

# Nahid Rafie

## List of Publications by Year in descending order

Source: <https://exaly.com/author-pdf/8503339/publications.pdf>

Version: 2024-02-01

23  
papers

454  
citations

687363

13  
h-index

713466

21  
g-index

23  
all docs

23  
docs citations

23  
times ranked

855  
citing authors

#	ARTICLE	IF	CITATIONS
1	Dietary patterns, food groups and telomere length: a systematic review of current studies. <i>European Journal of Clinical Nutrition</i> , 2017, 71, 151-158.	2.9	78
2	Potential mechanisms linking probiotics to diabetes: a narrative review of the literature. <i>Sao Paulo Medical Journal</i> , 2017, 135, 169-178.	0.9	42
3	Dietary patterns and semen quality: a systematic review and meta-analysis of observational studies. <i>Andrology</i> , 2018, 6, 20-28.	3.5	42
4	Higher dietary diversity score is associated with obesity: a case-control study. <i>Public Health</i> , 2018, 157, 127-134.	2.9	36
5	Quercetin and ovarian cancer: An evaluation based on a systematic review. <i>Journal of Research in Medical Sciences</i> , 2016, 21, 34.	0.9	27
6	Effects of probiotic supplementation on anthropometric and metabolic characteristics in adults with metabolic syndrome: A systematic review and meta-analysis of randomized clinical trials. <i>Clinical Nutrition</i> , 2021, 40, 4662-4673.	5.0	25
7	Aged garlic and cancer: A systematic review. <i>International Journal of Preventive Medicine</i> , 2018, 9, 84.	0.4	23
8	The Association Between Vitamin D and Premenstrual Syndrome: A Systematic Review and Meta-Analysis of Current Literature. <i>Journal of the American College of Nutrition</i> , 2019, 38, 648-656.	1.8	22
9	Association between vitamin D and dry eye disease: A systematic review and meta-analysis of observational studies. <i>Contact Lens and Anterior Eye</i> , 2020, 43, 418-425.	1.7	20
10	Barberry ( <i>Berberis vulgaris</i> L.) is a safe approach for management of lipid parameters: A systematic review and meta-analysis of randomized controlled trials. <i>Complementary Therapies in Medicine</i> , 2019, 43, 117-124.	2.7	18
11	The association between dietary diversity score and general and abdominal obesity in Iranian children and adolescents. <i>BMC Endocrine Disorders</i> , 2020, 20, 181.	2.2	17
12	Kefir and Cancer: A Systematic Review of Literatures. <i>Archives of Iranian Medicine</i> , 2015, 18, 852-7.	0.6	17
13	Dietary isoflavones and gastric cancer: A brief review of current studies. <i>Journal of Research in Medical Sciences</i> , 2015, 20, 893.	0.9	15
14	Relationship of sodium intake with obesity among Iranian children and adolescents. <i>ARYA Atherosclerosis</i> , 2017, 13, 1-6.	0.4	14
15	Are serum vitamin D, calcium and phosphorous associated with restless leg syndrome? A systematic review and meta-analysis. <i>Sleep Medicine</i> , 2020, 75, 326-334.	1.6	12
16	24-h urinary sodium to potassium ratio and its association with obesity in children and adolescents. <i>European Journal of Nutrition</i> , 2019, 58, 947-953.	3.9	10
17	The Role of Magnesium in Sleep Health: a Systematic Review of Available Literature. <i>Biological Trace Element Research</i> , 2023, 201, 121-128.	3.5	9
18	Beneficial role of calcium in premenstrual syndrome: A systematic review of current literature. <i>International Journal of Preventive Medicine</i> , 2020, 11, 156.	0.4	8

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19	Bee products consumption and cardiovascular diseases risk factors: a systematic review of interventional studies. <i>International Journal of Food Properties</i> , 2021, 24, 115-128.	3.0	7
20	Effect of Probiotic Consumption on Immune Response in Athletes: A Meta-analysis. <i>International Journal of Sports Medicine</i> , 2021, 42, 769-781.	1.7	5
21	The Effect of Nutrition Education Program on Overweight/Obese Patients with Non-Alcoholic Fatty Liver Disease: a Single-Blind Parallel Randomized Controlled Trial. <i>Clinical Nutrition Research</i> , 2019, 8, 238.	1.2	4
22	Sodium and potassium intakes and adiposity among Iranian pre-adolescents and adolescents: a cross-sectional study. <i>Nutrition Journal</i> , 2022, 21, 23.	3.4	2
23	Empirically derived dietary patterns and their association with mental health: a cross-sectional sample of Iranian migraine patients (2019–2020). <i>BMC Nutrition</i> , 2022, 8, 28.	1.6	1