

Lars Louis Andersen

List of Publications by Year in descending order

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Version: 2024-02-01

306
papers

10,473
citations

34016

52
h-index

54797

84
g-index

310
all docs

310
docs citations

310
times ranked

8587
citing authors

#	ARTICLE	IF	CITATIONS
1	Influence of maximal muscle strength and intrinsic muscle contractile properties on contractile rate of force development. <i>European Journal of Applied Physiology</i> , 2006, 96, 46-52.	1.2	450
2	The effects of heavy resistance training and detraining on satellite cells in human skeletal muscles. <i>Journal of Physiology</i> , 2004, 558, 1005-1012.	1.3	268
3	Neuromuscular Activation in Conventional Therapeutic Exercises and Heavy Resistance Exercises: Implications for Rehabilitation. <i>Physical Therapy</i> , 2006, 86, 683-697.	1.1	206
4	The effect of resistance training combined with timed ingestion of protein on muscle fiber size and muscle strength. <i>Metabolism: Clinical and Experimental</i> , 2005, 54, 151-156.	1.5	202
5	Effect of two contrasting types of physical exercise on chronic neck muscle pain. <i>Arthritis and Rheumatism</i> , 2008, 59, 84-91.	6.7	199
6	Muscle Activation and Perceived Loading During Rehabilitation Exercises: Comparison of Dumbbells and Elastic Resistance. <i>Physical Therapy</i> , 2010, 90, 538-549.	1.1	195
7	Identification of Athletes at Future Risk of Anterior Cruciate Ligament Ruptures by Neuromuscular Screening. <i>American Journal of Sports Medicine</i> , 2009, 37, 1967-1973.	1.9	188
8	Early and late rate of force development: differential adaptive responses to resistance training?. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2010, 20, e162-9.	1.3	186
9	COVID-19 Confinement and Health Risk Behaviors in Spain. <i>Frontiers in Psychology</i> , 2020, 11, 1426.	1.1	185
10	Effectiveness of small daily amounts of progressive resistance training for frequent neck/shoulder pain: Randomised controlled trial. <i>Pain</i> , 2011, 152, 440-446.	2.0	144
11	The Effects of Neuromuscular Training on Knee Joint Motor Control During Sidecutting in Female Elite Soccer and Handball Players. <i>Clinical Journal of Sport Medicine</i> , 2008, 18, 329-337.	0.9	142
12	The Copenhagen Sarcopenia Study: lean mass, strength, power, and physical function in a Danish cohort aged 20–93 years. <i>Journal of Cachexia, Sarcopenia and Muscle</i> , 2019, 10, 1316-1329.	2.9	142
13	Effect of physical exercise interventions on musculoskeletal pain in all body regions among office workers: A one-year randomized controlled trial. <i>Manual Therapy</i> , 2010, 15, 100-104.	1.6	124
14	Changes in the human muscle force-velocity relationship in response to resistance training and subsequent detraining. <i>Journal of Applied Physiology</i> , 2005, 99, 87-94.	1.2	123
15	Implementation of neck/shoulder exercises for pain relief among industrial workers: A randomized controlled trial. <i>BMC Musculoskeletal Disorders</i> , 2011, 12, 205.	0.8	118
16	Physical workload and risk of long-term sickness absence in the general working population and among blue-collar workers: prospective cohort study with register follow-up. <i>Occupational and Environmental Medicine</i> , 2016, 73, 246-253.	1.3	118
17	Association Between Current Physical Activity and Current Perceived Anxiety and Mood in the Initial Phase of COVID-19 Confinement. <i>Frontiers in Psychiatry</i> , 2020, 11, 729.	1.3	114
18	A prospective cohort study on severe pain as a risk factor for long-term sickness absence in blue- and white-collar workers. <i>Occupational and Environmental Medicine</i> , 2011, 68, 590-592.	1.3	113

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19	A Randomized Controlled Intervention Trial to Relieve and Prevent Neck/Shoulder Pain. <i>Medicine and Science in Sports and Exercise</i> , 2008, 40, 983-990.	0.2	105
20	High-intensity preoperative training improves physical and functional recovery in the early post-operative periods after total knee arthroplasty: a randomized controlled trial. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2017, 25, 2864-2872.	2.3	105
21	A prospective cohort study on musculoskeletal risk factors for long-term sickness absence among healthcare workers in eldercare. <i>International Archives of Occupational and Environmental Health</i> , 2012, 85, 615-622.	1.1	104
22	Roller massager improves range of motion of plantar flexor muscles without subsequent decreases in force parameters. <i>International Journal of Sports Physical Therapy</i> , 2014, 9, 92-102.	0.5	97
23	Kettlebell training for musculoskeletal and cardiovascular health: a randomized controlled trial. <i>Scandinavian Journal of Work, Environment and Health</i> , 2011, 37, 196-203.	1.7	93
24	Kettlebell swing targets semitendinosus and supine leg curl targets biceps femoris: an EMG study with rehabilitation implications. <i>British Journal of Sports Medicine</i> , 2013, 47, 1192-1198.	3.1	92
25	Immediate Impact of the COVID-19 Confinement on Physical Activity Levels in Spanish Adults. <i>Sustainability</i> , 2020, 12, 5708.	1.6	91
26	The Effect of Worksite Physical Activity Intervention on Physical Capacity, Health, and Productivity: A 1-Year Randomized Controlled Trial. <i>Journal of Occupational and Environmental Medicine</i> , 2009, 51, 759-770.	0.9	88
27	EMG evaluation of hip adduction exercises for soccer players: implications for exercise selection in prevention and treatment of groin injuries. <i>British Journal of Sports Medicine</i> , 2014, 48, 1108-1114.	3.1	86
28	A Systematic Review of Workplace Interventions to Rehabilitate Musculoskeletal Disorders Among Employees with Physical Demanding Work. <i>Journal of Occupational Rehabilitation</i> , 2020, 30, 588-612.	1.2	85
29	Effect of Scapular Function Training on Chronic Pain in the Neck/Shoulder Region: A Randomized Controlled Trial. <i>Journal of Occupational Rehabilitation</i> , 2014, 24, 316-324.	1.2	83
30	Threshold of Musculoskeletal Pain Intensity for Increased Risk of Long-Term Sickness Absence among Female Healthcare Workers in Eldercare. <i>PLoS ONE</i> , 2012, 7, e41287.	1.1	83
31	Effects of evidence-based prevention training on neuromuscular and biomechanical risk factors for ACL injury in adolescent female athletes: a randomised controlled trial. <i>British Journal of Sports Medicine</i> , 2016, 50, 552-557.	3.1	82
32	Prevalence of work-related musculoskeletal symptoms of the neck and upper extremity among dentists in China. <i>BMJ Open</i> , 2014, 4, e006451.	0.8	81
33	Effect of workplace- versus home-based physical exercise on musculoskeletal pain among healthcare workers: a cluster randomized controlled trial. <i>Scandinavian Journal of Work, Environment and Health</i> , 2015, 41, 153-163.	1.7	81
34	Influence of frequency and duration of strength training for effective management of neck and shoulder pain: a randomised controlled trial. <i>British Journal of Sports Medicine</i> , 2012, 46, 1004-1010.	3.1	76
35	The effect of strength training, recreational soccer and running exercise on stretch-shortening cycle muscle performance during countermovement jumping. <i>Human Movement Science</i> , 2012, 31, 970-986.	0.6	75
36	Muscle Activation During Selected Strength Exercises in Women With Chronic Neck Muscle Pain. <i>Physical Therapy</i> , 2008, 88, 703-711.	1.1	74

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37	Patient transfers and assistive devices: prospective cohort study on the risk for occupational back injury among healthcare workers. <i>Scandinavian Journal of Work, Environment and Health</i> , 2014, 40, 74-81.	1.7	74
38	Is Borg's perceived exertion scale a useful indicator of muscular and cardiovascular load in blue-collar workers with lifting tasks? A cross-sectional workplace study. <i>European Journal of Applied Physiology</i> , 2014, 114, 425-434.	1.2	73
39	Neuromuscular activation in conventional therapeutic exercises and heavy resistance exercises: implications for rehabilitation. <i>Physical Therapy</i> , 2006, 86, 683-97.	1.1	73
40	Muscle activity during leg strengthening exercise using free weights and elastic resistance: Effects of ballistic vs controlled contractions. <i>Human Movement Science</i> , 2013, 32, 65-78.	0.6	72
41	Rapid Hamstring/Quadriceps Force Capacity in Male vs. Female Elite Soccer Players. <i>Journal of Strength and Conditioning Research</i> , 2011, 25, 1989-1993.	1.0	71
42	High Injury Incidence in Adolescent Female Soccer. <i>American Journal of Sports Medicine</i> , 2014, 42, 2487-2494.	1.9	71
43	Specific and cross over effects of massage for muscle soreness: randomized controlled trial. <i>International Journal of Sports Physical Therapy</i> , 2014, 9, 82-91.	0.5	69
44	Neuromuscular adaptations to detraining following resistance training in previously untrained subjects. <i>European Journal of Applied Physiology</i> , 2005, 93, 511-518.	1.2	65
45	Torque-EMG-velocity relationship in female workers with chronic neck muscle pain. <i>Journal of Biomechanics</i> , 2008, 41, 2029-2035.	0.9	61
46	Effect of Intensive Outpatient Physical Training on Gait Performance and Cardiovascular Health in People With Hemiparesis After Stroke. <i>Physical Therapy</i> , 2010, 90, 527-537.	1.1	60
47	Bench Press and Push-up at Comparable Levels of Muscle Activity Results in Similar Strength Gains. <i>Journal of Strength and Conditioning Research</i> , 2015, 29, 246-253.	1.0	60
48	Retrospectively assessed physical work environment during working life and risk of sickness absence and labour market exit among older workers. <i>Occupational and Environmental Medicine</i> , 2018, 75, 114-123.	1.3	59
49	Rapid muscle activation and force capacity in conditions of chronic musculoskeletal pain. <i>Clinical Biomechanics</i> , 2008, 23, 1237-1242.	0.5	58
50	Effect of physical training on function of chronically painful muscles: a randomized controlled trial. <i>Journal of Applied Physiology</i> , 2008, 105, 1796-1801.	1.2	56
51	Effect of contrasting physical exercise interventions on rapid force capacity of chronically painful muscles. <i>Journal of Applied Physiology</i> , 2009, 107, 1413-1419.	1.2	55
52	Prevalence and anatomical location of muscle tenderness in adults with nonspecific neck/shoulder pain. <i>BMC Musculoskeletal Disorders</i> , 2011, 12, 169.	0.8	54
53	Eccentric strengthening effect of hip-adductor training with elastic bands in soccer players: a randomised controlled trial. <i>British Journal of Sports Medicine</i> , 2014, 48, 332-338.	3.1	54
54	Association between lifestyle and musculoskeletal pain: cross-sectional study among 10,000 adults from the general working population. <i>BMC Musculoskeletal Disorders</i> , 2019, 20, 609.	0.8	54

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55	Physical exercise at the workplace prevents deterioration of work ability among healthcare workers: cluster randomized controlled trial. <i>BMC Public Health</i> , 2015, 15, 1174.	1.2	53
56	Joint association of multimorbidity and work ability with risk of long-term sickness absence: a prospective cohort study with register follow-up. <i>Scandinavian Journal of Work, Environment and Health</i> , 2017, 43, 146-154.	1.7	53
57	Dose-response relation between perceived physical exertion during healthcare work and risk of long-term sickness absence. <i>Scandinavian Journal of Work, Environment and Health</i> , 2012, 38, 582-589.	1.7	52
58	Physical and Psychosocial Work Environmental Risk Factors for Back Injury among Healthcare Workers: Prospective Cohort Study. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 4528.	1.2	51
59	The greatest risk for low-back pain among newly educated female health care workers; body weight or physical work load?. <i>BMC Musculoskeletal Disorders</i> , 2012, 13, 87.	0.8	50
60	Effects of Kettlebell Training on Postural Coordination and Jump Performance. <i>Journal of Strength and Conditioning Research</i> , 2013, 27, 1202-1209.	1.0	50
61	Increased proportion of megafibers in chronically painful muscles. <i>Pain</i> , 2008, 139, 588-593.	2.0	49
62	Effect of physical training on pain sensitivity and trapezius muscle morphology. <i>Muscle and Nerve</i> , 2010, 41, 836-844.	1.0	49
63	Cardiorespiratory fitness in adolescents before and after the COVID-19 confinement: a prospective cohort study. <i>European Journal of Pediatrics</i> , 2021, 180, 2287-2293.	1.3	49
64	Football training in men with prostate cancer undergoing androgen deprivation therapy: activity profile and short-term skeletal and postural balance adaptations. <i>European Journal of Applied Physiology</i> , 2016, 116, 471-480.	1.2	48
65	Safety climate and accidents at work: Cross-sectional study among 15,000 workers of the general working population. <i>Safety Science</i> , 2017, 91, 320-325.	2.6	48
66	Is fatigue after work a barrier for leisure-time physical activity? Cross-sectional study among 10,000 adults from the general working population. <i>Scandinavian Journal of Public Health</i> , 2019, 47, 383-391.	1.2	48
67	Importance of mind-muscle connection during progressive resistance training. <i>European Journal of Applied Physiology</i> , 2016, 116, 527-533.	1.2	47
68	Muscle Activation Strategies During Strength Training With Heavy Loading vs. Repetitions to Failure. <i>Journal of Strength and Conditioning Research</i> , 2012, 26, 1897-1903.	1.0	46
69	Effect of Training Supervision on Effectiveness of Strength Training for Reducing Neck/Shoulder Pain and Headache in Office Workers: Cluster Randomized Controlled Trial. <i>BioMed Research International</i> , 2014, 2014, 1-9.	0.9	46
70	Effect of physical exercise on workplace social capital: Cluster randomized controlled trial. <i>Scandinavian Journal of Public Health</i> , 2015, 43, 810-818.	1.2	46
71	Dose-response association between leisure time physical activity and work ability: Cross-sectional study among 3000 workers. <i>Scandinavian Journal of Public Health</i> , 2015, 43, 819-824.	1.2	46
72	Workplace strength training prevents deterioration of work ability among workers with chronic pain and work disability: a randomized controlled trial. <i>Scandinavian Journal of Work, Environment and Health</i> , 2014, 40, 244-251.	1.7	46

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73	Scapular Muscle Activity from Selected Strengthening Exercises Performed at Low and High Intensities. <i>Journal of Strength and Conditioning Research</i> , 2012, 26, 2408-2416.	1.0	44
74	Changed activation, oxygenation, and pain response of chronically painful muscles to repetitive work after training interventions: a randomized controlled trial. <i>European Journal of Applied Physiology</i> , 2012, 112, 173-181.	1.2	44
75	Does training frequency and supervision affect compliance, performance and muscular health? A cluster randomized controlled trial. <i>Manual Therapy</i> , 2015, 20, 657-665.	1.6	43
76	Acute Effects of Massage or Active Exercise in Relieving Muscle Soreness. <i>Journal of Strength and Conditioning Research</i> , 2013, 27, 3352-3359.	1.0	41
77	Influence of Psychosocial Work Environment on Adherence to Workplace Exercise. <i>Journal of Occupational and Environmental Medicine</i> , 2011, 53, 182-184.	0.9	40
78	Perceived Stress and Low-Back Pain Among Healthcare Workers: A Multi-Center Prospective Cohort Study. <i>Frontiers in Public Health</i> , 2020, 8, 297.	1.3	40
79	Muscle activity during knee-extension strengthening exercise performed with elastic tubing and isotonic resistance. <i>International Journal of Sports Physical Therapy</i> , 2012, 7, 606-16.	0.5	40
80	Process evaluation of a Toolbox-training program for construction foremen in Denmark. <i>Safety Science</i> , 2017, 94, 152-160.	2.6	39
81	Cardiovascular Health Effects of Internet-Based Encouragements to Do Daily Workplace Stair-Walks: Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2013, 15, e127.	2.1	39
82	Implementation of specific strength training among industrial laboratory technicians: long-term effects on back, neck and upper extremity pain. <i>BMC Musculoskeletal Disorders</i> , 2013, 14, 287.	0.8	38
83	Cumulative occupational mechanical exposures during working life and risk of sickness absence and disability pension: prospective cohort study. <i>Scandinavian Journal of Work, Environment and Health</i> , 2017, 43, 415-425.	1.7	38
84	Central adaptation of pain perception in response to rehabilitation of musculoskeletal pain: randomized controlled trial. <i>Pain Physician</i> , 2012, 15, 385-94.	0.3	38
85	A nationwide prospective cohort study on return to gainful occupation after stroke in Denmark 1996-2006. <i>BMJ Open</i> , 2011, 1, e000180-e000180.	0.8	37
86	Long-term sickness absence from combined factors related to physical work demands: prospective cohort study. <i>European Journal of Public Health</i> , 2018, 28, 824-829.	0.1	37
87	Strength training increases the size of the satellite cell pool in type I and II fibres of chronically painful trapezius muscle in females. <i>Journal of Physiology</i> , 2011, 589, 5503-5515.	1.3	36
88	When Intervention Meets Organisation, a Qualitative Study of Motivation and Barriers to Physical Exercise at the Workplace. <i>Scientific World Journal</i> , The, 2015, 2015, 1-12.	0.8	36
89	Musculoskeletal pain in multiple body sites and work ability in the general working population: cross-sectional study among 10,000 wage earners. <i>Scandinavian Journal of Pain</i> , 2019, 19, 131-137.	0.5	36
90	High physical work demands and working life expectancy in Denmark. <i>Occupational and Environmental Medicine</i> , 2020, 77, 576-582.	1.3	36

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91	Participatory ergonomic intervention versus strength training on chronic pain and work disability in slaughterhouse workers: study protocol for a single-blind, randomized controlled trial. <i>BMC Musculoskeletal Disorders</i> , 2013, 14, 67.	0.8	35
92	Strength Training Improves Fatigue Resistance and Self-Rated Health in Workers with Chronic Pain: A Randomized Controlled Trial. <i>BioMed Research International</i> , 2016, 2016, 1-11.	0.9	35
93	Effect of brief daily exercise on headache among adults – secondary analysis of a randomized controlled trial. <i>Scandinavian Journal of Work, Environment and Health</i> , 2011, 37, 547-550.	1.7	35
94	Distribution of myogenic progenitor cells and myonuclei is altered in women with vs. those without chronically painful trapezius muscle. <i>Journal of Applied Physiology</i> , 2010, 109, 1920-1929.	1.2	34
95	Effect of cycling on oxygenation of relaxed neck/shoulder muscles in women with and without chronic pain. <i>European Journal of Applied Physiology</i> , 2010, 110, 389-394.	1.2	34
96	Ten weeks of physical-cognitive-mindfulness training reduces fear-avoidance beliefs about work-related activity. <i>Medicine (United States)</i> , 2016, 95, e3945.	0.4	34
97	Progression of Core Stability Exercises Based on the Extent of Muscle Activity. <i>American Journal of Physical Medicine and Rehabilitation</i> , 2017, 96, 694-699.	0.7	34
98	Overweight and obesity are progressively associated with lower work ability in the general working population: cross-sectional study among 10,000 adults. <i>International Archives of Occupational and Environmental Health</i> , 2017, 90, 779-787.	1.1	34
99	Prevalence and risk factors of self-reported wrist and hand symptoms and clinically confirmed carpal tunnel syndrome among office workers in China: a cross-sectional study. <i>BMC Public Health</i> , 2021, 21, 57.	1.2	34
100	Perceived physical exertion during healthcare work and risk of chronic pain in different body regions: prospective cohort study. <i>International Archives of Occupational and Environmental Health</i> , 2013, 86, 681-687.	1.1	33
101	Association between Neck/Shoulder Pain and Trapezius Muscle Tenderness in Office Workers. <i>Pain Research and Treatment</i> , 2014, 2014, 1-4.	1.7	33
102	Barriers and opportunities for prolonging working life across different occupational groups: the SeniorWorkingLife study. <i>European Journal of Public Health</i> , 2020, 30, 241-246.	0.1	32
103	Torque–velocity characteristics and contractile rate of force development in elite badminton players. <i>European Journal of Sport Science</i> , 2007, 7, 127-134.	1.4	31
104	High Intensity Physical Exercise and Pain in the Neck and Upper Limb among Slaughterhouse Workers: Cross-Sectional Study. <i>BioMed Research International</i> , 2014, 2014, 1-5.	0.9	31
105	Association between physical work demands and work ability in workers with musculoskeletal pain: cross-sectional study. <i>BMC Musculoskeletal Disorders</i> , 2020, 21, 166.	0.8	31
106	Do self-reported psychosocial working conditions predict low back pain after adjustment for both physical work load and depressive symptoms? A prospective study among female eldercare workers. <i>Occupational and Environmental Medicine</i> , 2013, 70, 538-544.	1.3	29
107	Dose-Response of Strengthening Exercise for Treatment of Severe Neck Pain in Women. <i>Journal of Strength and Conditioning Research</i> , 2013, 27, 3322-3328.	1.0	29
108	Trunk muscle activity during different variations of the supine plank exercise. <i>Musculoskeletal Science and Practice</i> , 2017, 28, 54-58.	0.6	29

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109	Habituating pain: Questioning pain and physical strain as inextricable conditions in the construction industry. <i>Nordic Journal of Working Life Studies</i> , 2013, 3, 195.	0.5	29
110	Effects of a Participatory Ergonomics Intervention With Wearable Technical Measurements of Physical Workload in the Construction Industry: Cluster Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2018, 20, e10272.	2.1	29
111	Association between occupational lifting and day-to-day change in low-back pain intensity based on company records and text messages. <i>Scandinavian Journal of Work, Environment and Health</i> , 2017, 43, 68-74.	1.7	29
112	Protocol for Work place adjusted Intelligent physical exercise reducing Musculoskeletal pain in Shoulder and neck (VIMS): a cluster randomized controlled trial. <i>BMC Musculoskeletal Disorders</i> , 2010, 11, 173.	0.8	28
113	Effect of Brief Daily Resistance Training on Occupational Neck/Shoulder Muscle Activity in Office Workers with Chronic Pain: Randomized Controlled Trial. <i>BioMed Research International</i> , 2013, 2013, 1-11.	0.9	28
114	Positive effects of 1-year football and strength training on mechanical muscle function and functional capacity in elderly men. <i>European Journal of Applied Physiology</i> , 2016, 116, 1127-1138.	1.2	28
115	Effect of two contrasting interventions on upper limb chronic pain and disability: a randomized controlled trial. <i>Pain Physician</i> , 2014, 17, 145-54.	0.3	27
116	Effect of specific resistance training on forearm pain and work disability in industrial technicians: cluster randomised controlled trial. <i>BMJ Open</i> , 2012, 2, e000412.	0.8	26
117	Influence of Self-Efficacy on Compliance to Workplace Exercise. <i>International Journal of Behavioral Medicine</i> , 2013, 20, 365-370.	0.8	26
118	Participatory intervention with objectively measured physical risk factors for musculoskeletal disorders in the construction industry: study protocol for a cluster randomized controlled trial. <i>BMC Musculoskeletal Disorders</i> , 2015, 16, 302.	0.8	26
119	A multi-component patient-handling intervention improves attitudes and behaviors for safe patient handling and reduces aggression experienced by nursing staff: A controlled before-after study. <i>Applied Ergonomics</i> , 2017, 60, 74-82.	1.7	26
120	Accuracy of identification of low or high risk lifting during standardised lifting situations. <i>Ergonomics</i> , 2018, 61, 710-719.	1.1	26
121	Study protocol for SeniorWorkingLife - push and stay mechanisms for labour market participation among older workers. <i>BMC Public Health</i> , 2019, 19, 133.	1.2	26
122	Job satisfaction is more than a fruit basket, health checks and free exercise: Cross-sectional study among 10,000 wage earners. <i>Scandinavian Journal of Public Health</i> , 2017, 45, 476-484.	1.2	25
123	Work, Diabetes and Obesity: A Seven Year Follow-Up Study among Danish Health Care Workers. <i>PLoS ONE</i> , 2014, 9, e103425.	1.1	25
124	Process Evaluation of Workplace Interventions with Physical Exercise to Reduce Musculoskeletal Disorders. <i>International Journal of Rheumatology</i> , 2014, 2014, 1-11.	0.9	24
125	Retrospectively assessed psychosocial working conditions as predictors of prospectively assessed sickness absence and disability pension among older workers. <i>BMC Public Health</i> , 2018, 18, 149.	1.2	24
126	Hamstring rate of torque development is more affected than maximal voluntary contraction after a professional soccer match. <i>European Journal of Sport Science</i> , 2019, 19, 1336-1341.	1.4	24

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127	Safety and Effectiveness of Progressive Moderate-to-Vigorous Intensity Elastic Resistance Training on Physical Function and Pain in People With Hemophilia. <i>Physical Therapy</i> , 2020, 100, 1632-1644.	1.1	24
128	Swiss ball abdominal crunch with added elastic resistance is an effective alternative to training machines. <i>International Journal of Sports Physical Therapy</i> , 2012, 7, 372-80.	0.5	24
129	High-Intensity Strength Training Improves Function of Chronically Painful Muscles: Case-Control and RCT Studies. <i>BioMed Research International</i> , 2014, 2014, 1-11.	0.9	23
130	Effectiveness of Hamstring Knee Rehabilitation Exercise Performed in Training Machine vs. Elastic Resistance. <i>American Journal of Physical Medicine and Rehabilitation</i> , 2014, 93, 320-327.	0.7	23
131	Physical exercise at the workplace reduces perceived physical exertion during healthcare work: cluster randomized controlled trial. <i>Scandinavian Journal of Public Health</i> , 2015, 43, 713-720.	1.2	23
132	Tolerability and Muscle Activity of Core Muscle Exercises in Chronic Low-back Pain. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 3509.	1.2	23
133	Physical workload and bodily fatigue after work: cross-sectional study among 5000 workers. <i>European Journal of Public Health</i> , 2019, 29, 837-842.	0.1	23
134	Muscle Activation during Push-Ups with Different Suspension Training Systems. <i>Journal of Sports Science and Medicine</i> , 2014, 13, 502-10.	0.7	23
135	Effect of Individually Tailored Biopsychosocial Workplace Interventions on Chronic Musculoskeletal Pain and Stress Among Laboratory Technicians: Randomized Controlled Trial. <i>Pain Physician</i> , 2015, 18, 459-71.	0.3	23
136	Effects of Intensive Physical Rehabilitation on Neuromuscular Adaptations in Adults with Poststroke Hemiparesis. <i>Journal of Strength and Conditioning Research</i> , 2011, 25, 2808-2817.	1.0	22
137	Influence of lifestyle factors on long-term sickness absence among female healthcare workers: a prospective cohort study. <i>BMC Public Health</i> , 2014, 14, 1084.	1.2	22
138	Psychosocial benefits of workplace physical exercise: cluster randomized controlled trial. <i>BMC Public Health</i> , 2017, 17, 798.	1.2	22
139	Effect of physical exercise on musculoskeletal pain in multiple body regions among healthcare workers: Secondary analysis of a cluster randomized controlled trial. <i>Musculoskeletal Science and Practice</i> , 2018, 34, 89-96.	0.6	22
140	Efficacy of strength training on tension-type headache: A randomised controlled study. <i>Cephalalgia</i> , 2018, 38, 1071-1080.	1.8	22
141	Are frequency and severity of workplace violence etiologic factors of posttraumatic stress disorder? A 1-year prospective study of 1,763 social educators.. <i>Journal of Occupational Health Psychology</i> , 2019, 24, 543-555.	2.3	22
142	Muscle Activity during Functional Coordination Training: Implications for Strength Gain and Rehabilitation. <i>Journal of Strength and Conditioning Research</i> , 2010, 24, 1732-1739.	1.0	21
143	Effect of Specific Resistance Training on Musculoskeletal Pain Symptoms. <i>Journal of Strength and Conditioning Research</i> , 2013, 27, 229-235.	1.0	21
144	Exercise and Ankle Sprain Injuries: A Comprehensive Review. <i>Physician and Sportsmedicine</i> , 2014, 42, 88-93.	1.0	21

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145	Neck and shoulder muscle strength in patients with tension-type headache: A case-control study. <i>Cephalalgia</i> , 2016, 36, 29-36.	1.8	21
146	Large strengthening effect of a hip-flexor training programme: a randomized controlled trial. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2016, 24, 2346-2352.	2.3	21
147	Can high social capital at the workplace buffer against stress and musculoskeletal pain?. <i>Medicine (United States)</i> , 2018, 97, e0124.	0.4	21
148	High physical work demands have worse consequences for older workers: prospective study of long-term sickness absence among 69%117 employees. <i>Occupational and Environmental Medicine</i> , 2021, 78, 829-834.	1.3	21
149	Perceived physical exertion during healthcare work and prognosis for recovery from long-term pain in different body regions: Prospective cohort study. <i>BMC Musculoskeletal Disorders</i> , 2012, 13, 253.	0.8	20
150	Effect of workplace- versus home-based physical exercise on pain in healthcare workers: study protocol for a single blinded cluster randomized controlled trial. <i>BMC Musculoskeletal Disorders</i> , 2014, 15, 119.	0.8	20
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