

Christopher M. Beaven

List of Publications by Year in Descending Order

Source: <https://exaly.com/author-pdf/8570101/christopher-m-beaven-publications-by-year.pdf>

Version: 2024-04-28

This document has been generated based on the publications and citations recorded by exaly.com. For the latest version of this publication list, visit the link given above.

The third column is the impact factor (IF) of the journal, and the fourth column is the number of citations of the article.

48
papers

1,151
citations

18
h-index

33
g-index

55
ext. papers

1,373
ext. citations

3.5
avg, IF

4.58
L-index

| # | Paper | IF | Citations |
|----|--|------|-----------|
| 48 | Training During the COVID-19 Lockdown: Knowledge, Beliefs, and Practices of 12,526 Athletes from 142 Countries and Six Continents. <i>Sports Medicine</i> , 2021 , 1 | 10.6 | 14 |
| 47 | Hamstrings injury incidence, risk factors, and prevention in Rugby Union players: a systematic review. <i>Physician and Sportsmedicine</i> , 2021 , 1-19 | 2.4 | 3 |
| 46 | Sleep duration and physical performance during a 6-week military training course. <i>Journal of Sleep Research</i> , 2021 , 30, e13393 | 5.8 | 0 |
| 45 | Neck strength in Rugby Union players: a systematic review of the literature. <i>Physician and Sportsmedicine</i> , 2021 , 49, 392-409 | 2.4 | 4 |
| 44 | Eccentric Force-Velocity Characteristics during a Novel Squat Protocol in Trained Rugby Union Athletes-Pilot Study. <i>Journal of Functional Morphology and Kinesiology</i> , 2021 , 6, | 2.4 | 1 |
| 43 | The relationship between physiological and performance variables during a hot/humid international rugby sevens tournament. <i>European Journal of Sport Science</i> , 2021 , 1-9 | 3.9 | 1 |
| 42 | Questionnaire-Derived Sleep Habits and Academic Achievement in First Year University Students.. <i>Clocks & Sleep</i> , 2021 , 4, 1-7 | 2.9 | 1 |
| 41 | Lower-body compression garments worn following exercise improves perceived recovery but not subsequent performance in basketball athletes. <i>Journal of Sports Sciences</i> , 2020 , 38, 961-969 | 3.6 | 6 |
| 40 | Biomechanical determinants of placekicking success in professional Rugby Union players. <i>Sports Biomechanics</i> , 2020 , 1-16 | 2.2 | 1 |
| 39 | The effect of carbohydrate and caffeine mouth rinsing on kicking performance in competitive Taekwondo athletes during Ramadan. <i>Journal of Sports Sciences</i> , 2020 , 38, 795-800 | 3.6 | 3 |
| 38 | Survey of Eccentric-Based Strength and Conditioning Practices in Sport. <i>Journal of Strength and Conditioning Research</i> , 2020 , 34, 2769-2775 | 3.2 | 2 |
| 37 | Body Mass Changes and Markers of Fitness, Health, and Well-Being over the First Semester of University in New Zealand Students. <i>Journal of Science in Sport and Exercise</i> , 2020 , 1 | 1 | 2 |
| 36 | Validity of a Tympanic Thermometer and Thermal Imaging Camera for Measuring Core and Skin Temperature during Exercise in the Heat. <i>Measurement in Physical Education and Exercise Science</i> , 2020 , 24, 49-55 | 1.9 | 4 |
| 35 | Effectiveness of an Unexpected Disturbance Program in the Early Stage of Rehabilitation in Athletes With Unilateral Knee Ligament Injury. <i>Journal of Sport Rehabilitation</i> , 2020 , 30, 43-48 | 1.7 | 2 |
| 34 | Eccentric Training Interventions and Team Sport Athletes. <i>Journal of Functional Morphology and Kinesiology</i> , 2019 , 4, | 2.4 | 7 |
| 33 | The effects of running a 12-km race on neuromuscular performance measures in recreationally competitive runners. <i>Gait and Posture</i> , 2019 , 70, 341-346 | 2.6 | 4 |
| 32 | Effects of Chronic Cold-Water Immersion in Elite Rugby Players. <i>International Journal of Sports Physiology and Performance</i> , 2019 , 14, 156-162 | 3.5 | 9 |

| | | | |
|----|---|-----|----|
| 31 | Match Demands, Anthropometric Characteristics, and Physical Qualities of Female Rugby Sevens Athletes: A Systematic Review. <i>Journal of Strength and Conditioning Research</i> , 2019 , 33, 3463-3474 | 3.2 | 12 |
| 30 | Physiological, kinematic, and electromyographic responses to kinesiology-type patella tape in elite cyclists. <i>Journal of Electromyography and Kinesiology</i> , 2019 , 44, 36-45 | 2.5 | 3 |
| 29 | Resistance training in the heat improves strength in professional rugby athletes. <i>Science and Medicine in Football</i> , 2019 , 3, 198-204 | 2.7 | 2 |
| 28 | The Influence of Match-Day Napping in Elite Female Netball Athletes. <i>International Journal of Sports Physiology and Performance</i> , 2018 , 13, 1143-1148 | 3.5 | 17 |
| 27 | Improvement of Elite Female Athletes' Physical Performance With a 3-Week Unexpected Disturbance Program. <i>Journal of Sport Rehabilitation</i> , 2018 , 27, 1-7 | 1.7 | 14 |
| 26 | From pillow to podium: a review on understanding sleep for elite athletes. <i>Nature and Science of Sleep</i> , 2018 , 10, 243-253 | 3.6 | 32 |
| 25 | Reliability of Overground Running Measures from 2D Video Analyses in a Field Environment. <i>Sports</i> , 2018 , 7, | 3 | 7 |
| 24 | Lower-Limb Passive Heat Maintenance Combined With Pre-cooling Improves Repeated Sprint Ability. <i>Frontiers in Physiology</i> , 2018 , 9, 1064 | 4.6 | 5 |
| 23 | The Efficacy of Wrestling-Style Compression Suits to Improve Maximum Isometric Force and Movement Velocity in Well-Trained Male Rugby Athletes. <i>Frontiers in Physiology</i> , 2017 , 8, 874 | 4.6 | 3 |
| 22 | Effects of blue light and caffeine on mood. <i>Psychopharmacology</i> , 2014 , 231, 3677-83 | 4.7 | 10 |
| 21 | Morning based strength training improves afternoon physical performance in rugby union players. <i>Journal of Science and Medicine in Sport</i> , 2014 , 17, 317-21 | 4.4 | 47 |
| 20 | Improving strength and power in trained athletes with 3 weeks of occlusion training. <i>International Journal of Sports Physiology and Performance</i> , 2014 , 9, 166-72 | 3.5 | 65 |
| 19 | The MARS for squat, countermovement, and standing long jump performance analyses: are measures reproducible?. <i>Journal of Strength and Conditioning Research</i> , 2014 , 28, 1849-57 | 3.2 | 19 |
| 18 | Physiological comparison of concentric and eccentric arm cycling in males and females. <i>PLoS ONE</i> , 2014 , 9, e112079 | 3.7 | 11 |
| 17 | Salivary testosterone is related to self-selected training load in elite female athletes. <i>Physiology and Behavior</i> , 2013 , 116-117, 8-12 | 3.5 | 17 |
| 16 | Effects of caffeine and carbohydrate mouth rinses on repeated sprint performance. <i>Applied Physiology, Nutrition and Metabolism</i> , 2013 , 38, 633-7 | 3 | 89 |
| 15 | Electrostimulation enhancement of recovery during a rugby preseason. <i>International Journal of Sports Physiology and Performance</i> , 2013 , 8, 92-8 | 3.5 | 11 |
| 14 | Three weeks of eccentric training combined with overspeed exercises enhances power and running speed performance gains in trained athletes. <i>Journal of Strength and Conditioning Research</i> , 2013 , 27, 1280-6 | 3.2 | 31 |

| | | | |
|----|--|------|-----|
| 13 | A comparison of blue light and caffeine effects on cognitive function and alertness in humans. <i>PLoS ONE</i> , 2013 , 8, e76707 | 3.7 | 36 |
| 12 | Acute caffeine ingestion/increase of voluntarily chosen resistance-training load after limited sleep. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2012 , 22, 157-64 | 4.4 | 26 |
| 11 | Intermittent lower-limb occlusion enhances recovery after strenuous exercise. <i>Applied Physiology, Nutrition and Metabolism</i> , 2012 , 37, 1132-9 | 3 | 36 |
| 10 | Acute salivary hormone responses to complex exercise bouts. <i>Journal of Strength and Conditioning Research</i> , 2011 , 25, 1072-8 | 3.2 | 21 |
| 9 | Effects of a short-term pre-season training programme on the body composition and anaerobic performance of professional rugby union players. <i>Journal of Sports Sciences</i> , 2010 , 28, 679-86 | 3.6 | 73 |
| 8 | Ultradian rhythmicity and induced changes in salivary testosterone. <i>European Journal of Applied Physiology</i> , 2010 , 110, 405-13 | 3.4 | 18 |
| 7 | Development and validation of a sensitive immunoassay for the skeletal muscle isoform of creatine kinase. <i>Journal of Science and Medicine in Sport</i> , 2010 , 13, 117-9 | 4.4 | 2 |
| 6 | Changes in strength, power, and steroid hormones during a professional rugby union competition. <i>Journal of Strength and Conditioning Research</i> , 2009 , 23, 1583-92 | 3.2 | 66 |
| 5 | The relationship between changes in interstitial creatine kinase and game-related impacts in rugby union. <i>British Journal of Sports Medicine</i> , 2008 , 42, 198-201 | 10.3 | 64 |
| 4 | Dose effect of caffeine on testosterone and cortisol responses to resistance exercise. <i>International Journal of Sport Nutrition and Exercise Metabolism</i> , 2008 , 18, 131-41 | 4.4 | 36 |
| 3 | Salivary testosterone and cortisol responses in professional rugby players after four resistance exercise protocols. <i>Journal of Strength and Conditioning Research</i> , 2008 , 22, 426-32 | 3.2 | 61 |
| 2 | Significant strength gains observed in rugby players after specific resistance exercise protocols based on individual salivary testosterone responses. <i>Journal of Strength and Conditioning Research</i> , 2008 , 22, 419-25 | 3.2 | 46 |
| 1 | Effectiveness of post-match recovery strategies in rugby players. <i>British Journal of Sports Medicine</i> , 2006 , 40, 260-3 | 10.3 | 204 |