# **Gregory W Heath**

## List of Publications by Citations

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94 17,543 41 114 g-index

114 19,087 6.5 5.84 ext. papers ext. citations avg, IF L-index

#	Paper	IF	Citations
94	Physical activity and public health. A recommendation from the Centers for Disease Control and Prevention and the American College of Sports Medicine. <i>JAMA - Journal of the American Medical Association</i> , <b>1995</b> , 273, 402-7	27.4	3814
93	Physical activity and public health: updated recommendation for adults from the American College of Sports Medicine and the American Heart Association. <i>Medicine and Science in Sports and Exercise</i> , <b>2007</b> , 39, 1423-34	1.2	3330
92	The effectiveness of interventions to increase physical activity. A systematic review. <i>American Journal of Preventive Medicine</i> , <b>2002</b> , 22, 73-107	6.1	1446
91	Evidence-based intervention in physical activity: lessons from around the world. <i>Lancet, The</i> , <b>2012</b> , 380, 272-81	40	677
90	Progress in physical activity over the Olympic quadrennium. <i>Lancet, The</i> , <b>2016</b> , 388, 1325-36	40	488
89	The Effectiveness of Urban Design and Land Use and Transport Policies and Practices to Increase Physical Activity: A Systematic Review. <i>Journal of Physical Activity and Health</i> , <b>2006</b> , 3, S55-S76	2.5	480
88	Prevalence of attempting weight loss and strategies for controlling weight. <i>JAMA - Journal of the American Medical Association</i> , <b>1999</b> , 282, 1353-8	27.4	355
87	A physiological comparison of young and older endurance athletes. <i>Journal of Applied Physiology</i> , <b>1981</b> , 51, 634-40	3.7	344
86	Associations between recommended levels of physical activity and health-related quality of life. Findings from the 2001 Behavioral Risk Factor Surveillance System (BRFSS) survey. <i>Preventive Medicine</i> , <b>2003</b> , 37, 520-8	4.3	302
85	Physical activity behaviors in lower and higher socioeconomic status populations. <i>American Journal of Epidemiology</i> , <b>1991</b> , 133, 1246-56	3.8	240
84	Cost effectiveness of community-based physical activity interventions. <i>American Journal of Preventive Medicine</i> , <b>2008</b> , 35, 578-88	6.1	201
83	Effects of 12 months of intense exercise training on ischemic ST-segment depression in patients with coronary artery disease. <i>Circulation</i> , <b>1981</b> , 64, 1116-24	16.7	168
82	American Heart Association Guide for Improving Cardiovascular Health at the Community Level, 2013 update: a scientific statement for public health practitioners, healthcare providers, and health policy makers. <i>Circulation</i> , <b>2013</b> , 127, 1730-53	16.7	163
81	Associations between physical activity dose and health-related quality of life. <i>Medicine and Science in Sports and Exercise</i> , <b>2004</b> , 36, 890-6	1.2	146
80	A Multisite Field Test of the Acceptability of Physical Activity Counseling in Primary Care: Project PACE. <i>American Journal of Preventive Medicine</i> , <b>1996</b> , 12, 73-81	6.1	146
79	Physical activity patterns in American high school students. Results from the 1990 Youth Risk Behavior Survey. <i>JAMA Pediatrics</i> , <b>1994</b> , 148, 1131-6		146
78	Effect of exercise training on the blood pressure and hemodynamic features of hypertensive adolescents. <i>American Journal of Cardiology</i> , <b>1983</b> , 52, 763-8	3	141

### [1998-1999]

77	National Health and Nutrition Examination Survey, 1988-1994. <i>Medicine and Science in Sports and Exercise</i> , <b>1999</b> , 31, 1821-7	1.2	132
76	Estimated energy expenditures for school-based policies and active living. <i>American Journal of Preventive Medicine</i> , <b>2013</b> , 44, 108-13	6.1	124
75	Cardiac effects of prolonged and intense exercise training in patients with coronary artery disease. <i>American Journal of Cardiology</i> , <b>1982</b> , 50, 246-54	3	113
74	Exercise and the incidence of upper respiratory tract infections. <i>Medicine and Science in Sports and Exercise</i> , <b>1991</b> , 23, 152???157	1.2	109
73	Point-of-decision prompts to increase stair use. A systematic review update. <i>American Journal of Preventive Medicine</i> , <b>2010</b> , 38, S292-300	6.1	108
72	Physical activity: more of the same is not enough. <i>Lancet, The</i> , <b>2012</b> , 380, 190-91	40	99
71	Evidence-based interventions to promote physical activity: what contributes to dissemination by state health departments. <i>American Journal of Preventive Medicine</i> , <b>2007</b> , 33, S66-73; quiz S74-8	6.1	96
70	The effect of disseminating evidence-based interventions that promote physical activity to health departments. <i>American Journal of Public Health</i> , <b>2007</b> , 97, 1900-7	5.1	75
69	Physical activity, cardiovascular disease, and medical expenditures in U.S. adults. <i>Annals of Behavioral Medicine</i> , <b>2004</b> , 28, 88-94	4.5	74
68	Exercise training improves hypertension in hemodialysis patients. <i>American Journal of Nephrology</i> , <b>1983</b> , 3, 209-12	4.6	70
67	Measuring physical activity with the behavioral risk factor surveillance system. <i>Medicine and Science in Sports and Exercise</i> , <b>2000</b> , 32, 1913-8	1.2	64
66	Leisure-time physical activity patterns among US adults with asthma. <i>Chest</i> , <b>2003</b> , 124, 432-7	5.3	63
65	A New Tool for Encouraging Activity. <i>Physician and Sportsmedicine</i> , <b>1994</b> , 22, 45-55	2.4	61
64	Endurance exercise training improves body composition and plasma insulin responses in 70- to 79-year-old men and women. <i>Metabolism: Clinical and Experimental</i> , <b>1994</b> , 43, 847-54	12.7	58
63	Reliability and Validity Issues concerning Large-Scale Surveillance of Physical Activity. <i>Research Quarterly for Exercise and Sport</i> , <b>2000</b> , 71 Suppl 2, 104-13	1.9	56
62	Community-based exercise intervention: Zuni Diabetes Project. <i>Diabetes Care</i> , <b>1987</b> , 10, 579-83	14.6	53
61	Towards better evidence-informed global action: lessons learnt from the Lancet series and recent developments in physical activity and public health. <i>British Journal of Sports Medicine</i> , <b>2020</b> , 54, 462-468	10.3	53
60	Injury rates from walking, gardening, weightlifting, outdoor bicycling, and aerobics. <i>Medicine and Science in Sports and Exercise</i> , <b>1998</b> , 30, 1246-9	1.2	49

59	Physical activity and women in the United States: an overview of health benefits, prevalence, and intervention opportunities. <i>Women and Health</i> , <b>1997</b> , 26, 27-49	1.7	48	
58	Economic burden of cardiovascular disease associated with excess body weight in U.S. adults. <i>American Journal of Preventive Medicine</i> , <b>2002</b> , 23, 1-6	6.1	44	
57	Status of Field-Based Fitness Testing in Children and Youth. <i>Preventive Medicine</i> , <b>2000</b> , 31, S77-S85	4.3	43	
56	Exercise training improves lipoprotein lipid profiles in patients with coronary artery disease. <i>American Heart Journal</i> , <b>1983</b> , 105, 889-95	4.9	43	
55	Participation of people living with disabilities in physical activity: a global perspective. <i>Lancet, The</i> , <b>2021</b> , 398, 443-455	40	42	
54	Self-reported physical activity among blacks: estimates from national surveys. <i>American Journal of Preventive Medicine</i> , <b>2007</b> , 33, 412-7	6.1	41	
53	Recommended levels of physical activity and health-related quality of life among overweight and obese adults in the United States, 2005. <i>Journal of Physical Activity and Health</i> , <b>2009</b> , 6, 403-11	2.5	38	
52	Cost analysis of the built environment: the case of bike and pedestrian trials in Lincoln, Neb. <i>American Journal of Public Health</i> , <b>2004</b> , 94, 549-53	5.1	34	
51	Exercise and upper respiratory tract infections. Is there a relationship?. Sports Medicine, 1992, 14, 353-6	<b>5</b> 10.6	33	
50	Worldwide Surveillance, Policy, and Research on Physical Activity and Health: The Global Observatory for Physical Activity. <i>Journal of Physical Activity and Health</i> , <b>2017</b> , 14, 701-709	2.5	32	
49	Strategic Priorities for Physical Activity Surveillance in the United States. <i>Medicine and Science in Sports and Exercise</i> , <b>2016</b> , 48, 2057-69	1.2	28	
48	Improving risk stratification in patients with chest pain: the Erlanger HEARTS3 score. <i>American Journal of Emergency Medicine</i> , <b>2012</b> , 30, 1829-37	2.9	28	
47	Exploring the Imagination to Establish Frameworks for Learning. <i>Studies in Philosophy and Education</i> , <b>2008</b> , 27, 115-123	0.8	28	
46	Effect of exercise training on plasma catecholamines and haemodynamics of adolescent hypertensives during rest, submaximal exercise and orthostatic stress. <i>Clinical Physiology</i> , <b>1984</b> , 4, 117-	24	28	
45	Self-reported injury and physical activity levels: United States 2000 to 2002. <i>Annals of Epidemiology</i> , <b>2006</b> , 16, 712-9	6.4	25	
44	Community intervention and trends in dietary fat consumption among black and white adults. <i>Journal of the American Dietetic Association</i> , <b>1994</b> , 94, 1284-90		24	
43	Dissemination of effective physical activity interventions: are we applying the evidence?. <i>Health Education Research</i> , <b>2010</b> , 25, 185-98	1.8	22	
42	Test characteristics of self-reported hypertension among the Hispanic population: findings from the Hispanic Health and Nutrition Examination Survey. <i>Journal of Clinical Epidemiology</i> , <b>1990</b> , 43, 159-6.	5 <sup>5.7</sup>	22	

### (1991-1981)

41	Noninvasive assessment of changes in left ventricular function induced by graded isometric exercise in healthy subjects. <i>Chest</i> , <b>1981</b> , 80, 51-5	5.3	21
40	Annual deaths attributable to physical inactivity: whither the missing 2 million?. <i>Lancet, The</i> , <b>2013</b> , 381, 992-3	40	19
39	Exercise is Medicine IA pilot study linking primary care with community physical activity support. <i>Preventive Medicine Reports</i> , <b>2015</b> , 2, 492-7	2.6	19
38	The quantity and quality of physical activity among those trying to lose weight. <i>American Journal of Preventive Medicine</i> , <b>2000</b> , 18, 83-6	6.1	19
37	Worldwide use of the first set of physical activity Country Cards: The Global Observatory for Physical Activity - GoPA!. <i>International Journal of Behavioral Nutrition and Physical Activity</i> , <b>2018</b> , 15, 29	8.4	16
36	A Pragmatic Application of the RE-AIM Framework for Evaluating the Implementation of Physical Activity as a Standard of Care in Health Systems. <i>Preventing Chronic Disease</i> , <b>2018</b> , 15, E54	3.7	16
35	Acute Retinal Necrosis Caused by the Zoster Vaccine Virus. Clinical Infectious Diseases, 2017, 65, 2122-2	<b>125</b> 6	14
34	Physical Activity Transitions and Chronic Disease. <i>American Journal of Lifestyle Medicine</i> , <b>2009</b> , 3, 27S-31	<b>S</b> .9	14
33	Exercise training improves abnormal lipid and carbohydrate metabolism in hemodialysis patients. <i>ASAIO Journal</i> , <b>1979</b> , 25, 431-7	3.6	14
32	Effect of prolonged intense endurance training on systolic time intervals in patients with coronary artery disease. <i>American Heart Journal</i> , <b>1984</b> , 107, 75-81	4.9	13
31	The Role of the Public Health Sector in Promoting Physical Activity: National, State, and Local Applications. <i>Journal of Physical Activity and Health</i> , <b>2009</b> , 6, S159-S167	2.5	12
30	Health-related factors associated with the healthcare costs of office workers. <i>Journal of Occupational and Environmental Medicine</i> , <b>2008</b> , 50, 593-601	2	11
29	Hospital Discharge Disposition of Stroke Patients in Tennessee. <i>Southern Medical Journal</i> , <b>2017</b> , 110, 594-600	0.6	9
28	Perceived morbidity as a determinant of health behavior. <i>Health Education Research</i> , <b>1992</b> , 7, 327-34	1.8	8
27	Outrunning the Risks: A Behavioral Risk Profile of Runners. <i>American Journal of Preventive Medicine</i> , <b>1989</b> , 5, 347-352	6.1	8
26	127 Steps Toward a More Active World. <i>Journal of Physical Activity and Health</i> , <b>2015</b> , 12, 1193-4	2.5	7
25	Physical activity patterns among adults in Georgia: results from the 1990 Behavioral Risk Factor Surveillance System. <i>Southern Medical Journal</i> , <b>1994</b> , 87, 435-9	0.6	7
24	Assessing population-based programs to reduce blood cholesterol level and saturated fats. <i>International Journal of Technology Assessment in Health Care</i> , <b>1991</b> , 7, 315-26	1.8	7

23	Beneficial effects of endurance exercise training in adolescent hypertension. <i>American Journal of Cardiology</i> , <b>1980</b> , 45, 489	3	7
22	Relationships Between Engaging in Recommended Levels of Physical Activity and Health-Related Quality of Life Among Hypertensive Adults. <i>Journal of Physical Activity and Health</i> , <b>2006</b> , 3, 137-147	2.5	6
21	Effects of an automatic discontinuation of antibiotics policy: A novel approach to antimicrobial stewardship. <i>American Journal of Health-System Pharmacy</i> , <b>2019</b> , 76, S85-S90	2.2	5
20	Left ventricular response to graded isometric exercise in patients with coronary heart disease. <i>Clinical Physiology</i> , <b>1982</b> , 2, 215-24		5
19	Grow Healthy Together: Effects of Policy and Environmental Interventions on Physical Activity Among Urban Children and Youth. <i>Journal of Physical Activity and Health</i> , <b>2019</b> , 16, 172-176	2.5	5
18	The role of the public health sector in promoting physical activity: national, state, and local applications. <i>Journal of Physical Activity and Health</i> , <b>2009</b> , 6 Suppl 2, S159-67	2.5	5
17	Research status of case reports for medical school institutional review boards. <i>JAMA - Journal of the American Medical Association</i> , <b>2007</b> , 298, 1277-8	27.4	3
16	A six-step model for evaluation of community-based physical activity programs. <i>Preventing Chronic Disease</i> , <b>2006</b> , 3, A24	3.7	3
15	External Validation of Velazquez-Gomez Severity Score Index and ATLAS Scores and the Identification of Risk Factors Associated with Mortality in Infections. <i>American Surgeon</i> , <b>2017</b> , 83, 1347-	13 <sup>.8</sup> 1	3
14	Physical Activity and Health Promotion <b>2015</b> , 91-99		2
14	Physical Activity and Health Promotion 2015, 91-99  The challenge of assessing physical activity in populations [AuthorsTreply. Lancet, The, 2012, 380, 1555-7]		2
			2
13	The challenge of assessing physical activity in populations [AuthorsTreply. <i>Lancet, The</i> , <b>2012</b> , 380, 1555-12]  Light Physical Activity and Incident Coronary Heart Disease and Cardiovascular Disease Among	1,556	2
13	The challenge of assessing physical activity in populations [AuthorsTreply. Lancet, The, 2012, 380, 1555-12]  Light Physical Activity and Incident Coronary Heart Disease and Cardiovascular Disease Among Older Women-A Call for Action. JAMA Network Open, 2019, 2, e190405  Decreasing the prospect of upper extremity neuropraxia during robotic assisted laparoscopic	1 <b>5</b> 56	2
13 12 11	The challenge of assessing physical activity in populations [AuthorsTreply. <i>Lancet, The</i> , <b>2012</b> , 380, 1555-2012]  Light Physical Activity and Incident Coronary Heart Disease and Cardiovascular Disease Among Older Women-A Call for Action. <i>JAMA Network Open</i> , <b>2019</b> , 2, e190405  Decreasing the prospect of upper extremity neuropraxia during robotic assisted laparoscopic prostatectomy: a novel technique. <i>Journal of Robotic Surgery</i> , <b>2020</b> , 14, 733-738  Changes in Leisure Time Physical Activity and High-Density Cholesterol Levels Among White and	1 <b>5</b> 56	2 1 1
13 12 11	The challenge of assessing physical activity in populations [AuthorsTreply. Lancet, The, 2012, 380, 1555-12]  Light Physical Activity and Incident Coronary Heart Disease and Cardiovascular Disease Among Older Women-A Call for Action. JAMA Network Open, 2019, 2, e190405  Decreasing the prospect of upper extremity neuropraxia during robotic assisted laparoscopic prostatectomy: a novel technique. Journal of Robotic Surgery, 2020, 14, 733-738  Changes in Leisure Time Physical Activity and High-Density Cholesterol Levels Among White and African American Women. Journal of Womena Health, 1994, 3, 73-79  The role of family history of disease and personal morbidity in eating behavior. Psychology and	1556 10.4 2.9	2 1 1
13 12 11 10 9	The challenge of assessing physical activity in populations [AuthorsTreply. Lancet, The, 2012, 380, 1555-Light Physical Activity and Incident Coronary Heart Disease and Cardiovascular Disease Among Older Women-A Call for Action. JAMA Network Open, 2019, 2, e190405  Decreasing the prospect of upper extremity neuropraxia during robotic assisted laparoscopic prostatectomy: a novel technique. Journal of Robotic Surgery, 2020, 14, 733-738  Changes in Leisure Time Physical Activity and High-Density Cholesterol Levels Among White and African American Women. Journal of Womens Health, 1994, 3, 73-79  The role of family history of disease and personal morbidity in eating behavior. Psychology and Health, 1992, 7, 3-14	1556 10.4 2.9	2 1 1 1

#### LIST OF PUBLICATIONS

5	PHYSICAL ACTIVITY PROMOTION IN A UNIVERSITY COMMUNITY. <i>ACSMos Health and Fitness Journal</i> , <b>2010</b> , 14, 7-11	0.9
4	Proximity and Usage of the Tennessee Riverpark Urban Trail. <i>Medicine and Science in Sports and Exercise</i> , <b>2010</b> , 42, 248	1.2
3	Association Between Family Health Behaviors and Obesity Severity. <i>Medicine and Science in Sports and Exercise</i> , <b>2018</b> , 50, 396	1.2
2	Policy and Environmental Supports in Promoting Physical Activity and Active Living <b>2013</b> , 1539-1544	

Lifestyle Medicine in an Era of Healthcare Reform2011 **2013**, 1533-1537