

Pinelopi S Stavrinou

List of Publications by Year in descending order

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Version: 2024-02-01

16
papers

276
citations

1477746

6
h-index

996533

15
g-index

16
all docs

16
docs citations

16
times ranked

476
citing authors

#	ARTICLE	IF	CITATIONS
1	Short-term high-intensity interval exercise training attenuates oxidative stress responses and improves antioxidant status in healthy humans. <i>Food and Chemical Toxicology</i> , 2013, 61, 171-177.	1.8	127
2	High-intensity Interval Training Frequency: Cardiometabolic Effects and Quality of Life. <i>International Journal of Sports Medicine</i> , 2018, 39, 210-217.	0.8	49
3	The Effects of a 6-Month High Dose Omega-3 and Omega-6 Polyunsaturated Fatty Acids and Antioxidant Vitamins Supplementation on Cognitive Function and Functional Capacity in Older Adults with Mild Cognitive Impairment. <i>Nutrients</i> , 2020, 12, 325.	1.7	37
4	Effects of high-intensity interval training frequency on perceptual responses and future physical activity participation. <i>Applied Physiology, Nutrition and Metabolism</i> , 2019, 44, 952-957.	0.9	13
5	Effects of Dehydration on Archery Performance, Subjective Feelings and Heart Rate during a Competition Simulation. <i>Journal of Functional Morphology and Kinesiology</i> , 2020, 5, 67.	1.1	9
6	Hydration status, total water intake and subjective feelings of adolescents living in a hot environment, during a typical school day. <i>International Journal of Adolescent Medicine and Health</i> , 2020, 33, .	0.6	8
7	Physiological and Metabolic Responses During a Simulated Judo Competition Among Cadet Athletes. <i>International Journal of Performance Analysis in Sport</i> , 2016, 16, 848-859.	0.5	7
8	Effects of Oral Creatine Supplementation on Power Output during Repeated Treadmill Sprinting. <i>Nutrients</i> , 2022, 14, 1140.	1.7	7
9	Attenuated Metabolic and Cardiorespiratory Responses to Isoenergetic High-Intensity Interval Exercise of Short Versus Long Bouts. <i>Medicine and Science in Sports and Exercise</i> , 2022, 54, 1199-1209.	0.2	4
10	Exploring the Associations between Functional Capacity, Cognitive Function and Well-Being in Older Adults. <i>Life</i> , 2022, 12, 1042.	1.1	4
11	Acute and delayed hormonal and blood cell count responses to high-intensity exercise before and after short-term high-intensity interval training. <i>Research in Sports Medicine</i> , 2021, , 1-15.	0.7	3
12	Prevalence of hypohydration in adolescents during the school day in Cyprus: seasonal variations. <i>Eastern Mediterranean Health Journal</i> , 2020, 26, 1034-1041.	0.3	3
13	Physiological, perceptual and affective responses to high-intensity interval training using two work-matched programs with different bout duration in obese males. <i>Journal of Exercise Science and Fitness</i> , 2022, 20, 199-205.	0.8	2
14	Bout duration in high-intensity interval exercise modifies hematologic, metabolic and antioxidant responses. <i>Journal of Exercise Science and Fitness</i> , 2022, 20, 216-223.	0.8	2
15	Association of body composition with functional capacity and cognitive function in older adults living in nursing homes. <i>Current Aging Science</i> , 2021, 14, .	0.4	1
16	The Effects of a 6-Month Omega Fatty Acid and Antioxidant Vitamin Supplementation on Functional Capacity and Cognitive Function in Older Adults with Cognitive Impairment. <i>Proceedings (mdpi)</i> , 2019, 25, .	0.2	0