

# Tania A Perich

## List of Publications by Year in descending order

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Version: 2024-02-01

42  
papers

922  
citations

516561

16  
h-index

477173

29  
g-index

43  
all docs

43  
docs citations

43  
times ranked

1208  
citing authors

#	ARTICLE	IF	CITATIONS
1	Use of mobile mindfulness apps in young adults with depression: Results from a cross-sectional survey.. <i>Professional Psychology: Research and Practice</i> , 2022, 53, 42-49.	0.6	5
2	Stress predicts depression symptoms for women living with bipolar disorder during the menopause transition. <i>Menopause</i> , 2022, 29, 231-235.	0.8	6
3	Stigma in bipolar disorder: A current review of the literature. <i>Australian and New Zealand Journal of Psychiatry</i> , 2022, 56, 1060-1064.	1.3	10
4	Quality of life and psychological symptoms for women with bipolar disorder – a comparison between reproductive, menopause transition and post-menopause phases. <i>Maturitas</i> , 2021, 143, 72-77.	1.0	5
5	The nature of depression in bipolar disorder. , 2021, , 151-167.		1
6	“Extreme emotions”- the impact of reproductive life events for women living with bipolar disorder. <i>Health Care for Women International</i> , 2021, 42, 1379-1392.	0.6	0
7	Parental and partner role functioning and personal recovery in bipolar disorder. <i>Journal of Clinical Psychology</i> , 2021, 77, 1985-1996.	1.0	2
8	796Is Mindfulness a more effective intervention than Psychoeducation for reducing Bipolar Disorder-related symptoms of depression?. <i>International Journal of Epidemiology</i> , 2021, 50, .	0.9	0
9	The relationship between rumination, depression and self-stigma in hazardous drinkers: an exploratory study. <i>Discover Psychology</i> , 2021, 1, 1.	0.4	2
10	Mindfulness-based online intervention to improve quality of life in late-stage bipolar disorder: A randomized clinical trial.. <i>Journal of Consulting and Clinical Psychology</i> , 2021, 89, 830-844.	1.6	4
11	Demographic and Clinical Differences Between Bipolar Disorder Patients With and Without Alcohol Use Disorders. <i>Frontiers in Psychiatry</i> , 2020, 11, 570574.	1.3	3
12	Transdiagnostic group cognitive behaviour therapy for anxiety in bipolar disorder—a pilot feasibility and acceptability study. <i>Pilot and Feasibility Studies</i> , 2020, 6, 170.	0.5	3
13	Mental health mobile application usage in young adults with a family history of mental illness. <i>Australian Psychologist</i> , 2020, 55, 660-669.	0.9	3
14	Depression, mania and self-reported creativity in bipolar disorder. <i>Psychiatry Research</i> , 2019, 276, 129-133.	1.7	10
15	Buffering against maladaptive perfectionism in bipolar disorder: The role of self-compassion. <i>Journal of Affective Disorders</i> , 2019, 250, 132-139.	2.0	24
16	Psychological interventions for young people at risk for bipolar disorder: A systematic review. <i>Journal of Affective Disorders</i> , 2019, 252, 84-91.	2.0	17
17	Use of self-care strategies in the management of bipolar disorder and their relationship to symptoms, illness intrusiveness, and quality of life. <i>Clinical Psychologist</i> , 2019, 23, 133-143.	0.5	3
18	The relationship between social support and personal recovery in bipolar disorder.. <i>Psychiatric Rehabilitation Journal</i> , 2019, 42, 100-103.	0.8	18

#	ARTICLE	IF	CITATIONS
19	Predictors of self-stigma in bipolar disorder: Depression, mania, and perceived cognitive function.. Stigma and Health, 2019, 4, 330-336.	1.2	10
20	Mindfulness and meditation: treating cognitive impairment and reducing stress in dementia. Reviews in the Neurosciences, 2018, 29, 791-804.	1.4	57
21	Clinical predictors of conversion to bipolar disorder in a prospective longitudinal familial high-risk sample: focus on depressive features. Psychological Medicine, 2018, 48, 1713-1721.	2.7	14
22	Web-based intervention to improve quality of life in late stage bipolar disorder (ORBIT): randomised controlled trial protocol. BMC Psychiatry, 2018, 18, 221.	1.1	29
23	Towards recovery-oriented psychosocial interventions for bipolar disorder: Quality of life outcomes, stage-sensitive treatments, and mindfulness mechanisms. Clinical Psychology Review, 2017, 52, 148-163.	6.0	64
24	Menopause and illness course in bipolar disorder: A systematic review. Bipolar Disorders, 2017, 19, 434-443.	1.1	22
25	Disruptive mood dysregulation disorder, severe mood dysregulation and chronic irritability in youth at high familial risk of bipolar disorder. Australian and New Zealand Journal of Psychiatry, 2017, 51, 1220-1226.	1.3	6
26	Clinical characteristics of women with reproductive cycle-associated bipolar disorder symptoms. Australian and New Zealand Journal of Psychiatry, 2017, 51, 161-167.	1.3	32
27	“Is it menopause or bipolar?” a qualitative study of the experience of menopause for women with bipolar disorder. BMC Women's Health, 2017, 17, 110.	0.8	13
28	Online mindfulness-based intervention for late-stage bipolar disorder: pilot evidence for feasibility and effectiveness. Journal of Affective Disorders, 2015, 178, 46-51.	2.0	57
29	What clinical features precede the onset of bipolar disorder?. Journal of Psychiatric Research, 2015, 62, 71-77.	1.5	41
30	Rejection sensitivity and pain in bipolar versus unipolar depression. Bipolar Disorders, 2014, 16, 190-198.	1.1	29
31	Cognitive styles and clinical correlates of childhood abuse in bipolar disorder. Bipolar Disorders, 2014, 16, 600-607.	1.1	14
32	Mindfulness-Based Approaches in the Treatment of Bipolar Disorder: Potential Mechanisms and Effects. Mindfulness, 2014, 5, 186-191.	1.6	11
33	A randomized controlled trial of mindfulness-based cognitive therapy for bipolar disorder. Acta Psychiatrica Scandinavica, 2013, 127, 333-343.	2.2	106
34	Clinical and demographic features associated with the detection of early warning signs in bipolar disorder. Journal of Affective Disorders, 2013, 145, 336-340.	2.0	8
35	The association between meditation practice and treatment outcome in Mindfulness-based Cognitive Therapy for bipolar disorder. Behaviour Research and Therapy, 2013, 51, 338-343.	1.6	89
36	The superiority of antidepressant medication to cognitive behavior therapy in melancholic depressed patients: a 12-week single-blind randomized study. Acta Psychiatrica Scandinavica, 2013, 128, n/a-n/a.	2.2	19

#	ARTICLE	IF	CITATIONS
37	Cognitive Predictors of Change in Cognitive Behaviour Therapy and Mindfulness-Based Cognitive Therapy for Depression. Behavioural and Cognitive Psychotherapy, 2012, 40, 227-232.	0.9	45
38	Mindfulness-based cognitive therapy vs cognitive behaviour therapy as a treatment for non-melancholic depression. Journal of Affective Disorders, 2011, 130, 138-144.	2.0	109
39	Mindfulness, response styles and dysfunctional attitudes in bipolar disorder. Journal of Affective Disorders, 2011, 134, 126-132.	2.0	19
40	New-Generation Antidepressants, Suicide and Depressed Adolescents: How Should Clinicians Respond to Changing Evidence?. Australian and New Zealand Journal of Psychiatry, 2008, 42, 456-466.	1.3	12
41	Experiences of a transdiagnostic anxiety cognitive behaviour therapy group for people living with bipolar disorder: a qualitative study. Clinical Psychologist, 0, , 1-8.	0.5	0
42	Personal recovery in psychological interventions for bipolar disorder: a systematic review. Australian Psychologist, 0, , 1-11.	0.9	0