

# Lars Louis Andersen

## List of Publications by Year in descending order

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Version: 2024-02-01

306  
papers

10,473  
citations

34105

52  
h-index

54911

84  
g-index

310  
all docs

310  
docs citations

310  
times ranked

8587  
citing authors

#	ARTICLE	IF	CITATIONS
1	Influence of maximal muscle strength and intrinsic muscle contractile properties on contractile rate of force development. <i>European Journal of Applied Physiology</i> , 2006, 96, 46-52.	2.5	450
2	The effects of heavy resistance training and detraining on satellite cells in human skeletal muscles. <i>Journal of Physiology</i> , 2004, 558, 1005-1012.	2.9	268
3	Neuromuscular Activation in Conventional Therapeutic Exercises and Heavy Resistance Exercises: Implications for Rehabilitation. <i>Physical Therapy</i> , 2006, 86, 683-697.	2.4	206
4	The effect of resistance training combined with timed ingestion of protein on muscle fiber size and muscle strength. <i>Metabolism: Clinical and Experimental</i> , 2005, 54, 151-156.	3.4	202
5	Effect of two contrasting types of physical exercise on chronic neck muscle pain. <i>Arthritis and Rheumatism</i> , 2008, 59, 84-91.	6.7	199
6	Muscle Activation and Perceived Loading During Rehabilitation Exercises: Comparison of Dumbbells and Elastic Resistance. <i>Physical Therapy</i> , 2010, 90, 538-549.	2.4	195
7	Identification of Athletes at Future Risk of Anterior Cruciate Ligament Ruptures by Neuromuscular Screening. <i>American Journal of Sports Medicine</i> , 2009, 37, 1967-1973.	4.2	188
8	Early and late rate of force development: differential adaptive responses to resistance training?. <i>Scandinavian Journal of Medicine and Science in Sports</i> , 2010, 20, e162-9.	2.9	186
9	COVID-19 Confinement and Health Risk Behaviors in Spain. <i>Frontiers in Psychology</i> , 2020, 11, 1426.	2.1	185
10	Effectiveness of small daily amounts of progressive resistance training for frequent neck/shoulder pain: Randomised controlled trial. <i>Pain</i> , 2011, 152, 440-446.	4.2	144
11	The Effects of Neuromuscular Training on Knee Joint Motor Control During Sidecutting in Female Elite Soccer and Handball Players. <i>Clinical Journal of Sport Medicine</i> , 2008, 18, 329-337.	1.8	142
12	The Copenhagen Sarcopenia Study: lean mass, strength, power, and physical function in a Danish cohort aged 20–93 years. <i>Journal of Cachexia, Sarcopenia and Muscle</i> , 2019, 10, 1316-1329.	7.3	142
13	Effect of physical exercise interventions on musculoskeletal pain in all body regions among office workers: A one-year randomized controlled trial. <i>Manual Therapy</i> , 2010, 15, 100-104.	1.6	124
14	Changes in the human muscle force-velocity relationship in response to resistance training and subsequent detraining. <i>Journal of Applied Physiology</i> , 2005, 99, 87-94.	2.5	123
15	Implementation of neck/shoulder exercises for pain relief among industrial workers: A randomized controlled trial. <i>BMC Musculoskeletal Disorders</i> , 2011, 12, 205.	1.9	118
16	Physical workload and risk of long-term sickness absence in the general working population and among blue-collar workers: prospective cohort study with register follow-up. <i>Occupational and Environmental Medicine</i> , 2016, 73, 246-253.	2.8	118
17	Association Between Current Physical Activity and Current Perceived Anxiety and Mood in the Initial Phase of COVID-19 Confinement. <i>Frontiers in Psychiatry</i> , 2020, 11, 729.	2.6	114
18	A prospective cohort study on severe pain as a risk factor for long-term sickness absence in blue- and white-collar workers. <i>Occupational and Environmental Medicine</i> , 2011, 68, 590-592.	2.8	113

#	ARTICLE	IF	CITATIONS
19	A Randomized Controlled Intervention Trial to Relieve and Prevent Neck/Shoulder Pain. <i>Medicine and Science in Sports and Exercise</i> , 2008, 40, 983-990.	0.4	105
20	High-intensity preoperative training improves physical and functional recovery in the early post-operative periods after total knee arthroplasty: a randomized controlled trial. <i>Knee Surgery, Sports Traumatology, Arthroscopy</i> , 2017, 25, 2864-2872.	4.2	105
21	A prospective cohort study on musculoskeletal risk factors for long-term sickness absence among healthcare workers in eldercare. <i>International Archives of Occupational and Environmental Health</i> , 2012, 85, 615-622.	2.3	104
22	Roller massager improves range of motion of plantar flexor muscles without subsequent decreases in force parameters. <i>International Journal of Sports Physical Therapy</i> , 2014, 9, 92-102.	1.3	97
23	Kettlebell training for musculoskeletal and cardiovascular health: a randomized controlled trial. <i>Scandinavian Journal of Work, Environment and Health</i> , 2011, 37, 196-203.	3.4	93
24	Kettlebell swing targets semitendinosus and supine leg curl targets biceps femoris: an EMG study with rehabilitation implications. <i>British Journal of Sports Medicine</i> , 2013, 47, 1192-1198.	6.7	92
25	Immediate Impact of the COVID-19 Confinement on Physical Activity Levels in Spanish Adults. <i>Sustainability</i> , 2020, 12, 5708.	3.2	91
26	The Effect of Worksite Physical Activity Intervention on Physical Capacity, Health, and Productivity: A 1-Year Randomized Controlled Trial. <i>Journal of Occupational and Environmental Medicine</i> , 2009, 51, 759-770.	1.7	88
27	EMG evaluation of hip adduction exercises for soccer players: implications for exercise selection in prevention and treatment of groin injuries. <i>British Journal of Sports Medicine</i> , 2014, 48, 1108-1114.	6.7	86
28	A Systematic Review of Workplace Interventions to Rehabilitate Musculoskeletal Disorders Among Employees with Physical Demanding Work. <i>Journal of Occupational Rehabilitation</i> , 2020, 30, 588-612.	2.2	85
29	Effect of Scapular Function Training on Chronic Pain in the Neck/Shoulder Region: A Randomized Controlled Trial. <i>Journal of Occupational Rehabilitation</i> , 2014, 24, 316-324.	2.2	83
30	Threshold of Musculoskeletal Pain Intensity for Increased Risk of Long-Term Sickness Absence among Female Healthcare Workers in Eldercare. <i>PLoS ONE</i> , 2012, 7, e41287.	2.5	83
31	Effects of evidence-based prevention training on neuromuscular and biomechanical risk factors for ACL injury in adolescent female athletes: a randomised controlled trial. <i>British Journal of Sports Medicine</i> , 2016, 50, 552-557.	6.7	82
32	Prevalence of work-related musculoskeletal symptoms of the neck and upper extremity among dentists in China. <i>BMJ Open</i> , 2014, 4, e006451.	1.9	81
33	Effect of workplace- versus home-based physical exercise on musculoskeletal pain among healthcare workers: a cluster randomized controlled trial. <i>Scandinavian Journal of Work, Environment and Health</i> , 2015, 41, 153-163.	3.4	81
34	Influence of frequency and duration of strength training for effective management of neck and shoulder pain: a randomised controlled trial. <i>British Journal of Sports Medicine</i> , 2012, 46, 1004-1010.	6.7	76
35	The effect of strength training, recreational soccer and running exercise on stretch-shortening cycle muscle performance during countermovement jumping. <i>Human Movement Science</i> , 2012, 31, 970-986.	1.4	75
36	Muscle Activation During Selected Strength Exercises in Women With Chronic Neck Muscle Pain. <i>Physical Therapy</i> , 2008, 88, 703-711.	2.4	74

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37	Patient transfers and assistive devices: prospective cohort study on the risk for occupational back injury among healthcare workers. <i>Scandinavian Journal of Work, Environment and Health</i> , 2014, 40, 74-81.	3.4	74
38	Is Borg's perceived exertion scale a useful indicator of muscular and cardiovascular load in blue-collar workers with lifting tasks? A cross-sectional workplace study. <i>European Journal of Applied Physiology</i> , 2014, 114, 425-434.	2.5	73
39	Neuromuscular activation in conventional therapeutic exercises and heavy resistance exercises: implications for rehabilitation. <i>Physical Therapy</i> , 2006, 86, 683-97.	2.4	73
40	Muscle activity during leg strengthening exercise using free weights and elastic resistance: Effects of ballistic vs controlled contractions. <i>Human Movement Science</i> , 2013, 32, 65-78.	1.4	72
41	Rapid Hamstring/Quadriceps Force Capacity in Male vs. Female Elite Soccer Players. <i>Journal of Strength and Conditioning Research</i> , 2011, 25, 1989-1993.	2.1	71
42	High Injury Incidence in Adolescent Female Soccer. <i>American Journal of Sports Medicine</i> , 2014, 42, 2487-2494.	4.2	71
43	Specific and cross over effects of massage for muscle soreness: randomized controlled trial. <i>International Journal of Sports Physical Therapy</i> , 2014, 9, 82-91.	1.3	69
44	Neuromuscular adaptations to detraining following resistance training in previously untrained subjects. <i>European Journal of Applied Physiology</i> , 2005, 93, 511-518.	2.5	65
45	Torque-EMG-velocity relationship in female workers with chronic neck muscle pain. <i>Journal of Biomechanics</i> , 2008, 41, 2029-2035.	2.1	61
46	Effect of Intensive Outpatient Physical Training on Gait Performance and Cardiovascular Health in People With Hemiparesis After Stroke. <i>Physical Therapy</i> , 2010, 90, 527-537.	2.4	60
47	Bench Press and Push-up at Comparable Levels of Muscle Activity Results in Similar Strength Gains. <i>Journal of Strength and Conditioning Research</i> , 2015, 29, 246-253.	2.1	60
48	Retrospectively assessed physical work environment during working life and risk of sickness absence and labour market exit among older workers. <i>Occupational and Environmental Medicine</i> , 2018, 75, 114-123.	2.8	59
49	Rapid muscle activation and force capacity in conditions of chronic musculoskeletal pain. <i>Clinical Biomechanics</i> , 2008, 23, 1237-1242.	1.2	58
50	Effect of physical training on function of chronically painful muscles: a randomized controlled trial. <i>Journal of Applied Physiology</i> , 2008, 105, 1796-1801.	2.5	56
51	Effect of contrasting physical exercise interventions on rapid force capacity of chronically painful muscles. <i>Journal of Applied Physiology</i> , 2009, 107, 1413-1419.	2.5	55
52	Prevalence and anatomical location of muscle tenderness in adults with nonspecific neck/shoulder pain. <i>BMC Musculoskeletal Disorders</i> , 2011, 12, 169.	1.9	54
53	Eccentric strengthening effect of hip-adductor training with elastic bands in soccer players: a randomised controlled trial. <i>British Journal of Sports Medicine</i> , 2014, 48, 332-338.	6.7	54
54	Association between lifestyle and musculoskeletal pain: cross-sectional study among 10,000 adults from the general working population. <i>BMC Musculoskeletal Disorders</i> , 2019, 20, 609.	1.9	54

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55	Physical exercise at the workplace prevents deterioration of work ability among healthcare workers: cluster randomized controlled trial. BMC Public Health, 2015, 15, 1174.	2.9	53
56	Joint association of multimorbidity and work ability with risk of long-term sickness absence: a prospective cohort study with register follow-up. Scandinavian Journal of Work, Environment and Health, 2017, 43, 146-154.	3.4	53
57	Dose-response relation between perceived physical exertion during healthcare work and risk of long-term sickness absence. Scandinavian Journal of Work, Environment and Health, 2012, 38, 582-589.	3.4	52
58	Physical and Psychosocial Work Environmental Risk Factors for Back Injury among Healthcare Workers: Prospective Cohort Study. International Journal of Environmental Research and Public Health, 2019, 16, 4528.	2.6	51
59	The greatest risk for low-back pain among newly educated female health care workers; body weight or physical work load?. BMC Musculoskeletal Disorders, 2012, 13, 87.	1.9	50
60	Effects of Kettlebell Training on Postural Coordination and Jump Performance. Journal of Strength and Conditioning Research, 2013, 27, 1202-1209.	2.1	50
61	Increased proportion of megafibers in chronically painful muscles. Pain, 2008, 139, 588-593.	4.2	49
62	Effect of physical training on pain sensitivity and trapezius muscle morphology. Muscle and Nerve, 2010, 41, 836-844.	2.2	49
63	Cardiorespiratory fitness in adolescents before and after the COVID-19 confinement: a prospective cohort study. European Journal of Pediatrics, 2021, 180, 2287-2293.	2.7	49
64	Football training in men with prostate cancer undergoing androgen deprivation therapy: activity profile and short-term skeletal and postural balance adaptations. European Journal of Applied Physiology, 2016, 116, 471-480.	2.5	48
65	Safety climate and accidents at work: Cross-sectional study among 15,000 workers of the general working population. Safety Science, 2017, 91, 320-325.	4.9	48
66	Is fatigue after work a barrier for leisure-time physical activity? Cross-sectional study among 10,000 adults from the general working population. Scandinavian Journal of Public Health, 2019, 47, 383-391.	2.3	48
67	Importance of mind-muscle connection during progressive resistance training. European Journal of Applied Physiology, 2016, 116, 527-533.	2.5	47
68	Muscle Activation Strategies During Strength Training With Heavy Loading vs. Repetitions to Failure. Journal of Strength and Conditioning Research, 2012, 26, 1897-1903.	2.1	46
69	Effect of Training Supervision on Effectiveness of Strength Training for Reducing Neck/Shoulder Pain and Headache in Office Workers: Cluster Randomized Controlled Trial. BioMed Research International, 2014, 2014, 1-9.	1.9	46
70	Effect of physical exercise on workplace social capital: Cluster randomized controlled trial. Scandinavian Journal of Public Health, 2015, 43, 810-818.	2.3	46
71	Dose-response association between leisure time physical activity and work ability: Cross-sectional study among 3000 workers. Scandinavian Journal of Public Health, 2015, 43, 819-824.	2.3	46
72	Workplace strength training prevents deterioration of work ability among workers with chronic pain and work disability: a randomized controlled trial. Scandinavian Journal of Work, Environment and Health, 2014, 40, 244-251.	3.4	46

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73	Scapular Muscle Activity from Selected Strengthening Exercises Performed at Low and High Intensities. <i>Journal of Strength and Conditioning Research</i> , 2012, 26, 2408-2416.	2.1	44
74	Changed activation, oxygenation, and pain response of chronically painful muscles to repetitive work after training interventions: a randomized controlled trial. <i>European Journal of Applied Physiology</i> , 2012, 112, 173-181.	2.5	44
75	Does training frequency and supervision affect compliance, performance and muscular health? A cluster randomized controlled trial. <i>Manual Therapy</i> , 2015, 20, 657-665.	1.6	43
76	Acute Effects of Massage or Active Exercise in Relieving Muscle Soreness. <i>Journal of Strength and Conditioning Research</i> , 2013, 27, 3352-3359.	2.1	41
77	Influence of Psychosocial Work Environment on Adherence to Workplace Exercise. <i>Journal of Occupational and Environmental Medicine</i> , 2011, 53, 182-184.	1.7	40
78	Perceived Stress and Low-Back Pain Among Healthcare Workers: A Multi-Center Prospective Cohort Study. <i>Frontiers in Public Health</i> , 2020, 8, 297.	2.7	40
79	Muscle activity during knee-extension strengthening exercise performed with elastic tubing and isotonic resistance. <i>International Journal of Sports Physical Therapy</i> , 2012, 7, 606-16.	1.3	40
80	Process evaluation of a Toolbox-training program for construction foremen in Denmark. <i>Safety Science</i> , 2017, 94, 152-160.	4.9	39
81	Cardiovascular Health Effects of Internet-Based Encouragements to Do Daily Workplace Stair-Walks: Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2013, 15, e127.	4.3	39
82	Implementation of specific strength training among industrial laboratory technicians: long-term effects on back, neck and upper extremity pain. <i>BMC Musculoskeletal Disorders</i> , 2013, 14, 287.	1.9	38
83	Cumulative occupational mechanical exposures during working life and risk of sickness absence and disability pension: prospective cohort study. <i>Scandinavian Journal of Work, Environment and Health</i> , 2017, 43, 415-425.	3.4	38
84	Central adaptation of pain perception in response to rehabilitation of musculoskeletal pain: randomized controlled trial. <i>Pain Physician</i> , 2012, 15, 385-94.	0.4	38
85	A nationwide prospective cohort study on return to gainful occupation after stroke in Denmark 1996-2006. <i>BMJ Open</i> , 2011, 1, e000180-e000180.	1.9	37
86	Long-term sickness absence from combined factors related to physical work demands: prospective cohort study. <i>European Journal of Public Health</i> , 2018, 28, 824-829.	0.3	37
87	Strength training increases the size of the satellite cell pool in type I and II fibres of chronically painful trapezius muscle in females. <i>Journal of Physiology</i> , 2011, 589, 5503-5515.	2.9	36
88	When Intervention Meets Organisation, a Qualitative Study of Motivation and Barriers to Physical Exercise at the Workplace. <i>Scientific World Journal</i> , The, 2015, 2015, 1-12.	2.1	36
89	Musculoskeletal pain in multiple body sites and work ability in the general working population: cross-sectional study among 10,000 wage earners. <i>Scandinavian Journal of Pain</i> , 2019, 19, 131-137.	1.3	36
90	High physical work demands and working life expectancy in Denmark. <i>Occupational and Environmental Medicine</i> , 2020, 77, 576-582.	2.8	36

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91	Participatory ergonomic intervention versus strength training on chronic pain and work disability in slaughterhouse workers: study protocol for a single-blind, randomized controlled trial. BMC Musculoskeletal Disorders, 2013, 14, 67.	1.9	35
92	Strength Training Improves Fatigue Resistance and Self-Rated Health in Workers with Chronic Pain: A Randomized Controlled Trial. BioMed Research International, 2016, 2016, 1-11.	1.9	35
93	Effect of brief daily exercise on headache among adults – secondary analysis of a randomized controlled trial. Scandinavian Journal of Work, Environment and Health, 2011, 37, 547-550.	3.4	35
94	Distribution of myogenic progenitor cells and myonuclei is altered in women with vs. those without chronically painful trapezius muscle. Journal of Applied Physiology, 2010, 109, 1920-1929.	2.5	34
95	Effect of cycling on oxygenation of relaxed neck/shoulder muscles in women with and without chronic pain. European Journal of Applied Physiology, 2010, 110, 389-394.	2.5	34
96	Ten weeks of physical-cognitive-mindfulness training reduces fear-avoidance beliefs about work-related activity. Medicine (United States), 2016, 95, e3945.	1.0	34
97	Progression of Core Stability Exercises Based on the Extent of Muscle Activity. American Journal of Physical Medicine and Rehabilitation, 2017, 96, 694-699.	1.4	34
98	Overweight and obesity are progressively associated with lower work ability in the general working population: cross-sectional study among 10,000 adults. International Archives of Occupational and Environmental Health, 2017, 90, 779-787.	2.3	34
99	Prevalence and risk factors of self-reported wrist and hand symptoms and clinically confirmed carpal tunnel syndrome among office workers in China: a cross-sectional study. BMC Public Health, 2021, 21, 57.	2.9	34
100	Perceived physical exertion during healthcare work and risk of chronic pain in different body regions: prospective cohort study. International Archives of Occupational and Environmental Health, 2013, 86, 681-687.	2.3	33
101	Association between Neck/Shoulder Pain and Trapezius Muscle Tenderness in Office Workers. Pain Research and Treatment, 2014, 2014, 1-4.	1.7	33
102	Barriers and opportunities for prolonging working life across different occupational groups: the SeniorWorkingLife study. European Journal of Public Health, 2020, 30, 241-246.	0.3	32
103	Torque – velocity characteristics and contractile rate of force development in elite badminton players. European Journal of Sport Science, 2007, 7, 127-134.	2.7	31
104	High Intensity Physical Exercise and Pain in the Neck and Upper Limb among Slaughterhouse Workers: Cross-Sectional Study. BioMed Research International, 2014, 2014, 1-5.	1.9	31
105	Association between physical work demands and work ability in workers with musculoskeletal pain: cross-sectional study. BMC Musculoskeletal Disorders, 2020, 21, 166.	1.9	31
106	Do self-reported psychosocial working conditions predict low back pain after adjustment for both physical work load and depressive symptoms? A prospective study among female eldercare workers. Occupational and Environmental Medicine, 2013, 70, 538-544.	2.8	29
107	Dose-Response of Strengthening Exercise for Treatment of Severe Neck Pain in Women. Journal of Strength and Conditioning Research, 2013, 27, 3322-3328.	2.1	29
108	Trunk muscle activity during different variations of the supine plank exercise. Musculoskeletal Science and Practice, 2017, 28, 54-58.	1.3	29



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109	Habituating pain: Questioning pain and physical strain as inextricable conditions in the construction industry. <i>Nordic Journal of Working Life Studies</i> , 2013, 3, 195.	0.5	29
110	Effects of a Participatory Ergonomics Intervention With Wearable Technical Measurements of Physical Workload in the Construction Industry: Cluster Randomized Controlled Trial. <i>Journal of Medical Internet Research</i> , 2018, 20, e10272.	4.3	29
111	Association between occupational lifting and day-to-day change in low-back pain intensity based on company records and text messages. <i>Scandinavian Journal of Work, Environment and Health</i> , 2017, 43, 68-74.	3.4	29
112	Protocol for Work place adjusted Intelligent physical exercise reducing Musculoskeletal pain in Shoulder and neck (VIMS): a cluster randomized controlled trial. <i>BMC Musculoskeletal Disorders</i> , 2010, 11, 173.	1.9	28
113	Effect of Brief Daily Resistance Training on Occupational Neck/Shoulder Muscle Activity in Office Workers with Chronic Pain: Randomized Controlled Trial. <i>BioMed Research International</i> , 2013, 2013, 1-11.	1.9	28
114	Positive effects of 1-year football and strength training on mechanical muscle function and functional capacity in elderly men. <i>European Journal of Applied Physiology</i> , 2016, 116, 1127-1138.	2.5	28
115	Effect of two contrasting interventions on upper limb chronic pain and disability: a randomized controlled trial. <i>Pain Physician</i> , 2014, 17, 145-54.	0.4	27
116	Effect of specific resistance training on forearm pain and work disability in industrial technicians: cluster randomised controlled trial. <i>BMJ Open</i> , 2012, 2, e000412.	1.9	26
117	Influence of Self-Efficacy on Compliance to Workplace Exercise. <i>International Journal of Behavioral Medicine</i> , 2013, 20, 365-370.	1.7	26
118	Participatory intervention with objectively measured physical risk factors for musculoskeletal disorders in the construction industry: study protocol for a cluster randomized controlled trial. <i>BMC Musculoskeletal Disorders</i> , 2015, 16, 302.	1.9	26
119	A multi-component patient-handling intervention improves attitudes and behaviors for safe patient handling and reduces aggression experienced by nursing staff: A controlled before-after study. <i>Applied Ergonomics</i> , 2017, 60, 74-82.	3.1	26
120	Accuracy of identification of low or high risk lifting during standardised lifting situations. <i>Ergonomics</i> , 2018, 61, 710-719.	2.1	26
121	Study protocol for SeniorWorkingLife - push and stay mechanisms for labour market participation among older workers. <i>BMC Public Health</i> , 2019, 19, 133.	2.9	26
122	Job satisfaction is more than a fruit basket, health checks and free exercise: Cross-sectional study among 10,000 wage earners. <i>Scandinavian Journal of Public Health</i> , 2017, 45, 476-484.	2.3	25
123	Work, Diabetes and Obesity: A Seven Year Follow-Up Study among Danish Health Care Workers. <i>PLoS ONE</i> , 2014, 9, e103425.	2.5	25
124	Process Evaluation of Workplace Interventions with Physical Exercise to Reduce Musculoskeletal Disorders. <i>International Journal of Rheumatology</i> , 2014, 2014, 1-11.	1.6	24
125	Retrospectively assessed psychosocial working conditions as predictors of prospectively assessed sickness absence and disability pension among older workers. <i>BMC Public Health</i> , 2018, 18, 149.	2.9	24
126	Hamstring rate of torque development is more affected than maximal voluntary contraction after a professional soccer match. <i>European Journal of Sport Science</i> , 2019, 19, 1336-1341.	2.7	24



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127	Safety and Effectiveness of Progressive Moderate-to-Vigorous Intensity Elastic Resistance Training on Physical Function and Pain in People With Hemophilia. <i>Physical Therapy</i> , 2020, 100, 1632-1644.	2.4	24
128	Swiss ball abdominal crunch with added elastic resistance is an effective alternative to training machines. <i>International Journal of Sports Physical Therapy</i> , 2012, 7, 372-80.	1.3	24
129	High-Intensity Strength Training Improves Function of Chronically Painful Muscles: Case-Control and RCT Studies. <i>BioMed Research International</i> , 2014, 2014, 1-11.	1.9	23
130	Effectiveness of Hamstring Knee Rehabilitation Exercise Performed in Training Machine vs. Elastic Resistance. <i>American Journal of Physical Medicine and Rehabilitation</i> , 2014, 93, 320-327.	1.4	23
131	Physical exercise at the workplace reduces perceived physical exertion during healthcare work: cluster randomized controlled trial. <i>Scandinavian Journal of Public Health</i> , 2015, 43, 713-720.	2.3	23
132	Tolerability and Muscle Activity of Core Muscle Exercises in Chronic Low-back Pain. <i>International Journal of Environmental Research and Public Health</i> , 2019, 16, 3509.	2.6	23
133	Physical workload and bodily fatigue after work: cross-sectional study among 5000 workers. <i>European Journal of Public Health</i> , 2019, 29, 837-842.	0.3	23
134	Muscle Activation during Push-Ups with Different Suspension Training Systems. <i>Journal of Sports Science and Medicine</i> , 2014, 13, 502-10.	1.6	23
135	Effect of Individually Tailored Biopsychosocial Workplace Interventions on Chronic Musculoskeletal Pain and Stress Among Laboratory Technicians: Randomized Controlled Trial. <i>Pain Physician</i> , 2015, 18, 459-71.	0.4	23
136	Effects of Intensive Physical Rehabilitation on Neuromuscular Adaptations in Adults with Poststroke Hemiparesis. <i>Journal of Strength and Conditioning Research</i> , 2011, 25, 2808-2817.	2.1	22
137	Influence of lifestyle factors on long-term sickness absence among female healthcare workers: a prospective cohort study. <i>BMC Public Health</i> , 2014, 14, 1084.	2.9	22
138	Psychosocial benefits of workplace physical exercise: cluster randomized controlled trial. <i>BMC Public Health</i> , 2017, 17, 798.	2.9	22
139	Effect of physical exercise on musculoskeletal pain in multiple body regions among healthcare workers: Secondary analysis of a cluster randomized controlled trial. <i>Musculoskeletal Science and Practice</i> , 2018, 34, 89-96.	1.3	22
140	Efficacy of strength training on tension-type headache: A randomised controlled study. <i>Cephalalgia</i> , 2018, 38, 1071-1080.	3.9	22
141	Are frequency and severity of workplace violence etiologic factors of posttraumatic stress disorder? A 1-year prospective study of 1,763 social educators.. <i>Journal of Occupational Health Psychology</i> , 2019, 24, 543-555.	3.3	22
142	Muscle Activity during Functional Coordination Training: Implications for Strength Gain and Rehabilitation. <i>Journal of Strength and Conditioning Research</i> , 2010, 24, 1732-1739.	2.1	21
143	Effect of Specific Resistance Training on Musculoskeletal Pain Symptoms. <i>Journal of Strength and Conditioning Research</i> , 2013, 27, 229-235.	2.1	21
144	Exercise and Ankle Sprain Injuries: A Comprehensive Review. <i>Physician and Sportsmedicine</i> , 2014, 42, 88-93.	2.1	21

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145	Neck and shoulder muscle strength in patients with tension-type headache: A case-control study. Cephalalgia, 2016, 36, 29-36.	3.9	21
146	Large strengthening effect of a hip-flexor training programme: a randomized controlled trial. Knee Surgery, Sports Traumatology, Arthroscopy, 2016, 24, 2346-2352.	4.2	21
147	Can high social capital at the workplace buffer against stress and musculoskeletal pain?. Medicine (United States), 2018, 97, e0124.	1.0	21
148	High physical work demands have worse consequences for older workers: prospective study of long-term sickness absence among 69%117 employees. Occupational and Environmental Medicine, 2021, 78, 829-834.	2.8	21
149	Perceived physical exertion during healthcare work and prognosis for recovery from long-term pain in different body regions: Prospective cohort study. BMC Musculoskeletal Disorders, 2012, 13, 253.	1.9	20
150	Effect of workplace- versus home-based physical exercise on pain in healthcare workers: study protocol for a single blinded cluster randomized controlled trial. BMC Musculoskeletal Disorders, 2014, 15, 119.	1.9	20
151	Why Fast Velocity Resistance Training Should Be Prioritized for Elderly People. Strength and Conditioning Journal, 2019, 41, 105-114.	1.4	20
152	High leisure-time physical activity reduces the risk of long-term sickness absence. Scandinavian Journal of Medicine and Science in Sports, 2020, 30, 939-946.	2.9	20
153	Biomechanical load during patient transfer with assistive devices: Cross-sectional study. Ergonomics, 2020, 63, 1164-1174.	2.1	20
154	Work factors facilitating working beyond state pension age: Prospective cohort study with register follow-up. Scandinavian Journal of Work, Environment and Health, 2021, 47, 15-21.	3.4	20
155	The Consequence of Combined Pain and Stress on Work Ability in Female Laboratory Technicians: A Cross-Sectional Study. International Journal of Environmental Research and Public Health, 2015, 12, 15834-15842.	2.6	19
156	Hand strengthening exercises in chronic stroke patients: Dose-response evaluation using electromyography. Journal of Hand Therapy, 2018, 31, 111-121.	1.5	19
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