

# Fernando Estévez-López

## List of Publications by Year in descending order

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Version: 2024-02-01

85  
papers

2,182  
citations

318942

23  
h-index

299063

42  
g-index

92  
all docs

92  
docs citations

92  
times ranked

2430  
citing authors

#	ARTICLE	IF	CITATIONS
1	Physical activity and exercise in the prevention of musculoskeletal pain in children and adolescents. , 2022, , 499-512.		1
2	Genetics of chronic widespread musculoskeletal pain. , 2022, , 33-44.		0
3	Performance-based and self-reported physical fitness in musculoskeletal pain. , 2022, , 551-561.		0
4	Physical activity and exercise in the management of chronic widespread musculoskeletal pain: A focus on fibromyalgia. , 2022, , 523-544.		0
5	Longitudinal associations of physical fitness and affect with depression, anxiety and life satisfaction in adult women with fibromyalgia. Quality of Life Research, 2022, 31, 2047-2058.	1.5	6
6	An mHealth telerehabilitation and health education program on physical performance in patients with hip fracture and their family caregivers: Study protocol for the ActiveHip+ randomized controlled trial. Research in Nursing and Health, 2022, , .	0.8	3
7	Interplay between genetics and lifestyle on pain susceptibility in women with fibromyalgia: the al-Andalus project. Rheumatology, 2022, 61, 3180-3191.	0.9	4
8	Objective and subjective measures of physical functioning in women with fibromyalgia: what type of measure is associated most clearly with subjective well-being?. Disability and Rehabilitation, 2021, 43, 1649-1656.	0.9	17
9	Emotional intelligence impairments in women with fibromyalgia: Associations with widespread pain. Journal of Health Psychology, 2021, 26, 1901-1912.	1.3	11
10	Associations of physical activity, sedentary time, and physical fitness with mental health during pregnancy: The GESTAFIT project. Journal of Sport and Health Science, 2021, 10, 379-386.	3.3	29
11	Effectiveness of Exercise on Fatigue and Sleep Quality in Fibromyalgia: A Systematic Review and Meta-analysis of Randomized Trials. Archives of Physical Medicine and Rehabilitation, 2021, 102, 752-761.	0.5	70
12	Fatigue in Women with Fibromyalgia: A Gene-Physical Activity Interaction Study. Journal of Clinical Medicine, 2021, 10, 1902.	1.0	2
13	Relationship between Cardiopulmonary, Mitochondrial and Autonomic Nervous System Function Improvement after an Individualised Activity Programme upon Chronic Fatigue Syndrome Patients. Journal of Clinical Medicine, 2021, 10, 1542.	1.0	9
14	European Network on Myalgic Encephalomyelitis/Chronic Fatigue Syndrome (EUROMENE): Expert Consensus on the Diagnosis, Service Provision, and Care of People with ME/CFS in Europe. Medicina (Lithuania), 2021, 57, 510.	0.8	89
15	Effects of Tele-Rehabilitation Compared with Home-Based in-Person Rehabilitation for Older Adults' Function after Hip Fracture. International Journal of Environmental Research and Public Health, 2021, 18, 5493.	1.2	27
16	2020 EULAR points to consider for the prevention, screening, assessment and management of non-adherence to treatment in people with rheumatic and musculoskeletal diseases for use in clinical practice. Annals of the Rheumatic Diseases, 2021, 80, 707-713.	0.5	30
17	Physiological benefits of digital applications in health and sport performance. Physiology and Behavior, 2021, 242, 113619.	1.0	2
18	Fibromyalgia: Evidence for Deficits in Positive Psychology Resources. A Case-Control Study from the Al-Andalus Project. International Journal of Environmental Research and Public Health, 2021, 18, 12021.	1.2	4

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19	Factors Associated With Early Elementary Child Health-Related Quality of Life: The Generation R Study. <i>Frontiers in Public Health</i> , 2021, 9, 785054.	1.3	2
20	Effect of physical exercise cessation on strength, functional, metabolic and structural outcomes in older adults: a protocol for systematic review and meta-analysis. <i>BMJ Open</i> , 2021, 11, e052913.	0.8	3
21	Physical and psychological paths toward less severe fibromyalgia: A structural equation model. <i>Annals of Physical and Rehabilitation Medicine</i> , 2020, 63, 46-52.	1.1	55
22	The Impact of a Structured Exercise Programme upon Cognitive Function in Chronic Fatigue Syndrome Patients. <i>Brain Sciences</i> , 2020, 10, 4.	1.1	5
23	Autonomic Phenotypes in Chronic Fatigue Syndrome (CFS) Are Associated with Illness Severity: A Cluster Analysis. <i>Journal of Clinical Medicine</i> , 2020, 9, 2531.	1.0	18
24	Prediction of Discontinuation of Structured Exercise Programme in Chronic Fatigue Syndrome Patients. <i>Journal of Clinical Medicine</i> , 2020, 9, 3436.	1.0	7
25	Is type of work associated with physical activity and sedentary behaviour in women with fibromyalgia? A cross-sectional study from the al-Ándalus project. <i>BMJ Open</i> , 2020, 10, e034697.	0.8	5
26	Sedentary Time Accumulated in Bouts is Positively Associated with Disease Severity in Fibromyalgia: The Al-Ándalus Project. <i>Journal of Clinical Medicine</i> , 2020, 9, 733.	1.0	7
27	Self-Rated Health in Migrant and Non-Migrant Women before, during and after Pregnancy: A Population-Based Study of 0.5 Million Pregnancies from the Swedish Pregnancy Register. <i>Journal of Clinical Medicine</i> , 2020, 9, 1764.	1.0	8
28	Prevention, screening, assessing and managing of non-adherent behaviour in people with rheumatic and musculoskeletal diseases: systematic reviews informing the 2020 EULAR points to consider. <i>RMD Open</i> , 2020, 6, e001432.	1.8	23
29	Systematic Review of the Epidemiological Burden of Myalgic Encephalomyelitis/Chronic Fatigue Syndrome Across Europe: Current Evidence and EUROMENE Research Recommendations for Epidemiology. <i>Journal of Clinical Medicine</i> , 2020, 9, 1557.	1.0	41
30	Association of objectively measured physical activity and sedentary time with health-related quality of life in women with fibromyalgia: The al-Ándalus project. <i>Journal of Sport and Health Science</i> , 2019, 8, 258-266.	3.3	16
31	Substituting Sedentary Time With Physical Activity in Fibromyalgia and the Association With Quality of Life and Impact of the Disease: The al-Ándalus Project. <i>Arthritis Care and Research</i> , 2019, 71, 281-289.	1.5	16
32	High Levels of Physical Fitness Are Associated With Better Health-Related Quality of Life in Women With Fibromyalgia: The al-Ándalus Project. <i>Physical Therapy</i> , 2019, 99, 1481-1494.	1.1	9
33	Physical activity, sedentary behaviour, physical fitness, and cognitive performance in women with fibromyalgia who engage in reproductive and productive work: the al-Ándalus project. <i>Clinical Rheumatology</i> , 2019, 38, 3585-3593.	1.0	7
34	Lower Fatigue in Fit and Positive Women with Fibromyalgia: The al-Ándalus Project. <i>Pain Medicine</i> , 2019, 20, 2506-2515.	0.9	9
35	Role of Physical Activity and Sedentary Behavior in the Mental Health of Preschoolers, Children and Adolescents: A Systematic Review and Meta-Analysis. <i>Sports Medicine</i> , 2019, 49, 1383-1410.	3.1	603
36	Association of Patterns of Moderate-to-Vigorous Physical Activity Bouts With Pain, Physical Fatigue, and Disease Severity in Women With Fibromyalgia: the al-Ándalus Project. <i>Archives of Physical Medicine and Rehabilitation</i> , 2019, 100, 1234-1242.e1.	0.5	18

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37	THU0470â€¦ASSOCIATION OF SEDENTARY TIME AND PHYSICAL ACTIVITY WITH PHYSICAL FITNESS IN WOMEN WITH FIBROMIALGIA: AN ISOTEMPORAL SUBSTITUTION APPROACH. , 2019, , .		0
38	FRI0709-HPRâ€¦EFFECTS OF LAND- AND WATER-BASED EXERCISE INTERVENTIONS ON PAIN IN PEOPLE WITH FIBROMYALGIA: A PRELIMINARY REPORT FROM THE AL-ÂNDALUS RANDOMISED CONTROLLED TRIAL. , 2019, , .		0
39	OPO101â€¦COMPARATIVE EFFECTIVENESS OF LAND AND WATER-BASED EXERCISE ON QUALITY OF LIFE OF PATIENTS WITH FIBROMYALGIA: PRELIMINARY FINDINGS FROM THE AL-ÂNDALUS RANDOMISED CONTROLLED TRIAL. , 2019, , .		0
40	FRI0710-HPRâ€¦EFFECTIVENESS OF EXERCISE IN THE MANAGEMENT OF FATIGUE AND SLEEP QUALITY IN FIBROMYALGIA: A SYSTEMATIC REVIEW AND META-ANALYSIS. , 2019, , .		2
41	THU0468â€¦THE INTERACTIONS OF PHYSICAL ACTIVITY LEVELS WITH THE SODIUM CHANNEL PROTEIN TYPE 9 SUBUNIT ALPHA AND METHYLENE TETRAHYDROFOLATE REDUCTASE GENES ARE ASSOCIATED WITH FATIGUE IN WOMEN WITH FIBROMYALGIA. , 2019, , .		0
42	THU0480â€¦IS PROLONGED SEDENTARY TIME ASSOCIATED WITH THE IMPACT OF THE DISEASE IN WOMEN WITH FIBROMYALGIA? THE AL-ÂNDALUS PROJECT. , 2019, , .		0
43	Sedentary time, physical activity, and sleep quality in fibromyalgia: The al-Ândalus project. Scandinavian Journal of Medicine and Science in Sports, 2019, 29, 266-274.	1.3	30
44	Physical Activity, Sedentary Behaviour and Mental Health in Young People: A Review of Reviews. , 2019, , 35-73.		11
45	The discordance between subjectively and objectively measured physical function in women with fibromyalgia: association with catastrophizing and self-efficacy cognitions. The al-Ândalus project. Disability and Rehabilitation, 2018, 40, 1-9.	0.9	42
46	Identification of candidate genes associated with fibromyalgia susceptibility in southern Spanish women: the al-Ândalus project. Journal of Translational Medicine, 2018, 16, 43.	1.8	9
47	Physical fitness and psychological health in overweight/obese children: A cross-sectional study from the ActiveBrains project. Journal of Science and Medicine in Sport, 2018, 21, 179-184.	0.6	65
48	The TT genotype of the rs6860 polymorphism of the charged multivesicular body protein 1A gene is associated with susceptibility to fibromyalgia in southern Spanish women. Rheumatology International, 2018, 38, 531-533.	1.5	7
49	The potential buffering role of self-efficacy and pain acceptance against invalidation in rheumatic diseases. Rheumatology International, 2018, 38, 283-291.	1.5	15
50	Prevalence and incidence of myalgic encephalomyelitis/chronic fatigue syndrome in Europeâ€”the Euro-epiME study from the European network EUROMENE: a protocol for a systematic review. BMJ Open, 2018, 8, e020817.	0.8	19
51	Association of sedentary time and physical activity with pain, fatigue, and impact of fibromyalgia: the al-Ândalus study. Scandinavian Journal of Medicine and Science in Sports, 2017, 27, 83-92.	1.3	51
52	Assessment of physical function: considerations in chronic pain populations. Pain, 2017, 158, 1397-1397.	2.0	1
53	The Potential of Established Fitness Cut-off Points for Monitoring Women with Fibromyalgia: The al-Ândalus Project. International Journal of Sports Medicine, 2017, 38, 359-369.	0.8	8
54	Association of Dietary Habits with Psychosocial Outcomes in Women with Fibromyalgia: The al-Ândalus Project. Journal of the Academy of Nutrition and Dietetics, 2017, 117, 422-432.e1.	0.4	21

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55	Physical fitness and cancer. <i>Lancet Oncology</i> , The, 2017, 18, e631.	5.1	2
56	Adaptation profiles comprising objective and subjective measures in fibromyalgia: the al-Ándalus project. <i>Rheumatology</i> , 2017, 56, 2015-2024.	0.9	42
57	Physical fitness reference standards in fibromyalgia: The al-Ándalus project. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2017, 27, 1477-1488.	1.3	26
58	Independent and joint associations of physical activity and fitness with fibromyalgia symptoms and severity: The al-Ándalus project. <i>Journal of Sports Sciences</i> , 2017, 35, 1565-1574.	1.0	14
59	Do women with fibromyalgia present higher cardiovascular disease risk profile than healthy women? The al-Ándalus project. <i>Clinical and Experimental Rheumatology</i> , 2017, 35 Suppl 105, 61-67.	0.4	4
60	Gender Differences in Symptoms, Health-Related Quality of Life, Sleep Quality, Mental Health, Cognitive Performance, Pain-Cognition, and Positive Health in Spanish Fibromyalgia Individuals: The Al-Ándalus Project. <i>Pain Research and Management</i> , 2016, 2016, 1-14.	0.7	23
61	The association of total and central body fat with pain, fatigue and the impact of fibromyalgia in women; role of physical fitness. <i>European Journal of Pain</i> , 2016, 20, 811-821.	1.4	18
62	The Moderator Role of Perceived Emotional Intelligence in the Relationship between Sources of Stress and Mental Health in Teachers. <i>Spanish Journal of Psychology</i> , 2016, 19, E7.	1.1	15
63	Effects of supervised aerobic and strength training in overweight and grade I obese pregnant women on maternal and foetal health markers: the GESTAFIT randomized controlled trial. <i>BMC Pregnancy and Childbirth</i> , 2016, 16, 290.	0.9	39
64	Association of Physical Fitness with Depression in Women with Fibromyalgia. <i>Pain Medicine</i> , 2016, 17, 1542-1552.	0.9	23
65	Association of physical fitness and fatness with cognitive function in women with fibromyalgia. <i>Journal of Sports Sciences</i> , 2016, 34, 1731-1739.	1.0	9
66	An exercise-based randomized controlled trial on brain, cognition, physical health and mental health in overweight/obese children (ActiveBrains project): Rationale, design and methods. <i>Contemporary Clinical Trials</i> , 2016, 47, 315-324.	0.8	88
67	Physical fitness is associated with anxiety levels in women with fibromyalgia: the al-Ándalus project. <i>Quality of Life Research</i> , 2016, 25, 1053-1058.	1.5	30
68	International Fitness Scale (IFIS): Construct Validity and Reliability in Women With Fibromyalgia: The al-Ándalus Project. <i>Archives of Physical Medicine and Rehabilitation</i> , 2016, 97, 395-404.	0.5	25
69	Factor structure of the Positive and Negative Affect Schedule (PANAS) in adult women with fibromyalgia from Southern Spain: the al-Ándalus project. <i>PeerJ</i> , 2016, 4, e1822.	0.9	21
70	Subgroups of fibromyalgia patients using the 1990 American College of Rheumatology criteria and the modified 2010 preliminary diagnostic criteria: the al-Ándalus project. <i>Clinical and Experimental Rheumatology</i> , 2016, 34, S26-33.	0.4	11
71	Associations between patterns of active commuting and socioeconomic factors in women with fibromyalgia: the al-Ándalus project. <i>Clinical and Experimental Rheumatology</i> , 2016, 34, S67-73.	0.4	3
72	Association of Physical Fitness With Pain in Women With Fibromyalgia: The al-Ándalus Project. <i>Arthritis Care and Research</i> , 2015, 67, 1561-1570.	1.5	55

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73	Differences in Sedentary Time and Physical Activity Between Female Patients With Fibromyalgia and Healthy Controls: The al-Ándalus Project. <i>Arthritis and Rheumatology</i> , 2015, 67, 3047-3057.	2.9	57
74	Effectiveness of an exercise intervention on body composition and physical fitness in midlife women: the FLAMENCO project. <i>Revista Andaluza De Medicina Del Deporte</i> , 2015, 8, 22.	0.1	3
75	Do overall physical fitness and subjective well-being help patients cope with fibromyalgia severity? The al-Ándalus project. <i>Revista Andaluza De Medicina Del Deporte</i> , 2015, 8, 29.	0.1	0
76	Effects of an exercise intervention on health-related quality of life and optimism in middle aged women: The FLAMENCO project. <i>Revista Andaluza De Medicina Del Deporte</i> , 2015, 8, 22-23.	0.1	2
77	Reliability of the ALPHA environmental questionnaire and its association with physical activity in female fibromyalgia patients: the al-Ándalus project. <i>Journal of Sports Sciences</i> , 2015, 33, 850-862.	1.0	8
78	Independent and combined association of overall physical fitness and subjective well-being with fibromyalgia severity: the al-Ándalus project. <i>Quality of Life Research</i> , 2015, 24, 1865-1873.	1.5	34
79	Cost-effectiveness of an exercise intervention program in perimenopausal women: the Fitness League Against MENopause COst (FLAMENCO) randomized controlled trial. <i>BMC Public Health</i> , 2015, 15, 555.	1.2	17
80	Association of different levels of depressive symptoms with symptomatology, overall disease severity, and quality of life in women with fibromyalgia. <i>Quality of Life Research</i> , 2015, 24, 2951-2957.	1.5	41
81	Inter-accelerometer comparison to measure physical activity and sedentary time in female fibromyalgia patients: the al-Ándalus project. <i>Clinical and Experimental Rheumatology</i> , 2015, 33, S46-52.	0.4	1
82	Are there differences in quality of life, symptomatology and functional capacity among different obesity classes in women with fibromyalgia? The al-Ándalus project. <i>Rheumatology International</i> , 2014, 34, 811-821.	1.5	18
83	Validation of the modified 2010 American College of Rheumatology diagnostic criteria for fibromyalgia in a Spanish population. <i>Rheumatology</i> , 2014, 53, 1803-1811.	0.9	64
84	Spanish adaptation and psychometric properties of the Sedentary Behaviour Questionnaire for fibromyalgia patients: the al-Andalus study. <i>Clinical and Experimental Rheumatology</i> , 2013, 31, S22-33.	0.4	8
85	Land- and water-based exercise intervention in women with fibromyalgia: the al-andalus physical activity randomised controlled trial. <i>BMC Musculoskeletal Disorders</i> , 2012, 13, 18.	0.8	38