

# Åystein Vedaa

## List of Publications by Year in descending order

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Version: 2024-02-01

46  
papers

960  
citations

516710

16  
h-index

501196

28  
g-index

46  
all docs

46  
docs citations

46  
times ranked

1162  
citing authors

#	ARTICLE	IF	CITATIONS
1	How the Norwegian population was affected by non-pharmaceutical interventions during the first six weeks of the COVID-19 lockdown. <i>Scandinavian Journal of Public Health</i> , 2022, 50, 94-101.	2.3	8
2	Covid-fatigued? A longitudinal study of Norwegian older adultsâ€™ psychosocial well-being before and during early and later stages of the COVID-19 pandemic. <i>European Journal of Ageing</i> , 2022, 19, 463-473.	2.8	34
3	Intraindividual variability in sleep among people with insomnia and its relationship with sleep, health and lifestyle factors: an exploratory study. <i>Sleep Medicine</i> , 2022, 89, 132-140.	1.6	6
4	Using network intervention analysis to explore associations between participant expectations of and difficulties with cognitive behavioural therapy for insomnia and clinical outcome: A proof of principle study. <i>Journal of Psychiatric Research</i> , 2022, 148, 73-83.	3.1	5
5	Digital cognitive behaviour therapy for insomnia (dCBT): Chronotype moderation on intervention outcomes. <i>Journal of Sleep Research</i> , 2022, 31, e13572.	3.2	9
6	Flattening the quality of life curve? A prospective person-centred study from Norway amid COVID-19. <i>Quality of Life Research</i> , 2022, 31, 2295-2305.	3.1	5
7	The effects of digital CBT-I on work productivity and activity levels and the mediational role of insomnia symptoms: Data from a randomized controlled trial with 6-month follow-up. <i>Behaviour Research and Therapy</i> , 2022, 153, 104083.	3.1	4
8	Health-promoting work schedules: protocol for a large-scale cluster randomised controlled trial on the effects of a work schedule without quick returns on sickness absence among healthcare workers. <i>BMJ Open</i> , 2022, 12, e058309.	1.9	4
9	General and Alcohol-Related Social Media Use and Mental Health: a Large-Sample Longitudinal Study. <i>International Journal of Mental Health and Addiction</i> , 2021, 19, 1991-2002.	7.4	3
10	The Effect of Reducing Insomnia Severity on Work- and Activity-Related Impairment. <i>Behavioral Sleep Medicine</i> , 2021, 19, 505-515.	2.1	5
11	Sleep in the land of the midnight sun and polar night: The TromsÅ study. <i>Chronobiology International</i> , 2021, 38, 334-342.	2.0	12
12	Short sleep duration and high exposure to quick returns are associated with impaired everyday memory in shift workers. <i>Nursing Outlook</i> , 2021, 69, 293-301.	2.6	10
13	Changes in work schedule affect the prevalence of shift work disorder among Norwegian nurses â€“ a two year follow-up study. <i>Chronobiology International</i> , 2021, 38, 924-932.	2.0	6
14	Locked and lonely? A longitudinal assessment of loneliness before and during the COVID-19 pandemic in Norway. <i>Scandinavian Journal of Public Health</i> , 2021, 49, 766-773.	2.3	45
15	The effect of sleepâ€™wake intraindividual variability in digital cognitive behavioral therapy for insomnia: a mediation analysis of a large-scale RCT. <i>Sleep</i> , 2021, 44, .	1.1	5
16	Study protocol: the Norwegian Triple-S Cohort Study - establishing a longitudinal health survey of children and adolescents with experiences of maltreatment. <i>BMC Public Health</i> , 2021, 21, 1082.	2.9	3
17	Sleep patterns among Norwegian nurses between the first and second wave of the COVID-19 pandemic. <i>BMC Nursing</i> , 2021, 20, 105.	2.5	7
18	Stability and Change of the Personality Traits Languidity and Flexibility in a Sample of Nurses: A 7â€™8 Years Follow-Up Study. <i>Frontiers in Psychology</i> , 2021, 12, 652569.	2.1	5

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19	Mode of delivery of Cognitive Behavioral Therapy for Insomnia: a randomized controlled non-inferiority trial of digital and face-to-face therapy. <i>Sleep</i> , 2021, 44, .	1.1	19
20	Demographics, Personality and Substance-Use Characteristics Associated with Forming Romantic Relationships. <i>Evolutionary Psychological Science</i> , 2020, 6, 1-13.	1.3	4
21	The Norwegian remote intervention programme for problem gambling: Short- and long-term outcomes. <i>NAD Nordic Studies on Alcohol and Drugs</i> , 2020, 37, 365-383.	1.3	5
22	Trajectories of sleep problems from adolescence to adulthood. Linking two population-based studies from Norway. <i>Sleep Medicine</i> , 2020, 75, 411-417.	1.6	26
23	Effects of digital cognitive behavioural therapy for insomnia on insomnia severity: a large-scale randomised controlled trial. <i>The Lancet Digital Health</i> , 2020, 2, e397-e406.	12.3	63
24	Tinder Use and Romantic Relationship Formations: A Large-Scale Longitudinal Study. <i>Frontiers in Psychology</i> , 2020, 11, 1757.	2.1	17
25	Demographical, personality, alcohol use, and mental health characteristics associated with different alcoholic beverage preferences among students. <i>Cogent Psychology</i> , 2020, 7, .	1.3	0
26	A longitudinal study on the association between quick returns and occupational accidents. <i>Scandinavian Journal of Work, Environment and Health</i> , 2020, 46, 645-649.	3.4	11
27	Short and long-term effects of unguided internet-based cognitive behavioral therapy for chronic insomnia in morning and evening persons: a post-hoc analysis. <i>Chronobiology International</i> , 2019, 36, 1384-1398.	2.0	6
28	Insomnia, sleep duration and academic performance: a national survey of Norwegian college and university students. <i>Sleep Medicine: X</i> , 2019, 1, 100005.	1.5	29
29	The associations between low-level gaming, high-level gaming and problematic alcohol use. <i>Addictive Behaviors Reports</i> , 2019, 10, 100186.	1.9	14
30	Short rest between shifts (quick returns) and night work is associated with work-related accidents. <i>International Archives of Occupational and Environmental Health</i> , 2019, 92, 829-835.	2.3	33
31	Long-Term Effects of an Unguided Online Cognitive Behavioral Therapy for Chronic Insomnia. <i>Journal of Clinical Sleep Medicine</i> , 2019, 15, 101-110.	2.6	22
32	Habitual Sleep, Social Jetlag, and Reaction Time in Youths With Delayed Sleepâ€“Wake Phase Disorder. A Caseâ€“Control Study. <i>Frontiers in Psychology</i> , 2019, 10, 2569.	2.1	5
33	Patients with delayed sleep-wake phase disorder show poorer executive functions compared to good sleepers. <i>Sleep Medicine</i> , 2019, 54, 244-249.	1.6	10
34	Sleep patterns and insomnia in young adults: A national survey of Norwegian university students. <i>Journal of Sleep Research</i> , 2019, 28, e12790.	3.2	90
35	The Short-Term Efficacy of an Unguided Internet-Based Cognitive-Behavioral Therapy for Insomnia: A Randomized Controlled Trial With a Six-Month Nonrandomized Follow-Up. <i>Behavioral Sleep Medicine</i> , 2019, 17, 137-155.	2.1	42
36	Internet-delivered cognitive-behavioral therapy for insomnia and comorbid symptoms. <i>Internet Interventions</i> , 2018, 12, 11-15.	2.7	29

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37	Who is watching user-generated alcohol posts on social media?. Addictive Behaviors, 2018, 78, 131-137.	3.0	26
38	Overcoming insomnia: protocol for a large-scale randomised controlled trial of online cognitive behaviour therapy for insomnia compared with online patient education about sleep. BMJ Open, 2018, 8, e025152.	1.9	16
39	Sleep Detriments Associated With Quick Returns in Rotating Shift Work. Journal of Occupational and Environmental Medicine, 2017, 59, 522-527.	1.7	39
40	Short rest between shift intervals increases the risk of sick leave: a prospective registry study. Occupational and Environmental Medicine, 2017, 74, 496-501.	2.8	45
41	Sleep difficulties and academic performance in Norwegian higher education students. British Journal of Educational Psychology, 2017, 87, 722-737.	2.9	16
42	Recurrent cannabis use among Norwegian students. NAD Nordic Studies on Alcohol and Drugs, 2017, 34, 497-510.	1.3	8
43	Prospective study of predictors and consequences of insomnia: personality, lifestyle, mental health, and work-related stressors. Sleep Medicine, 2016, 20, 51-58.	1.6	54
44	Systematic review of the relationship between quick returns in rotating shift work and health-related outcomes. Ergonomics, 2016, 59, 1-14.	2.1	137
45	The Personality Profile of Young Adults With Delayed Sleep Phase Disorder. Behavioral Sleep Medicine, 2014, 12, 481-492.	2.1	17
46	Digital Cognitive Behavioural Therapy for Insomnia (dCBT-I) Is Associated with Improved Sleep and Less Self-Report Use of Sleep Medication: A Large-Scale Randomized Controlled Trial. SSRN Electronic Journal, 0, , .	0.4	1