Arham Shabbir

List of Publications by Year in descending order

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#	Article	IF	CITATIONS	
1	The Antioxidant Effects of Radix Astragali (Astragalus membranaceus and Related Species) in Protecting Tissues from Injury and Disease. Current Drug Targets, 2016, 17, 1331-1340.	2.1	144	
2	Oxyresveratrol ameliorates ethanol-induced gastric ulcer via downregulation of IL-6, TNF-α, NF-ÄB, and COX-2 levels, and upregulation of TFF-2 levels. Biomedicine and Pharmacotherapy, 2019, 110, 554-560.	5.6	96	
3	Thymoquinone attenuates rheumatoid arthritis by downregulating TLR2, TLR4, TNF-α, IL-1, and NFκB expression levels. Biomedicine and Pharmacotherapy, 2019, 111, 958-963.	5.6	79	
4	Anti-arthritic activity of N′-[(2,4-dihydroxyphenyl)methylidene]-2-(3,4-dimethyl-5,5-dioxidopyrazolo[4,3-c][1,2]benzothiazin-1(4H)-yl European Journal of Pharmacology, 2014, 738, 263-272.	4H)-yl)acætofhydraziolæ.		
5	<i>Zingiber officinale</i> ameliorates allergic asthma via suppression of Th2-mediated immune response. Pharmaceutical Biology, 2015, 53, 359-367.	2.9	62	
6	Ephedra gerardiana aqueous ethanolic extract and fractions attenuate Freund Complete Adjuvant induced arthritis in Sprague Dawley rats by downregulating PGE2, COX2, IL-1β, IL-6, TNF-α, NF-kB and upregulating IL-4 and IL-10. Journal of Ethnopharmacology, 2018, 224, 482-496.	4.1	61	
7	Carica papaya ameliorates allergic asthma via down regulation of IL-4, IL-5, eotaxin, TNF-α, NF-Äß, and iNOS levels. Phytomedicine, 2017, 32, 1-7.	5.3	54	
8	Pistacia integerrima ameliorates airway inflammation by attenuation of TNF-α, IL-4, and IL-5 expression levels, and pulmonary edema by elevation of AQP1 and AQP5 expression levels in mouse model of ovalbumin-induced allergic asthma. Phytomedicine, 2016, 23, 838-845.	5.3	46	
9	Ziziphora clinopodioides ameliorated rheumatoid arthritis and inflammatory paw edema in different models of acute and chronic inflammation. Biomedicine and Pharmacotherapy, 2018, 97, 1710-1721.	5.6	43	
10	Oxyresveratrol ameliorates allergic airway inflammation via attenuation of IL-4, IL-5, and IL-13 expression levels. Cytokine, 2015, 76, 375-381.	3.2	42	
11	Discovery of New Benzothiazine Derivative as Modulator of Pro- and Anti-inflammatory Cytokines in Rheumatoid Arthritis. Inflammation, 2016, 39, 1918-1929.	3.8	42	
12	Prevalence of Self-Medication among Urban and Rural Population of Islamabad, Pakistan. Tropical Journal of Pharmaceutical Research, 2014, 13, 627.	0.3	41	
13	Ribes orientale: A novel therapeutic approach targeting rheumatoid arthritis with reference to pro-inflammatory cytokines, inflammatory enzymes and anti-inflammatory cytokines. Journal of Ethnopharmacology, 2019, 237, 92-107.	4.1	37	
14	Immunomodulatory and Anti-Inflammatory Potential of Curcumin for the Treatment of Allergic Asthma: Effects on Expression Levels of Pro-inflammatory Cytokines and Aquaporins. Inflammation, 2019, 42, 2037-2047.	3.8	36	
15	Berberis lycium Royle: A review of its traditional uses, phytochemistry and pharmacology. African Journal of Pharmacy and Pharmacology, 2012, 6, .	0.3	30	
16	Evaluation of anti-urolithiatic and diuretic activities of watermelon (Citrullus lanatus) using in vivo and in vitro experiments. Biomedicine and Pharmacotherapy, 2018, 97, 1212-1221.	5.6	29	
17	Immunomodulatory effect of thymoquinone on atopic dermatitis. Molecular Immunology, 2018, 101, 276-283.	2.2	28	
18	Protective activity of medicinal plants and their isolated compounds against the toxic effects from the venom of Naja (cobra) species. Journal of Ethnopharmacology, 2014, 157, 222-227.	4.1	27	

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19	Amelioration of allergic asthma by Ziziphora clinopodioides via upregulation of aquaporins and downregulation of IL4 and IL5. Respiratory Physiology and Neurobiology, 2019, 266, 39-46.	1.6	27
20	Urginea indica attenuated rheumatoid arthritis and inflammatory paw edema in diverse animal models of acute and chronic inflammation. Journal of Ethnopharmacology, 2019, 238, 111864.	4.1	24
21	Protection against oxidative stress-induced apoptosis in kidney epithelium by Angelica and Astragalus. Journal of Ethnopharmacology, 2016, 179, 412-419.	4.1	23
22	<i>Nyctanthes arbor-tristis</i> Ameliorated FCA-Induced Experimental Arthritis: A Comparative Study among Different Extracts. Evidence-based Complementary and Alternative Medicine, 2017, 2017, 1-13.	1.2	22
23	Effects of Fagonia indica on Letrozole-Induced Polycystic Ovarian Syndrome (PCOS) in Young Adult Female Rats. Evidence-based Complementary and Alternative Medicine, 2022, 2022, 1-13.	1.2	20
24	Amelioration of adjuvant induced arthritis in Sprague Dawley rats through modulation of inflammatory mediators by Ribes alpestre Decne. Journal of Ethnopharmacology, 2019, 235, 460-471.	4.1	18
25	Pharmacological basis for the medicinal use of <i>Rhus coriaria</i> in hyperactive gut disorders. Bangladesh Journal of Pharmacology, 2014, 9, .	0.4	15
26	Amelioration of Rheumatoid Arthritis by Anacardium occidentale via Inhibition of Collagenase and Lysosomal Enzymes. Evidence-based Complementary and Alternative Medicine, 2020, 2020, 1-11.	1.2	12
27	Amelioration of airway inflammation and pulmonary edema by Teucrium stocksianum via attenuation of pro-inflammatory cytokines and up-regulation of AQP1 and AQP5. Respiratory Physiology and Neurobiology, 2021, 284, 103569.	1.6	12
28	Immunomodulatory and anti-inflammatory effects of Aerva lanata in ovalbumin induced allergic asthmatic mice. Journal of Ethnopharmacology, 2022, 289, 115087.	4.1	8
29	Preclinical Rodent Models of Arthritis and Acute Inflammation Indicate Immunomodulatory and Anti-Inflammatory Properties of Juglans regia Extracts. Evidence-based Complementary and Alternative Medicine, 2022, 2022, 1-10.	1.2	8
30	Evaluation of Immunomodulatory and Antiarthritic Potential of Trigonella gharuensis Extracts. Evidence-based Complementary and Alternative Medicine, 2020, 2020, 1-7.	1.2	6
31	Immunomodulatory activity of mefenamic acid in mice models of cell-mediated and humoral immunity. Indian Journal of Pharmacology, 2016, 48, 172.	0.7	6
32	Phyllanthus reticulatus Prevents Ethanol-Induced Gastric Ulcer via Downregulation of IL-8 and TNF-α Levels. Evidence-based Complementary and Alternative Medicine, 2021, 2021, 1-8.	1.2	4
33	Evaluation of developmental toxicity of guaifenesin using pregnant female rats. Indian Journal of Pharmacology, 2016, 48, 264.	0.7	3
34	Anti-inflammatory effects of Trigonella gharuensis: Comparative analysis in BALB/C mouse model. Pakistan Journal of Pharmaceutical Sciences, 2019, 32, 2287-2293.	0.2	2
35	Amelioration of Ovalbumin-Induced Allergic Asthma by Juglans regia via Downregulation of Inflammatory Cytokines and Upregulation of Aquaporin-1 and Aquaporin-5 in Mice. Journal of Tropical Medicine, 2022, 2022, 1-10.	1.7	2
36	Anti-asthmatic effect of Juglans regia Linn. in mice. Pakistan Journal of Pharmaceutical Sciences, 2021, 34, 679-686.	0.2	1