

# Rachel Manber

## List of Publications by Year in descending order

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Version: 2024-02-01

54  
papers

2,987  
citations

279798

23  
h-index

223800

46  
g-index

56  
all docs

56  
docs citations

56  
times ranked

3285  
citing authors

#	ARTICLE	IF	CITATIONS
1	Cognitive Behavioral Therapy for Insomnia Enhances Depression Outcome in Patients with Comorbid Major Depressive Disorder and Insomnia. <i>Sleep</i> , 2008, 31, 489-495.	1.1	748
2	Insomnia disorder. <i>Nature Reviews Disease Primers</i> , 2015, 1, 15026.	30.5	425
3	Acupuncture: a promising treatment for depression during pregnancy. <i>Journal of Affective Disorders</i> , 2004, 83, 89-95.	4.1	167
4	Acupuncture for Depression During Pregnancy. <i>Obstetrics and Gynecology</i> , 2010, 115, 511-520.	2.4	166
5	Effects of Cognitive Behavioral Therapy for Insomnia on Suicidal Ideation in Veterans. <i>Sleep</i> , 2015, 38, 259-265.	1.1	147
6	Insomnia and depression: A multifaceted interplay. <i>Current Psychiatry Reports</i> , 2009, 11, 437-442.	4.5	112
7	Efficacy of Cognitive-Behavioral Therapy for Insomnia Combined With Antidepressant Pharmacotherapy in Patients With Comorbid Depression and Insomnia. <i>Journal of Clinical Psychiatry</i> , 2016, 77, e1316-e1323.	2.2	106
8	Characteristics of Insomniacs with Self-Reported Morning and Evening Chronotypes. <i>Journal of Clinical Sleep Medicine</i> , 2007, 03, 289-294.	2.6	103
9	The Effects of Psychotherapy, Nefazodone, and Their Combination on Subjective Assessment of Disturbed Sleep in Chronic Depression. <i>Sleep</i> , 2003, 26, 130-136.	1.1	95
10	Assessing insomnia severity in depression: comparison of depression rating scales and sleep diaries. <i>Journal of Psychiatric Research</i> , 2005, 39, 481-488.	3.1	74
11	Cognitive Behavioral Therapy for Insomnia in Depression. <i>Sleep Medicine Clinics</i> , 2019, 14, 177-184.	2.6	70
12	Objective and subjective sleep during pregnancy: links with depressive and anxiety symptoms. <i>Archives of Women's Mental Health</i> , 2016, 19, 173-181.	2.6	56
13	Treating insomnia in depression: Insomnia related factors predict long-term depression trajectories.. <i>Journal of Consulting and Clinical Psychology</i> , 2018, 86, 282-293.	2.0	53
14	Convergence in patient-therapist therapeutic alliance ratings and its relation to outcome in chronic depression treatment. <i>Psychotherapy Research</i> , 2017, 27, 410-424.	1.8	47
15	The effects of hormone replacement therapy on sleep-disordered breathing in postmenopausal women: a pilot study. <i>Sleep</i> , 2003, 26, 163-8.	1.1	46
16	Alternative Treatments for Depression. <i>Journal of Clinical Psychiatry</i> , 2002, 63, 628-640.	2.2	43
17	Too Long, Too Short, or Too Variable? Sleep Intraindividual Variability and Its Associations With Perceived Sleep Quality and Mood in Adolescents During Naturalistically Unconstrained Sleep. <i>Sleep</i> , 2017, 40, .	1.1	41
18	Factors Associated with Clinically Significant Insomnia Among Pregnant Low-Income Latinas. <i>Journal of Women's Health</i> , 2013, 22, 694-701.	3.3	38

#	ARTICLE	IF	CITATIONS
19	Mothers' postpartum sleep disturbance is associated with the ability to sustain sensitivity toward infants. <i>Sleep Medicine</i> , 2020, 65, 74-83.	1.6	36
20	The Effects of Hormone Replacement Therapy on Sleep-Disordered Breathing in Postmenopausal Women: A Pilot Study. <i>Sleep</i> , 2003, , .	1.1	34
21	Who is at risk for having persistent insomnia symptoms? A longitudinal study in the general population in Korea. <i>Sleep Medicine</i> , 2014, 15, 180-186.	1.6	33
22	Patients'™ perception of their depressive illness. <i>Journal of Psychiatric Research</i> , 2003, 37, 335-343.	3.1	31
23	Side Effects to Antidepressant Treatment in Patients With Depression and Comorbid Panic Disorder. <i>Journal of Clinical Psychiatry</i> , 2017, 78, 433-440.	2.2	29
24	Treating Insomnia during the COVID-19 Pandemic: Observations and Perspectives from a Behavioral Sleep Medicine Clinic. <i>Behavioral Sleep Medicine</i> , 2020, 18, 573-575.	2.1	24
25	A step towards stepped care: Delivery of CBT-I with reduced clinician time. <i>Sleep Medicine Reviews</i> , 2015, 19, 3-5.	8.5	23
26	Maternal subjective sleep quality and nighttime infant care. <i>Journal of Reproductive and Infant Psychology</i> , 2010, 28, 384-391.	1.8	22
27	Effect of Electroacupuncture vs Sham Treatment on Change in Pain Severity Among Adults With Chronic Low Back Pain. <i>JAMA Network Open</i> , 2020, 3, e2022787.	5.9	21
28	Circadian Preference as a Moderator of Depression Outcome Following Cognitive Behavioral Therapy for Insomnia Plus Antidepressant Medications: A Report From the TRIAD Study. <i>Journal of Clinical Sleep Medicine</i> , 2019, 15, 573-580.	2.6	20
29	Stress, Sleep, and Coping Self-Efficacy in Adolescents. <i>Journal of Youth and Adolescence</i> , 2021, 50, 485-505.	3.5	20
30	Improving perinatal sleep via a scalable cognitive behavioural intervention: findings from a randomised controlled trial from pregnancy to 2 years postpartum. <i>Psychological Medicine</i> , 2021, , 1-11.	4.5	20
31	Change in patients'™ interpersonal impacts as a mediator of the alliance-outcome association in treatment for chronic depression.. <i>Journal of Consulting and Clinical Psychology</i> , 2016, 84, 1135-1144.	2.0	20
32	Differentiating perinatal Insomnia Disorder and sleep disruption: a longitudinal study from pregnancy to 2 years postpartum. <i>Sleep</i> , 2022, 45, .	1.1	18
33	Valence-dependent modulation of psychophysiological measures: Is there consistency across repeated testing?. <i>Psychophysiology</i> , 2000, 37, 683-692.	2.4	14
34	Dissemination of CBT for Insomnia. <i>Current Sleep Medicine Reports</i> , 2016, 2, 136-141.	1.4	13
35	A scalable cognitive behavioural program to promote healthy sleep during pregnancy and postpartum periods: protocol of a randomised controlled trial (the SEED project). <i>BMC Pregnancy and Childbirth</i> , 2019, 19, 254.	2.4	11
36	Insomnia and cognitive arousal are important potential targets to reduce perinatal depression risk. <i>Sleep</i> , 2021, 44, .	1.1	9

#	ARTICLE	IF	CITATIONS
37	RCT of the effectiveness of stepped-care sleep therapy in general practice: The RESTING study protocol. Contemporary Clinical Trials, 2022, 116, 106749.	1.8	9
38	Engaging Stakeholders to Optimize Sleep Disorders™ Management in the U.S. Military: A Qualitative Analysis. Military Medicine, 2022, 187, e941-e947.	0.8	8
39	Risk for Partner Victimization and Marital Dissatisfaction Among Chronically Depressed Patients. Journal of Family Violence, 2012, 27, 75-85.	3.3	7
40	Examining Experiences of Poor Sleep During Pregnancy: A Qualitative Study to Inform the Development of a Prenatal Sleep Intervention. Global Advances in Health and Medicine, 2022, 11, 2164957X2210876.	1.6	7
41	Are Patients with Childhood Onset of Insomnia and Depression More Difficult to Treat Than Are Those with Adult Onsets of These Disorders? A Report from the TRIAD Study. Journal of Clinical Sleep Medicine, 2017, 13, 205-213.	2.6	6
42	Association between temporal summation and conditioned pain modulation in chronic low back pain: baseline results from 2 clinical trials. Pain Reports, 2021, 6, e975.	2.7	6
43	Individual differences in perceived sleep quality do not predict negative affect reactivity or regulation. Biological Psychology, 2021, 164, 108149.	2.2	4
44	The power of pooled analyses to inform about the effects of CBTi on outcomes beyond sleep. Sleep Medicine Reviews, 2019, 43, 131-132.	8.5	1
45	Extending the reach of cognitive behavioral therapy for insomnia via telemedicine. Sleep, 2021, 44, .	1.1	1
46	Acupuncture to improve circadian health in breast cancer survivors (BCS): An RCT.. Journal of Clinical Oncology, 2016, 34, 10066-10066.	1.6	1
47	Response to Kawada. Sleep Medicine, 2014, 15, 1428-1429.	1.6	0
48	0356 Subjective Sleep Quality in Postpartum Women Enrolled in a Study of CBT for Insomnia. Sleep, 2019, 42, A145-A146.	1.1	0
49	Viability of an Early Sleep Intervention to Mitigate Poor Sleep and Improve Well-being in the COVID-19 Pandemic: Protocol for a Feasibility Randomized Controlled Trial. JMIR Research Protocols, 2022, 11, e34409.	1.0	0
50	Moving Beyond "Leaning In" It Is Time to Reach Out and Partner to Solve the Military Sleep Problem. Military Medicine, 2021, , .	0.8	0
51	0466 Living Alone as a Predictor of Symptom Change During Cognitive Behavioral Therapy for Insomnia. Sleep, 2022, 45, A206-A206.	1.1	0
52	0465 Exploring Differences in Self-Report Sleep Measures in Adults with Insomnia who Use or Do Not Use Sleep Medication. Sleep, 2022, 45, A206-A206.	1.1	0
53	0424 Influence of daytime napping on the discrepancy between subjective and objective nighttime sleep measures in pregnant women with insomnia. Sleep, 2022, 45, A189-A189.	1.1	0
54	0423 Associations of individual behaviors and ambient factors in the sleep environment with nighttime sleep parameters in pregnant women with insomnia. Sleep, 2022, 45, A188-A189.	1.1	0