

Milla Saajanaho

List of Publications by Year in descending order

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Version: 2024-02-01

26
papers

674
citations

623188

14
h-index

610482

24
g-index

26
all docs

26
docs citations

26
times ranked

595
citing authors

#	ARTICLE	IF	CITATIONS
1	Self-rated resilience and mobility limitations as predictors of change in active aging during COVID-19 restrictions in Finland: a longitudinal study. <i>European Journal of Ageing</i> , 2022, 19, 475-484.	1.2	8
2	Impact of mobility restrictions on active aging; cross-sectional associations and longitudinal changes parallel to COVID-19 restrictions. <i>Archives of Gerontology and Geriatrics</i> , 2022, 98, 104522.	1.4	4
3	The Scales of Psychological Well-Being – a validation, usability and test-retest study among community-dwelling older people in Finland. <i>Aging and Mental Health</i> , 2021, 25, 913-922.	1.5	4
4	Health literacy supports active aging. <i>Preventive Medicine</i> , 2021, 143, 106330.	1.6	16
5	Psychometric properties of the 10-item Connor-Davidson resilience scale among Finnish older adults. <i>Aging and Mental Health</i> , 2021, 25, 99-106.	1.5	39
6	Older adults' activity destinations before and during COVID-19 restrictions: From a variety of activities to mostly physical exercise close to home. <i>Health and Place</i> , 2021, 68, 102533.	1.5	39
7	Do opposite ends of same factors underlie life satisfaction vs. depressive symptoms among older people?. <i>Aging Clinical and Experimental Research</i> , 2021, 33, 2557-2564.	1.4	3
8	Psychological resilience and active aging among older people with mobility limitations. <i>European Journal of Ageing</i> , 2021, 18, 65-74.	1.2	20
9	Assimilative and Accommodative Coping and Older People's Leisure Activities. <i>Journal of Aging and Health</i> , 2020, 32, 778-786.	0.9	3
10	Older Adults' Physical Activity and the Relevance of Distances to Neighborhood Destinations and Barriers to Outdoor Mobility. <i>Frontiers in Public Health</i> , 2020, 8, 335.	1.3	18
11	The effect of individualized, theory-based counselling intervention on active aging and quality of life among older people (the AGNES intervention study). <i>Aging Clinical and Experimental Research</i> , 2020, 32, 2081-2090.	1.4	9
12	The Associations of Activity Fragmentation With Physical and Mental Fatigability Among Community-Dwelling 75-, 80-, and 85-Year-Old People. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2020, 75, e103-e110.	1.7	25
13	Individualized counselling for active aging: protocol of a single-blinded, randomized controlled trial among older people (the AGNES intervention study). <i>BMC Geriatrics</i> , 2019, 19, 5.	1.1	13
14	Assessing physical performance and physical activity in large population-based aging studies: home-based assessments or visits to the research center?. <i>BMC Public Health</i> , 2019, 19, 1570.	1.2	40
15	Assessment of health literacy among older Finns. <i>Aging Clinical and Experimental Research</i> , 2019, 31, 549-556.	1.4	49
16	Association of tenacious goal pursuit and flexible goal adjustment with out-of-home mobility among community-dwelling older people. <i>Aging Clinical and Experimental Research</i> , 2019, 31, 1249-1256.	1.4	17
17	Developing an Assessment Method of Active Aging: University of Jyväskylä Active Aging Scale. <i>Journal of Aging and Health</i> , 2019, 31, 1002-1024.	0.9	52
18	Active aging – resilience and external support as modifiers of the disablement outcome: AGNES cohort study protocol. <i>BMC Public Health</i> , 2018, 18, 565.	1.2	62

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19	The Combined Effect of Lower Extremity Function and Cognitive Performance on Perceived Walking Ability Among Older People: A 2-Year Follow-up Study. <i>Journals of Gerontology - Series A Biological Sciences and Medical Sciences</i> , 2018, 73, 1568-1573.	1.7	6
20	Life resources and personal goals in old age. <i>European Journal of Ageing</i> , 2016, 13, 195-208.	1.2	28
21	Associations Between Reasons to Go Outdoors and Objectively-Measured Walking Activity in Various Life-Space Areas Among Older People. <i>Journal of Aging and Physical Activity</i> , 2016, 24, 85-91.	0.5	28
22	Mobility Limitation and Changes in Personal Goals Among Older Women. <i>Journals of Gerontology - Series B Psychological Sciences and Social Sciences</i> , 2016, 71, 1-10.	2.4	15
23	Personal goals and changes in life-space mobility among older people. <i>Preventive Medicine</i> , 2015, 81, 163-167.	1.6	30
24	Older Women's Personal Goals and Exercise Activity: An 8-Year Follow-Up. <i>Journal of Aging and Physical Activity</i> , 2014, 22, 386-392.	0.5	10
25	Environmental mobility barriers and walking for errands among older people who live alone vs. with others. <i>BMC Public Health</i> , 2013, 13, 1054.	1.2	30
26	Individual and environmental factors underlying life space of older people – study protocol and design of a cohort study on life-space mobility in old age (LISPE). <i>BMC Public Health</i> , 2012, 12, 1018.	1.2	106