

Åystein Vedaa

List of Publications by Year in descending order

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Version: 2024-02-01

46
papers

960
citations

516710

16
h-index

501196

28
g-index

46
all docs

46
docs citations

46
times ranked

1162
citing authors

#	ARTICLE	IF	CITATIONS
1	Systematic review of the relationship between quick returns in rotating shift work and health-related outcomes. <i>Ergonomics</i> , 2016, 59, 1-14.	2.1	137
2	Sleep patterns and insomnia in young adults: A national survey of Norwegian university students. <i>Journal of Sleep Research</i> , 2019, 28, e12790.	3.2	90
3	Effects of digital cognitive behavioural therapy for insomnia on insomnia severity: a large-scale randomised controlled trial. <i>The Lancet Digital Health</i> , 2020, 2, e397-e406.	12.3	63
4	Prospective study of predictors and consequences of insomnia: personality, lifestyle, mental health, and work-related stressors. <i>Sleep Medicine</i> , 2016, 20, 51-58.	1.6	54
5	Short rest between shift intervals increases the risk of sick leave: a prospective registry study. <i>Occupational and Environmental Medicine</i> , 2017, 74, 496-501.	2.8	45
6	Locked and lonely? A longitudinal assessment of loneliness before and during the COVID-19 pandemic in Norway. <i>Scandinavian Journal of Public Health</i> , 2021, 49, 766-773.	2.3	45
7	The Short-Term Efficacy of an Unguided Internet-Based Cognitive-Behavioral Therapy for Insomnia: A Randomized Controlled Trial With a Six-Month Nonrandomized Follow-Up. <i>Behavioral Sleep Medicine</i> , 2019, 17, 137-155.	2.1	42
8	Sleep Detriments Associated With Quick Returns in Rotating Shift Work. <i>Journal of Occupational and Environmental Medicine</i> , 2017, 59, 522-527.	1.7	39
9	Covid-fatigued? A longitudinal study of Norwegian older adults' psychosocial well-being before and during early and later stages of the COVID-19 pandemic. <i>European Journal of Ageing</i> , 2022, 19, 463-473.	2.8	34
10	Short rest between shifts (quick returns) and night work is associated with work-related accidents. <i>International Archives of Occupational and Environmental Health</i> , 2019, 92, 829-835.	2.3	33
11	Internet-delivered cognitive-behavioral therapy for insomnia and comorbid symptoms. <i>Internet Interventions</i> , 2018, 12, 11-15.	2.7	29
12	Insomnia, sleep duration and academic performance: a national survey of Norwegian college and university students. <i>Sleep Medicine: X</i> , 2019, 1, 100005.	1.5	29
13	Who is watching user-generated alcohol posts on social media?. <i>Addictive Behaviors</i> , 2018, 78, 131-137.	3.0	26
14	Trajectories of sleep problems from adolescence to adulthood. Linking two population-based studies from Norway. <i>Sleep Medicine</i> , 2020, 75, 411-417.	1.6	26
15	Long-Term Effects of an Unguided Online Cognitive Behavioral Therapy for Chronic Insomnia. <i>Journal of Clinical Sleep Medicine</i> , 2019, 15, 101-110.	2.6	22
16	Mode of delivery of Cognitive Behavioral Therapy for Insomnia: a randomized controlled non-inferiority trial of digital and face-to-face therapy. <i>Sleep</i> , 2021, 44, .	1.1	19
17	The Personality Profile of Young Adults With Delayed Sleep Phase Disorder. <i>Behavioral Sleep Medicine</i> , 2014, 12, 481-492.	2.1	17
18	Tinder Use and Romantic Relationship Formations: A Large-Scale Longitudinal Study. <i>Frontiers in Psychology</i> , 2020, 11, 1757.	2.1	17

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19	Sleep difficulties and academic performance in Norwegian higher education students. <i>British Journal of Educational Psychology</i> , 2017, 87, 722-737.	2.9	16
20	Overcoming insomnia: protocol for a large-scale randomised controlled trial of online cognitive behaviour therapy for insomnia compared with online patient education about sleep. <i>BMJ Open</i> , 2018, 8, e025152.	1.9	16
21	The associations between low-level gaming, high-level gaming and problematic alcohol use. <i>Addictive Behaviors Reports</i> , 2019, 10, 100186.	1.9	14
22	Sleep in the land of the midnight sun and polar night: The TromsÅ, study. <i>Chronobiology International</i> , 2021, 38, 334-342.	2.0	12
23	A longitudinal study on the association between quick returns and occupational accidents. <i>Scandinavian Journal of Work, Environment and Health</i> , 2020, 46, 645-649.	3.4	11
24	Patients with delayed sleep-wake phase disorder show poorer executive functions compared to good sleepers. <i>Sleep Medicine</i> , 2019, 54, 244-249.	1.6	10
25	Short sleep duration and high exposure to quick returns are associated with impaired everyday memory in shift workers. <i>Nursing Outlook</i> , 2021, 69, 293-301.	2.6	10
26	Digital cognitive behaviour therapy for insomnia (dCBT): Chronotype moderation on intervention outcomes. <i>Journal of Sleep Research</i> , 2022, 31, e13572.	3.2	9
27	Recurrent cannabis use among Norwegian students. <i>NAD Nordic Studies on Alcohol and Drugs</i> , 2017, 34, 497-510.	1.3	8
28	How the Norwegian population was affected by non-pharmaceutical interventions during the first six weeks of the COVID-19 lockdown. <i>Scandinavian Journal of Public Health</i> , 2022, 50, 94-101.	2.3	8
29	Sleep patterns among Norwegian nurses between the first and second wave of the COVID-19 pandemic. <i>BMC Nursing</i> , 2021, 20, 105.	2.5	7
30	Short and long-term effects of unguided internet-based cognitive behavioral therapy for chronic insomnia in morning and evening persons: a post-hoc analysis. <i>Chronobiology International</i> , 2019, 36, 1384-1398.	2.0	6
31	Changes in work schedule affect the prevalence of shift work disorder among Norwegian nurses – a two year follow-up study. <i>Chronobiology International</i> , 2021, 38, 924-932.	2.0	6
32	Intraindividual variability in sleep among people with insomnia and its relationship with sleep, health and lifestyle factors: an exploratory study. <i>Sleep Medicine</i> , 2022, 89, 132-140.	1.6	6
33	Habitual Sleep, Social Jetlag, and Reaction Time in Youths With Delayed Sleep/Wake Phase Disorder. A Case-Control Study. <i>Frontiers in Psychology</i> , 2019, 10, 2569.	2.1	5
34	The Norwegian remote intervention programme for problem gambling: Short- and long-term outcomes. <i>NAD Nordic Studies on Alcohol and Drugs</i> , 2020, 37, 365-383.	1.3	5
35	The Effect of Reducing Insomnia Severity on Work- and Activity-Related Impairment. <i>Behavioral Sleep Medicine</i> , 2021, 19, 505-515.	2.1	5
36	The effect of sleep/wake intraindividual variability in digital cognitive behavioral therapy for insomnia: a mediation analysis of a large-scale RCT. <i>Sleep</i> , 2021, 44, .	1.1	5

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37	Stability and Change of the Personality Traits Languidity and Flexibility in a Sample of Nurses: A 7â€“8 Years Follow-Up Study. <i>Frontiers in Psychology</i> , 2021, 12, 652569.	2.1	5
38	Using network intervention analysis to explore associations between participant expectations of and difficulties with cognitive behavioural therapy for insomnia and clinical outcome: A proof of principle study. <i>Journal of Psychiatric Research</i> , 2022, 148, 73-83.	3.1	5
39	Flattening the quality of life curve? A prospective person-centred study from Norway amid COVID-19. <i>Quality of Life Research</i> , 2022, 31, 2295-2305.	3.1	5
40	Demographics, Personality and Substance-Use Characteristics Associated with Forming Romantic Relationships. <i>Evolutionary Psychological Science</i> , 2020, 6, 1-13.	1.3	4
41	The effects of digital CBT-I on work productivity and activity levels and the mediational role of insomnia symptoms: Data from a randomized controlled trial with 6-month follow-up. <i>Behaviour Research and Therapy</i> , 2022, 153, 104083.	3.1	4
42	Health-promoting work schedules: protocol for a large-scale cluster randomised controlled trial on the effects of a work schedule without quick returns on sickness absence among healthcare workers. <i>BMJ Open</i> , 2022, 12, e058309.	1.9	4
43	General and Alcohol-Related Social Media Use and Mental Health: a Large-Sample Longitudinal Study. <i>International Journal of Mental Health and Addiction</i> , 2021, 19, 1991-2002.	7.4	3
44	Study protocol: the Norwegian Triple-S Cohort Study - establishing a longitudinal health survey of children and adolescents with experiences of maltreatment. <i>BMC Public Health</i> , 2021, 21, 1082.	2.9	3
45	Digital Cognitiveâ€“Behavioural Therapy for Insomnia (dCBT-I) Is Associated with Improved Sleep and Less Self-Report Use of Sleep Medication: A Large-Scale Randomized Controlled Trial. <i>SSRN Electronic Journal</i> , 0, , .	0.4	1
46	Demographical, personality, alcohol use, and mental health characteristics associated with different alcoholic beverage preferences among students. <i>Cogent Psychology</i> , 2020, 7, .	1.3	0