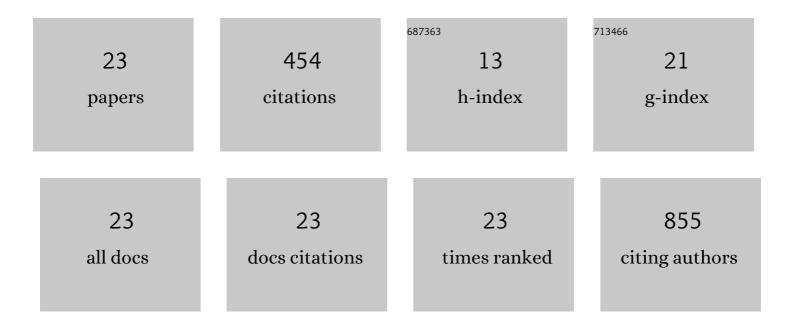
Nahid Rafie

List of Publications by Year in descending order

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NAHID PAEIE

#	Article	IF	CITATIONS
1	Dietary patterns, food groups and telomere length: a systematic review of current studies. European Journal of Clinical Nutrition, 2017, 71, 151-158.	2.9	78
2	Potential mechanisms linking probiotics to diabetes: a narrative review of the literature. Sao Paulo Medical Journal, 2017, 135, 169-178.	0.9	42
3	Dietary patterns and semen quality: a systematic review and metaâ€analysis of observational studies. Andrology, 2018, 6, 20-28.	3.5	42
4	Higher dietary diversity score is associated with obesity: a case–control study. Public Health, 2018, 157, 127-134.	2.9	36
5	Quercetin and ovarian cancer: An evaluation based on a systematic review. Journal of Research in Medical Sciences, 2016, 21, 34.	0.9	27
6	Effects of probiotic supplementation on anthropometric and metabolic characteristics in adults with metabolic syndrome: A systematic review and meta-analysis of randomized clinical trials. Clinical Nutrition, 2021, 40, 4662-4673.	5.0	25
7	Aged garlic and cancer: A systematic review. International Journal of Preventive Medicine, 2018, 9, 84.	0.4	23
8	The Association Between Vitamin D and Premenstrual Syndrome: A Systematic Review and Meta-Analysis of Current Literature. Journal of the American College of Nutrition, 2019, 38, 648-656.	1.8	22
9	Association between vitamin D and dry eye disease: A systematic review and meta-analysis of observational studies. Contact Lens and Anterior Eye, 2020, 43, 418-425.	1.7	20
10	Barberry (Berberis vulgaris L.) is a safe approach for management of lipid parameters: A systematic review and metaâ€analysis of randomized controlled trials. Complementary Therapies in Medicine, 2019, 43, 117-124.	2.7	18
11	The association between dietary diversity score and general and abdominal obesity in Iranian children and adolescents. BMC Endocrine Disorders, 2020, 20, 181.	2.2	17
12	Kefir and Cancer: A Systematic Review of Literatures. Archives of Iranian Medicine, 2015, 18, 852-7.	0.6	17
13	Dietary isoflavones and gastric cancer: A brief review of current studies. Journal of Research in Medical Sciences, 2015, 20, 893.	0.9	15
14	Relationship of sodium intake with obesity among Iranian children and adolescents. ARYA Atherosclerosis, 2017, 13, 1-6.	0.4	14
15	Are serum vitamin D, calcium and phosphorous associated with restless leg syndrome? A systematic review and meta-analysis. Sleep Medicine, 2020, 75, 326-334.	1.6	12
16	24-h urinary sodium to potassium ratio and its association with obesity in children and adolescents. European Journal of Nutrition, 2019, 58, 947-953.	3.9	10
17	The Role of Magnesium in Sleep Health: a Systematic Review of Available Literature. Biological Trace Element Research, 2023, 201, 121-128.	3.5	9
18	Beneficial role of calcium in premenstrual syndrome: A systematic review of current literature. International Journal of Preventive Medicine, 2020, 11, 156.	0.4	8

NAHID RAFIE

#	Article	IF	CITATIONS
19	Bee products consumption and cardiovascular diseases risk factors: a systematic review of interventional studies. International Journal of Food Properties, 2021, 24, 115-128.	3.0	7
20	Effect of Probiotic Consumption on Immune Response in Athletes: A Meta-analysis. International Journal of Sports Medicine, 2021, 42, 769-781.	1.7	5
21	The Effect of Nutrition Education Program on Overweight/Obese Patients with Non-Alcoholic Fatty Liver Disease: a Single-Blind Parallel Randomized Controlled Trial. Clinical Nutrition Research, 2019, 8, 238.	1.2	4
22	Sodium and potassium intakes and adiposity among Iranian pre-adolescents and adolescents: a cross-sectional study. Nutrition Journal, 2022, 21, 23.	3.4	2
23	Empirically derived dietary patterns and their association with mental health: a cross-sectional sample of Iranian migraine patients (2019–2020). BMC Nutrition, 2022, 8, 28.	1.6	1