

Milla Saajanaho

List of Publications by Year in descending order

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Version: 2024-02-01

26
papers

674
citations

623734
14
h-index

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24
g-index

26
all docs

26
docs citations

26
times ranked

595
citing authors

#	ARTICLE	IF	CITATIONS
1	Individual and environmental factors underlying life space of older people – study protocol and design of a cohort study on life-space mobility in old age (LISPE). BMC Public Health, 2012, 12, 1018.	2.9	106
2	Active aging – resilience and external support as modifiers of the disablement outcome: AGNES cohort study protocol. BMC Public Health, 2018, 18, 565.	2.9	62
3	Developing an Assessment Method of Active Aging: University of Jyväskylä Active Aging Scale. Journal of Aging and Health, 2019, 31, 1002-1024.	1.7	52
4	Assessment of health literacy among older Finns. Aging Clinical and Experimental Research, 2019, 31, 549-556.	2.9	49
5	Assessing physical performance and physical activity in large population-based aging studies: home-based assessments or visits to the research center?. BMC Public Health, 2019, 19, 1570.	2.9	40
6	Psychometric properties of the 10-item Connor-Davidson resilience scale among Finnish older adults. Aging and Mental Health, 2021, 25, 99-106.	2.8	39
7	Older adults’ activity destinations before and during COVID-19 restrictions: From a variety of activities to mostly physical exercise close to home. Health and Place, 2021, 68, 102533.	3.3	39
8	Environmental mobility barriers and walking for errands among older people who live alone vs. with others. BMC Public Health, 2013, 13, 1054.	2.9	30
9	Personal goals and changes in life-space mobility among older people. Preventive Medicine, 2015, 81, 163-167.	3.4	30
10	Life resources and personal goals in old age. European Journal of Ageing, 2016, 13, 195-208.	2.8	28
11	Associations Between Reasons to Go Outdoors and Objectively-Measured Walking Activity in Various Life-Space Areas Among Older People. Journal of Aging and Physical Activity, 2016, 24, 85-91.	1.0	28
12	The Associations of Activity Fragmentation With Physical and Mental Fatigability Among Community-Dwelling 75-, 80-, and 85-Year-Old People. Journals of Gerontology - Series A Biological Sciences and Medical Sciences, 2020, 75, e103-e110.	3.6	25
13	Psychological resilience and active aging among older people with mobility limitations. European Journal of Ageing, 2021, 18, 65-74.	2.8	20
14	Older Adults' Physical Activity and the Relevance of Distances to Neighborhood Destinations and Barriers to Outdoor Mobility. Frontiers in Public Health, 2020, 8, 335.	2.7	18
15	Association of tenacious goal pursuit and flexible goal adjustment with out-of-home mobility among community-dwelling older people. Aging Clinical and Experimental Research, 2019, 31, 1249-1256.	2.9	17
16	Health literacy supports active aging. Preventive Medicine, 2021, 143, 106330.	3.4	16
17	Mobility Limitation and Changes in Personal Goals Among Older Women. Journals of Gerontology - Series B Psychological Sciences and Social Sciences, 2016, 71, 1-10.	3.9	15
18	Individualized counselling for active aging: protocol of a single-blinded, randomized controlled trial among older people (the AGNES intervention study). BMC Geriatrics, 2019, 19, 5.	2.7	13

#	ARTICLE	IF	CITATIONS
19	Older Women's Personal Goals and Exercise Activity: An 8-Year Follow-Up. Journal of Aging and Physical Activity, 2014, 22, 386-392.	1.0	10
20	The effect of individualized, theory-based counselling intervention on active aging and quality of life among older people (the AGNES intervention study). Aging Clinical and Experimental Research, 2020, 32, 2081-2090.	2.9	9
21	Self-rated resilience and mobility limitations as predictors of change in active aging during COVID-19 restrictions in Finland: a longitudinal study. European Journal of Ageing, 2022, 19, 475-484.	2.8	8
22	The Combined Effect of Lower Extremity Function and Cognitive Performance on Perceived Walking Ability Among Older People: A 2-Year Follow-up Study. Journals of Gerontology - Series A Biological Sciences and Medical Sciences, 2018, 73, 1568-1573.	3.6	6
23	The Scales of Psychological Well-Being – a validation, usability and test-retest study among community-dwelling older people in Finland. Aging and Mental Health, 2021, 25, 913-922.	2.8	4
24	Impact of mobility restrictions on active aging; cross-sectional associations and longitudinal changes parallel to COVID-19 restrictions. Archives of Gerontology and Geriatrics, 2022, 98, 104522.	3.0	4
25	Assimilative and Accommodative Coping and Older People's Leisure Activities. Journal of Aging and Health, 2020, 32, 778-786.	1.7	3
26	Do opposite ends of same factors underlie life satisfaction vs. depressive symptoms among older people?. Aging Clinical and Experimental Research, 2021, 33, 2557-2564.	2.9	3