

# Ladislav Timulak

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/8514677/publications.pdf>

Version: 2024-02-01

75  
papers

2,009  
citations

279487

23  
h-index

315357

38  
g-index

86  
all docs

86  
docs citations

86  
times ranked

1618  
citing authors

#	ARTICLE	IF	CITATIONS
1	Meta-analysis of qualitative studies: A tool for reviewing qualitative research findings in psychotherapy. <i>Psychotherapy Research</i> , 2009, 19, 591-600.	1.1	210
2	Identifying core categories of client-identified impact of helpful events in psychotherapy: A qualitative meta-analysis. <i>Psychotherapy Research</i> , 2007, 17, 305-314.	1.1	158
3	Significant events in psychotherapy: An update of research findings. <i>Psychology and Psychotherapy: Theory, Research and Practice</i> , 2010, 83, 421-447.	1.3	99
4	A randomized controlled trial of an internet-delivered treatment: Its potential as a low-intensity community intervention for adults with symptoms of depression. <i>Behaviour Research and Therapy</i> , 2015, 75, 20-31.	1.6	98
5	The efficacy of internet-delivered treatment for generalized anxiety disorder: A systematic review and meta-analysis. <i>Internet Interventions</i> , 2015, 2, 272-282.	1.4	93
6	A pragmatic randomized waitlist-controlled effectiveness and cost-effectiveness trial of digital interventions for depression and anxiety. <i>Npj Digital Medicine</i> , 2020, 3, 85.	5.7	72
7	Humanistic psychotherapy research 1990â€“2015: From methodological innovation to evidence-supported treatment outcomes and beyond. <i>Psychotherapy Research</i> , 2015, 25, 330-347.	1.1	66
8	Acceptability, satisfaction and perceived efficacy of â€œ Space from Depression â€•an internet-delivered treatment for depression. <i>Internet Interventions</i> , 2016, 5, 12-22.	1.4	56
9	A comparison of two online cognitiveâ€“behavioural interventions for symptoms of depression in a student population: The role of therapist responsiveness. <i>Counselling and Psychotherapy Research</i> , 2013, 13, 184-193.	1.7	47
10	Digital IAPT: the effectiveness & cost-effectiveness of internet-delivered interventions for depression and anxiety disorders in the Improving Access to Psychological Therapies programme: study protocol for a randomised control trial. <i>BMC Psychiatry</i> , 2018, 18, 59.	1.1	47
11	Qualitative Meta-analysis. , 2014, , 481-495.		46
12	Empowerment Events in Process-Experiential Psychotherapy of Depression: An Exploratory Qualitative Analysis. <i>Psychotherapy Research</i> , 2003, 13, 443-460.	1.1	43
13	New Developments for Case Conceptualization in Emotionâ€“Focused Therapy. <i>Clinical Psychology and Psychotherapy</i> , 2015, 22, 619-636.	1.4	43
14	A Culturally Adapted Cognitive Behavioral Internet-Delivered Intervention for Depressive Symptoms: Randomized Controlled Trial. <i>JMIR Mental Health</i> , 2020, 7, e13392.	1.7	41
15	Essentials of descriptive-interpretive qualitative research: A generic approach.. , 2021, , .		37
16	A comparative study of clinical supervision in the Republic of Ireland and the United States.. <i>Journal of Counseling Psychology</i> , 2015, 62, 621-631.	1.4	37
17	Moments of empowerment: A qualitative analysis of positively experienced episodes in brief person-centred counselling. <i>Counselling and Psychotherapy Research</i> , 2001, 1, 62-73.	1.7	35
18	Adapting an internet-delivered intervention for depression for a Colombian college student population: An illustration of an integrative empirical approach. <i>Internet Interventions</i> , 2019, 15, 76-86.	1.4	35

#	ARTICLE	IF	CITATIONS
19	Qualitative meta-analysis of insight events in psychotherapy. <i>Counselling Psychology Quarterly</i> , 2013, 26, 131-150.	1.5	33
20	Effectiveness of an internet-delivered intervention for generalized anxiety disorder in routine care: A randomised controlled trial in a student population. <i>Internet Interventions</i> , 2016, 6, 80-88.	1.4	33
21	Satisfaction with therapist-delivered vs. self-administered online cognitive behavioural treatments for depression symptoms in college students. <i>British Journal of Guidance and Counselling</i> , 2013, 41, 193-207.	0.6	32
22	Internet-delivered treatment: its potential as a low-intensity community intervention for adults with symptoms of depression: protocol for a randomized controlled trial. <i>BMC Psychiatry</i> , 2014, 14, 147.	1.1	31
23	Transforming Emotional Pain in Psychotherapy. , 0, , .		30
24	Client-identified helpful and hindering events in therapist-delivered vs. self-administered online cognitive-behavioural treatments for depression in college students. <i>Counselling Psychology Quarterly</i> , 2012, 25, 251-262.	1.5	28
25	The client's perspective on (experiences of) psychotherapy: A practice friendly review. <i>Journal of Clinical Psychology</i> , 2017, 73, 1556-1567.	1.0	28
26	The relationship between progress feedback and therapeutic outcome in student counselling: A randomised control trial. <i>Counselling Psychology Quarterly</i> , 2012, 25, 1-18.	1.5	27
27	Emotion-focused therapy for generalized anxiety disorder: An exploratory study.. <i>Psychotherapy</i> , 2017, 54, 361-366.	0.7	27
28	Clients' experience of therapy and its outcomes in "good"™ and "poor"™ outcome psychological therapy in a primary care setting: An exploratory study. <i>Counselling and Psychotherapy Research</i> , 2013, 13, 246-253.	1.7	26
29	The effectiveness of Internet-delivered treatment for generalized anxiety disorder: An updated systematic review and meta-analysis. <i>Depression and Anxiety</i> , 2021, 38, 196-219.	2.0	25
30	Transforming emotion schemes in emotion focused therapy: a case study investigation. <i>Person-Centered and Experiential Psychotherapies</i> , 2014, 13, 128-149.	0.2	23
31	Supported Internet-Delivered Cognitive Behavior Treatment for Adults with Severe Depressive Symptoms: A Secondary Analysis. <i>JMIR Mental Health</i> , 2018, 5, e10204.	1.7	23
32	Emotion-Focused Therapy for Generalized Anxiety Disorder: An Overview of the Model. <i>Journal of Contemporary Psychotherapy</i> , 2016, 46, 41-52.	0.7	22
33	Taking stock of descriptive"interpretative qualitative psychotherapy research: Issues and observations from the front line. <i>Counselling and Psychotherapy Research</i> , 2019, 19, 8-15.	1.7	19
34	Transforming core emotional pain in a course of emotion-focused therapy for depression: A case study. <i>Psychotherapy Research</i> , 2018, 28, 406-422.	1.1	17
35	Preventing depression: Qualitatively examining the benefits of depression-focused iCBT for participants who do not meet clinical thresholds. <i>Internet Interventions</i> , 2017, 9, 82-87.	1.4	16
36	Emotion-focused perspective on generalized anxiety disorder: A qualitative analysis of clients'™ in-session presentations. <i>Psychotherapy Research</i> , 2019, 29, 524-540.	1.1	16

#	ARTICLE	IF	CITATIONS
37	Low-intensity internet-delivered treatment for generalized anxiety symptoms in routine care: protocol for a randomized controlled trial. <i>Trials</i> , 2014, 15, 145.	0.7	14
38	The Experience of Guided Online Therapy: A Longitudinal, Qualitative Analysis of Client Feedback in a Naturalistic RCT. , 2020, , .		14
39	Predictors of depression severity in a treatment-seeking sample. <i>International Journal of Clinical and Health Psychology</i> , 2016, 16, 221-229.	2.7	13
40	Assessing the efficacy of a culturally adapted cognitive behavioural internet-delivered treatment for depression: protocol for a randomised controlled trial. <i>BMC Psychiatry</i> , 2018, 18, 53.	1.1	13
41	Emotion-Focused Therapy: A Transdiagnostic Formulation. <i>Journal of Contemporary Psychotherapy</i> , 2020, 50, 1-13.	0.7	13
42	Client-Identified Impacts of Helpful and Hindering Events in Psychotherapy: A Qualitative Meta-analysis. <i>Psychotherapy Research</i> , 2022, 32, 723-735.	1.1	13
43	Dropout From an Internet-Delivered Cognitive Behavioral Therapy Intervention for Adults With Depression and Anxiety: Qualitative Study. <i>JMIR Formative Research</i> , 2021, 5, e26221.	0.7	11
44	A comparison of emotion-focused therapy and cognitive-behavioral therapy in the treatment of generalized anxiety disorder: Results of a feasibility randomized controlled trial.. <i>Psychotherapy</i> , 2022, 59, 84-95.	0.7	11
45	Developing a model of working with worry in emotionâ€­focused therapy: A discoveryâ€­phase task analytic study. <i>Counselling and Psychotherapy Research</i> , 2017, 17, 56-70.	1.7	10
46	Significant events in an Internetâ€­delivered (<i>Space from Depression</i>) intervention for depression. <i>Counselling and Psychotherapy Research</i> , 2018, 18, 35-48.	1.7	10
47	Client identified significant events in a successful therapy case: The link between the significant events and outcome. <i>Counselling Psychology Quarterly</i> , 2010, 23, 371-386.	1.5	9
48	Emotion-Focused Therapy for Anxiety and Depression in Women with Breast Cancer. <i>Journal of Contemporary Psychotherapy</i> , 2020, 50, 113-122.	0.7	9
49	Transforming Generalized Anxiety. , 0, , .		9
50	The good, the bad, and the less than ideal in clinical supervision: a qualitative meta-analysis of supervisee experiences. <i>Counselling Psychology Quarterly</i> , 2023, 36, 189-210.	1.5	9
51	Clinical supervision and counseling psychology in the Republic of Ireland. <i>Clinical Supervisor, The</i> , 2016, 35, 192-209.	1.1	8
52	Emotion-focused therapy as a transdiagnostic treatment for depression, anxiety and related disorders: Protocol for an initial feasibility randomised control trial. <i>HRB Open Research</i> , 2020, 3, 7.	0.3	8
53	Review of Consensual qualitative research: A practical resource for investigating social science phenomena.. <i>Psychotherapy</i> , 2012, 49, 273-274.	0.7	7
54	Experiences of Changes in Self-Compassion Following Mindfulness-Based Intervention with a Cancer Population. <i>Mindfulness</i> , 2016, 7, 734-744.	1.6	7

#	ARTICLE	IF	CITATIONS
55	Helpful and Hindering Events in Internet-Delivered Cognitive Behavioural Treatment for Generalized Anxiety. <i>Behavioural and Cognitive Psychotherapy</i> , 2019, 47, 386-399.	0.9	7
56	Theoretically informed qualitative psychotherapy research: A primer. <i>Counselling and Psychotherapy Research</i> , 2020, 20, 429-434.	1.7	6
57	Clinical implications of research on emotion-focused therapy.. , 2019, , 93-109.		6
58	Durability of treatment effects following internetâ€ delivered cognitive behavioural therapy for depression and anxiety delivered within a routine care setting. <i>Clinical Psychology and Psychotherapy</i> , 2022, 29, 1768-1777.	1.4	6
59	A comparison of emotion-focused therapy and cognitive-behavioural therapy in the treatment of generalised anxiety disorder: study protocol for a randomised controlled trial. <i>Trials</i> , 2018, 19, 506.	0.7	5
60	A qualitative metaâ€ analysis of the clients' experiences of emotionâ€ focused therapy. <i>Clinical Psychology and Psychotherapy</i> , 2022, 29, 1611-1625.	1.4	5
61	Measuring psychotherapy outcomes in routine practice: Examining Slovak versions of three commonly used outcome instruments. <i>European Journal of Psychotherapy and Counselling</i> , 2014, 16, 140-162.	0.2	4
62	Following up internetâ€ delivered cognitive behaviour therapy (CBT): A longitudinal qualitative investigation of clients' usage of CBT skills. <i>Clinical Psychology and Psychotherapy</i> , 2022, 29, 200-221.	1.4	4
63	Witnessing Clientsâ€™ Emotional Transformation: An Emotionâ€ Focused Therapist's Experience of Providing Therapy. <i>Journal of Clinical Psychology</i> , 2014, 70, 741-752.	1.0	3
64	Quality of Life Outcomes in Internet-Delivered (Space from Depression) Treatment for Depression. <i>Applied Research in Quality of Life</i> , 2019, 14, 1301-1313.	1.4	3
65	Emotion-focused perspective on breast cancer patientsâ€™ experiences of comorbid anxiety and depression: a qualitative case analysis of three clientsâ€™ in-session presentations. <i>Person-Centered and Experiential Psychotherapies</i> , 2020, 19, 134-153.	0.2	3
66	Emotionâ€ focused therapy for symptoms of generalised anxiety in a student population: An exploratory study. <i>Counselling and Psychotherapy Research</i> , 2021, 21, 260-268.	1.7	3
67	Are Changes in Beliefs About Rumination and in Emotion Regulation Skills Mediators of the Effects of Internet-Delivered Cognitive-Behavioral Therapy for Depression and Anxiety? Results from a Randomized Controlled Trial. <i>Cognitive Therapy and Research</i> , 2021, 45, 805-816.	1.2	3
68	Person-centered Therapy as a Research-Informed Approach: Evidence and possibilities / Personzentrierte Therapie als forschungsgestÃ¼tzter Ansatz: Beweis und MÃ¶glichkeiten / La Terapia Centrada en la Persona como un enfoque informado en la InvestigaciÃ³n: Evidencia y Posibilidades / Terapia zameranÃ¡ na osobu ako vÃ½skumom informovanÃ½ prÃ¡stup: Evidencia a moÅ¾nosti. <i>Person-Centered and Experiential Psychotherapies</i> , 2003, 2, 227-241.	0.2	2
69	Humanisticâ€ experiential therapies in the treatment of generalised anxiety: A perspective. <i>Counselling and Psychotherapy Research</i> , 2018, 18, 233-236.	1.7	2
70	A national evaluation of the Irish public health counselling in primary care serviceâ€ examination of initial effectiveness data. <i>BMC Psychiatry</i> , 2021, 21, 227.	1.1	2
71	The emotional underpinnings of personality pathology: Implications for psychotherapy.. <i>Clinical Psychology: Science and Practice</i> , 2022, 29, 275-286.	0.6	2
72	The relationship between posttherapeutic Cognitive Behavior Therapy skills usage and followâ€ up outcomes of internetâ€ delivered Cognitive Behavior Therapy. <i>Journal of Clinical Psychology</i> , 0, , .	1.0	2

#	ARTICLE	IF	CITATIONS
73	Relationship between self-worrying and self-critical messages in clients with generalised anxiety engaging in emotion-focused worry dialogues. <i>Counselling and Psychotherapy Research</i> , 2019, 19, 294-300.	1.7	1
74	Learning emotion-focused therapy: certified emotion-focused therapists' perspectives. <i>Person-Centered and Experiential Psychotherapies</i> , 2020, 19, 310-330.	0.2	1
75	Introduction to the Special Section "Innovative counselling and psychotherapy research methods": Defining the future of counselling and psychotherapy research. <i>Counselling and Psychotherapy Research</i> , 2020, 20, 419-421.	1.7	0