.3	7
15	Comparison of the effectiveness of two forms of the Enhancing Relationships in School Communities Project for promoting cooperative conflict resolution education in Australian primary schools. <i>Journal of Peace Education</i> , <b>2010</b> , 7, 85-105	0.7	6
14	Evaluation of a core team centred professional development programme for building a whole-school cooperative problem solving approach to conflict. <i>Educational Psychology</i> , <b>2013</b> , 33, 192-214	2.2	4
13	An examination of the relationships among emotion management, interpersonal hassles, and depressive symptomatology. <i>Australian Journal of Psychology</i> , <b>2011</b> , 63, 100-106	2.3	4
12	Examination of the concurrent and construct validities of the bulimia test using normal and bulimic samples. <i>International Journal of Eating Disorders</i> , <b>1991</b> , 10, 361-368	6.3	4
11	Maternal influences on body image and eating concerns among 7- and 8-year-old boys and girls: Cross-sectional and prospective relations. <i>International Journal of Eating Disorders</i> , <b>2020</b> , 53, 79-84	6.3	4
10	A qualitative, prospective study of children's understanding of weight gain. <i>British Journal of Developmental Psychology</i> , <b>2019</b> , 37, 369-381	2	3
9	Development of the Factors Related to Forgiveness Inventory (FRFI). <i>European Journal of Psychological Assessment</i> , <b>2015</b> , 31, 100-108	2.2	3
8	Relationships Between Self-Reported and Observed Parenting Behaviour, Adolescent Disordered Eating Attitudes and Behaviours, and the 5-HTTLPR Polymorphism: Data From the Australian Temperament Project. <i>European Eating Disorders Review</i> , <b>2017</b> , 25, 381-388	5.3	2
7	Investigating Direct Links between Depression, Emotional Control, and Physical Punishment with Adolescent Drive for Thinness and Bulimic Behaviors, Including Possible Moderation by the Serotonin Transporter Polymorphism. <i>Frontiers in Psychology</i> , <b>2017</b> , 8, 1361	3.4	2
6	Critical Processing of Idealized Beauty Images <b>2018</b> , 1-15		1
5	A longitudinal study of the role of childhood temperament in the later development of eating concerns <b>2000</b> , 27, 150		1

4	Enhancing Relationships in School Communities: Promoting Cooperative Conflict Resolution and Respect for Cultural Diversity in Schools <b>2012</b> , 139-160		1
3	#Bopo: Enhancing body image through body positive social media- evidence to date and research directions.. <i>Body Image</i> , <b>2022</b> , 41, 367-374	7.4	1
2	Young adult mental health sequelae of eating and body image disturbances in adolescence. <i>International Journal of Eating Disorders</i> , <b>2021</b> , 54, 1680-1688	6.3	0
1	Vale Professor Margot Prior 1937-2020. <i>Global Change, Peace and Security</i> , <b>2020</b> , 32, 343-344	0.8	