

# Raquel Vaquero-Cristóbal

## List of Publications by Year in descending order

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Version: 2024-02-01

40  
papers

472  
citations

759055

12  
h-index

794469

19  
g-index

54  
all docs

54  
docs citations

54  
times ranked

430  
citing authors

#	ARTICLE	IF	CITATIONS
1	Effects of a Pilates programme in spinal curvatures and hamstring extensibility in adolescents with thoracic hyperkyphosis: a randomised controlled trial. <i>Postgraduate Medical Journal</i> , 2023, 99, 433-441.	0.9	2
2	The Effect of Age, Biological Maturation and Birth Quartile in the Kinanthropometric and Physical Fitness Differences between Male and Female Adolescent Volleyball Players. <i>Children</i> , 2022, 9, 58.	0.6	13
3	Differences in Physical Fitness and Body Composition Between Active and Sedentary Adolescents: A Systematic Review and Meta-Analysis. <i>Journal of Youth and Adolescence</i> , 2022, 51, 177-192.	1.9	15
4	Influence of biological maturation status on selected anthropometric and physical fitness variables in adolescent male volleyball players. <i>PeerJ</i> , 2022, 10, e13216.	0.9	12
5	Gender Mediation in Adolescents' Back Pain and Physical Fitness: A Cross-Sectional Study. <i>Healthcare (Switzerland)</i> , 2022, 10, 696.	1.0	1
6	Objective Comparison of Achievement Motivation and Competitiveness among Semi-Professional Male and Female Football Players. <i>Sustainability</i> , 2022, 14, 5258.	1.6	1
7	Influence of Maturity Status on Kinanthropometric and Physical Fitness Variables in Adolescent Female Volleyball Players. <i>Applied Sciences (Switzerland)</i> , 2022, 12, 4400.	1.3	7
8	Impact of COVID-19 lockdown on health parameters and muscle strength of older women: A longitudinal study. <i>Experimental Gerontology</i> , 2022, 164, 111814.	1.2	6
9	Differences between Four Skinfold Calipers in the Assessment of Adipose Tissue in Young Adult Healthy Population. <i>Nutrients</i> , 2022, 14, 2085.	1.7	12
10	Sarcopenia, Diet, Physical Activity and Obesity in European Middle-Aged and Older Adults: The LifeAge Study. <i>Nutrients</i> , 2021, 13, 8.	1.7	40
11	Relationship between Biological Maturation, Physical Fitness, and Kinanthropometric Variables of Young Athletes: A Systematic Review and Meta-Analysis. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 328.	1.2	29
12	Psychological Profile in Female Cyclists and Its Relationship with Age, Training Parameters, Sport Performance, and Injury Incidence. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 3825.	1.2	4
13	Performance of high-level Spanish athletes in the Olympic Games according to gender. <i>PLoS ONE</i> , 2021, 16, e0251267.	1.1	1
14	Effect of an injury prevention program on the lower limb stability in young volleyball players. <i>Journal of Sports Medicine and Physical Fitness</i> , 2021, 61, 943-952.	0.4	4
15	Influence of Gender Stereotypes, Type of Sport Watched and Close Environment on Adolescent Sport Practice According to Gender. <i>Sustainability</i> , 2021, 13, 11863.	1.6	7
16	Sagittal spine disposition and pelvic tilt during outdoor fitness equipment use and their associations with kinanthropometry proportions in middle-aged and older adults. <i>PeerJ</i> , 2021, 9, e12657.	0.9	2
17	Influence of an Educational Innovation Program and Digitally Supported Tasks on Psychological Aspects, Motivational Climate, and Academic Performance. <i>Education Sciences</i> , 2021, 11, 821.	1.4	1
18	Gender Stereotypes among Teachers and Trainers Working with Adolescents. <i>International Journal of Environmental Research and Public Health</i> , 2021, 18, 12964.	1.2	3

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19	Functional Autonomy Evaluation Levels in Middle-Aged and Older Spanish Women: On Behalf of the Healthy-Age Network. Sustainability, 2020, 12, 9208.	1.6	5
20	Back Pain Related with Age, Anthropometric Variables, Sagittal Spinal Curvatures, Hamstring Extensibility, Physical Activity and Health Related Quality of Life in Male and Female High School Students. International Journal of Environmental Research and Public Health, 2020, 17, 7293.	1.2	9
21	Effect of Coronavirus Disease 2019 (COVID-19) on Elite Spanish Student-Athletes' Perception of the Dual Career. Frontiers in Psychology, 2020, 11, 620042.	1.1	18
22	Biomechanical Adaptations in Kayakers of Different Competitive Levels and the Relationship with the Kayak Elements. Applied Sciences (Switzerland), 2020, 10, 8389.	1.3	1
23	Differences in Fat Mass Estimation Formulas in Physically Active Adult Population and Relationship with Sums of Skinfolts. International Journal of Environmental Research and Public Health, 2020, 17, 7777.	1.2	15
24	Effect of 9-month Pilates program on sagittal spinal curvatures and hamstring extensibility in adolescents: randomised controlled trial. Scientific Reports, 2020, 10, 9977.	1.6	14
25	Sagittal alignment of the spine and hamstring extensibility with Pilates in adolescents: Protocol for randomized controlled trial. European Journal of Integrative Medicine, 2020, 35, 101075.	0.8	2
26	Effect of Pilates Method on muscular trunk endurance and hamstring extensibility in adolescents during twelve weeks training and detraining. Journal of Bodywork and Movement Therapies, 2020, 24, 11-17.	0.5	7
27	Factores socio-demográficos, económicos y deportivos relacionados con la participación del equipo		

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37	Kinematic Variables Evolution During a 200-m Maximum Test in Young Paddlers. <i>Journal of Human Kinetics</i> , 2013, 38, 15-22.	0.7	8
38	Efecto de un Programa de Estiramientos de la Musculatura Isquiosural en Futbolistas. <i>International Journal of Morphology</i> , 2012, 30, 1065-1070.	0.1	1
39	Dolor de espalda en adolescentes: factores asociados desde un enfoque multifactorial (Back pain in) Tj ETQq1 1 0.784314 rgBT /Over	0.3	0
40	INFLUENCIA DEL GÃ%NERO, NIVEL EDUCATIVO Y PRÃCTICA DEPORTIVA DE LOS PROGENITORES SOBRE HÃBITOS DEPORTIVOS EN ESCOLARES. <i>Movimento</i> , 0, 27, e27057.	0.5	0