

# Leo Pruimboom

## List of Publications by Citations

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The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

22  
papers

734  
citations

11  
h-index

25  
g-index

25  
ext. papers

921  
ext. citations

4.9  
avg, IF

5.05  
L-index

#	Paper	IF	Citations
22	Stress induces endotoxemia and low-grade inflammation by increasing barrier permeability. <i>Frontiers in Immunology</i> , <b>2015</b> , 6, 223	8.4	144
21	Lifestyle and nutritional imbalances associated with Western diseases: causes and consequences of chronic systemic low-grade inflammation in an evolutionary context. <i>Journal of Nutritional Biochemistry</i> , <b>2013</b> , 24, 1183-201	6.3	130
20	The dietary intake of wheat and other cereal grains and their role in inflammation. <i>Nutrients</i> , <b>2013</b> , 5, 771-87	6.7	110
19	Effect of a Prebiotic Formulation on Frailty Syndrome: A Randomized, Double-Blind Clinical Trial. <i>International Journal of Molecular Sciences</i> , <b>2016</b> , 17,	6.3	91
18	Chronic inflammatory diseases are stimulated by current lifestyle: how diet, stress levels and medication prevent our body from recovering. <i>Nutrition and Metabolism</i> , <b>2012</b> , 9, 32	4.6	77
17	Methylation Pathways and SARS-CoV-2 Lung Infiltration and Cell Membrane-Virus Fusion Are Both Subject to Epigenetics. <i>Frontiers in Cellular and Infection Microbiology</i> , <b>2020</b> , 10, 290	5.9	39
16	The opioid effects of gluten exorphins: asymptomatic celiac disease. <i>Journal of Health, Population and Nutrition</i> , <b>2015</b> , 33, 24	2.5	28
15	Chronic pain: a non-use disease. <i>Medical Hypotheses</i> , <b>2007</b> , 68, 506-11	3.8	28
14	Effects of Leucine Administration in Sarcopenia: A Randomized and Placebo-controlled Clinical Trial. <i>Nutrients</i> , <b>2020</b> , 12,	6.7	19
13	Physical Activity Protects the Human Brain against Metabolic Stress Induced by a Postprandial and Chronic Inflammation. <i>Behavioural Neurology</i> , <b>2015</b> , 2015, 569869	3	16
12	Physical inactivity is a disease synonymous for a non-permissive brain disorder. <i>Medical Hypotheses</i> , <b>2011</b> , 77, 708-13	3.8	11
11	Lactase persistence and augmented salivary alpha-amylase gene copy numbers might have been selected by the combined toxic effects of gluten and (food born) pathogens. <i>Medical Hypotheses</i> , <b>2014</b> , 82, 326-34	3.8	8
10	SARS-CoV 2; Possible alternative virus receptors and pathophysiological determinants. <i>Medical Hypotheses</i> , <b>2021</b> , 146, 110368	3.8	8
9	Intermittent living; the use of ancient challenges as a vaccine against the deleterious effects of modern life - A hypothesis. <i>Medical Hypotheses</i> , <b>2018</b> , 120, 28-42	3.8	7
8	Influence of a 10-Day Mimic of Our Ancient Lifestyle on Anthropometrics and Parameters of Metabolism and Inflammation: The "Study of Origin". <i>BioMed Research International</i> , <b>2016</b> , 2016, 6935123	3.8	5
7	To Restore Health, Do we Have to Go Back to the Future? The Impact of a 4-Day Paleolithic Lifestyle Change on Human Metabolism - Pilot Study.. <i>Journal of Evolution and Health</i> , <b>2013</b> , 1,	0	3
6	Intermittent drinking, oxytocin and human health. <i>Medical Hypotheses</i> , <b>2016</b> , 92, 80-3	3.8	3

- 5 Short comment on "A review of potential metabolic etiologies of the observed association between red meat consumption and development of type 2 diabetes mellitus", by Yoona Kim, Jennifer Keogh, Peter Clifton. *Metabolism: Clinical and Experimental*, **2016**, 65, e3-4 12.7 2
- 4 A Comprehensive View of Frozen Shoulder: A Mystery Syndrome. *Frontiers in Medicine*, **2021**, 8, 663703 4.9 2
- 3 Obesity and Leptin Resistance in the Regulation of the Type I Interferon Early Response and the Increased Risk for Severe COVID-19.. *Nutrients*, **2022**, 14, 6.7 1
- 2 Circadian Variation of Blood Pressure in Patients with Chronic Musculoskeletal Pain: A Cross-Sectional Study. *International Journal of Environmental Research and Public Health*, **2022**, 19, 6481 4.6 0
- 1 Kneipp'sche Klteanwendungen in der Behandlung von Bergewicht Von der Idee zur Evidenz. *Schweizerische Zeitschrift F# GanzheitsMedizin*, **2011**, 23, 214-217